

February 2019

9	Home Ec Field Day, Fashion Revue and Medal Testing Kern County Fairgrounds-Harvest Hall 4:00-8:00 p.m.	Sue McKinney 661-868-6235
15	Last Day to transfer clubs/Add or drop projects for Kern County Fair	
18	Presidents Day Holiday - UCCE Office Closed	
*19	Rabbit/Cavy Project Leader Meeting - 6:00 p.m.	Brenda Smith 661-972-7507
*26	Horse Leader Meeting 6:00pm	Becky Davis 661-342-6346
*26	Leader Council Meeting 7:00pm	Jeanne Walford 661-831-1639

March 2019

16	Kern County 4-H Horse Show	Becky Davis 661-342-6346
*26	Horse Leader Meeting 6:00pm	Becky Davis 661-342-6346
*26	Leader Council Meeting 7:00pm	Jeanne Walford 661-831-1639
26-27	Farm Day in the City-Kern County Fairgrounds	Amy Andrews 661-348-6305 or amyandrews94@gmail.com
28-31	Kern County Kennel Club Dog Show Community Service Opportunities	Claudia Burk 661-393-1914
*29	Cesar Chavez Day - UCCE Holiday	

HIGHLIGHTS IN THIS ISSUE

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Would you like your club featured in next month's newsletter?

Do you have a photo for the newsletter? E-mail event info & photos to cekern@ucdavis.edu **NEWSLETTER DEADLINE!** Articles/photos for the next issue of The 4-H Network

must be received by February 20th Kern County 4-H

1031 S. Mt. Vernon Avenue Bakersfield CA 93307-2851

Phone: 661-868-6200 Fax: 661-868-6208 or cekern@ucdavis.edu





*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA - Wheelchair accessible. Please contact UCCE Kern at 661-868-6200 if any special accommodations. Individuals who need to request an ADA accommodation in order to participate in 4-H sponsored events and activities can contact your local 4-H Office to complete a 4-H ADA Accommodation Request Form: http://4h.ucanr.edu/files/153972.docx

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Medal Testing 4-H Office January 8, 2019

Joshua Borst	Tehachapi Mtn 4-H	Market Goat	Bronze
Kyleigh Forster	Southwest 4-H	Beef	Bronze
Paisley Harris	Glennville 4-H	Market Goat	Bronze
Tristyn Hopfe	Southwest 4-H	Cavy Rabbit	Bronze Silver
Mason Pearson	Stallion Springs 4-H	Beef Swine	Bronze Gold
Cassie Smith	Tehachapi Mtn 4-H	Swine Dairy Goat	Bronze Bronze

Anika Parks, Kern County 4-H

Anika Parks, a former member of Kern County 4-H, will be attending the National Ag Day Conference in Washington D.C. from March 12-14 as one of ten representatives of 4-H. As a representative of 4-H, she is also being sponsored by Bayer in order to receive an extra day of training not offered to the other representatives from FFA, AFA, and Student NAMA.

While in Washington D.C., the representatives will have the opportunity to discuss agriculture and its importance with industry leaders, and with members of Congress, putting a face on agriculture with our elected officials. The Bayer sponsorship of the 4-H representatives will give them an extra day of training covering ag policy, trade regulation and an embassy visit.

Parks is a senior agricultural media & communication major at West Texas A&M University. She was involved in Kern County 4-H for 11 years, and was an All-Star for two years. She is an Agricultural Ambassador at WTAMU, the secretary for the Agricultural Communicators of Tomorrow organization, and will be graduating in this upcoming May.

CSUB AG NIGHT

Kern County and Regional FFA, 4-H, & College Ag Groups - Back by popular demand, CSUB Athletics is hosting its annual "Ag Night" on Feb. 2nd vs. Grand Canyon University (7PM) for its third consecutive year! As always tickets for this event will be provided at NO COST! If interested, send a follow-up email confirming your club may attend (tentative RSVP numbers are welcome). The flyer with more information is coming soon.

