

Marvelous Monarchs

UCCE Stanislaus County Master Gardener Program









We extend research-based knowledge and information on home horticulture, pest management, and sustainable landscape practices.





Agenda

- Butterfly basics
 - Butterfly anatomy
 - Butterfly Metamorphosis/Life Cycle
 - Some local butterflies



UC Davis Arboretum and Public Garden.

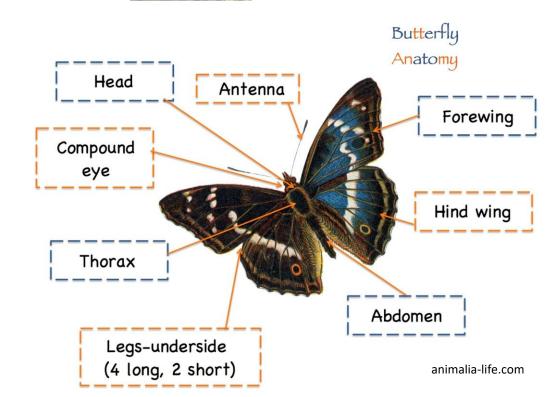
- How to attract butterflies to your garden
- Monarchs
 - Life stage
 - Migration
 - Why endangered
 - How we can help

Master Gardeners are not entomologists. There will be places during this talk when you can ask questions. We will do our best to answer them. If I can't, someone will get back to you.

Butterfly Anatomy

Order Lepidoptera: (along with moths) lepido =scaly/ ptera=wing

Scales (magnified)



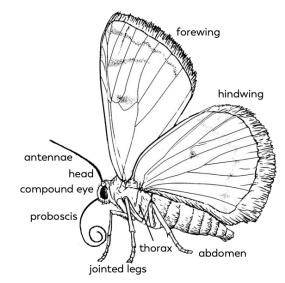
University of **California** Agriculture and Natural Resources

Butterflies are **insects**. Like all insects they have:

- Three basic body parts
 - o Head
 - Thorax
 - o Abdomen
- Six legs (3 pairs)
- Two pair of wings (most insects have 2 pairs, but they're not always visible):
 - \circ Forewing
 - \circ Hind wing

Proboscis

- The butterfly's long "tongue" is a combination sponge and "sippy straw"
- When the pupae is still in its chrysalis the future proboscis is "unzipped"
- When the adult butterfly emerges from the chrysalis, the two halves merge in the tubelike proboscis

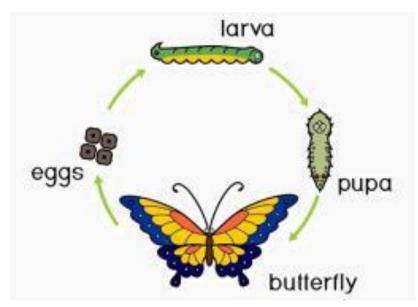


Graphic by Takuya Yoshida



Credit: Monarch Butterfly USA

- Butterflies undergo complete metamorphosis which has four distinct life stages: the egg, which hatches to a caterpillar (larva), then changes into a pupa by liquifying their body while inside their pupal case, emerging to the adult butterfly
- Adults are mostly nectar feeders, are the only stage of butterflies to feed on flowers (pollinators)
- Larva, or caterpillars, eat plants (green leaves)



https://biologydictionary.net/completemetamorphosis/

Four Life Stages Requirements

Environmental requirements and hazards are different for each stage Being eaten or parasitized is a hazard in all stages



Zephyr angelwing larva on Ribes

- Egg: needs host plant for oviposition
- Larval (Caterpillar): needs the correct <u>host plant</u> and enough leaves/food to grow to maturity
- **Pupal**: Needs a protected place to pupate and develop
- Adult: Needs nectar for flight (and salts and minerals for nutrition)

Larva/Caterpillar



Monarch larva on narrow leaf milkweed

All caterpillars need specific host/larval food source plant(s) to survive:

- Gulf fritillaries eat passion vine
- Mourning cloaks need willow (Salix), cottonwood and ornamental elm
- Painted ladies like mallow
- Monarchs eat milkweed (more on this later!)

Butterflies overwinter, surviving in various ways, depending on the species as eggs, larvae, pupa or adults

Butterflies are ectotherms (cold-blooded) so cannot fly when it gets below 55° F or when it is raining



Gulf fritillary egg



Anise swallowtail larvae





Painted lady *pupa*

Monarch adult

Migration

Another strategy for surviving winter

The two common migrating butterflies we see are:

Monarchs

Pacific population migrates south and west in the fall to winter over along coast, with the eastern population wintering in Mexico (more on this later!)

