



University of California

Agriculture and Natural Resources ■ 4-H Youth Development Program

## July 2021

1-4	Kern County Fireworks Booth - Volunteers needed	Teresa Andrews 661-979-1003
5	Fourth of July Day Holiday - UCCE Office Closed	
13	Budget/Calendar Planning Meeting - 6:00 pm	Sue McKinney <a href="mailto:ismckinney@ucanr.edu">ismckinney@ucanr.edu</a>
14	Record Books Due for County Judging and Club Year-End Awards Due before 5:00 pm	Sue McKinney <a href="mailto:ismckinney@ucanr.edu">ismckinney@ucanr.edu</a>
27	Leader Council Meeting - 7:00 pm	Jeanne Walford 661-831-1639
30	Year-End Financial Reports and Record Books due for Kern County Fair before 5:00 pm	Sue McKinney <a href="mailto:ismckinney@ucanr.edu">ismckinney@ucanr.edu</a>

## August 2021

2	<i>Paperwork Due: Club Completion Report / Club Financial Information / Copies of Meeting Minutes &amp; Attendance (Club Roll Sheets)</i>	Sue McKinney <a href="mailto:ismckinney@ucanr.edu">ismckinney@ucanr.edu</a>
17	Community Club Leader Meeting - 6:00 pm	Sue McKinney <a href="mailto:ismckinney@ucanr.edu">ismckinney@ucanr.edu</a>
24	Field Day Planning Meeting - 6:00 pm	Jeanne Walford 661-831-1639
24	Leader Council Meeting - 7:00 pm	Jeanne Walford 661-831-1639
25	Community Club Leader Meeting - 3:00 pm	Sue McKinney <a href="mailto:ismckinney@ucanr.edu">ismckinney@ucanr.edu</a>



### HIGHLIGHTS IN THIS ISSUE

**PLEASE NOTE: ALL EVENTS ARE TENTATIVE AND SUBJECT TO POSTPONEMENT OR CANCELLATION AT ANY TIME**

**UCCE-KERN OFFICE IS OPEN TO THE PUBLIC - MASKS STILL REQUIRED FOR UNVACCINATED INDIVIDUALS**

**ALL IN-PERSON ACTIVITIES CAN RESUME WITH NO RESTRICTIONS FOR FULLY VACCINATED INDIVIDUALS - THOSE NOT VACCINATED SHOULD STILL WEAR A MASK DURING INDOOR ACTIVITIES.**

**SHOOTING SPORTS SHOTGUN DISCIPLINE WORKSHOP - JULY 10 & 11 IN KERNVILLE**

**4H ONLINE TRANSITIONING TO VERSION 2.0**

Kern



County 4-



\*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA - Wheelchair accessible. Please contact UCCE Kern at 661-868-6200 if any special accommodations. Individuals who need to request an ADA accommodation in order to participate in 4-H sponsored events and activities can contact your local 4-H Office to complete a 4-H ADA Accommodation Request Form: <http://4h.ucanr.edu/files/153972.docx>

## 2021-22 PROGRAM YEAR FEES UPDATE:

***\$65 YOUTH MEMBER***

***\$30 ADULT VOLUNTEER***

### IMPORTANT 4-H Online Enrollment Update! 2021/2022 Program Year

The California 4-H program utilizes a system called 4-H Online for enrolling members and leaders. The system is being upgraded statewide from a 1.0 to a 2.0 version. What this means is that the information will have to be transferred over from the old system to the new.

In doing this there will be a delay in the online re-enrollment process for the 2021 – 2022 program year. Normally you can begin enrolling on July 1. ***This year it is expected that access to the system will not be available until August 15<sup>th</sup>.***

We apologize for any inconvenience this may cause to a clubs normal schedule of operation.

### 4hOnline Tip

The family email address in 4hOnline is used for important communication.

As such, the email must be a valid address and regularly updated.

Please check your family email address in 4hOnline to make sure it is accurate and current.



**4-H IS READY  
TO MEET IN PERSON  
WITH NO RESTRICTIONS FOR  
FULLY VACCINATED PERSONS**



NO SOCIAL DISTANCING  
NO PRE-APPROVAL  
UNVACCINATED PEOPLE SHOULD WEAR A MASK  
CONTINUE TO BE SAFE





# 4-H Shooting Sports Workshop

Shotgun Discipline  
**KERNVILLE**

**SATURDAY & SUNDAY**

July 10, 2021 8:00 a.m.- 5:00 pm.

July 11, 2021 8:30 a.m. - 1:00 p.m.

A 4-H shooting sports workshop for the shotgun discipline will be held at the Kern River Valley Gun Association range at 6076 Cyrus Canyon Road in Kernville: <https://krvga.com>.

Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant is certified as a 4-H shotgun trainer and can lead a club shotgun project or serve as county trainer to certify other leaders. There is no cost for the course. Class size is limited and teen leaders will be allowed to register but priority is given to adult leaders. To register for the course visit the survey link below.

<https://ucanr.edu/survey/survey.cfm?surveynumber=28325>

For more information contact John Borba at:

[jaborba@ucanr.edu](mailto:jaborba@ucanr.edu)



## 2021 Kern County 4-H - Muzzle Loading Project

A countywide muzzle-loading project for 4-H members will take place in the fall after the Kern County Fair. There is no cost to participate. Equipment is provided, however, there are no youth sized arms available. A small stature youth may have difficulty handling these arms. Space is limited to the first 12 participants to register. Those wishing to participate must register at this online survey link:

<https://ucanr.edu/survey/survey.cfm?surveynumber=35085>

Participants must have at least one year prior shooting sports experience in another discipline. This is not a marksmanship-training course. Anyone wanting to participate should already know the basics of firearms safety. They should also know how to aim and shoot. Listed below are the dates, times, and locations for the sessions. Be sure to place the schedule where you can see it or copy these dates onto your calendar.

Session 1	Saturday, October 23 Muzzle Loading Safety	9:00 – 11:00 a.m.	Five Dogs Range Bay # 6
Session 2	Saturday, October 30 Shooting & Cleaning Muzzle Loading Rifles	9:00 – 11:00 a.m.	Five Dogs Range Bay # 6
Session 3	Saturday, November 6 Muzzle Loading & Muzzle Loading Equipment	9:00 – 11:00 a.m.	Five Dogs Range Bay # 6
Session 4	Saturday, November 27 Shooting Muzzle Loading Shotguns	9:00 – 11:00 a.m.	Five Dogs Range Bay # 6
Session 5	Sunday, December 4 Shooting Muzzle Loading Handguns	9:00 - 11:00 a.m.	Five Dogs Range Bay # 6

All participants must have their parent/guardian fill out a release form from Five Dogs Range prior to participating. Be sure to bring your preferred eye and ear protection.

Contact John Borba at (661) 868-6216 or email: [jaborba@ucanr.edu](mailto:jaborba@ucanr.edu) if you have any questions.



## Tips for Earning and Recording Star Rank Credits in a Virtual World

**Purpose: To help youth reach their 4-H Star Rank advancements when events they were counting on are canceled.**

We know you may be having many disappointments right now. We hope that you can still find ways to work toward your rank achievements, even when everything has to be done from home.

We hope this document will give you some ideas on how to continue your 4-H work from home.

If you need help earning credits, please reach out to your 4-H Club Leaders and 4-H Project Leaders to help you with ideas and to make sure that what you are planning will meet their expectations of completion.

It's okay if you don't reach your Star Rank goal this year. Make a plan for how you will achieve your goal next year. We all have disappointments in our lives and one of the best skills we can have is how to cope with disappointment. At the end of this document are some steps to take if you are sad or disappointed about not reaching your goal this year.

**Did you attend something online? Here's how to record it.**

Event/Activity Any virtual/distance learning 4-H Activity should be counted just like an in-person event/activity.  <i>Examples:</i>	Level of Participation I = Individual, L = Local Club/Unit/Project, C = County, M = Multi-county/Area, S = State, N = National/Multi-State G = Global	Record Book Section PDR= Personal Development Report APR=Annual Project Report
Virtual State Presentation Day	S	PDR: Event Attended
Virtual Area Presentation Day	M	PDR: Event Attended
Virtual Club Movie/Game Night	L	PDR: Event Attended
Virtual Leadership, Healthy Living or Civic Engagement training	L	PDR: Leadership or Civic Engagement
Practicing project skills at home	I	APR: Learning Experience
Virtual Project Meetings	L or C	APR: Learning Experience
Virtual Room Host	C or M or S	PDR: Leadership
Virtual Club Meetings	L	
Virtual 4-H Presentation or Talk that you gave	Depends on who you presented to	PDR: Communication
Virtual participation in music lessons, faith-based youth group, etc.	L	PDR: Healthy Lifestyles

## **Personal Development Report**

### **Events Attended**

Record 4-H events that you attend during the year. Count any virtual 4-H event that you attend outside of regular club and project meetings.

- Virtual Club Movie/Game Night
- Virtual Area/State Presentation Day
- Virtual County Fashion Review

### **Communication Skills**

Record communication activities that you participate in at any event inside or outside 4-H, including virtual presentations. Do not include thank you letters as communication activities.

