

Ready then. Ready now. Ready for anything.

Tips n Topics

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SHASTA COUNTY

2024–2025 4-H PROGRAM YEAR / VOLUME 25, ISSUE 9 — MARCH 2025

We are excited to announce that the 4-H Volunteer Management Organization (County 4-H Council) will be transitioning to a new structure - the 4-H Leadership Team for the 2025-2026 program year.

This change will enhance collaboration among youth, volunteers, and 4-H staff to grow and strengthen our local 4-H program.



Council Scholarship <u>Applications</u> Due

Friday, March 14.

March 23 is the <u>final</u> day to Register for:

Inter-Mountain <u>Home Ec/AG Stills</u> April 4 & 5

&

Inter-Mountain <u>Favorite Foods</u> April 5

Valley Field Day Registration is Open

University of California, U.S. Department of Agriculture and Shasta County Cooperative Extension



YQCA Completion

**Required** 

for showing/selling an animal

at any California fair.

## **Member Resources**

Shasta County 4-H Website

Shasta County 4-H Calendar

4-H Enrollment is Year-Round

Interested in Volunteering ?

California 4-H Member Resources

**4-H Handbook for Families** 

Tips 'n Topics is published by the Shasta County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture & Natural Resources.

# Please submit articles and photos by the 15th of each month to:

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#### Erin Paradis

4-H Community Education Specialist ecparadis@ucanr.edu

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# Calendar

#### <u>March</u>

2

<u>n</u> Presentation Day



- (CFQ + State Field Day qualifier) Fashion Revue Registration Deadline
- 9 Valley Field Day Registration **OPENS** (CFQ)
- 14Council Scholarship ApplicationDeadlineEileen Washburn ScholarshipDeadline
- **16** Fashion Revue (State Field Day qualifier) Cloverbud Meeting
- **19** Special Council Meeting New Volunteer Management Organization (VMO)
- 23 Inter-Mountain Favorite Foods / Home Ec& Ag Stills Registration Deadline
- 28 Luz Martinez Scholarship Deadline

#### **Pollination Garden**



Service Learning Project

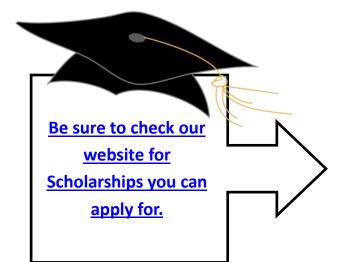
Saturday, April 12, 2025

More information to come.

#### <u>April</u>

- 4 Inter-Mountain Home Ec & Ag Stills
- 5 Inter-Mountain Favorite Foods Event (CFQ)
- 10 Council Scholarship Interviews
- 12 Pollination Garden <u>Regional Presentation Day</u> / In-Person
- **13** Valley Field Day Registration **Deadline**
- 14-24 Virtual Regional Presentations
- 16 Valley Council Meeting
- 23 Inter-Mountain Council Meeting

No Cloverbud Meeting this month.



#### May

- 2 <u>County Ambassador Application</u> Deadline Valley Field Day - Stills Drop-Off
- 3 Valley Field Day Animals & Stills (CFQ)
- 9 4-H Contracts for Valley Fair
- 16 Shasta District Fair Registration

Deadline



26 Memorial Day \*

#### <u>June</u>

18 - 21 Shasta District Fair



**30** 4-H Program Year Ends



SFQ = CA Field Day Qualifier

\* Shasta 4-H Office Closed

#### Council meetings are open to <u>all</u> members.

# Inter-Mountain Home Ec & Ag Stills Day 2025

Date: Friday, April 4 & Saturday, April 5, 2025

Location: Fall River Jr Sr High School Cafeteria, 26417 Main Street, McArthur

Host: Hat Creek 4-H

Mandatory Online Registration closes: Sunday, March 23, 2025

Still exhibits provide 4-H members with the opportunity to display the results of their project work indicating achievement and growth - *this is not an event for school projects*.

#### **SCHEDULE**

Friday, April 4, 20255 - 6 pmDrop Off & Check in Home Ec. & Ag Stills Exhibits

Saturday, April 5, 2025 After 1:00 pm Pick up Items



All exhibits will be released after the Awards Ceremony – it is the member's responsibility to pick up their items.

