



University of California
Agriculture and Natural Resources



June/July 2021

Tehama County 4-H *In the Clover News*

Look who's in the SPOTLIGHT



Ron Knight Sheep Memorial Winner

DEREK RULON



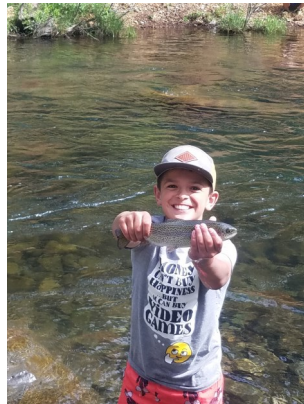
Hello my name is Derek Rulon. I am 12 years old and in the Bowman 4h group. I have been in 4h since I was 5 years old. Over the years I have participated in many projects. A few are: outdoor adventures, sewing, photography, pygmy goats, community service and in both breeding and market sheep. The last 2 years I also have been our club Treasure. Outside of 4h I participate in Baseball, Basketball and Track and

Field. I also enjoy hunting, fishing and making videos for my youtube channel.

My family and I have a small sheep flock where we breed and raise market lambs for 4hers. Over the past 4 years I have been able to add to my own flock of ewes. Currently I have 14 ewes and a ram. It is so rewarding to take a market lamb out of my own flock to the fair. I have been fortunate enough to win the Bred by Exhibitor contest at the fair for 2 years with my lamb project. This year I was also chosen as the recipient of the Ron Knight Sheep Memorial. I plan to continue to grow my flock and take my own lambs to

fair. The money I earn from my baby lambs and from my market lamb I plan to save for college.

4H has been a major part of my life and will continue to be. I love the friendships I have made and all the skills I have learned through 4H. These skills will serve me well in high school, college and in my future job.



Tehama County 4-H Program
1754 Walnut Street
Red Bluff, CA 96080

(530) 527-3101
FAX (530) 527-0917

website: cethama.ucanr.edu

Nate Caeton
4-H Youth Development Advisor

Erin Paradis
4-H Program Educator

Mission—The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

Office Hours
8AM-5PM
Monday through Friday



*Except Holidays listed on back page

**UC Cooperative Extension
Tehama County**

Still Exhibits Results!

Best In Class

Division A-5

Bella Shipley (Westside)

Division A-6

Caden Williams (Westside)

Chris Williams (Westside)

Division D-1

Alyssa Dausse (Lassen Colony)

Division D-2

Josie Parks (Westside)

Division D-3

Addy Stubbs (Westside)

Division D-5

Royce Rulon (Bowman)

Austin Flood (Bowman)

Division D-6

Aiden Flood (Bowman)

Division D-7

Raegan Brent (Bowman)

Division E-1

Ronan Skelton (Lassen Colony)

Division E-5

Alyssa Dausse (Lassen Colony)

Masie Skelton (Lassen Colony)

Division G-4

Josie Parks (Westside)

Purple Rosette

Josie Parks (Westside)

Sweepstakes

Alyssa Dausse (Lassen Colony)

Reserve Sweepstakes

Josie Parks (Westside)



4-H Leaders Council Updates



Tehama County Leaders Council meets monthly to discuss, plan and evaluate county programs, budget and events. Meetings are the 4th Tuesday of the month from September through June, at 6:30 at the Tehama County Department of Education at 1135 Lincoln Street in Red Bluff. Currently Council meetings are being held virtually through zoom conferencing, until the COVID guidance restrictions are lifted. Council meetings are open for all 4-H leaders, members and parents. This is a great time to express your thoughts on any countywide program and event. All 4-H appointed adult volunteers and 4-H member's (14 years and older) are voting members and are invited to attend monthly council meetings. Election of council officers are held annually at the Leaders Council meeting in June. All 4-H appointed adult volunteers are invited to hold an office; some offices are open to teen 4-H members.

