



December 2020

Tehama County 4-H *In the Clover*

Welcome New & Returning Families

We would like to welcome all of our new and returning families to the 4-H program in Tehama County. We encourage you to read this monthly newsletter to get caught up on 4-H happenings. If you have a change of address or any other family information, be sure to update your family information in your 4hOnline account. We encourage you to stop by, meet our staff and visit our resource library at the Tehama UCCE/4-H Office Red Bluff at 1754 Walnut Street. Normal office hours are Monday through Friday from 8AM until 5PM.

WELCOME



Tehama County 4-H Program
1754 Walnut Street
Red Bluff, CA 96080

(530) 527-3101
FAX (530) 527-0917

website: cethama.ucanr.edu

Nate Caeton
4-H Youth Development Advisor

Erin Paradis
4-H Program Educator

Mission—The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

Office Hours
8AM-5PM
Monday through Friday



**Except Holidays listed on back page*

UC Cooperative Extension
Tehama County

Look who's in the SPOTLIGHT



2020 BLAST TEAM MEMBER:
(Becoming Leaders & All Star Trainees)

BEVERLY WILSON

Our new 2020 BLAST member is Beverly Wilson of the Olive 4-H Club. She is eager to be representing our Tehama County 4-H program. Although COVID may have changed what our BLAST members traditionally do, Beverly is eager to change things up and create new experiences. Beverly has been an active 4-H member for 8 years, and has taken many 4-H projects. She is passionate about her dairy cattle, sheep, & goats, where she has built up her own herds, spending many hours caring, and prepping them for the fair. Beverly is a natural leader, this being her second year as president of her club, and taking on leadership roles. She loves working with other 4-Hers', teaching and showing them all 4-H has to offer. "Congratulations Beverly" you will be an excellent BLAST team member.



Tehama County 4-H Club News

Tehama County 4-H Clubs



CLUBS	CLUB LEADER
ANTELOPE 4-H	Kevin Rosser, 360-2420 ksrosser@att.net
BEND JELLY 4-H	Debbie Spangler 354-4530 dspangler414@gmail.com
BOWMAN 4-H	Vicky Woolley, 347-3591 vickycottonwood@gmail.com
CORNING 4-H	Jessica Fox, 526-3345 jfox1014@att.net
EL CAMINOS 4-H	Melissa Gilardi, 518-2312 melissagilardi@gmail.com
FLOURNOY/PASKENTA 4-H	Brandy Hill, 681-5796 4hmomfp@gmail.com
LASSEN COLONY 4-H	Marcie Skelton, 526-5403 marcieskelton@sbcglobal.net
LOS MOLINOS 4-H	Anne Junge, 592-7887 annehopson74@hotmail.com
MANTON 4-H	Judy Ramos, 474-5541
OLIVE 4-H	Marsha Wilson, 781-3392
WESTSIDE 4-H	Bozsi Parks, 529-2984 etparks7@gmail.com

Articles

The deadline for submitting any articles and photos to be included in the January newsletter is December 15. This is a great way to let others in your community know what your projects and clubs are doing! Please email your submissions to either:

Erin Paradis at ecparadis@ucanr.edu
or
Cindy McClain at clmccclain@ucanr.edu

Grow Your Club

The 4-H program relies on adult volunteers to lead projects and make the program successful. Club projects vary from club to club depending on the volunteers leading projects. If a project is requested by youth members which isn't available at your club, volunteer to lead and help grow your club.

Call the UCCE/4-H office for more details, 527-3101.

COUNCIL CORNER

Join the meeting with Zoom Conferencing at:
<https://ucanr.zoom.us/j/99352507624?pwd=LOFST1pDNTIQSVI1NkRMZVoyNTJUVUT09>

DATE OF NEXT MEETING:

January 26 @ 6:30 PM

No meeting in December
Agendas available online

Agenda to include:

- ◆ **County Event Reports**
- ◆ **Budget/Fundraising**
- ◆ **Program Updates**
- ◆ **And more!**

All 4-H appointed adult volunteers & 4-H members (14 years and older) are voting members and invited to attend the monthly council meetings.