Painted ladies

Migrate to our area from the desert in late winter, early spring



Seasonality

- Lifecycle is strongly seasonal
- Butterfly numbers start off scarce in spring
- Build up their numbers with successive generations



Butterfly populations peak in September and October



QUESTIONS?







Which butterflies will you see in your garden? It depends on. . .

Connectivity of your habitat to surrounding landscapes:

- •Proximity to natural areas
- •Surrounding gardens and the plants in them

Polyphagy and mobility

•How wide a diet the butterfly species has (generalist or specialist)

•Distance between habitat patches; some species rarely move more than a few feet



Gulf fritillary on lantana



"The best you can do is provide them a good pub"

Mariam Rothschild, Butterfly Gardening

- Butterfly **abundance** is determined by **food availability**
- Host plants for caterpillars
- Nectar for adults who use it as source of energy for flight, to mate, and lay eggs



Gray hairstreak on milkweed

Manage your landscape for butterflies

- Provide a **diversity of plants** (preferably native) of different layers
- Provide host plants for egg laying sites
- Maintain sheltered, undisturbed places
 for hibernation and overwintering
- Avoid pesticides: Be aware that the organic pesticide known as *Bt* kills caterpillars, the larvae of butterflies
- Butterflies prefer sunny open areas to warm wings for flight





"Leave the leaves" and some undisturbed sites for overwintering

Overwintering sites include:

sipping and extracting nutrients

- Leaf litter
- Dense vegetation
- Tree cavities
- Muddy puddles for

Sulfur butterflies puddling Astro/nature guy CC BY-NC 2.0





Egg-Laying: Provide Host Plants for Larva



Monarch on star thistle

- Some butterflies have adapted to our modified non-native landscapes
- Due to the conversion of wetlands and grasslands to irrigated agriculture, host plant numbers are greatly reduced
- About half of Central Valley butterflies feed from "weeds"







Some considerations for plant selection and design



- Use as many native plants as possible—they support 3x as many butterflies and moths as nonnatives
- Plant density—use masses 3 feet in diameter or more
- Include some grasses as overwintering sites and host plants
- Provide for blooming in spring, summer and fall



What flowers attract adult butterflies?

- Plants with flowers that produce **nectar** they can sip with their proboscis
- Some also feed on sap, rotting fruit, dung, honeydew







Flower Types

Small tubular/funnel flowers are especially adapted to butterflies' proboscis. Flat flowers provide landing pads.

Broad & Cup Shaped











Make diverse plant choices for diverse butterfly support

- Butterflies need nectar for energy throughout the year
- Use plants that will bloom at various times of the year for longer supply period
- Check that California native plants are water compatible with your nonnative plants; choose water-wise plants whenever possible



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Native vs. Non-native Plants

 Pollinators may be attracted to many flowers you can buy at local nurseries

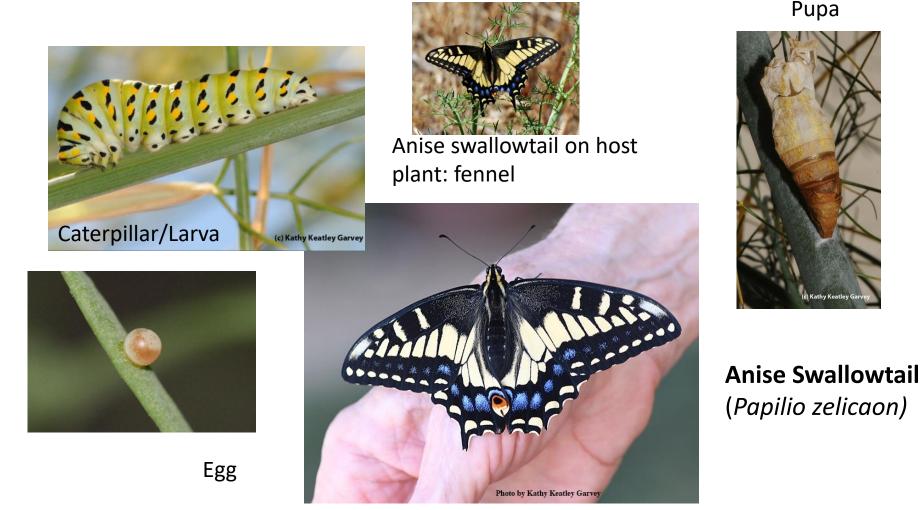


UC ANR

- Not all flowers provide needed nutrition
- Native pollinators have evolved a relationship with native plants over time that provide sustainable nutrition
 - Ornamentals, especially hybrids and cultivars with double flowers, may provide little to no nutrition for pollinators. These are grown to attract people more than to attract pollinators.

