Town Hall

Agenda 1:30-2:30

Start at 1.30 pm!

Wellness – Mindfulness

Welcome!

Updates from Leadership

Hispanic Heritage Month

Stories from the Field: Juntos

Staff Assembly

Safety

Close

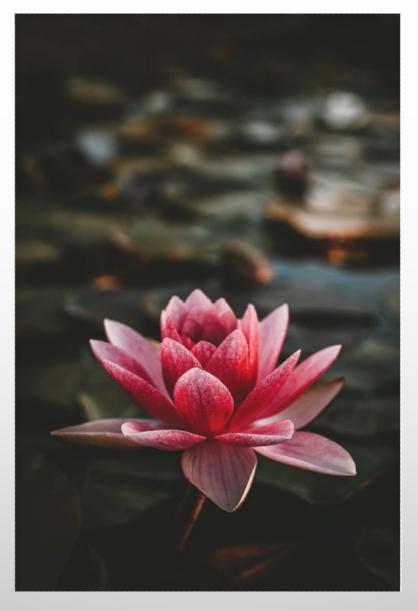
September 17, 2020

Note: Please use...

- 1. Chat for sharing: "panelist" or "panelist and everyone"
- 2. Q&A for questions





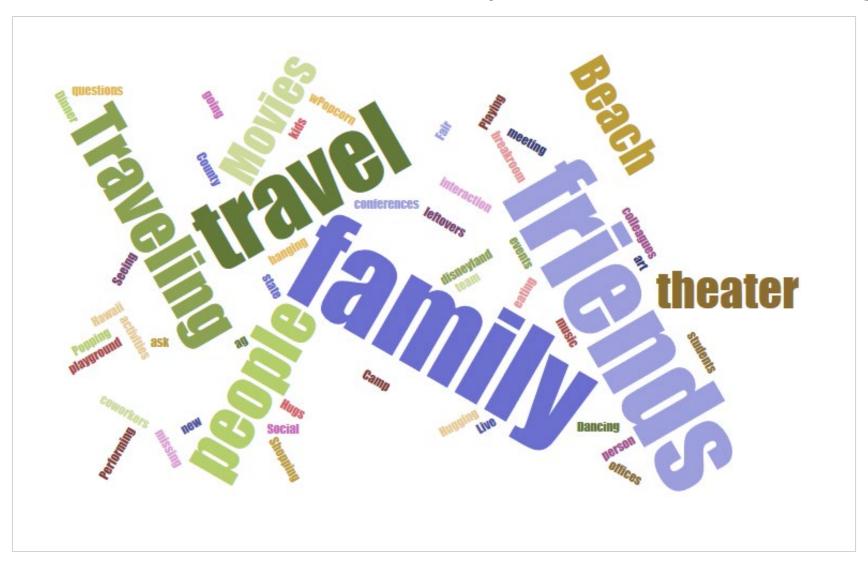


Wellness
(Kaela and David R)





Welcome - What have you been missing?



Vision & News

Updates from Leadership







Have you gotten your flu vaccine?

- All UC ANR employees working at any UC ANR location must receive a flu vaccine by November 1, 2020 *UC Executive Order*
- Why? To help avoid a surge of flu cases at health care facilities across the state during the coronavirus pandemic
- UC ANR's symptom screening survey will be updated before Nov 1 for employees to self-certify they've received the vaccine or have an approved exemption
- UC Executive Order does not apply to volunteers or program participants, but all are encouraged to get the flu vaccine to benefit public health





Have you gotten your flu vaccine?

- Look for ANR-specific FAQs in 9/17/2020 ANR Update and posted on the <u>Wellness website</u>
- David Ritz, ANR's Vocational Rehabilitation Coordinator, is contact for exemption requests
 - Email <u>daritz@ucanr.edu</u>





Cybersecurity Update

The Cyber Division of the FBI has identified criminal actors and Foreign governments that are actively targeting organizations in the USA for ransom, data exfiltration and system destruction using sophisticated & coordinated methods of intrusion.