Important Information:

Men's Basketball Ag Day vs. Grand Canyon University

- Date & Time: Saturday, February 2nd, 2019 (Game Starts at 7pm) Doors open at 6:00pm
- · Location: Icardo Center (CSU Bakersfield Campus)
- Parking: FREE parking in Lot I.
- · Lunch: Concessions will also available for purchase through our vendors.

Email lbelz@csub.edu or call 661-654-2361 / 901-484-0493 if you have any questions.

See you on campus. Go 'Runners!!



PLEASE READ VIRULENT NEWCASTLE DISEASE (VND)

The State Veterinarian, Dr. Annette Jones, is recommending that poultry exhibitions be cancelled in order to prevent potential spread of virulent Newcastle disease (VND). Please see the attached letter (in English/Spanish) and please pass along to all relevant contacts. This decision will be re-evaluated July 1, 2019.

See the VND factsheet. For more information and updates, please visit: https://www.cdfa.ca.gov/ahfss/ Animal Health/newcastle disease info.html

If you have any questions, please do not hesitate to contact the Sick Bird Hotline number866-922-2473 (Press 0 when you hear the recording to get to a live person faster) or Public Information Officer Line 909-731-6367.

Letter - Recommendation to Cancel Poultry Exhibitions in CA (English and Spanish) http://4h.ucanr.edu/files/297368.pdf

VND - Alert (English and Spanish) http://4h.ucanr.edu/files/297369.pdf

Last month at the South Coast REC, they held a CDFA/USDA info session regarding Newcastle Disease for the affected counties. They had a Q & A session and reviewed best practices. The workshop was recorded and you can watch the video (English and Spanish) here:

https://www.youtube.com/watch?v=h9xuxaTbgTY&t=171s

4-H Shooting Sports Workshop Rifle Discipline Bakersfield, CA

Saturday, February 16, 2019 – 8:00 a.m. – 6:00 p.m. Sunday, February 17, 2019 – 8:00 a.m. – 4:00 p.m.

A 4-H shooting sports workshop for the rifle discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: jaborba@ucanr.edu



4-H SHOOTING SPORTS – HUNTING PROJECT/ CALIFORNIA HUNTER EDUCATION COURSE

Instructor: John Borba, phone 868-6216

Email: jaborba@ucanr.edu

This project covers the information required to take the California hunter education test and obtain your hunter safety certificate. The hunter safety certificate allows you to purchase a hunting license or hunt in other states that require proof of having passed a hunter education course. The project is open to junior, intermediate, and senior 4-H members (no Cloverbuds). The six meetings will take place at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield. Students should bring a writing utensil and paper to each class.

At the end of this course, each student is expected to demonstrate proper safety procedures with firearms and pass the written exam with a minimum passing score of 80% or better. Failure to pass the written exam prohibits the student from obtaining his/her hunter safety certificate, and she/he must retake the entire course. State law requires that each student attend every session. Missing one or more class sessions automatically drops the student from the course. Being tardy for class is also grounds for dropping a student.

Class size is limited to 25 students. You must register for the course online by going to this link: https://www.register-ed.com/programs/california/160/page:7 This will be a "traditional" course. Look under the registration link for traditional courses in Bakersfield.

CLASS SCHEDULE

Session 1 - Monday, April 8, 2019, 6:00 - 8:30 p.m.

- Introduction to Hunter Education: Chapter 1
- Know Your Firearm & Equipment: Chapter 2

Session 2 - Thursday, April 11, 2019, 6:00 - 8:30 p.m.

- Basic Shooting Skills: Chapter 3
- Basic Hunting Skills: Chapter 4

Session 3 - Monday, April 15, 2019, 6:00 - 8:30 p.m.

- Primitive Hunting Equipment: Chapter 5
- Be a Safe Hunter: Chapter 6

Session 4 -Thursday, April 18, 2019, 6:00 - 8:30 p.m.

- Be a Responsible and Ethical Hunter: Chapter 7
- Preparation and Survival Skills: Chapter 8

Session 5 - Monday, April 22, 2019, 6:00 - 8:30 p.m.

