

Look who's in the spotlight!



University of California
Agriculture and Natural Resources



Introducing the
2022-2023

Ambassadors & BLAST Teams

Jolene Junge

Ambassador Team
Los Molinos 4-H Club

Jolene Junge, the daughter of Anne and Eric Junge, has been in 4-H since she was 5. In the early years of her 4-H membership she was involved in Rabbits and pursuit of the presentation trophy. At this time, she is the teen leader for the county-wide rabbit project, gardening project and photography project. Jolene is also an enthusiastic participant of Tehama County 4-H camp with excellent hide and seek skills, being the only staff member not found during the annual camp staff hunt. Over the years, Jolene has attended or participated in all of the Tehama County 4-H county-wide events which gives her the confidence to help at all the great events yet to come this year!"



Josie Parks

Ambassador Team
Westside 4-H Club

Hello, my name is Josie Parks. I am 14 years old and a part of the Westside 4-H Club. I have been in 4-H since I was five years old. What I love about 4-H is the memories and the skills I have learned. Through 4-H I have gained confidence in public speaking by participating in all the events and doing many presentations. I have also taken part in many projects that include: dairy goats, poultry, market and breeding sheep, scrapbooking, woodworking, arts and crafts, sewing, gardening and cooking. I wanted to be a Tehama County Ambassador to be more involved in my community and create new opportunities for the new youth of Tehama County.



Aiden Flood

BLAST Team
Bowman 4-H Club



Hi my name is Aiden Flood and I am 13 years old. I have been in 4-H for eight years now. I am involved in a lot of projects that I love; beef cattle, pygmy goats, outdoor adventure,

community service and more. My favorite project is community service because I really love helping people. This is my second year as a BLAST member, and I enjoyed being one last year. Helping people in our 4-H community, Tehama county community and surrounding communities is what I strive for. Outside of 4-H I am involved in various sports, martial arts and community services. I look forward to this year being good and full of successes.

Alyssa Dausse

BLAST Team
Lassen Colony 4-H Club



Alyssa Dausse is in her eighth year with Lassen Colony 4-H, having taken many projects, her favorites being sewing, arts & crafts, market lambs, and floral design. She loves hands-on activities, being

involved and learning new skills. Her goals in 4-H are being in leadership roles; where she has held club offices for four years. This year she is so happy to be apart of the BLAST Leadership Team.

Outside of 4-H, Alyssa goes to Vista Preparatory Academy and is involved with basketball, softball, and track. She also plays soccer and swims for local teams. She is ia apart of the Leadership Club at Vista and likes having an active role at school by helping to plan events .

October 2022

Tehama County 4-H "In the Clover" Newsletter



Tehama County 4-H Program
1754 Walnut Street
Red Bluff, CA 96080

(530) 527-3101
FAX (530) 527-0917

website: cethama.ucanr.edu

Nate Caeton
4-H Youth Development Advisor

Erin Paradis
4-H Program Educator

Mission—The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

Office Hours
8AM-5PM
closed for lunch 1-2 pm



*Except Holidays listed on back page

**UC Cooperative Extension
Tehama County**




4-H Club Directory



Tehama 4-H Club Directory



CLUBS Meeting Times/Locations	CLUB LEADER Contact Information	
ANTELOPE 4-H 2nd Monday every month @ Antelope School Cafeteria 6:30pm	Tiffany Jourdan 736-5376 antelope4h@yahoo.com	
BOWMAN 4-H 1st Tuesday every month @ Evergreen Elementary Gym 6:30pm	Vicky Woolley, 347-3591 vickycottonwood@gmail.com Crystal Rulon, 347-9212 bowman4h@gmail.com	
CORNING 4-H 1st Monday every month @ Corning High School 6:30pm	Jessica Fox, 526-3345 4hcorning@gmail.com	
EL CAMINO 4-H 1st Monday every month, in Gerber— The Weiss's Barn: 7530 Woodland Ave. 6:30 pm	Melissa Gilardi, 518-2312 melissagilardi@gmail.com Meghan Weiss, 586-1767	
FLOURNOY/PASKENTA 4-H 1st Monday every month, Flournoy School 6:30 pm	Brandy Hill, 681-5796 flournoy-paskenta4h@gmail.com	
LASSEN COLONY 4-H 2nd Monday every month at Lassen View School 6:30 pm	Marcie Skelton, 526-5403 marcieskelton@sbcgloabal.net	
LOS MOLINOS 4-H 1st Monday every month at Los Molinos Veterans Hall 6:30 pm	Anne Junge, 592-7887 annehopson74@hotmail.com	
MANTON 4-H Meets at Manton Grange	Judy Ramos, 474-5541	
OLIVE 4-H 2nd Monday every month 6:30 pm at Corning High 6:30 pm	Marsha Wilson, 781-3392 Cindy Dixon, 209-1576 ysacindy@gmail.com	
WESTSIDE 4-H 2nd Tuesday every month at Reeds Creek School 6:30 pm	Bozsi Parks, 529-2984 etparks7@gmail.com	