Education, Agriculture, Healthcare, Technology are among the key domains being actively targeted by these criminals. UC-wide Cybersecurity Risk has been identified as the top threat that are being urgently addressed by leadership across the system.

These actors seek to exploit vulnerabilities in systems such as ours. Most recently, ANR has been a target of network intrusion, malware & ransomware attacks at our location. These incidents caused inconvenience, disruption of services and damage (albeit limited).

However, it is clear that collectively we have to do a lot more to shore up our efforts to safeguard ANR resources & assets, particularly in the distributed and remote environment that we are operating in at present and likely to continue in the near future.



DUO enrollment

Locally at ANR we are building and implementing plan to address systems vulnerabilities. One key action to implement multi-factor authentication (MFA Duo) to protect individual accounts and critical applications.

In the final phase of implementing additional Duo to safeguard our critical applications. **All Duo enrollments must be completed by 9/19/20 (this Friday).** Those not enrolled in Duo by 9/19/20 will not be able to access their UCPath account, where the system critical data is hosted.

Other activities being undertaken,

- 1) We are using technology to scan and identify vulnerabilities in our networks & systems
- 2) Enhance our Incidence Response Protocols, in light of recent cyber-intrusions
- 3) Inventory our Digital Assets, Data & Networks to enhance protection
- 4) Implement a multi-phased Cybersecurity Plan



This month's feature



Hispanic Heritage Month

• Ricardo Vela





https://youtu.be/jBbusa KBI4

September 2020



Friday 18

Latino Vs. Hispanic and other labels
Deportation of Mexican Americans
Documentary – Q&A
3:00 PM – 4:30 PM

Friday 25

Meet the HHM 2020 Honorees 3:00 PM – 4:30 PM



October 2020



Friday 2
The Chicano Moratorium and Zoot Suit Riots, Q&A
3:00 PM – 4:30 PM

Friday 9
Symposium COVID19 and What is
Next for Hispanics - Q&A
3:00 PM - 4:30 PM



Did you know?

Not all Latinos are Catholics One-in-four Latino adults (24%) are now *former* Catholics,

California (19 percent), Texas (15 percent), New York (12 percent), New Jersey (11 percent) and Florida (7 percent) boast the highest populations of Latino Muslims, with the majority identifying as Mexican (31 percent) or Puerto Rican (22 percent).



Source: Pew Research Center







Estamos Contigo



Traditional
Latin-American
Drinks

https://ucanr.edu/HHM

Latin-American recipes



Famous Latinos



Stories from the Field

This month

Juntos - UC ANR 4-H bridges the higher educational gap for Latino youth



Juntos

Jose A Campos



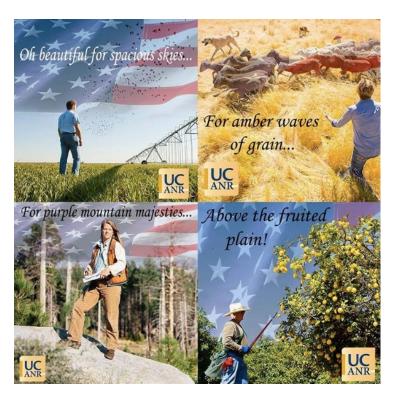


https://youtu.be/R4K2ut_p9ck

Staff Assembly



We Are UC ANR Staff Assembly



> Early Beginnings

- 2015 Work Environment Assessment Workshops
- Benefit of belonging to CUCSA
- Seven staff chosen
- VP Humiston supports
 SA



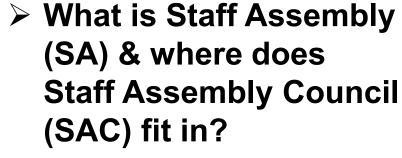




Michael-Vice Chair



Lea -Communications





Kathryn - Scribe



Sue-Treasurer



Jessica-Program Co-Chair





Shannon -Jasmine – Jr. Program Co-Chair CUCSA Delegate



Dohee -Sr. CUCSA Delegate

- All UC ANR staff
- Structure
- Purpose
- Committees



Nikolai - Ex-Oficio

- > Committees
 - Wellness
 - UC Walks
 - Healthy Snack Day
 - Healthy Meeting Best Practices
 - Healthy Over the Holidays







- > Committees, con't
 - Educational Reimbursement
 - What is this program?
 - Who can get funds?
 - How much can I get?
 - How often can I get it?
 - What's covered?
 - What's not covered?
 - How do I apply?