Following are some butterflies in various stages you might see in our area. . .

Swallowtail butterflies



Anise swallowtail butterflies need to lay their eggs on fennel. They are native, but have adapted to eating fennel, parsley, carrots, and anything in the carrot family.

Gulf Fritillary Butterflies

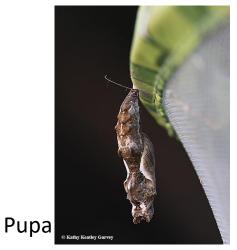


- Gulf fritillaries (*Dione* vanilla) are prolific, mainly urban, not cold hardy
- The caterpillars rely on passionflower (*Passiflora* spp.)



Egg

Adult on passionflower





Caterpillar/Larva

Painted Lady Butterflies

Adult Painted Lady



Vanessa cardui

- Many various host plants, borage family, aster family, legume family and more
- Migrant from south to north



Egg



Corrigin Charlende Concerted de concerted de



Pupa

Painted lady on host plant: thistle

Caterpillar/Larva

More Vanessa butterflies



Vanessa annabella

West coast lady

- Host plants: Malvaceae (Malva, Malvella, Hollyhock, Lavatera)
- Our most common painted lady



Vanessa atlanta Red admiral

Host plants:
 Urticaceae
 (nettles)



Vanessa virginensis American lady • Host plants: Anaphalis (Everlastings), Gnaphalium (Cudweeds)

Least common

QUESTIONS?







Monarch Butterflies

Danaus plexippus

- Most recognized butterfly in the world
- Known for their epic migrations
- Compared to other butterflies, they are:
 - Larger
 - Soar instead of flutter
 - Have bright, easily visible wings
- Populations in North America, Central America, South America, New Zealand and Australia. They are most prevalent in eastern United States but are also found in western USA.
- Their range in North America is determined by milkweed distribution, with the furthest north being just north of Winnipeg, Manitoba, Canada



Monarch butterfly stages in your garden Leave all stages alone!

Takes about 24 - 34 days from egg to adult

Egg Stage

- Laid singly, usually one/milkweed plant, which helps ensure enough food source for larva
- Usually lay on bottom of leaf, near top of plant
- Total number of eggs laid varies by butterfly, but usually 400-500
- Egg is size of grain of salt
- Takes 3 5 days for caterpillar to hatch



Photo credit: SherrylL18; Getty Images

Monarch butterfly stages in your garden

Larva/Caterpillar Stage

- Chews its way out of the egg, eating the egg as its first food source
- Spends the next 10 14 days eating milkweed leaves
- As it gets larger, it molts its exoskeleton. There are 5 molts or *instar* stages. Stops feeding before and after each molt.
- It grows from 1/16th of an inch to about 2 inches







Monarch butterfly stages in your garden

Pupae Stage

- After its 5th instar, the caterpillar starts wandering, looking for a suitable, sheltered location to pupate.
- It will attach itself upside-down to a surface with a "button" of silk, hanging into a "J."
- It will create its chrysalis, which is the exoskeleton, or skin, of the pupa. This will be its home for the next 11-15 days.
- As the time for emerging draws near, the chrysalis will begin to darken and image of its wings appear.





Monarch butterfly stages in your garden

Adult Stage

- In the final hours before emergence, the chrysalis will become translucent, a crack will appear, and the monarch will free itself from the case.
- Hanging from the chrysalis case, it will spend the next few hours pumping fluid into its wings until they're firm and dry enough to fly.
- The 2 separate halves of its proboscis will join.
- Eventually it will take flight and within a day will start seeking out nectar for its 1st meal.





Mating

- Males are slightly larger than females.
- If the monarch is a male, it will search for a female.
- Males can be aggressive, pursuing the female until he takes her down.
- If the pairing is successful, they may remain attached for as long as 14 hours.
- Both males and females are polygamous, mating with several partners.



Male monarch: Note the black spot on each hind wing; these are scent glands, which produce a chemical used during courtship



Female monarch: Note the absence of black spot on each hind wing

Toxic Milkweed

In addition to being the sole source of food for Monarch butterfly caterpillars, the toxins present in milkweed offers some protection to Monarchs during both the caterpillar and adult stages since it is poisonous or distasteful to many of their predators

These predators learn to recognize the Monarch caterpillar's distinctive striping and the adult's orange and black coloring and will thus avoid them...