4-H Leaders Council Updates

Tehama County Leaders Council meets monthly to discuss, plan and evaluate county programs, budget and events. Meetings are the 4th Tuesday of the month from September through June, at 6:30 at the Tehama County Department of Education at 1135 Lincoln Street in Red Bluff. Council meetings are open for all 4-H leaders, members and parents. This is a great time to express your thoughts on any countywide program and event. All 4-H appointed adult volunteers and 4-H member's (14 years and older) are voting members and are invited to attend monthly council meetings. Election of council officers are held annually at the Leaders Council meeting in June. All 4-H appointed adult volunteers are invited to hold an office; some offices are open to teen 4-H members.

Leaders Council Representation

To achieve "Club in Good Standing" status and earn a green seal, clubs must have a representative regularly attend meetings of the Tehama County 4-H Leader's Council

Attendance	A	S	O	N	J	F	M	A	M
Antelope	x	x							
Bowman	x	X							
Corning	x	x							
El Camino	x	x							
Flournoy/ Paskenta		x							
Lassen Colony	x	x							
Los Molinos	x	x							
Manton	x	x							
Olive	x	x							
Westside	x	x							

Upcoming Council Meetings

Save the Dates

October 25, 2022
November 29, 2022
December ?
January 24, 2023
February 28, 2023
March 28, 2023
April 25, 2023
May 23, 2023
June 27, 2023

COUNCIL CORNER

Date of next meeting:

October 25 @ 6:30 PM

Agendas available online

Agenda to include:

- ◆ **Enrollments Due October 25th**
- ◆ **County Event Updates**
National 4-H Week Oct 2nd-8th
Awards Night Oct 9, 2022
- ◆ **Budget/Fundraising**
- ◆ **Program Updates**
- ◆ **And more!**

All 4-H appointed adult volunteers & 4-H members (14 years and older) are voting members and invited to attend the monthly council meetings.



Notes from Council President... Jessica Fox

Hi everyone it looks like so many clubs have already started or getting ready to. It was so nice seeing all the public outreach of 4-H this year. For the month of October please try to stop by and see one of our Outreach Booths at either the Manton Apple Festival; where we will be selling apple pies for Camp, Olive Festival; where we will be having a bake sale for Camp or the Dairyville Orchard Festival petting zoo. Don't forget to invite your friends to your next 4-H meeting so they can see what 4-H is all about.





4-H Awards Day

Sunday - October 9, 2022 - 4 PM
At Evergreen Middle School
 19500 Learning Way, Cottonwood
 Hosted by: The Ambassadors & BLAST

Come...be apart of this 4-H event! If you've never been, come to learn what awards are available. Support those 4-Hers receiving awards, and if you are one of the ones receiving an award...*Congratulations...*you need to be there! Lets all show our 4-H spirit! "Everyone is Welcome!" Lots of door prizes will be given out, along with some yummy refreshments. **There will be a new special "4-H Spirit Award" given to the club that has the largest percent of their club in attendance...**showing their 4-H spirit.....so help your club win this award!!! Let's all get together and have a great time...and kick of the year in a big way! Help out by bringing your family, a door prize and snack!



Favorite Foods Day

Saturday - December 17, 2022

Paskenta Hall in Paskenta

Registration begins at 9 AM

Event hosted by Flournoy/Paskenta 4-H



4-H members throughout the county are invited to participate in this event. Where you showcase your skills in nutrition, menu planning, and food preparation. The "favorite food" entry is judged on appearance, flavor, and texture. Each member will prepare a table setting that coordinates with the menu. The aesthetic and nutritional value of the menu will be judged, as well as the exhibitor's knowledge of food on the menu. The 4-H member participates in their age category with an additional "special category" of either nuts, beef, lamb, chicken or pork. More information and premium book will be in next month's newsletter and online. Be thinking about your favorite food to enter!!

