Tomato: Preserve It



Herbed Seasoned Tomatoes

Yield: about 6 pints

12 cups halved cored peeled tomatoes Spice blends, recipes below Bottled lemon juice or citric acid Salt (optional)

- 1. Choose desired spice blend(s) from back of recipe card. Prepare the quantity that suits your needs and set aside.
- 2. Place tomatoes in a large stainless steel saucepan. (For best results, do not layer tomatoes in pan). Add water to cover. Bring to a boil over medium-high heat, stirring gently. Reduce heat and boil gently for 5 minutes.
- 3. Before packing each jar of tomatoes, add 1 tablespoon bottled lemon juice or 1/4 teaspoon citric acid and 1/4 teaspoon salt to the hot pint jar. Add the specified quantity of your chosen spice blend. Pack hot tomatoes into prepared jars to within a generous ½- inch of top of jar. Ladle hot liquid into jar to cover tomatoes, leaving 1/2-inch headspace. Remove air bubbles and adjust headspace, if necessary, by adding hot liquid. Wipe rims with a dampened clean paper tow- el; adjust two-piece metal canning lids.
- 4. Process in a boiling water canner for 40 minutes at 0-1,000 feet elevation, 45 minutes at 1,001-3,000 feet, 50 minutes at 3,001-6,000 feet, 55 minutes at 6,001-8,000 feet, and 60 minutes at 8,001-10,000 feet.

Spice Blends: Each recipe makes enough to season 6 pint jars -2-1/4 teaspoons per jar.

Italian Spice Blend1-1/2 teaspoons dried rosemary4 teaspoons dried basil1-1/2 teaspoons dried sage2 teaspoons dried thyme1 teaspoon garlic powder

2-1/2 teaspoons dried oregano 1 teaspoon hot pepper flakes

For each pint jar, use 2-1/4 teaspoons of spice blend. If omitting hot pepper flakes, use only 2 teaspoons per jar.

Mexican Spice Blend

6 teaspoons chili powder

2 teaspoons ground cumin

2 teaspoons dried oregano

2 teaspoons garlic powder

2 teaspoons ground coriander

1-1/2 teaspoons seasoned salt

For each pint jar, use 2-1/2 teaspoons of spice blend. If omitting seasoned salt, use only 2 teaspoons per jar.

Cajun Spice Blend

3 teaspoons chili powder 2 teaspoons paprika

1-1/2 teaspoons onion flakes

1-1/2 teaspoons garlic powder

1-1/2 teaspoons ground allspice

1-1/2 teaspoons dried thyme

1 teaspoon cayenne pepper

For each pint jar, use 2-1/2 teaspoons of spice blend. If omitting seasoned salt, use only 2 teaspoons per jar.

Procedure: Combine herbs and spices in a small bowl; set aside. Pre- pare tomatoes using recipe above. After citric acid or bottled lemon juice is added to a hot jar according to canning recipe, add spice blend. Continue to fill jar and process following instructions for canning recipe.

Source: Ball Complete Book of Home Preserving, 2012