Who Can Enter?: All 4-H members may exhibit and participate at the 4-H Home Ec and Ag Stills Field Day. Ages are as of December 31, 2024

Primary\*ages 5-8Juniorages 9-10Intermediateages 11-13Seniorages 14+

\* May show in any division. However, they will not be judged and will receive participation ribbons only.

## Categories can be found in the **Premium Book.**





Agriculture and Natural Resources

# Inter-Mountain Home Ec & Ag Stills Day 2025

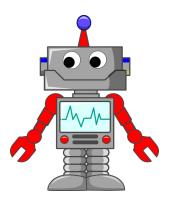
### **General Guidelines**

- 1. All exhibits must have been made by the 4-H member during the current 4-H year and under the supervision of a certified 4-H leader. To participate in this event, member must be enrolled in the project to exhibit items.
- 2. The 4-H member is responsible for meeting check-in times. Late exhibits will not be judged.
- 3. The judges' decisions are final. All judges are volunteers and offer their expertise in evaluating 4-H project work. Respect should be given to those recruited as judges.
- 4. A successful 4-H Still Exhibits Fair takes the involvement of every 4-H member, leader and parent with lots of help from our 4-H friends! If you have any questions or would like to volunteer to help with this event, please contact the office at (530) 224-4900.



**AWARDS:** Danish system of judging (blue, red and white ribbons) will be used. Medals awarded to top scoring entry in each category, for each division. Primary participants will receive one participation pin. Entries will not be released until awards ceremony is completed.

**PLEASE NOTE:** NO members, adult leaders or parents will be allowed in the competition area until all judging is completed. Leaders and parents are to help fill out any required paperwork <u>in advance</u> of dropping items off. Allow enough time if you have entries in more than one category.







# Local 4-H

## Twin Palms

Twin Palms 4-H used their February meeting to practice for Favorite Foods Day. The members asked Donkey some pretty difficult questions !



# Palo Cedro

Palo Cedro 4-H held a family fun night for our club family and friends at Viking Skate Country this month. The club voted to use club funds to rent the facility.



# Local 4-H



The Spirit Award is a perpetual trophy that is given to the club that has the highest percentage of their overall membership at a county event.

We showcase the club with the most spirit at each event with a club picture in the monthly newsletter.



West Valley 4-H for the Valley Favorite Foods Event

# The 4-H Office has the following items available for purchase:

\$33.00	Hats	\$22.00	Ties
\$ 4.50	Record Book Covers	\$24.00	Collars

Price includes tax & shipping.

We can only accept cash or check.

You can also order directly from the supplier

# 2 MILE FUN WALK

# March 29, 2025, 10 am Turtle Bay Arboretum



Music, Food, Golden Shoe Grand Prize winner, & Family Fun!



Register for the walk and get a FREE t-shirt, while supplies last

# GOLDEN SHOE HUNT

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SHASTA

YEAR

5



Explore parks and trails in Shasta County March 1-23, to find **20 Golden Shoes!** 



Go to HealthyShasta.org for clues to find the golden shoes. Prize drawing for each shoe found!

VISIT <u>HEALTHYSHASTAWALKS.ORG</u> TO REGISTER AND GET CLUES!

# Valley Field Day 2025

Valley Field Day consists of two separate elements:

#### - Large & Small Animal Showmanship

#### - Home Ec & Ag Stills

We are modeling the categories on the Shasta District Fair Premium Books.

If you have questions regarding how to present for Field Day, please refer to the appropriate information located on the <u>SDF website</u>.

Date: Friday, May 2 & Saturday, May 3, 2025

Location: Shasta District Fairgrounds

Registration Closes: Sunday, April 13, 2025

Large & Small Animal Registration Home Ec & Ag Stills Registration Late registration will not be accepted.

#### Parking:

Gate 4 will be opened at 7:00 a.m..

Once your project has been delivered to Ferreira Hall or the Livestock Barns, the vehicle **must** be moved to the parking lots. Lot 2 is the closest and easiest for the livestock exhibitors. Lot 1 will be available for anyone.

We ask that all exhibitors have their vehicles off the grounds by 8:00 a.m.

Per SDF rules, the gates will be locked at 8:30 am and re-opened after conclusion of the event.

