

Welcome New & Returning Families

We would like to welcome all of our new and returning families to the 4-H program in Tehama County. We encourage you to read this monthly newsletter to get caught up on 4-H happenings. If you have a change of address or any other family information, be sure to update your family information in your 4hOnline account. We encourage you to stop by, meet our staff and visit our resource library at the Tehama UCCE/4-H Office Red Bluff at 1754 Walnut Street. Normal office hours are Monday through Friday from 8AM until

4-H Awards Night

TEHAMA COUNTY'S 2018-2019 STARS



5PM.

Sunday, December 8, 2019 Lassen View Elementary School, Cafeteria

Registration at 4PM—Ceremony at 4:30PM

County 4-H Awards Night is an awards program honoring recipients of many awards earned throughout the 4-H Program Year.

Honorees are recipients of Presentation Trophy, Record Book Star Awards of Bronze, Silver, Gold, Platinum, Emerald Stars, Junior/Teen Leadership Completion, Record Book Awards and more!

-Hosted by El Camino 4-H Club

Tehama County 4-H Program 1754 Walnut Street Red Bluff, CA 96080

(530) 527-3101 FAX (530) 527-0917 website: cetehama.ucanr.edu

Nate Caeton
4-H Youth Development Advisor

Erin Paradis 4-H Program Educator

Layout by Spring Severson

Mission—The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of

Office Hours 8AM-5PM* Monday through Friday



*Except Holidays listed on back page





Tehama County 4-H Clubs

CLUBS	MEETINGS/LOCATIONS	CLUB LEADER	
ANTELOPE 4-H	Antelope School 2nd Mondays at 6:30PM	Kevin Rosser, 360-2420 ksrosser@att.net	
BEND JELLY 4-H	Bend School 1st Tuesdays at 6:30PM	Debbie Spangler, 354-4530 dspangler414@gmail.com	
BOWMAN 4-H	Evergreen Elementary Gym 1st Tuesdays at 6:30PM	Vicky Woolley, 347-3591 vickycottonwood@gmail.com	
CORNING 4-H	Richfield School Science Lab 2nd Mondays at 7PM	Jessica Fox, 526-3345 jfox1014@att.net	
EL CAMINO 4-H	Gerber School 1st Mondays at 6:30PM	Melissa Gilardi, 518-2312 melissagilardi@gmail.com	
FLOURNOY/PASKENTA 4-H	Flournoy Elementary School 2nd Tuesdays at 6:30PM	Brandy Hill, 681-5796 4hmomfp@gmail.com	
LASSEN COLONY 4-H	Lassen View Elementary 2nd Mondays at 6:30PM	Marcie Skelton, 526-5403 marcieskelton@sbcglobal.net	
LOS MOLINOS 4-H	Los Molinos Veterans Hall 1st Mondays* at 6:30PM *unless a holiday, then 2nd Monday	Anne Junge, 592-7887 annehopson74@hotmail.com	
MANTON 4-H	Manton Grange 2nd Mondays at 7PM	Judy Ramos, 474-5541	
OLIVE 4-H	Corning Union High School 2nd Mondays at 7PM	Marsha Wilson, 781-3392	
WESTSIDE 4-H	Reeds Creek School 2nd Tuesdays at 7PM	Bozsi Parks, 529-2984 etparks7@gmail.com	

Newsletter Articles

The deadline for submitting any articles and photos to be included in the **January** newsletter is **December 16.** This is a great way to let others in your community what your projects and clubs are doing. Please email your submissions to Spring Severson at slseverson@ucanr.edu

Manton 4-H Report

Manton held their annual Trick or Trunk Halloween party at Manton School Saturday October 26th, even without power the community came together. The Volunteer fire dept along with a light tower made the party a huge success. The chapter is busy working on their Nov community service project collecting supplies for the troops for Christmas. During the November meeting they made Salt dough handprint ornaments.

—Submitted by Judy Ramos

Corning 4-H Report



In this months Corning 4-H events, our club hosted Officers Training. The groups were amazing, and everyone did a great job. We had a lot of fun doing a different event this year. We would like to thank the people who took time out of their evening to come out to our event.