Monarch Copycats

Some species of edible or harmless butterflies take advantage of predators' avoidance of Monarch caterpillars and adults by imitating their markings. This is known as **mimicry** in biology. Some examples:



Gulf fritillary - adult



Anise swallowtail - Stanislaus caterpillar



Monarchs fly slowly, which

helps distinguish them from

Painted lady adult

Gulf fritillaries

Red admiral adult



Monarch - adult



QUESTIONS?











Monarch Migration

The monarch migration is extraordinary with none quite like it in the butterfly world

- A butterfly in southern Canada/northern USA begins an epic <u>one-way</u> journey south in the fall, traveling up to 2,800 miles to a specific place where they've never been to before, where their great-great grandparents were the previous year.
- They travel an average of 44 miles/day, up to 200 miles/day.
- No single monarch makes the <u>entire roundtrip journey</u>. There are 4-5 generations each year (depending on weather) with 3-4 generations going north in the spring and summer, and a generation going south in the fall to where it winters over.
- Many will not survive due to weather conditions or predators
- How each successive generation knows the route and where to spend winter remains largely a mystery.



Monarch Migration





- There are two populations of Monarchs in the USA, which are separated by the Rocky Mountains.
 Studies show them to be essentially genetically identical:
- Eastern Monarchs which generally overwinter in Mexico
- Western Monarchs are a smaller group which overwinters along California's coastal areas from Monterey to San Diego

Spring – Summer Migrations

 The spring-summer 1st migration begins when monarchs who have overwintered at sites in Mexico or coastal California, begin to fly north.



- Starting in February, it can continue to the first week of April. Generally, the butterflies furthest south will begin migrating first.
- The adults usually mate prior to leaving their overwintering site.
- Females will lay eggs on milkweed, with both sexes feeding on nectar while moving northward.
- By the first of May, this first generation, who were born the previous fall, have passed due to the end of their life cycle.

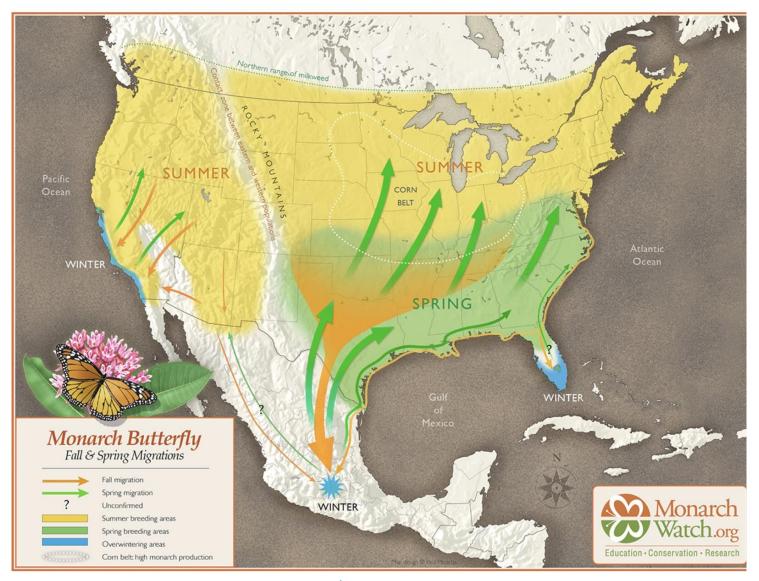


Monarch Migrations: Spring/Summer



- Offspring from the first migration generation generally reach the adult stage by mid-late April, and once mature, start the **second migration**.
- With each generation, mating occurs, eggs are laid on milkweed, caterpillars hatch, pupate in chrysalis, become mature adult butterflies, continuing northward, producing offspring for a **third** and perhaps a **fourth migration**.
- As adults, these spring/summer generations generally will live 2 – 6 weeks.







Fall – Winter Migration

- The **fourth generation** (or possibly fifth), will be in southern Canada/northern USA during late summer/early autumn.
- The fall-winter migration begins around mid-August through early September.
- A number of factors signal it is time to head south to overwintering sites, including:
 - Days are steadily getting shorter with the sun reaching 57 ° off the horizon.
 - Daytime temperatures remain relatively warm, but nights are becoming cooler. As a result, the quality of milkweed declines.







Fall - Winter Monarch Migration



- Those further north will begin migrating south first.
- As they make their way south, they are seen in both large and small groups, resting for the night or during inclement weather in trees and shrubs.
- Ultimately, those who <u>survive</u> the long journey will arrive at their over-wintering sites.