- 4-H Presentations: To be counted as a presentation, you must meet the requirements in the [State 4-H Presentation Manual](#). Count 4-H Presentations given live over any virtual platform or prerecorded.
- Evaluator: Served as an evaluator for any virtual 4-H activity or contest.
- Prepared Talk: Any time you prepare (in advance of the event or activity) a report or talk, record this here.  
Record prepared talks from any virtual event or meeting.
  - Example: You give a prepared talk about virtual State Presentation Day to your club at the April Virtual Club Meeting.
- Written Communication: Newspaper articles, letters, Online Communication remain the same

### **Honors and Recognition**

Record all high honors and recognition you have earned include honors earned at virtual events.

### **Annual Project Reports (APR)**

Record every project-related activity or event where you learned something new or developed a skill related to the project.

- Any virtual or online project work.
  - Doing research
  - Working on a sewing project at home
  - Watching a documentary about the history of chicken showmanship
- Virtual project meetings
- Practicing project skills at home \*
  - Practicing poultry showmanship with backyard chickens
  - Baking a cake in your kitchen
  - Practicing a new drawing technique

\*Your Project Leader may want to see evidence of this, so you may want to do a short video from a phone, of what you did and share that video with your Project Leader.



## Record Book Evaluations and Competitions

This year many club and county record book evaluation competitions may become virtual and require books to be submitted digitally in Microsoft Word or .pdf format. You may not need to print out your record book at all. In order to make it easier for Record Books to be uploaded as a Microsoft Word or .pdf file some Sections of the Record Book will NOT be required or be evaluated for the 2019-2020 Record Book Evaluation season:

- Collection of 4-H Work
- Project Expression Pages

Record Book Sections that will be Evaluated
PDR (all parts)
My 4-H Story
APR without the Expression Page
LDR (Intermediate and Seniors)
Resume (Seniors only)

Check with your Club Leader on how Record Book evaluations will be handled by your Club and County this year.

Getting signatures on the PDR, APR and LDR may take a little more effort this year. Here are the things that will work:

- 1) Email the form to the right leader.  
The leader can sign it electronically OR  
The leader can print it out, sign it with a pen, scan it, and send it back to you OR  
The leader can send an email back to you saying they approve the document.
- 2) Save these email exchanges and attach them to your Record Book as verification.
- 3) OR you could use regular mail
- 4) OR you could drop off on porches and back and forth—remember to social distance and follow CDC guidelines for not touching paper that others have touched for a few days.

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>) Inquiries regarding ANR's nondiscrimination policies may be directed to UCANR, Affirmative Action Compliance & Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1343.



## Benefits of Completing a 4-H Record Book:

- Practice Records Management- Track your activities, events, profits and losses, skill development and learning experiences. In this competency skill you identify, create, classify, archive and preserve records.
- Reflect on your yearly work - Document your skill development and learning experiences in a written report.
- Set goals, pursue strategies to meet those goals, and record how you may have had to shift gears in the face of challenges and obstacles.
- Measure your achievements and growth throughout your years in 4-H.
- Keeps all your project information in one place where it can be easily assembled when the time comes.
- Your 4-H record book will serve as a precious keepsake one day and is an invaluable experience that will generate many future benefits to the dedicated 4-H member.



## **Record Book Tips and Tricks**

Record books are used in 4-H to keep track of the work that goes into a project or activity. If you are working on a record book, you want it to be the best it can be to showcase the work you have accomplished.

- Start early. The work you do on your record book can start as soon as you get your animal or start your project. Think about working on specific pages as a club each month; this ensures everyone is keeping up on their record keeping and gives members a chance to help each other or ask questions about the project.
- Personalize it. Include pictures and other creative elements. Consider putting the record book in a binder or making a Power Point presentation to support the content. You can present this at a club meeting and receive credit for a Presentation.
- Document. Save receipts, pictures of you working on your project, and other loose documents in a folder or clear binder sheet protector. That folder can either go along with your record book or individual pieces can be included into the final product.
- Take notes. Keep a journal where you record your efforts, thoughts and challenges. This journal can be a small notebook and can be kept near your project. It can get dirty or damaged in the process of your work because when the time comes, you can transfer that content to your clean record book for display.



- Do your research. If you don't understand a section, ask someone for help like a 4-H leader or 4-H staff, local vet. Double check with your 4-H Record Book Manual.
- Spell check. Grammar, spelling and punctuation matter. These tools help convey your message. If the words are not clear, the reader will not be able to clearly understand the great work you have done.
- Cleanliness counts. Neatness and organization are important. You might want to type your answers. If not, use your best penmanship. It might work best to keep a rough draft copy of your record book throughout the year and neatly transfer that to your final copy once edited.
- Be thorough and complete. Make sure to follow directions and fill in all sections completely. Some sections have more than one part to them, so ensure you have answered each component.
- Phone a friend. It is helpful to ask someone to proofread your record book before submitting it to ensure it looks good and makes sense. Ask teachers, 4-H leaders or staff, or other caring adults in your life. It may be best to ask someone who doesn't know much about your project because they can give you an honest outsider perspective about the clarity of your work.