- Wildlife Conservation: Chapter 9
- Regulations: Pages 93 95
- Review

Session 6 - Thursday, April 25, 2019, 6:00 p.m. - 8:30 p.m. (approximately)

- Live Fire (bring eye protection)
- Testing

Dog Project Meetings February 2019

When: February 7, 14

Where: SPCA Education Center

3000 Gibson Ave.

Time: 6:00 p.m.

Medal Testing, Showmanship Practice, Obedience Practice

Don't forget to bring treats for your dog and crates if you have them

Please RSVP to: Claudia Burk at 661-393-1914 or 661-303-8343 (cell)

Community Service Opportunity at the Kern County Kennel Club Dog Show
 March 28th to March 31st. Contact Claudia if you are interested

4-H Shooting Sports Training in San Jose, California - Rifle and Archery Disciplines

Register Here: SCC 2019 Shooting Sports Training

This training is for 4-H Adult Volunteers, 4-H Project Leaders & 4-H Youth Project Leaders in all counties

Saturday, February 23, 2019 @ 8 a.m. to 6 p.m.

and Sunday, February 24, 2019 @ 8 a.m. to 4 p.m.

Fee: \$35.00, payment instructions are at this registration link below

About the workshops

The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to cover expenses, with Saturday and Sunday continental breakfast. Bring your own lunch each day

Registration is limited and confirmed with receipt of payment

https://ucanr.edu/survey/survey.cfm?surveynumber=26394

Requirements:

- •You must be a currently enrolled 4-H volunteer or member.
- •You may only attend one workshop for a specific shooting sports discipline.
- •You must attend both days to be certified to teach the specific shooting sport at the project, club and camp levels
- Junior and teen leaders are invited but must attend with an adult or have a certified Shooting Sports adult leader they will be helping back home

By doing these popular workshops on the same weekend it will allow counties to ride share and get several shooting sports disciplines completed to bring back to their county.

If you have backgrounds in one of these shooting sports disciplines and have a desire to teach youth, why not step up and share your expertise!

Online application and payments are due on or before February 9, 2019. For more information, please contact Susan Weaver @ sjweaver@ucanr.edu



2019 California State 4-H Shooting Sports Leader Meeting Saturday, April 6th

Safety First Shooting Association Range 11584 N. Shaffer Road - Winton, CA (Merced County)

To register for this event, visit this link:

https://ucanr.edu/survey/survey.cfm?surveynumber=26389

RV's and campers may stay at the range. Camping will be allowed on site with prior approval. Range Point of Contact: Dave Givens 209-614-1718 or dave@hammerstryke.com

Maps to the Meeting Site can be found online at: http://www.safetyfirstshooting.org/
Lodging can be found nearby in Atwater and Merced.

Meals Provided

Breakfast – April 6 Muffins, yogurt, granola bars, fruit, donuts, coffee, tea, juice,

milk

Lunch – April 6 Sub sandwiches, chips, fruit, cookies, soft drinks, water

Lunch – April 7 Hamburger Cookout

Schedule of Events - Saturday - April 6th

9:00 a.m. – 9:30 a.m. Check In

9:30 a.m. – 10:00 a.m. Welcome/Introductions/Overview

10:00 a.m. – 3:00 p.m. Project Information & Updates

(Lunch 12-12:30 p.m.) * New California Laws and Shooting Sports

* California Shooting Sports Enrollments

* State Specific Items (State Committee, Risk

Management, Checklists, Webpage, Listserve, Facebook)

* National 4-H Shooting Sports Youth Leadership Institute

Shooting Sports Scholarships

* Grants & Fundraising

* Hunter Education Opportunities

* National 4-H Shooting Sports Championships

* 4-H Western Heritage Conference & Match

* Benefit of a County Advisory Group for Shooting Sports

* Your Questions Addressed

3:00 p.m. – 4:30 p.m. Information Sharing, Discipline Meetings

5:30 p.m. closing remarks Group Meeting Evaluation, Door Prizes, Dismissal

Scheduled activities may be adjusted to accommodate speakers or program content.