- Submitted by Aubree Fox

Bowman 4-H Report

At our November Bowman 4-H meeting we collected non-perishable and can foods for Homeward Bound Military Families. This is a tradition with Bowman and we enjoy making a difference in our community. At the meeting we also spent time going over the upcoming events in Tehama County and with our 4-H family. We elected officers at this meeting, our President is Emalee Ross, Vice President is Austin Flood, Treasurer is Derek Rulon, Secretary is Natalee Ross, Reporter is Aiden Flood and Healthy Living officer is Hannah Wooley. Congratulations to our leadership team. We planned a Community Service for Nov. 11th at the Cottonwood Cemetery to place flag on Veterans gravesites. We also had sign ups for Christmas Tree cutting that is coming up. Decembers community service at our next meeting is Christmas Ornaments to go on the Christmas Tree that we donate to a family in need in our local area. We look forward to seeing everyone at our next meeting on December 3rd, 6:30pm at Evergreen Elementary school gym.



-Submitted by Aiden Flood

Great Club Reports - Keep them Coming!

Searching for Camp Director

It is the mission of the Tehama County 4-H Youth Camp to assure healthy, safe, high quality, well-run, educational and fun camping program experiences for campers and staff that empower members to pursue self-improvement in an inclusive environment. Our camp program is currently seeking an adult volunteer to lead the program! Candidates must be 21 years of age by the first day of camp and be a current 4-H appointed volunteer or be able to complete the process before the start of camp. **Applications are due December 28 to the UCCE 4-H Office.** Check out the application for more details: https://bit.ly/2vZYiVv

Grow Your 4-H Club

The 4-H program relies on adult volunteers to lead projects and make the program successful. Club projects vary from club to club depending on the volunteers leading projects. If a project is requested by youth members which isn't available at your club, volunteer to lead and help grow your club. Call the UCCE/4-H Office for more details, 527-3101.



Leader's Council Representation

To achieve "Club in Good Standing" status and earn a green seal, clubs must have a representative regularly attend meetings of the Tehama County 4-H Leader's Council.

Attendance	S	0	N	J	F	М	Α	М	J
Antelope	Х	Х							
Bend Jelly	Х	Х							
Bowman	Х	Х							
Corning	Х	Х							
El Camino	0	Х							
Flournoy/Paskenta	Х	Х							
Lassen Colony	Х	Х							
Los Molinos	Х	Х							
Manton	Х	0							
Olive	Х	Х							
Westside	Х	Х							

Council Corner

Date of next meeting:

January 28 @ 6:30PM
Tehama County Dept. of Education
1135 Lincoln St., Red Bluff

Agendas available online

Agenda to include:

- **♦** County Event Reports
- **♦** Budget/Fundraising
- ♦ Program Updates
- ♦ And more!

All 4-H appointed adult volunteers & 4-H members (14 years and older) are voting members and invited to attend the monthly council meetings.





Accidents Happen—Be Prepared

Project and Club Leaders—are you prepared? Annually, each 4-H member completes a Medical Release form as part of their enrollment. Signed copies of these forms must be kept in a file which can only be accessed by 4-H staff and appointed 4-H volunteers. Copies should be made and distributed to project leaders for emergency purposes and to have on hand when traveling. Chronic medical needs such as diabetes, asthma, or hemophilia should be made known to the appointed 4-H volunteer, chaperone, etc. If an accident should occur at a project/club meeting, event, field trip, etc., an ANR Incident Report Form must be completed as soon as possible by any 4-H staff or appointed 4-H volunteer. You may obtain copies of the ANR Incident Report Form from any county 4-H office or online at https://bit.ly/2KmEWAu

Who Pays for Project Supplies?

With such a wide variety of projects available to 4-H members, there could be costs for materials that members will need to help cover. Whether it's a book that provides information to necessary equipment to be able to hold certain projects, the project leader should figure the overall cost of the project (publication fees, materials, etc.) so that members can budget to cover these costs. All monies collected must be made payable/handled by the local 4-H club.



CAUTION

Emerald Star Award

The Emerald Star is a county rank to recognize individual goal setting and accomplishment beyond the county level. Any 4-H member, who has completed a minimum of 1 year in Junior or Teen Leadership AND are in the eighth grade, or higher, are welcome to apply. Organize a new project show, field day, training day or contest. Establish a community service project, petting zoo, adopt a group home, tree planting, recycling, etc. Increase visibility of 4-H such as a 4-H community display, newspaper articles, radio show, and community event/ parade participation. Completion of application and presentation to Leader's Council is required before the project can begin. Applications available online at: https://tinyurl.com/yapnlnoh

Handbook for 4-H Families





4-H: County and Beyond

Stay informed on events, projects, and more at the county, state and national level by receiving email updates or joining the 4-H groups on social media.