Entries are due ...
"Friday—December 9th"

Presentation Workshop

Saturday—November 5th
 1pm - 4pm

at Lassen View Elementary

Have you wondered about how to put together a 4-H Presentation, Come and learn all about all the different types of Presentations and get yours started!!



Record Book Workshop

Saturday—November 12th
 9am - 12pm

at Corning High School Library



Come learn about how to put together your 2022-2023 Record Books. Goal setting, Annual Project Report and Personal Development Report.

Judging Skills Day

Saturday, December 17, 2022

Paskenta Hall in Paskenta

Registration begins at 9AM

Event hosted by Olive 4-H Club

Life Skills Judging Day is a day of fun and friendly competition for all levels of 4-H. Junior, Intermediate and Senior members compete for awards, while Primary Members will receive a special participation award. Members will be evaluated based on their judging and oral reasoning skills. This is a chance to learn the foundation for judging. Past classes of judging included archery, cooking, medical, woodworking, bees, safety and many more! Come out and test your skills...you could be a winner! This event will run at the same time and place as Favorite Foods Day, at the Paskenta Community Hall.



More information will be in next months newsletter and on-line.



4-H Petting Zoo—Dairyville Orchard Festival



Yes! We will be having a “**Petting Zoo**” at the Dairyville Orchard Festival on **October 15th**. If you want to bring an animal to share with the public (community service!) please contact Anne Junge by October 7th. The parameters are animals under 100 pounds. The school has requested that we make sure no one is bitten, so please leave the more spirited animals at home! While a uniform is not required, please dress neat and tidy. -Anne Junge 530-592-7887”



4-H Youth Project “Spring Sale”



"Attention 4-H kids with products to sell! Do you have some photographs you think people will buy? Do you have a green thumb and extra plants to sell? Wool? Woodworking projects? Quilts? Crafty wreaths? **Start collecting and planning for a spring sale now!** Let me know if you are interested and I will add you to the list of youth "vendors".

Anne Junge - 530-592-7887"



PAPER CLOVER CAMPAIGN

Tractor Supply Company's Fall Paper Clover Campaign happens October 5-16, 2022! Support our local program by purchasing a Paper Clover for \$1 at the register. These funds provide scholarships to help support 4-H youth who wish to attend leadership trainings and conferences, and for 4-H summer camp. For more information, please visit <https://www.tractorsupply.com/tsc/cms/4h>



Upcoming Events





**JOIN
4-H
TODAY**
#4HGROWSHERE



All Youth & Adults — Its Time To Enroll or Re-Enroll
Self-enroll online at v2.4honline.com

All families will be responsible for submitting enrollment fees to their club leaders by the October deadline to complete enrollment.

2022-2023 Program Year Fees are:
\$65.00—Youth and \$35.00—Adults.

Enrollment Deadline for Fair Participation
October 25, 2022

For more information contact your club

4-H Ambassadors Report

The Ambassadors have met twice in Corning and have been planning awards night and officer installations. The theme of awards night is "A Sky Full of Stars" representing the stars that a 4-Her earns on their hat. We are working on invites and decorations for the event. Officer installations are coming up and we have been preparing for these occasions. We also received our Ambassadors jackets from the Tehama County Farm Bureau who donated the jackets to us.

At our last meeting we did an impromptu speech to practice our speaking skills in preparation for MCing events this coming year. We will have one more meeting prior to awards night to finalize plans for the event.

Sincerely,
Josie Parks Tehama County 4-H Ambassador



Newsletter Articles

Please send us information and photos on what your club or projects are doing! Its always fun to see what is happening in our 4-H world!

The deadline for submitting your articles and photos to be included in the "November newsletter" is October 15th.

If you have something special happening in your club or project we'd love to include it in the newsletter!! Send us all the details and background along with a photo if you have one. And remember you can get credit in your Record Book for submitting an article.!