Leaders Council Representation

To achieve "Club in Good Standing" status and earn a green seal, clubs must have a representative regularly attend meetings of the Tehama County 4-H Leader's Council

Attendance	S	O	N	J	F	M	A	M	J
Antelope	x	x							
Bend Jelly	x	x							
Bowman	xx	x							
Corning	x	x							
El Camino	x	x							
Flournoy/Paskenta	x	x							
Lassen Colony	x	x							
Los Molinos	x	x							
Manton	x	x							
Olive	x	x							
Westside	x	x							

Club Reports

Bowman 4-H Club Report ...by Aiden Flood

Our club met mostly virtually on Nov. 3rd via Google Meet and at the Community Center. We had a great turn out on the Google Meet and we were able to interact with everyone. We played Simeon Says and it was fun to watch everyone on the computers. We did a can food drive for our monthly community service. We talked about record books, events and our Christmas Tree cutting that will be coming up. We conducted our usual agenda items. On Nov. 11, Bowman 4-H went to the Cottonwood Cemetery and placed flags on the grave markers for veterans. This is a tradition that keeps growing every year. We will be having our annual Christmas Tree Sales on Dec. 5th at Shasta Farm and Equipment (new location). Freshest trees in town! Come on down between 12-6 to get your Christmas Tree. Our next club meeting will be on Dec. 1st, via google meet (watch for the email) at 6:30pm.

Flournoy/Paskenta 4-H Club Report...by Makayla Lodin

Congratulations to our new officers elected at our November meeting.

President: Caleb Merkley

Vice President: Colt Dagorret

Secretary: Wyatt Hill

Treasurer: Bree Flournoy

Sargt at Arms: Creed Flournoy & Dodge Merkley

Communications: Makayla Lodin

Note our meetings will be changing from the second Tuesday to the Third Tuesdays. Due to COVID we are not sure where or how our upcoming meetings will be held. Call our club leaders for more details.

New Remote Learning Project

4-H Bird Watching Project

Have you noticed all the different birds around you and why you see some and not others during different times of the year? Well this project will help you identify and understand all the different kinds of birds, their habitats, the foods they eat and many other things about the birds that live all around us. This project will be provided remotely, accessing your own backyard, local parks or while driving around. Materials will be emailed to you monthly, with projects to be completed at home, such as taking photos, making bird houses and bird feeders, collecting and submitting project work, and taking field trips.

Things you will need:

- ♦ Binoculars
- ♦ Notebook
- ♦ Identification guide/book or the internet
- ♦ Patience while looking for the birds!

Contact the 4-H office if you are interested in joining in the fun of this new remote learning project, by emailing Erin Paradis at: ecparadis@ucanr.edu or Cindy McClain at: clmcclain@ucanr.edu or by calling the 4-H office at 527-3101.



Announcements



Announcements

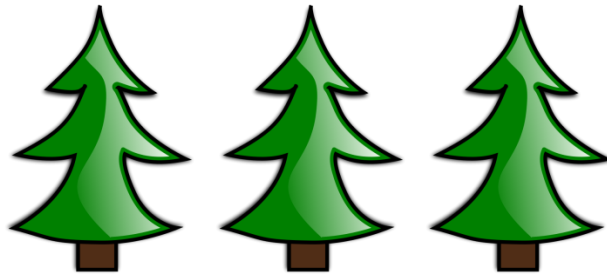


BOWMAN 4-H



CHRISTMAS TREE SALE

SATURDAY DECEMBER 5th



Selling starts approx. 12- 1:00 PM to 6:00 PM

(TREES WILL BE CUT ON SAT. MORNING)

**SHASTA FARM & EQUIPMENT
MAIN STREET COTTONWOOD**

\$4.00 PER FOOT / PRICES RANGE FROM \$ 10.00 - \$ 50.00



Occupancy Limits for UC 4-H Activities and Programs

- ✓ When meeting in-person, limit occupancy based on the Occupancy Limit table below.
- ✓ The county's status is posted on the state California's Blueprint for a Safer Economy.
- ✓ This status is updated every Tuesday.
- ✓ **The county status must be checked 7 days before an in-person meeting for any changes.**
- ✓ Ensure the facility will allow for physical distancing with 36 square feet per person.
- ✓ If there is not enough space for 36 square feet per person, the project leader must reduce the number of people or identify a different facility.