- Visit the Tehama County 4-H website at http://cetehama.ucanr.edu/4-H Program/
- Join Tehama County 4-H on Facebook! Your local program is on social media, https://www.facebook.com/Tehama4H/
- Like California 4-H on Facebook- 4-H is also on social media, http://www.facebook.com/california4H/.
- Sign-Up for Additional Email Updates at http://4h.ucanr.edu/News/Newsletter/. The California State 4-H Office operates public email lists to send timely information, news and updates! Check out the animal science, camping, equine, and shooting sports lists!
- National 4-H is available online at http://www.4-h.org/. This is a great way to know what 4-H is doing in other states around the country!



University of California Agriculture and Natural Resources

Making a Difference for California



Tehama County - Cooperative Extension 4-H Youth Development Program 1754 Walnut Street, Red Bluff, CA 96080 (530) 527-3101 Office

2019-2020 Events Calendar

SEPTEMBER - 2019

- 2 Labor Day*
- 24 Leader's Council

OCTOBER

- 6-12 National 4-H Week
- 12 Open House at Tractor Supply
- 14 Columbus Day*
- 18 County Record Book Judging Registration
- 22 Leader's Council, and DEADLINE FOR 4-H MEMBER ENROLLMENT (must be enrolled in 4-H by October Leaders Council meeting in order to participate in the Tehama District
- 26 COUNTY RECORD BOOK IUDGING

NOVEMBER

- 6 CLUB LEADERSHIP TRAINING
- 11 Veteran's Day*
- 15-17 North Youth Summit
- Leader's Council
- 28-29 Thanksgiving*

DECEMBER

- AWARDS NIGHT 8
- 25 Christmas*

<u>JANUARY - 2020</u>

- New Year's Holiday*
- 18 FAVORITE FOODS DAY / LIFE SKILLS IUDGING DAY
- 20 Dr. Martin Luther King, Jr. Day*
- Leader's Council

FEBRUARY

- LIVESTOCK JUDGING DAY 1
- 8 4-H FUN NIGHT
- 12 Lincoln's Birthday*
- President's Day* 17
- 25 Leader's Council
- 29 COUNTY PRESENTATION DAY

MARCH

- County Ambassador/B.L.A.S.T. Information
- 14 LIVESTOCK BREEDING, MARKET PROSPECT, and FUR & FEATHERS 4-H FAIR
- 24 Leader's Council
- 27 County Ambassador Applications Due
- 28 FASHION REVUE/STILL EXHIBITS FAIR

APRIL

21 Leader's Council 30-5/3 Tehama District Fair Regional Presentation Day

MAY

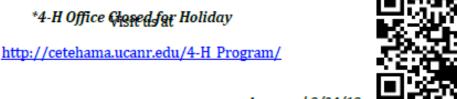
- 22 B.L.A.S.T. Applications Due
- 25 Memorial Dav*
- Leader's Council 26

JUNE

TBD State Field Day 23 Leader's Council

IULY

- Independence Day*
- State Leadership Conference TBD
- TBD 4-H YOUTH CAMP



Approved 9/24/19



DESCRIPTION OF COUNTY EVENTS

4-H OPEN HOUSE: An annual event to kick off the new program year and encourage more youth to discover what 4-H in Tehama County has to offer. Each club hosts interactive booths which depict the most popular project of their club. The public can browse and take part in all of the activities.

CLUB LEADERSHIP TRAINING: Come see what being a club officer is all about! All members are invited to attend this training whether they are currently an officer or would just like to know more about the offices that are available. Items to be discussed are how club meetings are run, any necessary forms for officers, ideas for improvement and some general information on the responsibilities of each office.

AWARDS NIGHT: The annual family event where awards are presented to 4-H members and leaders for the previous year's achievements. Some awards are given are the Presentation Trophies, Record Book Awards/Stars, Emerald Stars, Club Recognition awards, recognition of Junior and Teen Leaders, and more! The event begins with a dessert social and then the presentation of awards.

FAVORITE FOODS DAY: A competition where all 4-H members may enter his/her favorite prepared dish. Judging includes showmanship, table setting, menu, taste, texture and appearance of food.

LIFE SKILLS JUDGING DAY: An activity which develops knowledge and understanding of qualities and standards. Members test their skills by comparing several items, ranking, and giving reasons. It's a judging event that consists of educational sessions about foods, clothing, crafts, and other non-livestock projects.

4-H FUN NIGHT: This annual countywide 4-H fundraising event consists of an assortment of carnival games and prizes. All clubs run a number of booths during the evening and members sell Fun Night tickets. There are cash awards for the top three 4-H members who sell the most tickets. There is also a concession stand and a dinner which a 4-H club is in charge of.