2019 California State 4-H Shooting Sports Leader Meeting Sunday, April 7th

Optional Shooting Sports Experiential Learning Event

Each time period below will offer each of the disciplines shown for 1.5 hours throughout the day. There will be 4 sessions each for you to pick and choose. This is intended to be an optional opportunity for you to try a different shooting sport. Please note we need at least 10 individuals signed up for this event for it to take place.

9:00 a.m. – 10:30 a.m. Session One

Pistol - Bay 1 Rifle - Bay 2 Archery - Bay 3

Shotgun - Trap Range Western Heritage - Bay 4 Muzzle Loading - Bay 5

10:30 a.m. – 12:00 p.m. Session Two

Pistol - Bay 1 Rifle - Bay 2 Archery - Bay 3

Shotgun - Trap Range Western Heritage - Bay 4 Muzzle Loading – Bay 5

12:00 p.m. – 1:00 p.m. Lunch – Hamburgers

1:00 p.m. – 2:30 p.m. Session Three

Pistol - Bay 1 Rifle - Bay 2 Archery - Bay 3 Shotgun - Trap Range Western Heritage - Bay 4 Muzzle Loading – Bay 5

2:30 p.m. – 4:00 p.m. Session Four

Pistol - Bay 1 Rifle - Bay 2 Archery - Bay 3 Shotgun - Trap Range Western Heritage - Bay 4 Muzzle Loading – Bay 5

Lodging near the Safety First Shooting Association Range Facility

Turlock – 32 mile drive to range

Candlewood Suites - Group Discount \$109 one king bed, Group Discount \$119 two queen beds

1000 Powers Ct, Turlock CA 95380

Phone: (209) 250-1501,

Monte Vista Exit - adjacent to restaurants and shopping

Merced - 22 - 26 driving miles to range

Holiday Inn Express - \$139 is the regular rate for king or double queen rooms

151 S Parsons Ave, Merced CA 95341

Phone: (209) 384-3700

Courtyard Merced - \$109

Address: 750 Motel Drive, Merced, CA 95340

Phone: (209) 725-1221

Holiday Inn Express & Suites - \$90

Address: 151 S Parsons Ave, Merced, CA 95341

Phone: (209) 384-3700

Hampton Inn & Suites Merced - \$114

Address: 225 S Parsons Ave, Merced, CA 95341

Phone: (209) 386-1210

Best Western Plus Inn - \$82

1033 Motel Drive, Merced, CA 95341

Phone: (209) 723-2163

Ramada Merced - \$63

2010 E Childs Avenue, Merced, CA 95341

Phone: (209) 723-3121

Americas Best Value Inn - \$36

1212 V Street, Merced, CA 95341

Phone: (209) 723-3711

Travelodge Merced Yosemite - \$46

1260 Yosemite Pkwy, Merced, CA 95341

Phone: (209) 722-6224

Budget Inn - \$48

1215 R Street, Merced, CA 95341

(209) 722-2738

Motel 6 - \$48

1410 V Street, Merced, CA 95341

(209) 384-2181

Super 8

1983 E Childs Avenue, Merced, CA 95341

Phone: (209) 384-1301

2019 California 4-H State Archery Match

Nevada County is again hosting the state 4-H archery match. There are categories for Juniors (9-10), Intermediates (11-13), and Seniors (14+). Categories include longbow, recurve, and compound bow. Entries are due to Nevada County by April 20, 2019.

New this year: Entries may be paid for by council check, club check, or money order, instead of just by council check.

Important message from Jeanette Oliver, postal shoot coordinator, about targets, as sent to archery leaders: I would encourage all of you to take an inventory of your un-used/ reusable 80cm FITA postal targets. I know of a few clubs who actually did not use the targets I shipped them for 2018. Shipping costs for these big targets are ridiculously high so IF your club does not need targets shipped for 2019 - the entry fee will be \$4.00 per distance instead of \$5.00. If your club does not have enough targets on hand to complete your postal shoot - the cost will be \$5.00 per distance and you will receive one target for every \$5.00 entry fee. This is an "all or none" deal. I cannot charge \$4.00 per entry and still ship a small number of targets because you only need a few. If you would like to purchase extra targets from a local source, please make sure they are the 80cm FITA 10 ring targets.