COUNCIL CORNER

Join the meeting with Zoom Conferencing at:
<https://ucanr.zoom.us/j/99352507624?pwd=L0FST1pDNTIQSVI1NkRMZVoyNTJVVUT09>

Date of next meeting:
June 22 @ 6:30 PM
 Agendas available online

Agenda to include:

- ♦ **County Event Reports**
- ♦ **Budget/Fundraising**
- ♦ **Program Updates**
- ♦ **And more!**

All 4-H appointed adult volunteers & 4-H members (14 years and older) are voting members and invited to attend the monthly council meetings.

Leaders Council Representation

To achieve "Club in Good Standing" status and earn a green seal, clubs must have a representative regularly attend meetings of the Tehama County 4-H Leader's Council

Attendance	S	O	N	D	J	F	M	A	M	J
Antelope	X	X	X	X	X	X	X	X	X	
Bend Jelly	X	X	X		X	X	X	X		
Bowman	X	X	X	X	X	X	X	X	X	
Corning	X	X	x	X	X	X	X	X	X	
El Camino	X	X	X	X	X		X	X		
Flournoy/Paskenta	X	X	X	X		X	X	X		
Lassen Colony	X	X	X	X	X	X	X	X	X	
Los Molinos	X	X	X	X	X	X	X	X	X	
Manton	X	X	X	X	X		X	X		
Olive	X	X	X	X	X	X	X	X		
Westside	X	X	X		X	X	X	X	X	

Notes from Council President - Marsha Wilson.....

I am continually amazed at the generosity of the community support that Tehama county shows at the fair. What an amazing fair. Thanks to all the volunteers that helped with the endless help that was needed at the fair. Especially at the auction. I'm proud to be a volunteer in this organization.



Favorite Foods Day 2021

Favorite Foods Day 2021 was scheduled for 05/16/2021. But unfortunately the event had to be cancelled due to low registration. We did want to take the opportunity to show case the recipes that were submitted! Here are some of the delicious recipes!



Peanut Butter Jumbo Cookies

submitted by Alyssa Dausse with Lassen Colony 4-H

1/2 cup butter
1 cup sugar
1 cup packed brown sugar
1 1/2 cups peanut butter
3 eggs
2 teaspoons baking soda
1 teaspoon vanilla
4 1/2 cups uncooked old-fashioned oats
1 cup chocolate chips

Preheat oven to 350°F. Lightly grease cookie sheet or line with parchment paper.

Beat butter, sugars, peanut butter, and eggs in large bowl until well blended. Blend in baking soda, vanilla, and oats until well mixed. Stir in chocolate chips.

Scoop out about 1/3 cup dough for each cookie. Place on prepared cookie sheets, spacing about 4 inches apart. Press each cookie to flatten slightly. Bake 15-20 minutes or until firm in center. Remove to wire racks to cool.

Makes about 1 dozen cookies



Confetti Cookies

submitted by Jordyn Dausse with Lassen Colony 4-H

Confetti cake mix
1 egg
1/4 cup water
1/2 cup oil

Preheat oven to 350°F. Lightly grease cookie sheet or line with parchment paper.

Beat your egg first. Stir in your water and oil. Mix in the cake mix until smooth.

Scoop out about 1/4 cup dough for each cookie. Place on prepared cookie sheets, spacing about 3 inches apart. Bake 9-12 minutes. Remove to wire racks to cool.



Favorite Chocolate Cake

Submitted by Luke Dodd with Antelope 4-H

1 Duncan Hines Chocolate Cake Mix
3 large eggs
1 cup water
1/3 cup cooking oil

Preheat oven to 325°F. Mix all ingredients together until blended well, stir for additional 2 minutes. Spray baking pan with non-stick spray. Fill baking pan. Cook for 26-31 minutes for a 9x13 pan.