Hosts: Beef - Golden Acres Rabbits - Countywide Rabbits Goat, Meat - Golden Acres Goat, Dairy & Nigerian Dwarf– Happy Valley Home Ec & Ag Stills - Office / Twin Palms Large Animal Round Robin - Swede Creek Sheep - Foothill Swine - Heritage Concessions - Palo Cedro Livestock Quizzes - Westside

Who Can Ente	r?: All 4-H members
may exhibit an	d participate.
Primary:	ages 5-8*
Junior	ages 9-10
Intermediate:	ages 11-13
Senior:	ages 14+
* May show in any division, except for large animals,	
however the	ey will not be judged.



# Valley Field Day 2025 - Large & Small Animals

LOCATION	Shasta District Fairgrounds, Barns

#### SCHEDULE Saturday, May 3, 2025

ALL TIMES ARE APPROXIMATE.

- 7:30 8:00 Check in, weigh in / Take animals to their respective areas.
- 8:30 Gates locked
- 8:30 9:00 Expo guizzes for each species
- 9:00 9:30 **Educational Sessions**
- Please plan for a full day. 9:30 Market (Beef, Swine, Sheep, Meat Goats) Showmanship classes.
- 9:30 Small Animal: Primary followed by Showmanship classes Dairy Goat: Primary, Senior, Junior, Intermediate

#### Large animal Round Robin, followed by awards.

No Small Animal Round Robin this year.

Animals will **not** be released until the conclusion of the event.

Participants **must** sign out with the person in charge of their species barn area before leaving.

#### FOR SAFETY REASONS & per SDF rules

## **NO** VEHICLES/TRAILERS WILL BE ALLOWED ON THE GROUNDS UNTIL COMPLETION OF THE EVENT.

We are modeling the categories on the Shasta District Fair Premium Books. If you have questions regarding your entry for Field Day, please refer to the appropriate book located on the SDF website.

- Participants must provide an animal for showmanship (with the exception of swine see below).
- Animals can be a backup animal, shared with a sibling, or borrowed.
- Conformation will not be judged, so participants only need to bring one animal.
- Animals must be clean and presentable, but do not need to be fitted.

#### **IMPORTANT INFORMATION**

All 4-H'rs enrolled in livestock projects are encouraged to participate. This is a chance to evaluate the progress of your showmanship abilities before the fair. It also meets your 4-H fair contract requirement to show at the Shasta District Fair.





#### NOTE

Swine members will NOT be bringing their animal.

They will instead be using beach balls provided by the 4-H office.



# Valley Field Day 2025 - Large & Small Animals

#### **DRESS**

You must dress neatly and wear clothing that allows you to safely show and tend to your animal. No open-toed shoes and no shorts. Youth dressed in inappropriate attire will be dismissed by the judges. The 4-H uniform is not required.

#### **RULES**



- No bedding is allowed.
- Every exhibitor must furnish their own feed, feeder and container for water.
- Participants must clean pen area and check-out with the club person in charge of the barn before leaving the grounds.

You will not receive credit for the event if you do not clean up your pen and sign out with the leader in charge. Everyone must bring their own clean up tools (ie. rake, shovel, etc.).

- Washing of animals at the fairgrounds is prohibited. Please wash your animal at home before coming to field day, if the weather allows.
- You must remain on the grounds until the conclusion of the event.
- All vehicles must exit the grounds after unloading and park in the parking areas.
- Do not park along the fence as vehicles will be cited.

Gates will remain closed until after completion of the event, per SDF rules.

Please do not walk animals off grounds before Round Robin and Awards Ceremony have been completed.









# Valley Field Day 2025 - Home Ec & Ag Stills

LOCATION Shasta District Fairgrounds, Ferreira Hall (see map)

#### SCHEDULE

Friday, May 2, 2025

Drop Off & Check in No late entries will be accepted 3 - 6 pm

Saturday, May 3, 2025

10:00 - 1:00 Viewing

10:00 - 1:00 Craft Activity

1:00 - 1:30 Items to be picked up - it is the member's responsibility to pick up their items. Items will not be released prior to 1:00 pm

We are modeling the categories on the Shasta District Fair Premium Books. If you have questions

regarding your exhibit for Field Day, please refer to the appropriate book located on the <u>SDF website</u>.

Still exhibits provide 4-H members with the opportunity to display the results of their project work indicating achievement and growth - this is not an event for school projects.

ALL entries shall be labeled with member's name, phone number, Club name and category/class.