For questions regarding payments or entry procedures please contact Jill Simmons - UCCE Nevada County (530) 273-4563 or icsammons@ucanr.edu

For questions regarding rules, filling out entry forms, targets, scoring, awards, etc. please contact Jeanette Oliver (530) 575-9572 or ilo63@comcast.net

Healthy Animals, Healthy People Workshop Series

In an effort to provide backyard livestock and poultry owners with the latest disease prevention and treatment information, the University of California Cooperative Extension and the School of Veterinary Medicine is hosting a series of workshops in Northern California titled Healthy Animals, Healthy People.

The workshops will feature talks given by UC faculty, veterinarians, and the HALTER Fund to provide valuable information and practical tools. Topics include:

- Biosecurity
- Animal health
- Emergency preparedness
- Veterinary feed directive (VFD)
- Antibiotic use under Senate Bill 27 (SB 27)

These workshops will provide an ideal opportunity for livestock and poultry owners to ask questions, raise concerns, and connect with each other, local veterinarians, and county farm advisors. We hope you can join us at the following location:

Alameda County — February 16, 2019, 9am-3pm at Urban Adamah

For more information and to register for this workshop, please visit

http://ucanr.edu/backyardlivestock

Because healthy animals need healthy people.

Handbook For New Families NEW!

This guide was developed to help new families understand the 4-H program. Please share a copy of this with new families in your club. If you have feedback for updates to this guide, please submit them to Sue McKinney at

lsmckinney@ucdavis.edu or call 661-868-6235. http://4h.ucanr.edu/files/271860.pdf

Save 15% at JOANN and support 4-H at the same time!

JOANN is supporting 4-H with a rewards "card" that gives holders 15% off their total in-store and online purchases!

A minimum of 2.5% of every eligible transaction is donated to 4-H.

Two ways to sign up:

- 1. Sign up online at http://www.joann.com/4-H/
- 2. Download the free JOANN app on your mobile device. Go to "More" and select "Loyalty Programs".

http://4h.uca Save 15% at JOANN and support 4-H at the same time! and issue a refund no later than the



Looking for a qualifying Horse Show for the 2017–2018 California 4-H Horse Classic? Visit our Equine Qualifier Events page. Hosting a Qualifying Horse Show? Register for it to be considered a qualifying show for the 2018 California 4-H Horse Classic. Please submit show results on the Classic Qualifying Show Results Sheet.



Shop 4-H for California!

Thanks to the <u>California 4-H Foundation</u>, we are now signed up for an affiliate program with Shop 4-H, the National 4-H shopping site. Items include t-shirts, curriculum, incentive items and more.

When you purchase anything using our link, 5% of your purchase will be returned to California 4-H!

Have you just graduated out of 4-H?

First of all, congratulations on moving to a new phase in your life!

Second, update your profile to join the Young Adult Opportunities mailing list.

We will send out sporadic emails about opportunities for young adults, such as

- scholarships and grants
- volunteer opportunities at statewide events such as SLC and Cal Focus
- opportunities in Washington DC, to work with National 4-H and USDA

Join the Young Adult Opportunities mailing list



Also, don't forget to join the California 4-H Foundation's Alumni and Friends mailing list to keep in touch as a 4-H Alumni (and friend!)

Join Alumni and Friends mailing list

State Fashion Revue 2019 June 1, 2019

The 4-H State Fashion Revue event is for all 4-H members. You don't need to sew to enter! Members construct or purchase an outfit of their choice which



fits into one of the entry categories, model in a fashion show, and participate in a variety of educational activities including community service.

Qualify at your County Fashion Revue

See your county 4-H newsletter or website for entry information for your County Fashion Revue. Junior, Intermediate, and Senior members who are County Winners in their County Fashion Revue, in the 5 State Categories, may qualify to advance to State Fashion Revue. Some counties offer additional categories, but these 5 are the ones that may advance to SFR.

