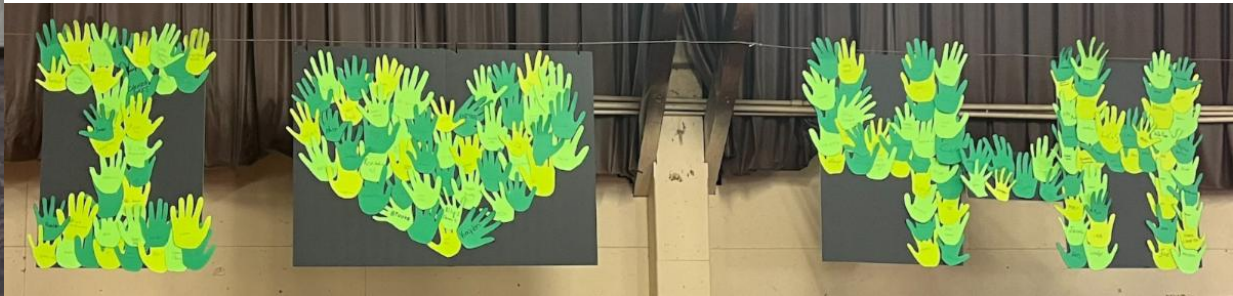




COLUSA COUNTY 4-H NEWSLETTER

May 2025



Upcoming Events:

May

1st-Market Rabbit, Breeding, Showmanship, Primary Member, 4-H Stills Fair entry deadline by 11:59 p.m.

7th-Maxwell 4-H Meeting, 6:00, Maxwell Elementary Multipurpose Room

12th-Stonyford 4-H Meeting, 6:00, Stonyford Community Pavilion

12th-Arbuckle 4-H Meeting, 6:30 Primary Meeting, 7:00 Regular Meeting, Arbuckle Elementary School Multipurpose Room

12th-Princeton 4-H Meeting, 6:00, Princeton Elementary Multipurpose Room

16th-Educational Display & Trash Can entries due by 5 pm, 4-H Office

17th - State Field Day, UC Davis

21st-Colusa County 4-H Council Meeting, 5:30, CIP Conference Room

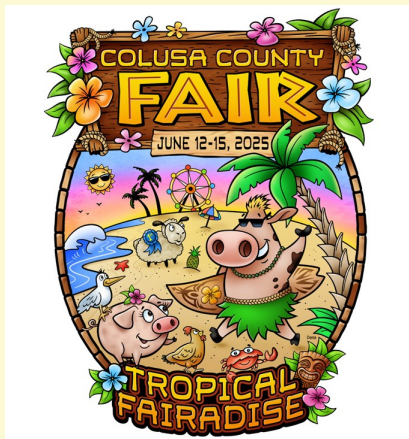
June

10th - 15th - Colusa County Fair



We have a new Facebook page!
Check us out!

[Colusa County 4-H, California 4-H](#)



COLUSA COUNTY FAIR ENTRY DEADLINES

Species Online Entries, Ownership Photos, & YQCA
Due

- Market Rabbit May 1, 2025, by 11:59 p.m.
- Breeding, Showmanship & Primary Member May 1, 2025 by 11:59 p.m.

Any livestock exhibitor over the age of 9 must complete the YQCA training.

[YQCA registration link](#)

Visit the [Colusa County Fair](#) website for updates.

STILLS EXHIBITS

ALL Still Exhibits Due May 1st by 11:59 pm



Exhibitors can enter stills using either Blue Ribbon or Paper Entry Forms. Please read the Fair [Guidebook](#) for Department and Class information.

Anything made at Craft Expo can be entered in the fair!

[Paper Entry Form](#)

NEED FAIR WHITES, HATS, TIES, OR SCARVES?



The 4-H Office has gently used white pants and shirts. The office also has hats, ties and scarves for purchase.

We only accept cash and check.