- Learn from examples. Try to find other record books as models; these can be from other members in your club, other clubs or even other county programs. They can help give you a guideline for your work. Do not copy those books but use as inspiration for the work you do on your record book.
- Review. Don't forget to review last year's record book before starting this year's project! Revisiting challenges and triumphs from a previous year will help you make more informed decisions in the current year and help you think about how you could try something new. Including reflections and lessons learned in your new year's record book is a great addition.
- Share it. A record book is most useful when others get to see it. The record book can be a supporting document when talking to potential buyers or when giving presentations about your project. Take it with you when you meet a new buyer or share at your pen during the auction. You can also share it at a school meeting or community organization group.

### ***STAR RANK CREDITS***

If you need help earning credits, please reach out to your 4-H Club Leaders and 4-H Project Leaders to help you with ideas and to make sure that what you are planning will meet their expectations of completion.

We hope this document will give you some ideas on how to continue your 4-H work from home.

**[Tips for Earning and Recording Star Rank Credits in a Virtual World](#)**

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## Save 15% at JOANN and support 4-H at the same time!

JOANN is supporting 4-H with a rewards "card" that gives holders 15% off their total in-store and online purchases!

A minimum of **2.5% of every eligible transaction is donated to 4-H.**

Two ways to sign up:

1. Sign up online at <http://www.joann.com/4-H/>
2. Download the free JOANN app on your mobile device. Go to "More" and select "Loyalty Programs".

<http://4h.uca> Save 15% at JOANN and support 4-H at the same time!



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## Shop 4-H for California!

Thanks to the [California 4-H Foundation](#), we are now signed up for an affiliate program with Shop 4-H, the National 4-H shopping site. Items include t-shirts, curriculum, incentive items and more.

When you purchase anything using [our link](#), 5% of your purchase will be returned to California 4-H!

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## Online 4-H Treasurer Training Course

We are pleased to announce the launch of the new California 4-H Treasurer's Training in eX-tension. This course was developed by a sub-committee of the State 4-H Policy Advisory Committee and is designed to walk 4-H Club Treasurers through their important role. Access to the course and its unique enrollment keys (different from the required training enrollment keys) can be accessed directly by youth members and volunteers at

<http://4h.ucanr.edu/Resources/Learning-Development>

The course has already been added to each county's eXtension portal as well.

You can direct any questions or report any issues with the course through our ticketing system at <https://ucanr.edu/survey/survey.cfm?surveynumber=27435>



### ***Updated Leader Orientation***

***For New Leaders, please visit the link below***

**[New 4-H Volunteer Leaders](#)**

***For Returning Leaders, please visit the link below***

**[Returning 4-H Volunteer Leaders](#)**

### **LINKS YOU CAN USE!**

**4-H uniform page**

**<http://4h.ucanr.edu/About/Uniform/>**

**California 4-H Uniform Guidelines**

**<http://4h.ucanr.edu/files/216262.pdf>**

**Leslie Carman 4-H Supplies**

**<http://www.4hsupplies.com/>**

**California 4-H Branding Toolkit**

**[http://4h.ucanr.edu/Resources/Branding\\_Toolkit/](http://4h.ucanr.edu/Resources/Branding_Toolkit/)**

**California 4-H Dress Guidelines**

**<http://4h.ucanr.edu/files/210170.pdf>**

### **[Handbook For New Families](#)**

This guide was developed to help new families understand the 4-H program. Please share a copy of this with new families in your club. If you have feedback for updates to this guide, please submit them to Sue McKinney at [lsmckinney@ucdavis.edu](mailto:lsmckinney@ucdavis.edu) or call 661-868-6235. <http://4h.ucanr.edu/files/271860.pdf>

### ***Food Safety Training Available ONLINE!***

The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:

Website: <http://ucanr.edu/sites/MISKIS/>



### **4-H WEBSITES**

[http://cekern.ucdavis.edu/Youth\\_Development/](http://cekern.ucdavis.edu/Youth_Development/)

<http://www.areyouintoit.com>

<http://www.fourhcouncil.edu>

<http://www.4-h.org/fourweb>

<http://www.ca4h.org>

#### **4-H ENROLLMENT WEBSITE**

<https://california.4honline.com>

#### **4-H VOLUNTEER WEBSITE**

<http://ucanr.org/4-hvolunteers/>

### **KERN COUNTY 4-H IS ON FACEBOOK!**

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and 'like' us! We will post updates, important event reminders, announcements—all sorts of important things! It's the best way to keep up-to-date!