#### **GENERAL GUIDELINES**

- All exhibits must have been made by the 4-H member during the current 4-H year. 1.
- 2. The 4-H member is responsible for meeting check-in times. Late exhibits will not be judged.
- 3. The judges' decisions are final. All judges are volunteers and offer their expertise in evaluating 4-H project work. Respect should be given to those recruited as judges.
- A successful 4-H Still Exhibits Fair takes the involvement of every 4-H member, leader and parent 4. with lots of help from our 4-H friends! If you have any questions or would like to volunteer to help with this event, please contact the office at (530) 224-4900.
- 5. Members may enter a maximum of three (3) entries per Category.



Awards The Danish system of judging (blue, red and white ribbons) will be used. Best entry in each category within each age division will receive a medal. Best of Show will be chosen from the three medal winners in each category (all age divisions combined). Each primary member will receive a gold star pin for the event, and a participation ribbon for each item entered.







# Local 4-H

# **State Record Book Competition**

Congratulations to Hanna Stricklin, a senior with Westside 4-H.

Hanna received a Silver Medal in the

State Record Book Competition !





# Have you begun working on your 2024-25 Record Book ?



The 4-H Record Book is a standard record of your activities in 4-H - your projects, activities, events, skills development and learning experiences. The Record Book helps improve your skills in record keeping, goal management and reflection on your achievements and growth in 4-H. You can submit your record book for evaluation at the club, county and state levels.

The Record Book and Achievement Programs are optional and separate programs.

We highly recommend you take advantage of both programs to maximize your growth and learning in 4-H.

CA Record Book Website

Join the <u>CA 4-H Record Book Support Group</u> on Facebook.



# **Valley Favorite Foods Results**



# **Valley Favorite Foods Results**



#### Main Dish

Reagan Snyder	Lone Tree	Junior	Medal
Lucia Bangay	Foothill	Intermediate	Blue
Anthony Fernandez	West Valley	Intermediate	Medal
Natalie Fernandez	West Valley	Senior	Medal
Eastyn Rickman	West Valley	Senior	Blue



Some Ambassador Team members taking a much deserved break.





**Our Fearless Leader** 





# Foothill

Cora Gosselin **Reese LaBarbera** Andrew Seaton Airyonna Brader Harli Brous AnaBelle Evanson Cecelia Lawler Abigail Seaton **Riley Brader** Keller Ledbetter Elli Marshall

**Market Animal Golden Acres Golden Acres** Swede Creek **Golden Acres** Foothill Black Butte **Golden Acres** Swede Creek Foothill West Valley Palo Cedro



# **Valley Favorite Foods**







# **Favorite Foods Judges**





Christie Benninghoven

Theresa Dupont

Lindsay Fernandez

Chad Gosselin

Lindsey Hammon

Glorianna Junokas

Karly Ledbetter

Julie McFall

Andy Mills

Michelle Mills Joaquin Murillo Miranda Owens Jonathan Paradis Ryan Paradis Kari Piazza Cara Rickman Tonia Trisdale











# **Ambassador Team Highlight**

Every month we will be highlighting someone from our Ambassador Team.

# Ambassador Coach Mandy Bowers

- **Q.** Why do you participate in 4-H?
- A. Simply put, I love 4-H. I grew up as a 4-H member. The skills youth learn by participating in 4-H are lifelong skills. I enjoy seeing youth thrive with the skills they learn, the friendships they make and the success in life they gain by participation in 4-H. I am thankful that I have children that have brought me back to 4-H after many years.
- **Q.** Please tell us about your favorite hobby, whether 4-H related or not.
- A. I enjoy spending time with my family, working with our farm animals or exploring new places together.
- **Q.** What are your goals outside of 4-H?
- A. To spend as much quality time with my family as I can.
- **Q.** What will be your biggest challenge this year as an Ambassador Coach?
- A. As a coach, my challenge is to help guide the team to success in their endeavors and hopefully make it fun in the process.
- **Q.** What's your favorite ice cream flavor?
- **A.** My favorite ice cream is Tillamook Marionberry Pie.



# Shasta County 4-H Council Meetings

#### **COUNCIL & COMMITTEE MEETINGS**

The Shasta County Council meetings are where county events are planned, finances are discussed, information from the state and local level is shared, and everyone is kept up-to-date.