County Tier Status	Indoor	Outdoor
Widespread (<i>Purple</i>)	NO indoor in-person meetings, programs, or workshops	Maximum 10 persons Maintain 6ft distance between all participants during activity
Substantial (<i>Red</i>)	Capacity = Area of Room / 36sq ft per person Or maximum 25% of room capacity, whichever is lower. No more than 100 people	Maximum 100 people Maintain 6ft distance between all participants during activity
Moderate (<i>Orange</i>)	Capacity = Areas of room / 36 sq ft per person Or maximum 50% of room capacity, whichever is lower. No more than 200 people	Maximum 200 people Maintain 6 ft distance between all participants during activity
Minimal (<i>Yellow</i>)	Capacity = Area of Room / 36 sq ft per person Or maximum 50% of room capacity, whichever is lower	Maximum 50% of space Maintain 6 ft distance between all participants during activity

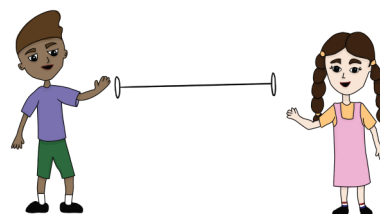
4-H Safety Basic Safety Standards for In-person Meetings

These five safety standards must be followed for all in-person activities.

Do not participate in any in-person 4-H activities if you are sick or have COVID-19 symptoms or if you or someone you have been in contact with has been diagnosed with COVID-19

Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat, congestion or runny nose
- Nausea, vomiting or diarrhea



Always maintain six feet of distance between people.

Wear cloth masks or face coverings when you are attending in-person meetings.

Maintain hygiene practices. Frequently clean and disinfect workspaces and equipment, wash hands often, and use hand sanitizer.

Meetings should be conducted remotely whenever possible. In-person activities must follow occupancy limits and other protective measures as noted, based on a county's tier assignment on the State of California's A Blueprint for a Safer Economy.





Emerald Star



The Emerald Star is a county rank to recognize individual goal setting and accomplishment beyond the county level. Any 4-H member, who has completed a minimum of 1 year in Junior or Teen Leadership, AND are in the eighth grade, or higher, are welcome to apply. Organize a new project show, field day, training day or contest. Establish a community service project, petting zoo, adopt a group home, tree planting, and community event/parade participation. Completion of the application and a presentation to Leader's Council is required before the project can begin.

Applications available online at <https://ucanr.edu/sites/Tehama/files/287634.pdf>

Handbook for 4-H Families

The California 4-H Youth Development Program has continued to develop the UC 4-H Handbook for Families which provides new families more background and information on what the 4-H Youth Development Program is all about. This handbook is available online at http://4h.ucanr.edu/Resources/Member_Resources/



Who Pays for Project Supplies?

With such a wide variety of projects available to 4-H members, there could be costs for materials that members will need to help cover. Whether it's a book that provides information, necessary equipment to be able to hold certain projects, the project leader should figure the overall cost of the project (publication fees, materials, etc.) so that members can budget to cover these costs. All monies collected must be made payable and handled by the local 4-H club.

4-H: County and Beyond

Stay informed on events, projects, and more at the county, state and national level by receiving email updates or joining the 4-H groups on social media.

- ♦ Visit the Tehama County 4-H website at: http://ceteama.ucanr.edu/4-H_Program/
- ♦ Join Tehama County 4-H on Facebook! Your local program is on social media, <https://www.facebook.com/Tehama4H/>.
- ♦ Like California 4-H on Facebook: California 4-H is also on social media, <http://www.facebook.com/california4H/>.
- ♦ Sign-up for Additional Email Updates at <http://4h.ucanr.edu/News/Newsletter/>. The California State 4-H Office operates public email lists to send timely information, news and updates! Check out the animal science, camping, equine, and shooting sports lists!
- ♦ National 4-H is available online at <http://www.4-h.org/>. This is a great way to know what 4-H is doing in other states around the country!