2019 State Categories that do NOT require sewing:

- Consumer Science Purchased, \$40 limit
- The Make It Mine Challenge

These 2 categories are open to all 4-H members to enter, not just members enrolled in a Clothing and Textiles (Sewing) project.

2019 State Categories specifically for members in the Clothing and Textiles (Sewing) project:

- Traditional
- Retro/Historical Challenge
- The Box Challenge

See the <u>SFR event webpage</u> or the <u>2019 SFR brochure</u> f or category descriptions and **2019 service projects that all 4-H members can participate in**.

The state committee organizing SFR is actively planning the event and looking forward to meeting you!

See the State Fashion Revue event webpage for more information.

2019 National 4-H Beekeeping Essay Competition

Submission Deadline: March 1, 2019

Essay Topic: Honey Varietals, State to State



Each jar of honey reflects an unrepeatable combination of climate, soil, weather and flowers. Each state has unique honey varietals that beekeepers can market to their customers. Please identify one unique varietal to your state and discuss the flower's uniqueness and how beekeepers can effectively market that varietal.

In your essay, please include a photo of the varietal's flower, an interview with a local beekeeper who collects this varietal and a recipe that highlights the varietal.

Please see the complete competition details.

California 4-H Equine Field Day

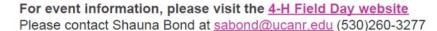
Saturday, Feb 2, 2019 9:00 AM – 3:30 PM Diamond Bar Ranch - Ceres, CA

Who should attend?

4-H Horse Leaders, Volunteers, Members, Parents and all Horse Enthusiasts

About this event

- Educational Sessions taught by great clinicians!
- You do not have to own a horse to attend!
- This educational event is a fundraiser for the Statewide 4-H Equine Programs.





California 4-H Equine Education Contest Day

Saturday, April 27, 2019 8:00 AM – 8:0 PM Fresno Ag Pavilion - Fresno, CA

New for 2019!!

The State 4-H Education Contests for Horse Judging, Hippology and Public speaking will be held on April 27th, 2019 at the Fresno Ag Pavilion from 8am-8pm.

2019 California State 4-H Horse Classic and Horse Bowl Contest

June 27 – June 30, 2019 Brookside Equestrian Park Elk Grove, CA

The California 4-H Horse Classic offers 4-H members the chance to showcase the culmination of their efforts put forth

in their equine projects throughout the year. At the State Championship Horse Show, 4-H riders have this opportunity to compete at a level beyond local, county or regional events. Participants must pre-qualify at **qualifying 4-H horse shows**.

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June 27 th : Horse Bowl Contest

June 28 th : English Flat and Jumping

June 29 th : Western Flat, Trail and Ranch Horse

June 30 th: Mini Horse and Gymkhana.

New to 2019

New this year is that Mini Horse classes will need to qualify. Ranch Horse division classes to include, ranch horse trail, ranch riding pattern, modified reining, western riding and ranch horse trail. Will have high point and reserve high point as well.

For more event information, please visit the <u>4-H Horse Classic webpage</u>
For contact information, please contact Shauna Bond at
sabond@ucanr.edu / (530)260-3277.

Keep up to date with Equine events; follow us on Facebook: California State 4-H Horse Classic

Home Ec. Field Day GENERAL Information

You will determine the year you are by what year in cooking you are currently enrolled in. (For ex., you just finished your first year in cooking, and are starting your second; you are a second-year cooking member.) All entries must have a table setting. The Themed Setting Contest is optional.

Your dish must include at least 50% of what your assigned ingredient is. ALL members MUST include a recipe card for your dish.

1st year cooking – You will be making a dish using fruits or vegetables. You MUST include a menu card ONLY to include one meal; it MUST have your dish included in it.

2nd year cooking – You will be making a grain dish with 4 or more ingredients. You MUST include a menu card ONLY to include one meal; it MUST have your dish included in it.

3rd year cooking – You will be making an appetizer (hors d'oeuvres) OR dessert that must include 6 or more ingredients. You MUST include a menu card ONLY to include one meal; it MUST have your dish included in it.

4th year cooking – You will be making a dish using any kind of meat or bean. You MUST include a menu card with a WHOLE DAY of meals, including snacks.