Announcements



Favorite Foods Day 2021



Grandma's German Chocolate Cake

Submitted by Makayla Lodin with Flournoy/Paskenta 4-H

- 1 pkg Bakers German Sweet Chocolate
- ½ cup boiling water
- 1 cup butter
- 2 cups sugar
- 4 eggs –separated
- 1 tsp vanilla
- 2 cups flour (cake flour)
- 1 tsp baking soda
- ½ tsp salt
- 1 cup buttermilk

Melt chocolate in water and cool. Cream butter and Sugar. Beat in egg yolks. Stir in vanilla and chocolate. Mix flour, soda and salt. beat in flour mixture, alternately with buttermilk. Beat egg whites until stiff peaks form; fold into batter. Pour batter into three 9-inch layer pans, lined on bottoms with waxed paper. Bake at 350 degrees for 30 minutes or until cake springs back when lightly pressed in center Cool 15 minutes; remove and cool on rack. Filling & Frosting: Coconut -Nut Frosting 4 egg yolks 1 can (12oz) evaporated milk 1 ½ tsp vanilla then add in 1 ½ cups sugar ¾ cup butter (1 ½ sticks butter 1 tsp vanilla (or secret ingredient-wonder flavor) 1 pkg (7oz) angle flake coconut 1 ½ cups chopped nuts (pecans, walnuts or almonds) BEAT egg yolks, milk and vanilla in large saucepan with wire whisk until well blended. Add sugar and butter; cook on medium heat 12 min. or until thickened and golden brown, stirring constantly. Remove from heat. ADD coconut and pecans; mix well. Cool to room temperature and of desired spreading consistency. Chocolate Frosting (optional) 1 stick butter 9 squares Bakers German Chocolate melted & cooled 1 ½ cups powdered sugar 1 tsp vanilla (secret ingredient--wonder flavor) 1 ½ Tbsp milk Mix all ingredients until fluffy and consistency for spreading. Let cakes and frosting cool before assembling. Frost between layers, then top and sides. Sometimes 1 ½ recipes of coconut frosting is best when covering the sides. Decorate with nuts and coconut. Cake flour makes a lighter cake, but all purpose flour can be used, and will make it a heavier cake. This has been a traditional family birthday cake for generations. Great Grandma and Grandma always use the secret ingredient of McNess Wonder Flavor, which is a combination of vanilla and other flavorings...it smells like bubble gum.and is oh so yummy!!!



Pork Roast

Submitted by Aubree Freund with Flournoy/Paskenta 4-H

- 1 tablespoon paprika
- 1 teaspoon salt
- 1 teaspoon garlic powder
- 1 teaspoon packed brown sugar
- 1 boneless pork shoulder roast (2 1/2 to 3 lb)
- 1/4 cup water
- 1 cup barbecue sauce

1 In small bowl, stir together paprika, salt, garlic powder and brown sugar. 2 Spray 5- to 6-quart slow cooker with cooking spray. Rub paprika mixture on pork to cover completely. Place pork in slow cooker. Pour water around pork. 3 Cover; cook on Low heat setting 7 to 8 hours or High heat setting 3 to 4 hours, until extremely tender. 4 Transfer pork to cutting board. Let rest until cool enough to handle. Use 2 forks to shred pork. 5 Discard liquid in slow cooker. Wipe out slow cooker. Spray slow cooker with cooking spray. Return shredded pork to slow cooker; stir in barbecue sauce until well mixed. Cover; cook on High heat setting 10 to 15 minutes or until hot



White Texas Sheet Cake

Submitted by Tucker Hill with Flournoy/Paskenta 4-H

- 1 cup butter
- 1 cup water
- 2 cups all-purpose flour
- 2 cups sugar
- 2 eggs, beaten
- ½ cup sour cream
- 1 teaspoon almond extract
- 1 teaspoon baking soda

Frosting

- ½ cup butter
- ¼ cup milk
- 4- ½ cups confectioners' sugar
- ½ teaspoon almond extract
- 1 cup chopped walnuts

In a large saucepan, bring butter and water to a boil. Remove from the heat; stir in the flour, sugar, eggs, sour cream, almond extract, baking soda and salt until smooth. Pour into a greased 15-in.X10-in.X 1-in. baking pan. Bake at 375 for 20-22 minutes or until a toothpick inserted near the center comes out clean and cake is golden brown. Cool for 20 minutes. For frosting, in a large saucepan, combine butter and milk. Bring to a boil. Remove from the heat; stir in sugar and extract. Stir in walnuts; spread over warm cake.