#### **Upcoming Council Meetings**

Valley (held at 4-H office) Apr 16 May 21

Mar 19: Special Council Meeting - New Volunteer Management Organization (VMO)

#### Inter-Mountain

Jan 22, Gepetto's Apr 23, Gepetto's

# Minimum Requirements for Club to be in Good Standing

#### TO SUCCESSFULLY COMPLETE THE 2024-2025 4-H YEAR:

- 1. Complete the club reporting & turn in by the deadline.
- 2. Participate in the County Club Officer training.
- **3.** Host or co-host one of the countywide events.
- 4. At least 2 adult volunteers.
- 5. At least 5 members from 3 different families.

	SEP	Ост	JAN	Apr	ΜΑΥ
BLACK BUTTE					
COTTONWOOD		x	x		
COW CREEK		x			
FOOTHILL			х		
GOLDEN ACRES	x	x	x		
HAPPY VALLEY		х			
HERITAGE		x			
LONE TREE					
Palo Cedro	x	х	x		
Swede Creek	x	x	x		
TWIN PALMS	x				
WEST VALLEY					
WESTSIDE	x	x	x		

	JUL	Ост	JAN	Apr
BURNEY	х	х	х	
EVERGREEN	х	х	х	
НАТ СКЕЕК	х	х	х	
PINE GROVE	х	х	х	

### Shasta County 4-H Council Officers 2024-2025 program year

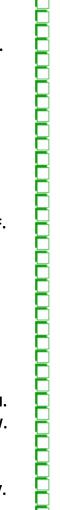
President:	resident: Mandy Bowers, Palo Cedro		
Vice Presidents	: Ally Trisdale, Westside & Hanna Stricklin, Westside		
Secretary:	Amber Bonner, Swede Creek		
Treasurer:	Sandy Lanzi, Foothill		



<b>~</b>	* * * * * *		
*	3/2	Emery H.	✓
s,	3/2	Roslynn A.	-
	3/2	Luke L.	✓
•	3/2	Angelique M.	*
$\mathbf{x}$	3/3	Patricia M.	✓
•	3/3	Hunter D.	*
$\mathbf{k}$	3/5	Rylie B.	*
*	3/5	Trevor E.	*
٠,	3/5	Sawyer Y.	-
$\mathbf{A}$	3/6	Chris S.	✓
Ý	3/6	Patricia L.	*
$\mathbf{\tilde{\mathbf{v}}}$	3/6	Hendrik B.	✓
*	3/6	Trinity T.	*
$\mathbf{\tilde{\mathbf{v}}}$	3/6	, Abigail F.	*
*	3/6	Jenell C.	✓
<ul> <li>Image: A second s</li></ul>	3/6	Jace G.	-
$\mathbf{x}$	3/6	Colt A.	✓
•	3/6	Sawyer C.	*
$\mathbf{\tilde{\mathbf{v}}}$	3/8	Zeke S.	✓
*	3/8	Axel R.	*
$\mathbf{\tilde{\mathbf{v}}}$	3/8	Fallon H.	-
*	3/8	Elliot C.	*
٠,	3/0	Grace G.	-
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Kelli B.
Cecelia L.
Scarlett A.
Christine C.
Alice C.
Finley T.
Hunter K.
Allie P.
Maggie R.
Peggy H.
Wyatt F.
Madeline F.
Brooke S.
Brayton T.
Melany A.
Elsie N.
Tristan F.
Carly L.
Ciara P.
Anthony M.
Leimone W.
Hayden S.
Logan L.
Jonathan V.
Carmen M.



<b>3/21</b>	James M.
<b>3/21</b>	Tanner C. 📕
3/21	Aliyah M.
3/21 3/21 3/21	James F.
3/21	Noah J.
3/22	Hadley H.
3/22	Tate L.
<b>3/22</b>	Symphony R. 🔳
<b>3/23</b>	Eli L. 🔹
<b>3/24</b>	Riley A. 🛛 🗖
<b>3/25</b>	Hoyt O.
<b>3/27</b>	
3/25 3/27 3/27 3/27	Marianna H.
3/27	Asher C.
3/28	Everett L.
3/28	Adeline S.
3/28	Eastyn R. 🗧
<b>3/29</b>	Wyatt S. 🛛 🔹
<b>3/29</b>	Hannah T. 🛛 🔳
<b>3/29</b>	Hudson B. 🛛 🗖
<b>3/30</b>	Porter F.
<b>3/30</b>	Jennifer I. 🛛 📍
S/30 ■	•





- **3/2** Banana Cream Pie Day
- 3/14 National Pi Day
- 3/20 Absolutely Incredible Kid Day
- 3/28 Barnum & Bailey Day