Countywide Projects

4-H Projects typically begin at the club level however, if there are no volunteers leading such projects, the option to open a popular project to the county level allows others to interact and meet members from other clubs who have similar interests. Countywide 4-H projects are available to any active Tehama County 4-H member. These projects have their own schedules and meeting dates and it is up to the member to keep informed as they do not meet at monthly club meetings. Countywide 4-H projects must be approved annually by our county 4-H Program Educator upon completion of a Countywide Project Info Sheet on file with the UCCE Tehama County 4-H Office. Interested in starting or continuing a Countywide 4-H Project? Request a Countywide Project Info Sheet by emailing ecparadis@ucanr.edu.

PROJECT	MEETING INFORMATION	LEADER INFO	PHONE/EMAIL
Archery	Project meetings hope to start in 2021 Please contact Project Leaders for more information.	Jesse Sisneros Kevin Ross	526-1397 jsisneros49@gmail.com 945-2727 krossfamily5@gmail.com
Dog	Contact Leader for more information	Cathleen Cahill	526-3807 cathleen.cahill@gmail.com
Equine	Contact Leader for more information	Kathy Zablan	917-9932
Pygmy Goat	Project meetings to start soon. Please contact Project Leaders for more information.	Tammi Josephson Christine Flood	515-5877 PygmysbyTJ@yahoo.com 949-8433 christineflood4@yahoo.com
Shooting Sports	Check Tehama Shooters Association website for calendar of events	Jim Huntsman Kevin Rosser	200-5535 huntsmanj@sbcglobal.net 360-2420 krosser@att.net

Accidents Happen—Be Prepared

Project and Club Leaders—are you prepared? Annually, each 4-H member completes a Medical Release form as part of their enrollment. Signed copies of these forms must be kept in a file which can only be accessed by 4-H staff and appointed 4-H volunteers. Copies should be made and distributed to project leaders for emergency purposes and to have on hand when traveling. Chronic medical needs such as diabetes, asthma, or hemophilia should be made known to the appointed 4-H volunteer, chaperone, etc. If an accident should occur at a project/club meeting, event, field trip, etc., an ANR Incident Report Form must be completed as soon as possible by any 4-H staff or appointed 4-H volunteer. You may obtain copies of the ANR Incident Report Form from any county 4-H office or online at: <https://s3.wp.wsu.edu/uploads/sites/2073/2014/03/WAState4HIncidentReportForm.pdf>



New 4-H Debit cards

Help support Tehama County 4-H Program without spending anything extra!

This card does so much, not only for you, but it also generates actual dollars to help keep our local county 4-H community doing great things! For every dollar you spend on the card Tehama County 4-H will receive up to 1% cash back. Imagine the great things we can do together.

Fill out the interest survey, no commitment, at: <https://groundswellcard.com/ca-4-h-interest-page/>

This exciting new card includes:

- No Enrollment Fees
- No Recurring Fees
- No Out Of Pocket Costs
- FDIC Insured Deposits
- No Credit Check or Impact On Your Credit Score
- Pays Your Local 4-H County With Every Purchase
- Accepted Anywhere VISA Is Accepted Worldwide
- Rewards Program That Can Save You Hundreds Of Dollars
- Beautiful Way To Show Your Support



CALENDAR

In The Clover 4-H Newsletter



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December

24 & 25 Office Closed in observance of Christmas ***

January

1 Office Closed in observance of New Year's Day

18 Office closed in observance of Martin Luther King, Jr Day ***

26 Leaders Council, 6:30 PM **

**UCCE 4-H Office, 1754 Walnut Street, Red Bluff*

*** TC Dept of Education, 1135 Lincoln Street, Red Bluff*

****County Holiday-Office Closed*



Full color articles and photos are available on our Website: cetehama.ucanr.edu

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