Event Updates





Tehama County 4-H Club News



Tehama County 4-H Clubs



CLUBS	CLUB LEADER
ANTELOPE 4-H	Kevin Rosser, 360-2420 ksrosser@att.net
BEND JELLY 4-H	Debbie Spangler 354-4530 dspangler414@gmail.com
BOWMAN 4-H	Vicky Woolley, 347-3591 vickycottonwood@gmail.com
CORNING 4-H	Jessica Fox, 526-3345 jfox1014@att.net
EL CAMINOS 4-H	Melissa Gilardi, 518-2312 melissagilardi@gmail.com
FLOURNOY/PASKENTA 4-H	Brandy Hill, 681-5796 4hmomfp@gmail.com
LASSEN COLONLY 4-H	Marcie Skelton, 526-5403 marcieskelton@sbcglobal.net
LOS MOLINOS 4-H	Anne Junge, 592-7887 annehopson74@hotmail.com
MANTON 4-H	Judy Ramos, 474-5541
OLIVE 4-H	Marsha Wilson, 781-3392
WESTSIDE 4-H	Bozsi Parks, 529-2984 etparks7@gmail.com

Leader Reminders

To be an approved volunteer Leader...you must complete the following before participating in any 4-H activities:

- Enroll and pay \$35 enrollment fee to your club
- **Online trainings / Orientation**
- New leaders need to also complete DOJ Fingerprinting

Club Leaders ...if you have not already turned in your club documents for this year, please do so immediately to be in an active club status:

- 20-21 Club Planning Guide
- Project & Leader Info Sheet
- Club Officer Sheet
- Outreach Methods Documentation Form
- Club Meeting Info Sheet: Dates & Contacts

4-H Project Meetings

NO IN-DOOR MEETINGS ARE ALLOWED AT THIS TIME.



All meetings must take place outdoors with 10 or less people in attendance adhering to the social distancing and wearing face coverings. The State 4-H Office has published a good website that has some fun, practical project suggestions that would allow you to pivot from web-based meetings to in person meetings easily.

Check Out These Resources:

https://ucanr.edu/sites/UC4-HResources/Virtual_Projects/Practical_Examples/

Newsletter Articles

Please send us information and photos on what your club or projects are doing! Its always fun to see what is happening in our 4-H world!

The deadline for submitting your articles and photos to be included in the "August newsletter" is July 15th.



If you would like to submit your favorite recipe to feature in our monthly newsletters please email to the 4-H office, along with why you enjoy this recipe so much! Please email your submissions to either:

Erin Paradis: ecparadis@ucanr.edu
Cindy McClain: clmcclain@ucanr.edu
Jessica Oylear: jmoylear@ucdavis.edu



Club Reports



Olive 4-H Club Report...*by Marsha Wilson*

The olive 4h had an amazing fair. We are wrapping up the 4h year and hopefully everyone will have an amazing summer. .



Bowman Club Report...*by Aiden Flood, Reporter*

Bowman had a great meeting on May 4th. We were all so happy for all of our club members that did so well at the 100th Tehama District Fair the week prior. Everyone did a great job! Everyone should be proud of their hard work! What a great fair! We talked about our upcoming last meeting of the 4-H year, and also our Bike path clean up on Sunday June 6th, meet at Evergreen Middle School then we will clean the Bowman Bike To School Bike Path. This is our annual path clean up. We also encouraged everyone to enter in the 4-H State Photography contest. We had several who did, Royce, Derek, Aiden, Aaron, Austin, Hannah, Ashley, Jenna and Reagan. Every one did a great Job! Go Bowman! Our Last meeting of the 4-H year will be on June 1st at the Cottonwood Community Center (and on google meets) at 6:30pm.

BLAST is planning to complete time capsule project they started last year for the 100th fair. They are looking for donations to be included in the time capsule. Info is below:

Your Chance to be Part of Tehama District Fair History!
Centennial Fair I & II Time Capsule

The 2019-2020 B.L.A.S.T members Jolene Junge and Landon Skelton have teamed up with 2020-2021 B.L.A.S.T member Beverly Wilson to create a Centennial Tehama District Fair I & II Time Capsule that all 4-H members can participate in and are looking for donations that represent the 100th fair experience. These donations can be handwritten stories (pencil on high quality paper) of when we had an online sale and this year's fair or can be a small memento. Please label your items and stories with your name and club, so your name is known when the time capsule is opened at the 125th Fair. Please place small mementos in a ziplock bag with your name and club. Donations may be dropped off at the 4-H office, to your club leader, or to Debbie Spangler by June 15. Thank you for donating to the time capsule.