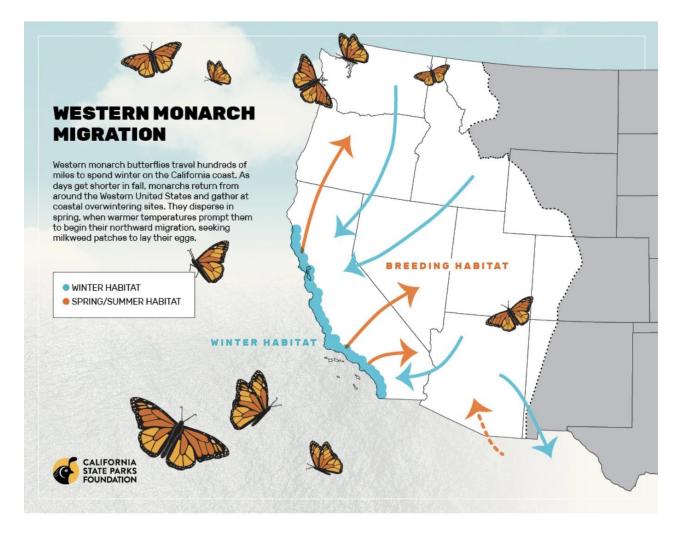


Fall – Winter Migration, cont.

- This generation, which hatched and became adults in late summer/early fall is known as the **Methuselah Generation** because it will live 6 – 8 months (after the biblical Methuselah who was said to have lived 969 years).
- They do not emerge from their chrysalis as sexually mature butterflies. Instead, they are in what is known as *sexual diapause*. They also tend to be larger than the earlier generations of the year. By not becoming sexually mature until the following spring, this final summer-fall generation's energies are put towards developing flight muscles and storing lipids for their long journey south and surviving the winter months.
- After over-wintering, come spring, with warming temperatures and longer days, these butterflies will become sexually mature at their winter site, mate, and start the cycle once again with the first northward migration of that year.









Monarch Winter Sites



Wintering at Pismo Beach, CA, Nov 2022

Rhonda Allen

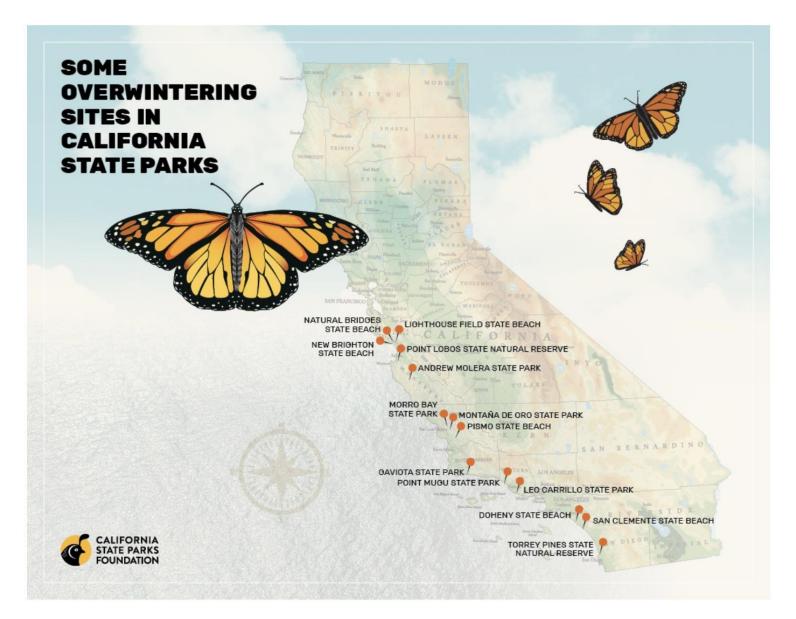


Wintering in oyamel forest, Michoacan, Mexico

Journeynorth.com

- There are about 300 California coastal wintering sites, which include Pacific Grove and Pismo Beach in pine, cypress and eucalyptus trees. Some are on public lands and others on private property.
- In Mexico monarchs roost for the winter in oyamel fir forests at an elevation of 2,400 to 3,600 meters (nearly 2 miles above sea level). The mountain hillsides of oyamel forest provide an ideal microclimate for the butterflies.





Monarchs Closer to Extinction



Now on the world's list of Critically Endangered animals

On July 21, 2022 the *International Union for Conservation of Nature* (IUCN) announced the migratory monarch butterfly (*Danaus plexippus*) is now on its "Red List of Threatened Species as Endangered--threatened by habitat destruction and climate change."