Erin Paradis: ecparadis@ucanr.edu

Cindy McClain: clmcclain@ucanr.edu

Jessica Oylear: jmoylear@ucdavis.edu

Roles for Adults in 4-H

Volunteers, parents, and other adults are a valued and essential part of the 4-H program and have a profound impact on the life trajectory of 4-H members. Adult 4-H volunteers are appointed by the county 4-H office after completing the necessary volunteer application steps. Volunteers serve in a variety of roles in a 4-H club:

- **4-H Community Club Leader** - Provides administrative support for the 4-H clubs.
- **Project or program volunteers** - Have expertise in particular areas which they teach to participants, parents/guardians, or special interest groups.
- **Activity or event volunteers** - Provide leadership within a specific, short-term project or activity.
- **Resource and key volunteers** - Have expertise in club organization, planning and conducting activities, or specialized subjects relating to projects.
- **Other adult volunteers** - Help with transportation, management, or recruitment. They may also serve as elected or appointed officers or committee members for the county council.

For more information about 4-H Adult Roles, please visit <http://www.ca4h.org/Programs/Clubs/Adults/>

Club Reports



Antelope Club Report...by Brooklyn Mueller

Antelope 4-H Club held its first 4-H meeting on Monday September 12, 2022 at Antelope School. We had a big turnout of new and returning members. We discussed how to enroll for 4-H. WE elected our new officers for the year and also discussed and asked members to donate Apple pies for the Manton Apple Festival. The club project leaders introduced themselves and spoke briefly about their projects. Our next meeting will be on Monday -Oct 10th at 6:30 at Antelope School.

Los Molinos Club Report...by DeAngelo Ruiz Montoya, club reporter

On September 12 2022, Our club held its monthly meeting where we elected our new officers:

President -Jolene Junge, **Vice President** - Abby Freeman, **Treasurer** - Lane Zumalt
Secretary - Colton Zumalt, **Communications** - DeAngelo Ruiz, **Recreation** -Penelope
Sgt-at-arms - Justin Edwards, & **Healthy Living** - Leann

Our Activity was a game were we would write on a piece of paper something interesting about us. Then we would crumble them and throw them on the floor and someone else would pick ours up and tell us what they said.(Jolene led)

We went over the favorite food presentation - (which is where you would make a menu with your favorite foods and only make one. Then you would set up a themed table that's based off your food.)

Committees were formed for Fun Night & Presentation Day)

We talked about Community service opportunities - (flags & orchard festival)

By...Club Leader Anne Junge

Hello all! The new focus for this year will be on beefing up presentations, record books, and event attendance! Projects will include Swine, Cattle, Rabbits, Photography, Sewing, Gardening, and Outdoor Adventure. New projects and leaders are always wonderful additions!

Manton Club Report ...by Colton Ramos

Our small but mighty Manton 4-H club will be selling hotdogs and Polish dog meals at the Manton Apple Festival as well as helping before and during the festival.

El Camino Club Report ...by Molly Merlo, club reporter

The El Camino 4-H Club met on September 12, 2022 for the first meeting of the year. We chose officers for the year and talked about what projects we would complete. We got many updates about what will happen in the upcoming year. We are excited about Fun Night! Our next meeting is October 3rd at 6:30 pm at the Weiss's barn in Gerber.

Flournoy/Paskenta... by Makayla Lodin

Our club meeting will be Monday -OCTOBER 3rd, 6:30 - Flournoy School

We will be talking about upcoming events: Favorite Foods Day (Dec17)-we are hosting the event and will need lots of helpers. Awards Day (Oct 9)-we need to bring door prizes, Community Service opportunities: Olive Festival- we will be holding a bake sale, lots of goodies are needed, Paskenta Beef & Lamb Fall Dinner and Christmas Photo Fundraiser at Hometown Christmas. Officer elections will be held in November. Discussion on Fair updates and changes will take place at each meeting, you must be there if you are taking an animal to fair. **Remember to enroll by Friday Oct 21, 2022--** the club due date.

There are a lot of projects to choose from: Swine, Beef, Sheep, Goats, Poultry, Rabbits, Arts & Crafts and primary members. We are planning another great 4-H year!





Community Service Project... "Operation Christmas Child"



Hi, my name is Katey Kohler and this is my 9th year in Lassen Colony 4-H. I am putting together a community service project called Operation Christmas Child. Operation Christmas Child gives you a chance to help children in need, by packing a shoebox full of simple gifts. These shoeboxes go to several countries. My goal is to pack **"40 shoeboxes"**. So, please help me reach my goal by donating items.