For more information on what types of items work well in a time capsule please see the following:

<https://www.mnhs.org/preserve/conservation/reports/timecapsule.pdf>

https://www.si.edu/mci/english/learn_more/taking_care/timecaps.html

Tehama County





Meet this month's 4-H Chefs



Try these Delicious, and Simple Recipes from our
4-H Family Recipe Collections

Looking for a new recipe to try? You can't go wrong with our 4-H members favorite recipes and Favorite Foods Day entries. Be sure to give these recipes below a try!



Granny's Delightful Mornin' Cheddar Biscuits

Submitted by Ivy Bain of Los Molinos 4-H

2 cups all-purpose flour
1 cup shredded Cheddar cheese
1 tablespoon baking powder
1 teaspoon salt

How much as desire garlic powder (I used as to cover dry ingredients over)

2/3 cup milk

1/3 cup butter

IF DESIRED! Lard instead of ? cup of butter to mix in for fluffier biscuits (this is what I had done)

1 large egg 1 cup of melted butter

Prep Cook Ready In 10 m 15 m 25m

Preheat oven to 400 degrees F (200 degrees C). Combine flour, Cheddar cheese, baking powder, salt, and garlic powder in a bowl. Combine milk, 1/3 cup soften butter, and egg in a separate bowl. Mix into the flour mixture until chunky; be careful not to overmix batter. Drop batter onto the baking sheet. IF YOU WANT! Combine 1 cup of butter with how much desire of garlic powder and melt Bake in preheated oven for 10 minutes. Brush (Garlic) melted butter all over the top of biscuits (whatever is left pour gently over the biscuits not allot to spill) and continue baking until golden brown, about 5 minutes more. Then take out to cool



4-H Kitchen



Orange Fluff Salad

Submitted by Hayley Powell of Bend Jelly 4-H

1 container whip cream
1 orange jello mix (small box)
1 16 oz cottage cheese
2 cans mandarin oranges
1 can crushed pineapple