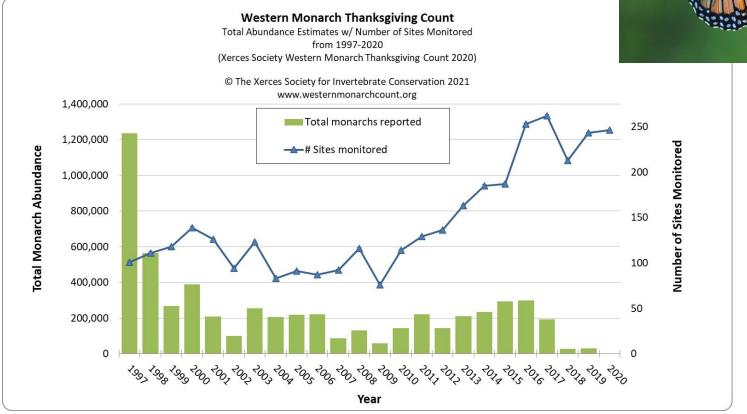
The announcement goes on to say: "The <u>western population</u> is at greatest risk of extinction, having declined by an estimated 99.9%, from as many as 10 million to 1,914 butterflies between the 1980s and 2021," according to the IUCN news release. "The larger eastern population also shrunk by 84% from 1996 to 2014. Concern remains as to whether enough butterflies survive to maintain the populations and prevent extinction."

The good news about this is safeguards and financing can now be provided to help protect them.



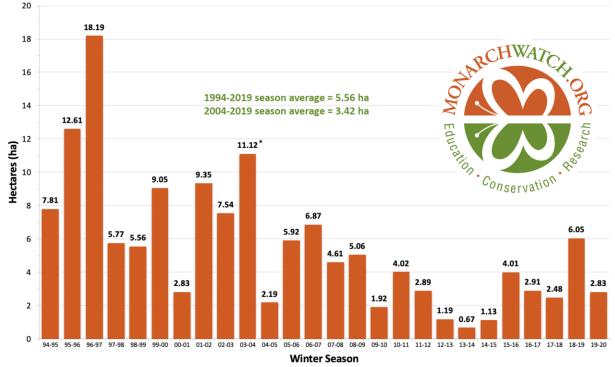


Monarchs in Decline: Tagged





Monarchs in Decline: Overwintering



Total Area Occupied by Monarch Colonies at Overwintering Sites in Mexico

Data for 1994-2003 collected by personnel of the Monarch Butterfly Biosphere Reserve (MBBR) of the National Commission of Natural Protected Areas (CONANP) in Mexico. Data for 2004-2019 collected by World Wildlife Fund Mexico in coordination with the Directorate of the MBBR. * Represents colony sizes measured in November of 2003 before the colonies consolidated. Measures obtained in January 2004 indicated the population was much smaller, possibly 8-9 hectares. CT





QUESTIONS?







How you can help

Plant nectar plants for the adults!

- Native plants with tubular or funnel shapes are particularly attractive and nutritious for butterflies
- Remember to have a variety of plants from spring through fall so something is always blooming







Some Native Plants

Purple sage

California buckwheat



California fuchsia



Goldenrod



Ceanothus





Black sage



Rabbitbrush

Coyotebrush



Silver bush lupine



Western redbud



Readily Available Plants

- Salvias, such as Hot Lips variety
- Honeysuckle vines
- Mexican sage
- Sunflowers
- Asters
- Yarrows
- Blanket flower
- Coneflower













Plant a variety of milkweed species!

Monarch caterpillars feed on milkweed plants only

- Milkweed (Asclepias) is a genus of herbaceous, perennial, flowering plant, named for their latex, a milky substance, which is exuded when the plant is damaged. It can be toxic to humans and many other species.
- Several local native varieties include:
 - Asclepias fascicularis (Narrowleaf milkweed)
 - Asclepias speciosa (Showy milkweed)
 - Asclepias syriaca (Common milkweed)
 - Asclepias cordifolia (Heartleaf milkweed)
- When possible, plant from seed, or buy from reputable source since some plants labeled "wildlife friendly" may be contaminated with pesticides
- Plant/seed in fall when it's cooler and is start of rainy season

Narrowleaf Milkweed





Showy Milkweed

Tropical Milkweed. . .

- Tropical milkweed (*Ascelpias currassavica*), a non-native plant, has been designated as a noxious weed by CA's Dept. of Food and Agriculture
- Sales of tropical milkweed are no longer allowed in Contra Costa, Marin, San Mateo and Ventura counties



Monarch butterfly on showy milkweed



Monarch caterpillar on tropical milkweed

Tropical milkweed can grow later in the year in northern areas

- This could confuse Monarch adults into staying at a time when they should be migrating
- If you do have tropical milkweed, some recommend they be cut back to the ground twice during growing season, so not to interfere with migration and egg laying

More on Tropical Milkweed. . .

