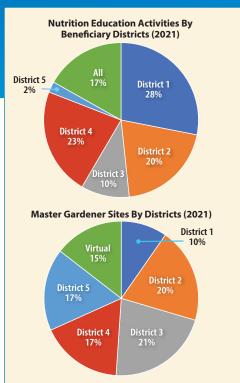
## **UC Cooperative Extension**



### **Los Angeles County, 2021**

From the Campus to the Community

"I am thankful for this class. I try to include my children in cooking so that they learn together with me to feed ourselves better and not to waste food. They enjoy managing their portions. We do more exercising. We dance and go for a walk more than before."

—EFNEP Adult Participant, 2021



268

adult graduates of nutrition program



1,246

youth participants of nutrition education



"The UC Master Gardener program provides the academic and organizational platform that has enabled us here in Long Beach to establish two teaching farms and also to lead tree plantings, public garden creations and other greening efforts around the city. It's hard to overstate the influence and effectiveness of the Master Gardener program."

—Jeff, UC Master Gardener, 2021

UCCE Advisors and Specialists working UC in local CE communities











### the path to success

**UC Cooperative Extension in Los Angeles County** 

UC Cooperative Extension 700 W. Main Street, Alhambra, CA 91801 Phone: (626) 586-1971 Fax: (626) 943-3840

4-H youth put on

celosangeles.ucanr.edu

202

### **Our programs**

## 4-H Youth Development Program

4-H empowers youth to reach their full potential through hands-on learning, engagement in local communities, and development of leadership and life skills. Our program includes 4-H Community Clubs throughout LA County, 4-H Summer Camp and Project Learning Tree (high-quality environmental education for youth).





#### Food and Health

UC Cooperative Extension offers two programs to help low-income Los Angeles County families acquire the knowledge and skills to establish and maintain healthy eating habits, shop smart and stay physically active: The Expanded Food and Nutrition Education Program (EFNEP) and The CalFresh Program (formerly known as Food Stamps). Staff reach out to families in community settings.

# **UC Master Gardener Program**

UC Cooperative Extension trains community-based Master Gardeners who volunteer their time to community and school gardens. They help Los Angeles County residents grow their own food and help build stronger communities.





### **Sustainable Food Systems**

UC Cooperative Extension conducts research and provides technical assistance to help individuals and organizations achieve success in developing sustainable food systems projects in urban Los Angeles County.

#### **Natural Resources**

Our advisor works with local, state and federal agencies, community organizations, and educational institutions to plan and implement improvements in resource management.





### **Environmental Horticulture**

Our advisors conduct applied research and extend objective, research-based information to public and private clients through workshops, seminars and meetings. Their clients are a valuable part of the local "green industry."

### **Integrated Pest Management**

Our IPM program provides practical information and training on pest management techniques for a broad range of pests. They help solve pest problems while minimizing risks to people and the environment.





### **Agriculture**

Our farm advisor works closely with local growers and agencies to develop cost-effective and sustainable agronomic practices in the desert areas of Los Angeles County.