- > Committees, con't
 - Staff Assembly Ambassador
 - UC ANR geographically unique
 - Need for local representation
 - Key liaison position





Council of University of California Staff Assemblies

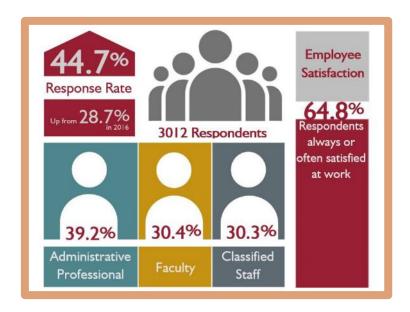
CUCSA

- Statewide advisory board
- Delegates from all UC locations/campuses
- Workgroups delve into various topics
- Who can be CUCSA representative



- > On the Horizon
 - CUCSA survey results
 - Workgroups will be created
 - Opportunities





- What Can You Do?
 - Volunteer
 - This includes Federally paid staff
 - Voice Your Opinions/Concerns



Please visit the Staff Assembly Website:

http://staffassembly.ucanr.edu



Safety

Environmental Health & Safety Resources for ANR

Alert: Coronavirus (COVID-19) Information for ANR Employees

The ANR Risk and Safety team is currently telecommuting with limited on-site operations. This status will remain in effect indefinitely.

Although we will be working remotely, please be assured that we are working to continue to provide you the support and services you need from us.



Make Fall Safety a Top Priority. Visit <u>www.nsc.org</u>.

EH&S Calendar



National Preparedness Month

Disasters Don't Wait.

Make Your Plan Today.



National Preparedness Month



- A nationwide initiative encouraging everyone to take simple steps to prepare for emergencies in their home, workplace and community.
- Visit https://www.ready.gov/september for information and resources.
- Don't rely upon others, always prepare to be self-reliant for a minimum of 3 to 5 days.
- Get started with the universal building blocks of emergency preparedness:
 - 1. Be Informed
 - 2. Make a Plan
 - 3. Build a Kit





Be Informed



Before an emergency:

- Know the hazards and risks in your area & appropriate ways to respond:
 - Visit FEMA's https://www.ready.gov/
 - Visit Cal-OES' https://myhazards.caloes.ca.gov/ to search by address.
- Sign-up to receive alerts & warnings:
 - search the internet for your local County name and the words "emergency alerts" or "community notification system".

During:

- Stay up-to-date, monitor social media, radio & TV, conditions can change rapidly.
- Rely on & help yourself & neighbors, free-up emer. responders for dire needs.

After:

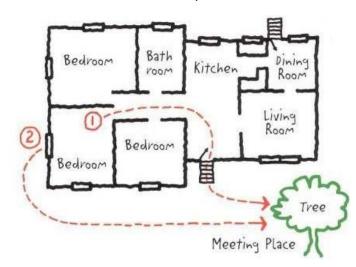
• Be cautious. Follow advice provided by authorities.



Make a Plan



- Meet with your family and discuss how to prepare and respond to emergencies
- Plan what to do if <u>separated</u> choose two places to meet
- Plan what to do if <u>evacuation</u> is necessary from the home, from your community
- Choose an out of the area <u>contact</u> local resources become overwhelmed, text first
- Identify responsibilities work as a team
- Have copies of essential <u>documents</u>, household inventory
- Know the location of utility <u>shutoffs</u> and keep tools nearby (<u>http://www.ready.gov/utility-shut-safety</u>)
- Try to keep your car's tank <u>half-full</u> & have go-supplies