Pricing:

Hat \$33

Scarf \$25

Tie \$22

Office is open Monday to Friday
8am to 5pm and is located at 100
Sunrise Boulevard, Suite E, out near
the golf course.

Did you outgrow your show whites
from last year?

Donate them to the 4-H office.

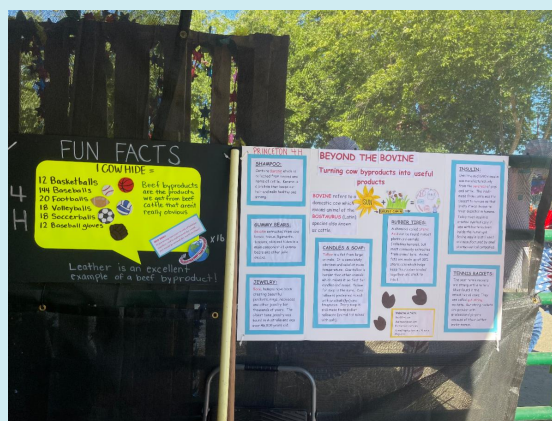
Trash Can and Educational Displays at the Colusa County Fair

Colusa County 4-H Council will award \$25 to each group that has the winning trash can and educational display for each species of livestock (Beef, Rabbit, Sheep, Swine, Goat) at this year's Colusa County Fair.

There are three different categories to choose from: Fair Theme, "Tropical Fairadise"; 4-H Week Theme: "Beyond Ready"; and Project Themed.

Click the link below to download the entry form or you can pick them up at the 4-H Office. Entries due May 16.

[Trash Can entry form](#) [Ed Display entry form](#)





Planning on Designing shirts for the Fair?

Please review the guidelines. If you have any questions, please contact the 4-H office for clarification.

4-H Name and Emblem

The 4-H Emblem is the national symbol of the Cooperative Extension's 4-H Youth Development Program supported by the USDA. These guidelines protect the integrity of the 4-H name and emblem. Only authorized organizations may use the 4-H name and emblem.



#4H is OK because hashtags cannot have dashes.



The emblem can only be 4-H green, black, or white.

It must never be shaded, graduated, or multicolored. If printing in a single color, the H's may be transparent to show the color of a plain background.

Do not flip, twist, distort, or cut off the emblem image.



Do not replace H's with images.



Emblem cannot replace the 4-H name.



Emblem cannot be a letter in a word.



GROWS HERE **GRW**

Do not put words or images on top of the emblem



The 4-H name and emblem are protected by federal statute.



The insignia "18 U.S.C. 707" communicates this protection and is part of the emblem.

The use of the 4-H Name and Emblem does not provide direct or implied endorsement of any person, company, product or organization.

✓ Tractor Supply supports 4-H.

✗ 4-H endorses... for office.

✓ 4-H and Dickerson Zoo have partnered together to ...

No unfair advantage can be taken of the 4-H name, emblem, its employees, volunteers, or youth for the purpose of benefiting a product, person, organization, etc.

✓ My 4-H club is selling 4-H shirts as a fundraiser for my 4-H club.

✗ I am selling 4-H t-shirts as my personal business

For more detailed information

Use this QR code to go to the 4-H Name and Emblem Use Handbook.



University of California Agriculture & Natural Resources (UC ANR) is an equal opportunity provider.

8/2024

Adapted from Michigan 4-H.



Volunteer's Check Out These Opportunities

Youth Mental Health First Aid Training



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING



Identify

Understand

Respond

Learn how to identify and respond to mental health and substance use challenges among teens ages 12-18.

For 4-H volunteers, teachers, and adults who work with youth in Nevada, Placer, Sutter, and Yuba Counties



**Tuesday, May 20, 2025
& Thursday, May 22, 2025
5 pm to 8 pm**

Both sessions required for certification

REGISTER by May 15*
bit.ly/4-H-Youth-MHFA-2025



Learn how to apply the Mental Health First Aid Action Plan

Assess for risk of suicide or harm

Listen nonjudgmentally

Give reassurance and information

Encourage appropriate professional help

Encourage self-help and other support strategies

Costs sponsored by



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

Become A Trained Youth Mental Health First Aider

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18. The course is suitable for 4-H volunteer educators, teachers, school staff, coaches, camp counselors, youth group leaders, and adults who work with young people.