**Small toys,
Hygiene items,
School supplies,
Clothing, Socks, etc
Crafts & Games,
Fun activities**

...any of these are recommended items to go into the boxes. Please no toothpaste, gum, used items, war related items, liquid, lotion, breakables, candy, or food. For many children, this is the first gift they will ever receive. The recipients are both boys and girls aged anywhere from 2-14. There will be a donation box in the 4-H Office October 3-31.

Thank you for your support!



RECORD BOOK *Tips*



Now is the time to set your "GOALS" for this upcoming 4-H year! Review your past Personal Development Report Form (PDR) and Judges Evaluation Score sheet. These will help you know what areas you need to strength or build upon to attain your next level. Maybe you need to give more presentations, or attend more events, or work on more leadership roles. Whatever you need to get to the next level, now is the time to start a plan to help you achieve your goals and be successful!

4-H Members may submit their 4-H Record Books to the county competition, evaluating their 4-H work, leadership and citizenship development, and personal growth. Although not required to be a 4-H Member, 4-H Record Books are a great way for members to reflect on their past year's hard work and set goals for their next year in the 4-H.

The California 4-H has updated their state approved Record Book Evaluation Form for counties in 2015, and has recently published their methods of evaluation in order to train counties in the new evaluation that will take place at county competition. Over the next few months we will cover the basics of the new evaluation forms.

This form is used to document your major leadership positions such as Junior/Teen Leaders, Club Officer, Camp Counselor, etc.

If it is connected to a project, then it should be placed directly behind that corresponding Annual Project Report.

Review the "Comments" on your evaluation forms.

These comments were written to help you know where the judges noticed areas needing to be strengthened. To help you be more successful in reaching your goals. To build your "Spark" in the 4-H Program!



EVALUATION SCALE

Each line item on the Record Book Evaluation forms will be scored on the following criteria:

- 1- If there is one entry of a certain required skill or activity or less than half time.
- 2- If there is a pattern of the skill required activity about half the time.
- 3- If there is a pattern of the skill or required activity about 75% if the time or greater.

3 does not mean perfect or 100%

This section is for Intermediate and Senior members completing Leadership Reports

Did the member complete at least one Leadership Report Form? Yes___ No___

Section 6: Leadership Reports

Did the member:

- ___ List overall and specific project goals and strategies to reach those goals?
- ___ Describe roles and responsibilities in the project(s) or leadership activity?
- ___ Demonstrate working with others to accomplish project, committee or activity goals?
- ___ Demonstrate leadership skills learned and future application?
- ___ Describe growth in one or more of the 6 Cs? (Competence, Connection, Character, Caring, Confidence, Contribution)

___ **Total Section 7**

Be sure you are using the correct 4-H Record Book Forms.

Get your record book forms at this site:

http://cete.hama.ucanr.edu/4-H_Program/Record_Book_Forms/





Happy Birthday to

October

Abby Freeman
Abigail Polanco
Allie Morgan
Anna Stewart
Aubree Fruend
Bella Stewart
Calla Devine
Cody Casteel
Devyn Deveraux
Eli Sutfin
Elli Ickes
Emma Andersen
Evalyn Gibson
Garrett Hopson
Gavin Rodriguez
Harrison Hamre
Hattie Thomas
Jonah Caylor
Josie Parks
Landon Quadrelli
Landon Skelton
Lauren Polanco
Lilly Gordon
Lucas Dahl
Malcolm Klausner
Walker Spencer



November

Alexandra Turri
Autumn Eakin
Blake Drake
Christian Chaves-Preciado
Colton Ramos
Dani Anderson
DayVany Felicity Ruiz Montoya
Everett Council
Gracie Cobian
Genevieve Scribner
Hailey Scharer
Hayley Day
Kaitlynn West
Kaydence Hardin
Keegan Drummond
Macie Vaillette
Makynli Switzer
Micah Chamberlin
Paisley Burnette
Paul Ocampo
Reagan Powers
Taylor Galantine
Wyatt Moller

recipe

Lemonade Marmalade

From the Lassen Colony Food Preservation Group

A marmalade is a preserve similar to jam. The lemon rind was cut into slivers and the pulp was chopped then boiled together with other ingredients. We have learned the basics of





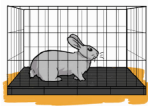


6 lemons
1 1/2 cups water
1/8 teaspoon baking soda

5 cups sugar
1 pouch liquid pectin

Remove peel from lemons; discard white membrane and cut rind into slivers. Section lemons, remove seeds, and chop pulp. Set aside. Combine rind, baking soda and water in a saucepot. Cook, over medium high heat, until mixture boils, stirring frequently. Add sugar and reserved fruit, stirring well. Cook until mixture reaches a full, rolling boil, stirring occasionally. Boil hard 1 minute. Remove from heat; stir in pectin. Skim foam. Let stand for 5 min, stirring occasionally to distribute fruit. Pour into hot jars, leaving 1/4 inch head space. Adjust caps. Process 10 minutes in boiling water bath. Yields: about 4 half pints.