Tropical milkweed is a host plant to a protozoan parasite of monarch butterflies called *Ophryocystis elektroscirrha* (OE). There is some evidence that these spores can negatively affect monarchs.

- As caterpillars eat the plant, they ingest the spores, becoming infected
 - $\,\circ\,$ The spores are carried on adult monarchs, spreading the parasite
 - Evidence shows OE infections may be reducing migration success by causing reduced body mass, lifespan, mating success and flight ability.
 - Native milkweeds die back after blooming, causing the parasites to die with it. This ensures next summer's monarch population feeds on fresh, parasite free foliage.



Bees and monarch adult on tropical milkweed



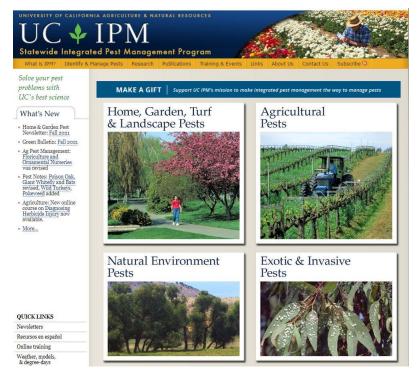
Reduce pesticide use in your garden

Pesticides are harmful to butterflies

- Use IPM (Integrated Pest Management) for information
- Avoid broad spectrum pesticides; choose pesticides targeted for the pest/disease
- When purchasing plants ensure grower does <u>not use neonicotinoid</u> chemicals which are systemic
- If you use a pesticide, choose one that is less toxic such as:
 - Horticultural oils or insecticidal soaps
 - Follow instructions
 - Spray in early morning or evening hours when pollinators aren't present



How you can help



www.ipm.ucanr.edu

How You can help: Western Monarch Annual Count



The Western Monarch Count is an annual effort of <u>volunteer</u> community scientists to collect data on the status of the western monarch population along the Pacific coast from Mendocino to Northern Baja, Mexico, during the overwintering season, which occurs from approximately October through March. In recent years, the count has expanded to include annual counts at inland overwintering sites in Inyo County, California, and in Arizona. The Xerces Society now oversees this count:

- The height of this volunteer effort occurs during the Western Monarch Thanksgiving Count, which runs for three weeks surrounding the Thanksgiving holiday, and during an additional count added in 2017, the New Year's Count which occurs around New Year's.
- Information to become involved is found: <u>https://www.westernmonarchcount.org/</u>

Tagging Monarchs

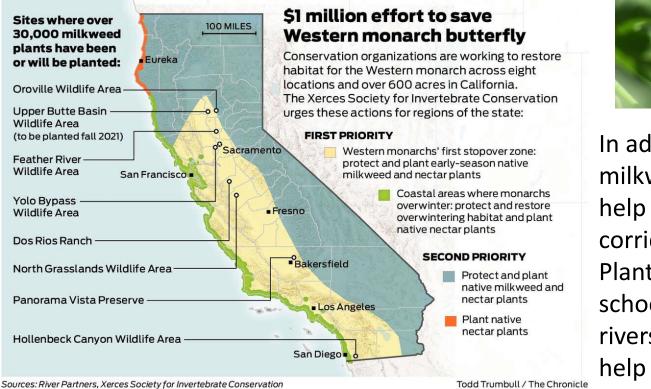


The Monarch Watch Tagging Program is a largescale community science project that was initiated in 1992 to help understand the dynamics of the monarch's spectacular fall migration through mark and recapture:

- Each fall they distribute more than a quarter of a million tags to thousands of volunteers across North America who tag monarchs as they migrate through their area. These "community scientists" capture monarchs throughout the migration season, record the tag code, tag date, gender of the butterfly, and geographic location then tag and release them. At the end of the tagging season, these data are submitted to Monarch Watch and added to their database to be used in research.
- The tools needed to get involved are on this website:

https://www.monarchwatch.org/tagging/

How you can help





In addition to planting milkweed in your garden, help create a milkweed corridor.

Planting milkweed in schools, parks, along rivers, and roadsides will help create a connection between habitats. Plant seeds in the fall!