The course will be held virtually. There are approximately 2 hours of online pre-work required to be completed prior to the start of the instructor-led sessions. Trainings will be led by certified Youth Mental Health First Aid trainers.

The instructor-led sessions will be held on May 20 & 22, 5-8 p.m., co-led by Matt Rodriguez & Ally Lemmer.

Register at <https://bit.ly/4-H-Youth-MHFA-2025> by May 15.

Costs are supported by the California State 4-H office. A \$25 cancellation fee will be charged for no-shows and cancellations made less than 48 hours in advance.



Level 1 Archery Workshop

May 24-25, 2025 | Auburn, CA

What: 4-H Shooting Sports Archery Certification Workshop

When: May 24 & 25, 2025 (9 AM - 5 PM Saturday and 8 AM - 2 PM Sunday)

Where: Placer County 4-H Office - 11477 E Avenue, Auburn, California

Who: Adult Volunteers Seeking Project Leader (LEVEL 1 Certification)

Contact: Jonathan Stefani jestefani@ucanr.edu 530-889-7386

Fees and Payment:

- There is a \$35 fee to help offset the cost of materials and lunch.
- We are only able to accept check or money order payments.
- Payment must be postmarked within 1 week of registration to save your spot
- Checks or money orders should be made payable to **UC Regents**.
- Please write **May 2025 Archery Workshop** in the memo line.
- Please mail payments to: **Placer County 4-H, 11477 E Avenue, Auburn, CA 95603**

Additional Notes:

- Limited to **30** participants
- Lunch will be provided
- This is a basic archery certification course for NEW leaders who want to lead a Project, Club, or Camp Activity. Adults will be certified to lead or assist in leading archery projects.
- **You must become a 4-H leader or member and attend both days to receive**

certification to teach Archery

- We encourage you to seek support from your club or council/VMO to help offset any travel related costs
- Teen leaders (high school age 4-H members) are eligible to participate provided there is an adult leader in their home county they will be assisting

Please Bring the Following:

- Comfortable clothing for both indoor and outdoor activities.

[Register Here](#)



CALIFORNIA 4-H STATE FIELD DAY

UC DAVIS | SATURDAY MAY 17

CONTESTS | BOOTHS | FOOD | FUN



REGISTRATION CLOSES APRIL 28

2025 CONTESTS INCLUDE:

PRESENTATIONS, FASHION REVUE, AVIAN
BOWL, ROBOTICS, FORESTRY, PLANT SCIENCE,
PHOTOGRAPHY, INTERVIEW, INSECT ID

>>>> **REGISTER HERE** <<<<

QUESTIONS? EMAIL 4HSFD@UCANR.EDU

[Register Here](#)



News from California State 4-H

[Visit the Site](#)



IT'S PAPER CLOVER
TIME!

April 18–May 5, 2025

Funds support scholarships to
4-H camp and leadership activities.

  **TRACTOR
SUPPLY CO.**
TractorSupply.com

The poster features a teal background with two pink paper hummingbirds in flight. The bottom section is decorated with various paper flowers and a large green four-leaf clover. The text is in white and green, with the dates and main title in large, bold letters.



LET'S #GIVEBACK!

GIVING DAY

UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

MAY 15-16, 2025 | NOON TO NOON
GIVINGDAY4H.UCANR.EDU



24 hour on-line giving campaign supporting our mission to provide meaningful opportunities for all youth and adults to work together to create sustainable community change.

[Click Here to Donate](#)

WE'RE HIRING!