Mix together and enjoy





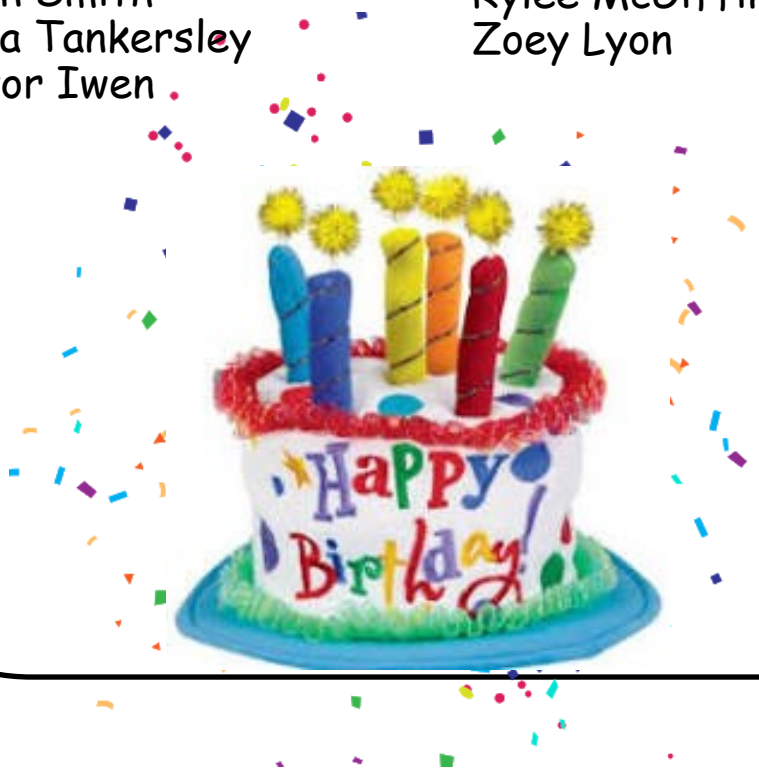
Happy Birthday to our 4-H Members

June

Aireona Scheffler
Alyssa Dausse
Annabelle Lencioni
Blake Carlson
Brandon Barth
Candice Nunnelley
Carter Williams
Cathleen Tobin
Clayton Raimer
Colt Dagorret
Cord Dagorret
Denny Hall
Derek Rulon
Hannah Mackey
Josephine Tinker
Lane Sites
Lillian Smith
Maria Tankersley
Trevor Iwen








July

Amber Ruff
Aubree Fox
August Kee
Brinah Byrne
Cheyanne Miller-Brown
Cordelia Klausner
Jaxon King-Roeloffs
Jayce Carter
Jolene Junge
Luciana Ferreira
Mackenzie Banks
Mackenzie Speers
Madison Carlson
Mason Valentine
Nathan Laudenslager
Raegen Brent
Rylee McGiffin
Zoey Lyon



Countywide Projects

4-H Projects typically begin at the club level however, if there are no volunteers leading such projects, the option to open a popular project to the county level allows others to interact and meet members from other clubs who have similar interests. Countywide 4-H projects are available to any active Tehama County 4-H member. These projects have their own schedules and meeting dates and it is up to the member to keep informed as they do not meet at monthly club meetings. Countywide 4-H projects must be approved annually by our county 4-H Program Educator upon completion of a Countywide Project Info Sheet on file with the UCCE Tehama County 4-H Office. Interested in starting or continuing a Countywide 4-H Project? Request a Countywide Project Info Sheet by emailing ecparadis@ucanr.edu.

PROJECT	MEETING INFORMATION	LEADER INFO	PHONE/EMAIL
Archery 	Project meetings hope to start in 2021 Please contact Project Leaders for more information.	Jesse Sisneros Kevin Ross	526-1397 jsisneros49@gmail.com 945-2727 krossfamily5@gmail.com
Dog 	Contact Leader for more information	Cathleen Cahill	526-3807 cathleen.cahill@gmail.com
Equine 	Contact Leader for more information	Kathy Zablan	917-9932
Pygmy Goat 	Project meetings to start soon. Please contact Project Leaders for more information.	Tammi Josephson Christine Flood	515-5877 PygmysbyTJ@yahoo.com 949-8433 christineflood4@yahoo.com
Rabbits 	Contact Leader for more information.	Anne Junge	530-592-7887 annehopson74@hotmail.com
Shooting Sports 	Check Tehama Shooters Association website for calendar of events	Jim Huntsman Kevin Rosser	200-5535 huntsmanj@sbcglobal.net 360-2420 krosser@att.net
Bird Watching 	This is a remote, at home learning project. Contact the 4-H office for more information.	4-H Office : Cindy McClain & Erin Paradis	527-3101 clmccclain@ucanr.edu ecparadis@ucanr.edu

Tehama County 4-H Leader's Council would like to thank the following for their generous donations to our council for the 2020-2021 4-H year. These donations help us to purchase awards, cover event expenses, and provide educational workshops and trainings for youth and volunteers. Funds will also help cover costs for summer day camp if regular 4-H camp is not allowed this year.

Diamond Star	Sierra Pacific Foundation= \$1,000.00
Gold Star	John Wheeler Logging, Inc.= \$500.00
Silver Star	Louisiana Pacific Corp. - Dan Ellis= \$250.00
Bronze Star	Bruce Cattle Co. per request from Tehama County Cattlewomen= \$100.00
Bronze Star	Cornerstone Community Bank= \$100.00



4-H Updates



CALENDAR

In The Clover 4-H Newsletter



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June

22 Leader Council

July

4 Independence Day***

August

1 Record Books due



*UCCE 4-H Office, 1754 Walnut Street, Red Bluff
** TC Dept of Education, 1135 Lincoln Street, Red Bluff
***County Holiday-Office Closed



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