5th year cooking and above – A whole meal, must include three or more dishes. (ex. Main dish, side dish, salad.) Your meal needs to be balanced and designed around the ChooseMyPlate guidelines. You MUST include a menu card with a WHOLE DAY of meals, including snacks. *Include recipe cards for each of the dishes you prepare.*

Theme Setting Contest – This category can be entered by any year member. It is an extra that you can take part in if you choose. You MUST have your single place setting MATCH the type of food you cooked. (ex. If you cooked a Mexican food dish, you could have a fiesta place setting.)

Judging

After the judge's and member's orientation, the members will get their plate (or bowl) get in line, and place a small portion of food on their plate. They will take their plate back to their setting, and go to their assigned sessions. The judges will go through and taste all food, scoring and making notes as they go. After the judges are finished runners will start bringing members in for the interview process. When they are finished the members will take their plates to the kitchen to wash off, and then they will put their plate back, and go back to their sessions.

Awards

Specialty awards will possibly be given in the following categories:

(A Best Overall or Gloria Runyon Award MAY be given out in each category.)

1st Year Cooking

Best Fruit Best Vegetable

2nd Year Cooking

Best Rice/Pasta Dish
Best Whole-grain Dish (This dish must be made using whole grain-pasta, rice, or tortillas)

3rd Year Cooking

Best Appetizer Best Dessert

4th Year Cooking

Best Meat Best Bean

5th Year & Above Cooking

Aesthetic Value – (good use of color in your food)

Most Well Rounded (this would be the meal that best utilized the whole ChooseMyPlate guidelines.)

2019 Home Ec. Field Day Entry Form

Home Ec. Field Day February 9, 2019 – 3:30 p.m. Harvest Hall –Kern County Fairgrounds



You will determine the year you are by what year in cooking you are currently enrolled in. (For example you just finished your first year in cooking, and are starting your second; you are a second year cooking member.) You can find more detailed information you will need to follow within the various categories on the Home Ec. Field Day General Information flyer. This flyer can be found on our county website in the events page. ALL entries MUST have a table setting. (It does not have to be themed to match your food dish, unless you are choosing to enter in the optional 'Themed Category'). It is also mandatory that members include their recipe card and their menu planning sheet with their entry. These forms will be available for download on our county website, as well as be sent out via e-mail to members prior to the event...this is why it is so important

to provide a valid e-mail address on your entry!

You can also register online at: http://ucanr.edu/kernhomeecfieldday2019

You can a	lso register online at: http://ucanr.edu/kernhomeecfieldda	ay2019
Name:		
E-mail:		
Phone:	Age:	
Club:		
	Years in Food: (circle)	
	1 ^{st year} - Fruit or Vegetable 2 ^{nd year} – Grain Dish	
	3^{rd} year — Dessert or Appetizer	
	4 th year – Meat or Bean Dish 5 th year & Above – Whole Meal	VOM



Send entry form to the 4-H Office-1031 S. Mount Vernon Ave.-Bakersfield, Ca 93307 or Fax: 868-6208 ENTRIES MUST BE RECEIVED BY TUESDAY, FEBRUARY 5, 2019 by 3:00 pm

When feasible, all efforts are to be made to encourage and provide reasonable accommodations for persons with disabilities in 4-H Youth Development Program activities. Individuals who need to request special accommodations in order to participate in 4-H sponsored events and activities please contact Sue McKinney at the 4-H Office at 661-868-6235.



Kern County 4-H Fashion Revue Home Ec Field Day



Event Participant Information

Location: Harvest Hall, Kern County Fair Grounds

Date: Saturday, February 9, 2019

Check In Time: 3:30 p.m.

Start Time: 4:00 p.m.