Colusa County 4-H
Community Education Specialist

Qualified Candidates Provide:
Management, promotion, and delivery of
educational programming that meets the needs
of youth

Engaged service to youth, the public and
community partners

Oversight and facilitation of the 4-H Youth
Development Program



UCANR IS AN EQUAL
OPPORTUNITY PROVIDER AND
EMPLOYER



[Click Here to Apply](#)

Want to add bling to your hat?
Check out the link below.

 UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources 4-H Youth Development Program

SPARKS
EMERALD STAR
IMPACT STAR
ACHIEVEMENTS PROGRAM

Ways to Earn Your Spark Achievements

A Spark Achievement reflects a member's experiences in 4-H with the purpose to try new things. Through this dip-your-toe-in strategy,



members can discover something in 4-H that brings them joy and motivation—a Spark.

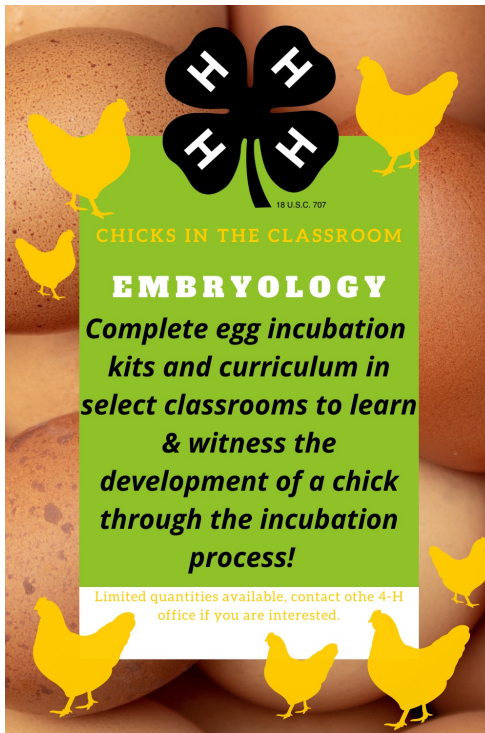
Spark Achievement pins show member experiences and accomplishments in 4-H.

Any member who does not currently hold a bronze star rank must use the Spark Achievement program.

Click the link below to learn more.

[4-H Achievement Manual](#)

Chicks in the Classroom



Are you a Colusa County Teacher,

Call now to get on the list for next year!

530-458-0570

colusa@ucanr.edu



Attention 4-H Club Members:

If you attend a 4-H event, you are welcome to submit an article to let us know about it! Send us a picture, and tell us the who, what, where, and why, plus something that you learned! It will count in your record book!

Email article to **jpperry@ucanr.edu** or **mzoller@ucanr.edu**

Colusa County 4-H Club Meetings

Arbuckle 4-H Club

2nd Monday of the month, 7:00 p.m.,
Arbuckle Elementary School

Maxwell 4-H Club

1st Wednesday of the month, 6:00 p.m.,
Maxwell Elementary School Multipurpose
Rm - No January Mtg.

Colusa 4-H Club

Princeton 4-H Club

Varying Mondays, 7:00 p.m. - Etchepare Hall,
Fairgrounds, No May Mtg.

2nd Monday of the month, 6:00 p.m.
Princeton Elementary School

Stonyford 4-H Club

2nd Monday of the month, 6:00 p.m.
Community Pavillon - No December Mtg.

**Anyone interested in helping us
revive the Williams 4-H Club, please
[contact us!](#)**

**[For More Information](#)
[Click here to e-mail the 4-H Office.](#)**

4-H PLEDGE

I pledge my **H****AD** to clearer thinking,
my **HE****RT** to greater loyalty,
my **H****ANDS** to larger service,
and my **HE****ALTH** to better living,
for my club, my community, my country,
and my world. 

Prometo usar mi **M****NTE** para pensar con más claridad,
mi **COR****ZÓN** para ser más leal,
mis **M****NOS** para ser más servicial,
mi **S****LUD** para cuidarme más,
por mi club, mi comunidad, mi país
y mi mundo. 

www.4-H.org | www.Shop4-H.org





Try email marketing for free today!