See a Native Plant Garden for Ideas

- La Loma Native Garden: 1805 Encina Avenue, Modesto
- UC Davis Arboretum



Photos by Rhonda Allen



Resources

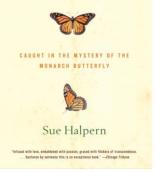
- Art Shapiro's Butterfly Site
 <u>https://butterfly.ucdavis.edu/butterflies</u>
- Butterflies in Your Garden <u>https://ucanr.edu/sites/CEStanislausCo/files/345791.pdf</u>
- Xerces Society Pollinator Plants: California
 <u>https://xerces.org/publications/plant-lists/pollinator-plants-California</u>
- UC Davis Arboretum Larval Hosts for Butterflies
 https://arboretum.ucdavis.edu/blog/larval-host-plants-butterflies
- California Native Plant Society Native Planting Guides
 <u>https://www.cnps.org/gardening/choosing-your-plants/native-planting-guides</u>
- Calscape CA native plants https://www.calscape.org/
- UC ANR Bug Squad Blog (you can sign up to receive this blog): <u>https://ucanr.edu/blogs/bugsquad/</u>
- Monarch Joint Venture Non-profit a partnership of federal and state agencies, NGOs, businesses and academic programs working together to protect the monarch migration across the United States <u>https://monarchjointventure.org/</u>
- Milkweed and Pesticides: <u>https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=55099</u>
- Monarch Joint Venture Q & A with tropical milkweed information links: <u>https://monarchjointventure.org/faq/tropical-milkweed</u>
- Blossom Hill Nursery, Oakdale: https://www.blossomhillnatives.com



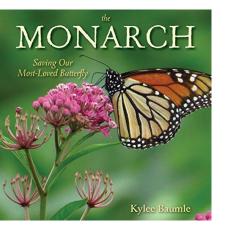




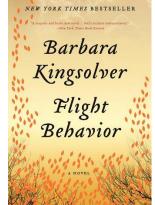
FOUR WINGS AND A PRAYER



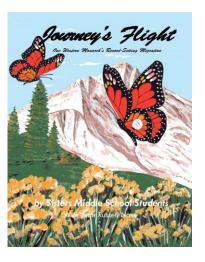
by Sue Halpern: Canadian entomologists Fred & Norma Urquhart spent 38 years researching the monarch migration. A nonfiction, it reads like a suspense novel. Books



by Kaylee Baumle: The writer shares years of study and monarch knowledge



by Barbara Kingsolver: Studied biology before becoming a writer, did her research before writing this cautionary novel.



By Sisters Middle School Students with Jean Russell Nave: Based on a real event of a tagged butterfly's 800

mile journey from Bend, OR to Carpenteria, CA





Some Monarch Wintering Sites in California

 SONOMA COUNTY Bodega Dunes Campground MARIN COUNTY oTerrace Ave., Bolinas **oFort Baker, Sausalito** •ALAMEDA COUNTY oAlbany Hill, Albany oArdenwood Historical Farm, Fremont SANTA CRUZ COUNTY oLighthouse Field Station, Santa Cruz MONTEREY COUNTY ○Andrew Molena SP oButterfly Grove Sanctuary, Pacific Grove SANTA LUIS OBISPO COUNTY oHalcyon Hill, Halcyon Oceano Campground, Oceano North Beach Campground, Pismo Beach •SANTA BARBARA COUNTY Ellwood Main, Goleta oGaviota SB, Gaviota oGaviota Gas Plant, Gaviota •VENTURA COUNTY •Big Sycamore Canyon, Pt. Mugu SP oCamino Real Park, Ventura Ocean Ave. Park, Ventura



LOS ANGELES COUNTY

 El Dorado Nature Center, Long Beach
 Recreation Park (south), Long Beach
 Woodlawn Cemetery, Santa Monica

 ORANGE COUNTY

 Golden West College, Huntington Beach
 Huntington Central Park, Huntington Beach
 San Clemente State Beach, San Clemente

 SAN DIEGO COUNTY

 Grape Street Park, Balboa Park
 Presidio Park, Old Town
 UCSD Coast Site, Azul St.

https://www.themonarchprogram.org/where -to-see-overwintering-monarchs/



Have a Garden Question?



- Visit our Help Desk
 - Wednesdays from 9:00 a.m. to noon (in person)
- Drop off a sample anytime
 - Business hours are M-F 8:00 a.m. to 4:30 p.m.
- Call (209) 525-6802
- Fill out our form http://ucanr.edu/ask/ucmgstanislaus
- We will get back to you within 5 business days

Stanislaus County Agricultural Center 3800 Cornucopia Way Ste A Modesto, CA 95358



University of **California** Agriculture and Natural Resources



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Monarchs and other butterflies thank you!







QUESTIONS?