Countywide Project Directory

4-H Projects typically begin at the club level however, if there are no volunteers leading such projects, the option to open a popular project to the county level allows others to interact and meet members from other clubs who have similar interests. Countywide 4-H projects are available to any active Tehama County 4-H member. These projects have their own schedules and meeting dates and it is up to the member to keep informed as they do not meet at monthly club meetings. Countywide 4-H projects must be approved annually by our county 4-H Program Educator upon completion of a Countywide Project Info Sheet on file with the UCCE Tehama County 4-H Office. Interested in starting or continuing a Countywide 4-H Project? Request a Countywide Project Info Sheet by emailing ecparadis@ucanr.edu.

PROJECT	MEETING INFORMATION	LEADER INFO	PHONE/EMAIL
Archery 	Please contact Project Leaders for more information.	Jesse Sisneros Kevin Ross	526-1397 jsisneros49@gmail.com 945-2727 krossfamily5@gmail.com
Dog 	Contact Leader for more information	Cathleen Cahill	526-3807 cathleen.cahill@gmail.com
Equine 	Contact Leader for more information	Kathy Zablan	917-9932
Pygmy Goat 	Project meetings to start soon. Please contact Project Leaders for more information.	Tammi Josephson Christine Flood	515-5877 PygmysbyTJ@yahoo.com 949-8433 christineflood4@yahoo.com
Rabbits 	1st Meeting of the year.. November 4th - 6:00 pm TC Dept of Ed 1135 Lincoln St, Red Bluff	Anne Junge	530-592-7887 annehopson74@hotmail.com
Shooting Sports 	Check Tehama Shooters Association website for calendar of events	Jim Huntsman Anne Junge	200-5535 huntsmanj@sbcglobal.net 530-592-7887 annehopson74@hotmail.com
Photography 	Check out this new Photography Project beginning October , 2022	Jolene Junge Anne Junge	530 592-7887 jolenejunge06@gmail.com annehopson74@hotmail.com



Homemade Apple Pies Needed

...for the Manton Apple Festival

Do you have a favorite Apple pie recipe or maybe grandma's famous apple pie recipe.....maybe you'd like to share them by baking a few pies for the 4-H Camps Fundraiser. Get a few of your club members together and have a pie baking cook-off, as each club is being asked

to bake 10 or more pies to contribute! The only requirement is they should be made in a certified kitchen, as per health dept guidance. Let Keith Skelton know if you would like to help out and/or learn more details....call 530 209-5177.



CALENDAR

In The Clover 4-H Newsletter



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Full color articles and photos are available on our Website: cete.hama.ucanr.edu



October

- 1 Manton Apple Festival– Outreach Booth, 3
- 3-9 National 4-H Week
- 8 Olive Festival– Outreach Booth, 3
- 9 Awards Night, 3
- 10 Columbus Day***
- 15 Dairyville Orchard Festival-Outreach booth, 3
- 25 Leader's Council, Deadline for Member Enrollment
- 28 VEC Enrollment Processing Due

November

- 5 Presentation Workshop, 3
- 12 Record Book Workshop, 3
- 11 Veteran's Day***
- 24-25 Thanksgiving

*UCCE 4-H Office, 1754 Walnut Street, Red Bluff

** TC Dept of Education, 1135 Lincoln Street, Red Bluff

***County Holiday-Office Closed



RECORD BOOK TIPS

The number located after the event on the calendar on the left indicates where you can possibly write these in your

Record Book.

- 2 - 4-H Project Skills Activities Completed
- 3 - 4-H Events Attended
- 4 - 4-H Leadership Development
- 5 - Civic Engagement & Community Service
- 6 - Communication Skills
- 7 - Honors and Recognition
- 8 - Healthy Lifestyle Activities

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“52”