Water-Wise Gardening in a Drought Year

by Mary Buckley, Mendocino County UCCE Master Gardener

Drinking-quality water from your tap is a luxury beyond the reach of most humans who have ever lived! Drought years teach us to appreciate the water we have and become more water-wise in our habits.

University of California experts offer some of the following ideas for outdoor water conservation:

Water-Wise Vegetable Gardening

• **Do not expand vegetable beds** this year. Help drought-stressed local farmers by buying veggies at farmers' markets.

• Focus on infrastructure—compost bins, beds (non-raised), paths and paving (permeable), greywater systems (now legal in Mendocino County!) and water catchments. Windbreaks slow evaporation and save water (if they don't use any themselves).



Master Gardener Louisa Aronow stands on a "wood-chip sponge" in the Kol Ha'Emek Biblical Garden in Redwood Valley.

• Don't plant thirsty vegetables like berries, onions or corn. Try herbs,

root crops (if planted early) and early, fast-maturing veggies. Tomatoes, peppers and squash need less water than most people think.

- **Plant veggies close together** in blocks to shade the soil and optimize irrigated areas. Group plants with similar water needs, and water each group appropriately.
- **Mulch!** On paths and large dry areas, spread wood chips over cardboard, newspaper or landscape fabric. On veggie beds, spread straw or other clean organic material. Mulch lightly if rain still has a chance of soaking through, but heavily in summer.
- Row covers help retain moisture.

• **Strategic drip irrigation** uses less water than sprinkling. Position soaker hoses or drippers under mulch—water roots, not mulch or paths.

• Water at dusk or dawn. If a handful of soil holds together, or a screwdriver goes in easily, it doesn't need watering yet.

- Don't let weeds hog the water. This is a good year to tackle voracious competitors.
- Harvest promptly, as soon as vegetables are ripe. Compost plants as soon as they finish producing.
- **Rinse veggies in a bowl** instead of running water; use the rinsewater for plants. Do it outside for less lugging!
- Compost scraps instead of using the sink disposal; compost also retains water in the soil.

Water-Wise Landscaping

- Learn how your irrigation system works. Adjust schedules, emitter placement, etc. for optimal watering, and avoid runoff. Don't water sidewalks or neighbor's yards!
- Don't water in wind or sun. Only water plants you value most—and not until the soil is dry.
- Minimize fertilizer use, which stimulates growth and water demand.

• **Do not plant thirsty plants** like ferns, redwoods, or anything with "bog" or "marsh" in its name. Choose drought-adapted local-native or Mediterranean-climate plants.

• Aerate your lawn, mow higher, and leave clippings in place. Don't water until footprints stay visible (grass doesn't pop back). Better yet, let the lawn go brown—it's easy to reseed—or replace with xeriscape plants or rock mulch.

• **Do a leak check.** Turn off all water, then watch your meter. It should not change; if it does, you probably have a leak. Even a small leak wastes lots of water—finding and fixing it ASAP may significantly reduce your next bill!

Water-Wise Fruit Tree Tips

- Don't plant new fruit trees in a drought year. Young trees demand consistent watering.
- Mature apple trees can survive without water.

• **NO winter pruning** for most fruit trees (peaches are an exception), as pruning stimulates growth. Once fruit sets, prune carefully, then reduce summer watering.

• Thin young fruits early and severely. Think survival rather than harvest—don't expect big, juicy fruit this year.

• Make basins full of mulch 3' wide x 6" deep around the dripline of small trees (avoiding trunks), and fill with water every 2-3 weeks.

• Keep "tree buckets" in your kitchen and bath to collect water you're waiting to get hot, or any nontoxic water or ice that would otherwise go down the drain.

• Water trees with **dishwashing soakwater**: Soak dishes; squirt non-phosphate, low-sodium soap on a scrubber and wash dishes using soakwater and setting them in a sink or drainboard. Dump soakwater in bucket. Rinse dishes OVER the empty dishpan, creating new soakwater.

Train yourself to be water-wise, and find more ideas of your own!

RESOURCES:

Greywater-system info: s UC drought-info links: h Master Gardener helpline: d

scwa.ca.gov/graywater. http://cemendocino.ucanr.edu/Living_with_Drought/ anrmgmendocino@ucanr.edu or 463-6360.