Build a Kit



- Pre-packaged or build from home
- Store in an easily accessible location
- Use a large, watertight container (e.g. plastic bin or garbage can w/ lid & wheels)
- Checklist are available from Ready.gov, Red Cross, the CDC, etc.
 - Water at least one gallon per person per day
 - Radio battery powered or hand crank (NOAA Weather Radio if possible)
 - First Aid Kit and Instructions

 - Hygiene Items
 - Flashlights, Candles, Lanterns
 - Can Opener, Multipurpose Tool, Wrench/Pliers
 - Map(s) of the Area
 - Disposable Camera
 - Duct Tape
 - Matches, Lighters in a waterproof container
 - Extra Clothing and Sturdy Shoes
 - Entertainment Items and activities for children

- Food non-perishable, easy-to-prepare items
- Copies of personal documents (medical lists & information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Medications
- Unscented liquid household bleach and an eyedropper for water purification
- Emergency Blanket, Sleeping Bags
- Family and Emergency Contact Information
- Pet Supplies
- · Extra Batteries for various items
- Extra Cash, Items to Barter
- Cell Phone with Chargers
- · Whistle to signal for help
- Special needs items, such as eye glasses, contact lens solutions, and hearing aid batteries

ANR Resources

Safety Note series categorized by Disaster/Emergency Information



http://safety.ucanr.edu/Safety Notes/

#166: OFFICE PREPAREDNESS

• employees likely spend near 8 hours each day at the office, so the possibility of being at work during a major catastrophe is likely.

• **#167**: BE INFORMED

• Be Informed about the potential hazards and risks in your area and learn the appropriate ways to respond to them.

#168: MAKE A PLAN

 Make a Plan with your family or household members to discuss how to prepare and respond to emergencies that are most likely to happen where you live, learn, work and play.

#169: BUILD A KIT

 Build a Kit full of disaster supplies and basic items your household may need in the event of an emergency - be prepared to be self-sufficient for at least three to five days.

• #189: EMERGENCY PREPAREDNESS FOR SUPERVISORS/DIRECTORS

recommended practices to ensure your office, department, and team is prepared.

UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

Wildfire Smoke & Air Quality



- Air Quality Index (AQI): is an estimate of air pollution levels; the higher those levels, the greater the health risks.
- When wildfires are nearby, check the AQI daily at: https://www.airnow.gov/
- Sign-up for alerts at: http://www.sparetheair.com/airalert.cfm

Daily AQI Color	Levels of Concern	Values of Index	Description of Air Quality
Green	Good	0 to 50	Air quality is satisfactory, and air pollution poses little or no risk.
Yellow	Moderate	51 to 100	Air quality is acceptable. However, there may be a risk for some people, particularly those who are unusually sensitive to air pollution.
Orange	Unhealthy for Sensitive Groups	101 to 150	Members of sensitive groups may experience health effects. The general public is less likely to be affected.
Red	Unhealthy	151 to 200	Some members of the general public may experience health effects; members of sensitive groups may experience more serious health effects.
Purple	Very Unhealthy	201 to 300	Health alert: The risk of health effects is increased for everyone.
Maroon	Hazardous	301 and higher	Health warning of emergency conditions: everyone is more likely to be affected.



Wildfire Smoke & Air Quality



For more information:

- Visit UC ANR Protection From Wildfire Smoke webpage: <u>http://ucanr.edu/protectfromwildfiresmoke</u>
- UC ANR matrix of escalating actions and curtailment as air quality worsens (mix of required actions and recommendations): https://ucanr.edu/sites/safety/files/316085.pdf
- Employees who anticipate voluntary use of respirators must complete training and receive mandatory safety information.
- Training and supervisor requirements for users: http://ucanr.edu/voluntaryrespirator
- Safety Note #198: Voluntary Respirator Use https://ucanr.edu/sites/safety/files/303757.pdf



Contact ANR Risk & Safety Services:
 ehs@ucanr.edu or http://ucanr.edu/askehs
 David Alamillo 530-750-1261