Registration Deadline: Tuesday, February 5, 2019

Registration Process: You must register for this event using an online survey at:

http://ucanr.edu/kernfashionrevue2019

Divisions: Cloverbud (May enter Consumer Education category ONLY! Will not be judged)

Junior (9-10 years) Intermediate (11-13 years) Senior (14-18 years)

Category for Outfit:

Traditional Outfit/garment created by participant (member must be in sewing project)

Consumer Science Purchased \$40 limit for everything showing *including* shoes, jewelry and ac-

cessories, but not sales tax. Receipts are **required**, with purchases made during the 2018-2019 4-H year. Receipts can be handwritten if from garage sales, thrift shops, etc. (member does not have to be enrolled

in specific project to participate)

Special Categories to get ready for the State 4-H Fashion Revue at UC Davis on June 1, 2019

Box Challenge - Participants will sew one or more garments that contain 3 colors—red, white and blue. Also, choose from elements in the box. The box includes buttons, zipper, trim, contrast, or handmade accessory. (member must be in sewing project) See the State Fashion Revue Website (http://4h.ucanr.edu/4-H_Events/SFD/SFR/) for more information on this challenge.

Make it Mine Challenge—Participants will alter a commercial pattern or make their own pattern starting with a drawing or description of the design. Must explain which parts of original garment you modified and how they made the pattern and figured out how to create the garment. (member does not have to be enrolled in specific project to participate)

Retro/Vintage Inspired Challenge- Create an outfit that is inspired or looks like a vintage design using new fabric and notions. Design should be from before the year 2000. The entry must state the year or period of the design and include a drawing, photo or description of the inspiration of your outfit. At least one garment must be handmade by the member. Other parts of the outfit may be handmade or purchased but must represent the same era. (member must be enrolled in Sewing/Clothing/Textile project to participate)

A garment worn in one entry may not also be worn in a different entry.

****BRING YOUR COMMENTARY, AND YOUR SPECIFIC CATEGORY SUPPLEMENTAL FORMS/PICTURES WITH YOU TO HOME EC FIELD DAY!!!

More information about the categories can be found here: http://4h.ucanr.edu/4-H_Events/SFD/SFR/

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Kern County 4-H Fashion Revue Supplementary Entry Form Consumer Science – Purchased (maximum \$40.00 monetary limit)

Name	Ent	ry#:		60
tem Purchased	Where Purchased		Value	=
				-
				-
	-			<u>-</u>
				-
				.
				-
	Total Cost & Valu	ue \$	\$	-
These purchases will be used wit these occasions:	th my pre-existing wardro	bbe pieces in	the following ways	s and o
Attach on separate sheets				
☐ Copies of receipts☐ Your commentary				

Kern County 4-H Fashion Revue Supplementary Entry Form Traditional

Name		Entry#:		
Garment	Pattern Company & number	Fabric content	Cost of garment	
			\$	
			\$	
			\$	
			\$	
			\$	
			-	
Did you purch If yes, tell wha	nase any garments for your or at:	utfit (excluding undergarn	nents)?YesNo	
List accessori	es used:			
Attach on s	separate sheets			
☐ Your	commentary			



Updated Leader Orientation

For New Leaders, please visit the link below
New 4-H Volunteer Leaders

For Returning Leaders, please visit the link below Returning 4-H Volunteer Leaders



4-H uniform page http://4h.ucanr.edu/About/Uniform/

California 4-H Uniform Guidelines http://4h.ucanr.edu/files/216262.pdf

Leslie Carman 4-H Supplies http://www.4hsupplies.com/

California 4-H Branding Toolkit http://4h.ucanr.edu/Resources/ Branding_Toolkit/

California 4-H Dress Guidelines http://4h.ucanr.edu/files/210170.pdf

Food Safety Training Available ONLINE!

The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:

Website: http://ucanr.edu/sites/MISKIS/



4-H WEBSITES

http://cekern.ucdavis.edu/Youth Development/

http://www.areyouintoit.com

http://www.fourhcouncil.edu

http://www.4-h.org/fourweb

http://www.ca4h.org

4-H ENROLLMENT WEBSITE

https://california.4honline.com

4-H VOLUNTEER WEBSITE

http://ucanr.org/4-hvolunteers/

KERN COUNTY 4-H IS ON FACEBOOK!

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and 'like' us! We will post updates, important event reminders, announcements—all sorts of important things! It's the best way to keep up-to-date!