PRESENTATION DAY: Opportunity for 4-H members to give demonstrations and speeches. All participants receive a certificate and a pin; these awards are sponsored by the Red Bluff Rotary Club. A sectional and state competitive event is also held. Attending both the County Presentation Day and the Sectional Presentation Day is required to win the Presentation Trophy, presented at Awards Night.

FUR & FEATHERS 4-H FAIR: Members enter their project animals, test their showmanship skills for evaluation and receive awards.

LIVESTOCK JUDGING DAY: An educational activity which develops knowledge and understanding of qualities and standards. Members test their skills by comparing several animals, ranking them, and giving reasons.

LIVESTOCK BREEDING & MARKET PROSPECT SHOW: Members enter their project animals, test their showmanship skills for evaluation and receive awards.

FASHION REVUE: Judging is based on appearance of the garment, how well it is made and on modeling ability. Many categories are available for members from making your garment to wearing your favorite outfit hanging in your closet.

4-H STILL EXHIBITS FAIR: All project members have the opportunity to enter their project work for evaluation and awards. Giving 4-H member's the opportunity to display their projects made and created through the 4-H year.

4-H YOUTH CAMP: Resident camp held at Camp Tehama near Mineral for ages 9-13. Teen staff members plan activities including hikes, campfires and crafts with assistance from adult volunteers. All youth are invited to attend.

Countywide Projects

The projects listed below are available to any Tehama County 4-H Member in addition to any projects available at the club level. These projects have their own schedules and meeting dates and it is up to the member to keep informed as they do not meet at monthly club meetings. It is a great way to interact and meet members from other clubs who have similar interests.

PROJECT	MEETING INFORMATION	LEADER INFO	PHONE/EMAIL
Archery	Project meetings will start soon. Please contact Project Leader for more information	Jesse Sisneros	527-4472 jsisneros49@gmail.com
Dog	Project meetings will be held twice a month, Thursday evenings at Ridgeway Park in Red Bluff	Cathleen Cahill	526-3807 cathleen.cahill@gmail.com
Pygmy Goat	Project meets monthly. Please contact Project Leader for more information	Tammi Josephson	515-5877 PygmysbyTJ@yahoo.com
Rabbit	Project meetings will be held on the 3rd Mondays of the month, 6:30PM. Please contact Project Leader for more information	Anne Junge	592-7887 annehopson74@hotmail.com
Shooting Sports hosted by Antelope 4-H Club	Trap and .22 Rimfire Rifle Next meeting will be December 21. Please contact Project Leaders for more information	Kevin Rosser Anne Junge Jim Huntsman	360-2420 592-7887 200-5535
Yoga	Initial meeting on January 8 at 6PM Tehama County Dept. of Education at 1135 Lincoln Street in Red Bluff See article below	Anne Junge	592-7887 annehopson74@hotmail.com

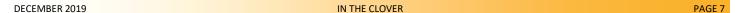
Countywide Yoga

Hello all! I will be starting a countywide Yoga project on January 8, 2020! I encourage parent(s) to participate as well as youth members. All this is required is a yoga mat and comfy stretchy clothes. Meetings will be every Wednesday evening at 6PM at Tehama County Department of Education on Lincoln Street in Red Bluff. Meetings will be one hour or less. Hope to see you there! - **Anne Junge**, **592-7887**

98% like to learn new things 82% Interested in science** 71% Goal management skills 85% Eat a meal with their family daily 83% Have done a community service project 99% Like helping people in their community 98% High self esteem 83% Are comfortable respect others' ideas 83% Are comfortable respect others' ideas







CALENDAR





The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 300 Lakeside Drive, 6th Floor, Oakland, CA 94612-3550. (510) 987-0096. Cooperative Extension Work in Agriculture and Home Economics, U.S. Department of Agriculture, University of California, and County of Tehama Cooperating.

December

- <u>8</u> Awards Night for the 2018-2019 Program Year, 4PM; Lassen View Elementary School Cafeteria
- 25 Office closed in observance of Christmas***

January

- 1 Office closed in observance of New Year's Day***
- 18 **Favorite Foods Day**
- <u>18</u> **Life Skills Judging Day**

- 20 Office closed in observance of Dr. Martin Luther King, Jr. Day***
- Leader's Council, 6:30PM** 28

- 3 4-H Events Attended
- 4 Leadership Development (Possible for hosting club)
- 7 Honors and Recognition (Possibly)



- 2 4-H Project Skills Activities
- 3 4-H Events Attended
- 4 Leadership Development (Possible for hosting club)
- 2 4-H Project Skills Activities
- 3 4-H Events Attended
- 4 Leadership Development (Possible for hosting club)

UCCE 4-H Office, 1754 Walnut Street, Red Bluff

** TC Dept. of Education, 1135 Lincoln Street, Red Bluff

*** County Holiday-Office Closed

University of California Cooperative Extension Tehama County 4-H Youth Development Program



PARTICIPATION IN THE TEHAMA DISTRICT FAIR



NAME: PROJECT
PROJECT TAKEN THROUGH (CLUB NAME):
he 4-H member must meet the following requirements to enter any of the Tehama District Fair 4-H Divisions.
<u>All</u> of these requirements must have been met by FAIR Entry Form Due Date to be eligible for Participation in any 4-H Divisions at the Tehama District Fair:
Submit a completed APR from the previous 4-H year that includes all required forms with signatures to your 4-H club leader by the Club's October meeting or by October 15 th , whichever comes first. NO EXCEPTIONS . (Requirements waived for first year 4-H members <u>only</u> as they will not have a previous years APR to submit. They will be required to turn in a completed APR for the current year to be eligible to participate in the following year's fair.)
Enrolled in 4-H on or before the October 4-H Council Meeting. (the 4th Tues of each month)
Attended 80% of club meetings, October thru March Before Fair Entries are due. (the club leader may waive primary members from this requirement)
Served on at least one (1) committee at the club or county level.
LIST:
Participated in one of the following countywide 4-H events: Club Leadership Training, Favorite Foods Day, Life Skills Judging Day, Livestock Judging Day, Fun Night Committee Member (you must work at the event), Presentation Day, Fur & Feathers, or Breeding Show. The following events also count if they occur prior to fair entry due date for 4-H divisions: Fashion Revue and Still Exhibits.
LIST:
For any project, The 4-H member must have participated in at least six or more hours of instruction led or approved by their certified 4-H project leader.
Gave a Presentation at project, club or county level related to one of their projects.
TOPIC:PROJECT:

- 1. The Fair entry form requires the signature of the 4-H project leader verifying that the exhibit has been part of the 4-H member's project and that the member has completed the project as stated above and has met the additional requirements below for Fair participation in 4-H divisions.
- 2. To exhibit livestock and/or horse at the Tehama District Fair, the 4-H member:
 - Must be 9 years of age and not yet 19 years of age on December 31st of the program year.
 - Must have <u>owned and cared</u> for the animal prior to the Fair for a minimum of:

30 days for rabbit and poultry and breeding livestock 60 days for sheep, goats, and swine 120 days for beef & horse

3. It is the 4-H members responsibility to meet the Fair entry due dates and abide by all Fair rules. For more information on Fair entries, refer to the **Tehama District Fair Exhibitor Handbook.** Call 527-5920 for a copy or visit their website: www.tehamadistrictfair.com



Steps to Success in 4-H

University of California
Agriculture and Natural Resources

4-H Youth Development Program

Member in Good Standing

Complete the enrollment process and be enrolled in at least one project.

Comply with 4-H Member Code of Conduct.

Project Completion

Be a member in good standing.

Complete a minimum of 6 hours of project instruction or more as required by the project leader.

Complete Annual Project Report (APR) form.*

Annually receive a year stripe and pin.**

Club Participation

(for 4-H club programs only)

Be a member in good standing.

No attendance requirement.

100% attendance pin for perfect club meeting attendance.

Requirements to Exhibit at Fair

Complete Project Completion requirements.

Meet requirements as set by the county or fair.

Event Participation

Participation in county, sectional, state and national 4-H events is open to all 4-H members in good standing.

There may be eligibility requirements established by the event planning committee.

Incentives and Recognition

There are many ways to earn recognition in 4-H.

Awards can be earned based on project and club attendance and work.

Awards can be earned for participating at county, sectional, state and national 4-H levels.

Awards earned will be governed by county and state 4-H Incentives and Recognition Committees.

^{*}Primary members, youth aged 5 to 8 years, do not complete the APR. Record keeping is not required for project completion.

^{**}Primary members receive a year stripe and pin for participation in a project. Project completion is not required.

^{**}Junior/Teen leaders receive a gold stripe and year pin for completing the Leadership Development Report (LDR). Junior/teen leaders are not required to actively participate in the project in which they are a leader.