

COLUSA COUNTY 4-H NEWSLETTER

January 2019



UPCOMING EVENTS

<u>DATE</u>	<u>EVENT</u>	<u>PAGE</u>
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DECEMBER



24-Jan. 1	UCCE Colusa County Office closed for Holidays	
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JANUARY



4	Entry deadline for Presentation Day	3
12	County Presentation Day	3
16	4-H Council Meeting	9
19	Chico State Swine Field Day	5



FEBRUARY



13	Home Ec Review/Cooking Craze entries due	3
16	LEGO Workshop	7-8



MARCH



9	Home Ec Review/Cooking Craze	3
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"All our dreams can come true, if we have the courage to pursue them."

Nicole Marshall-Wheeler
Colusa, Sutter-Yuba Counties 4-H Advisor
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Aubrey Furukawa
Colusa County 4-H Program Representative
aefurukawa@ucanr.edu

Phone: (530) 458-0570



Aubrey's Announcements Record Book Workshop Last Call for T-Shirts & Sweatshirts!



AUBREY'S ANNOUNCEMENTS

Colusa County 4-H'ers! I hope you all had a wonderful 2018 and are looking forward to what 2019 has in store, coming up we have Presentation Day just around the corner on January 12th. Make sure you get your entries in on time! Need ideas for a presentation or need some help? Your project leaders and Community Club Leaders are a great resource for ideas and help when planning your presentation! I hope you are all enjoying your project meetings and are excited for the various county events we have coming up. Start thinking about Home Ec Review and the Cooking Craze Competition, last year we had 4 clubs participate in our Cooking Craze (Iron Chef/Chopped style cooking competition). We hope to see more teams this year!

RECORD BOOK WORKSHOPS

Thank you for all who attended our Record Book Workshop back in October. We would like to host another Record Book Workshop for those of you interested in keeping up with your Record Books as well as anyone who is interested in learning what Record Books are and how they can help you in your 4-H Career! Earn pins and stars for your hat and learn the important skills of record keeping, plus you have a compiled record of all your activities and accomplishments in 4-H! Please click the link below to let us know you're interested in this opportunity and we will contact you when we schedule a date.

Record Book Workshop interest survey: <http://ucanr.edu/survey/survey.cfm?surveynumber=26343>

LAST CALL FOR ORDERING T-SHIRTS & SWEATSHIRTS!

We will be placing the order for T-Shirts and Sweatshirts at the end of January. This will be the only order for the 2018-2019 program year, so get your orders into your club leader or the 4-H Office soon! We will not be keeping a stock of these at the 4-H office they are only available to pre-order. T-shirts are \$13.50 for both Youth and Adult sizes (+ \$1 for Adult 3XL) and Sweatshirts are \$38.50 for Youth sizes and \$42.50 for all Adult sizes (please see samples below).





Countywide Presentation Day

Home Ec Review



COUNTYWIDE PRESENTATION DAY

Colusa County Presentation Day will be held on Saturday, January 12, 2019 from 8:30 to 12 noon at Princeton High School, 473 State Street, in Princeton. Entries for Presentation Day will be due on Friday, January 4. Please read the 4-H manual for choosing which type of presentation you are planning to prepare! Check out the State 4-H Presentation manual [here](#). To fill out the entry for our County Presentation Day, click [here](#) to begin!

We are always looking for volunteers to help us at events! Click [here](#) to sign up to help us out!

HOME EC REVIEW

Date: March 9, 2019

Time: 9 am - Registration and Check In

Location: Maxwell Elementary School

Home Ec. Review is a day designed to provide members with the opportunity to showcase what they are learning within their project areas. They get public speaking practice while showcasing their projects and the chance to receive awards for their exhibits. We have various project categories you can participate in such as, Arts & Crafts, Cake Decorating, Leathercraft, Photography, Sewing, Quilting, Food/Nutrition, LEGO, Arts & Crafts Expo., etc. There is something for everyone and we encourage all members to participate, even Primary members (5-8 years old)!

Members may enter a table setting and a stand-alone entry in the same category. Members MUST be enrolled in the project to exhibit in the category (no exceptions).

Volunteers are also needed for Home Ec Review. Please call the office at 458-0570 or click [here](#) to sign up online if you are interested in helping us in any of the following! We so appreciate our volunteers!

Registration Table

Tabulation Room

Monitors

Runners

Reason's Judge

Judge for the entries: Arts and Crafts, Cake Decorating, Ceramics, Commodities, Floral Design, Foods & Nutrition, Cooking Craze Competition, Mini Gardens, Photography, Scrapbooking, etc.

Click [here](#) to enter online!



Cooking Craze!



Returning again this year at Home Ec. Revue, put those cooking skills to the test for our Cooking Craze challenge! Do you like watching cooking competition shows on TV like Iron Chef or Chopped? Have you ever wondered what it's like to be under time pressure and present a dish to the judges? Well, now you can experience it for yourself! We will be hosting Cooking Craze this year during Home Ec. Revue where you will have 1 hour to plan, prepare and plate a dish for a panel of judges using a secret meat and dairy product. You don't even need to be in a cooking project to participate, so gather a few of your friends and join us for our Cooking Craze competition!

TBD- We may be adding new categories this year! We will email out any updates as they become available.

If you are interested in helping us plan this event please contact Aubrey at aefurukawa@ucanr.edu.

Date: March 9, 2019, During Home Ec. Revue

Time: TBD

Teams: Up to 2 teams per Colusa County 4-H Club, with 2 to 4 members and 1 adult supervisor.

Secret Food Item: Each time will be provided with 1 secret meat product and 1 secret dairy product. (Advice will be provided if the teams are unfamiliar with the preparation of the food item)

Judging: There will be 3 independent judges. With one being a celebrity judge from a local restaurant here in Colusa!

Entries due by: February 13, 2019

Cooking will be indoors, with outdoor space available if needed for outdoor cooking equipment (BBQ's, etc.)

Additional items provided to each team include: Electric cooking pan, food preparation gloves, trash cans and bags, ice, fire extinguisher, basic seasonings (shared amongst all teams), preparation table and a first aid kit.

Recommended time schedule: (example)

15 min – Introduction and Instructions

Timer starts

5 min—Plan dish

15 min-Prep meat for cooking

20 min-Cook meat

15 min – Finish dish

5 min – Plating dish for judging

Judging starts



The score card will be as follows:

Taste/Flavor 50%

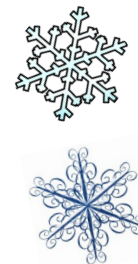
Originality 25%

Presentation 15%

Cleanliness 10%



JANUARY 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 UCCE Office closed	2 Maxwell 4-H, 6 Workshop	3	4 Entry dead- line for Pres. Day	5
6	7 Williams 4-H, 6:30	8	9	10	11	12 County Pres. Day
13	14 Colusa 4-H, 6 Arbuckle 4-H, 7 Princeton 4-H, 6:30	15	16 Council Mtg., 6:30	17	18	19 Chico State Swine Field Day, (TBA)
20	21 Martin Luther King Holiday, Office closed	22	23	24	25	26
27	28 Colusa Swine, 6	29	30	31		

COLUSA COUNTY 4-H CLUBS

Arbuckle 4-H Club meets at Arbuckle Elementary School Multipurpose Room, 2nd Monday of the month, 7:00 p.m.

Colusa Community 4-H Club meets at St. Bernadette's Hall, Gym/Multipurpose Room, on varying Mondays, 6:00 p.m.

Colusa 4-H Swine Club meets at the Colusa Industrial Properties Conference Room, on varying Mondays, 6:00 p.m.

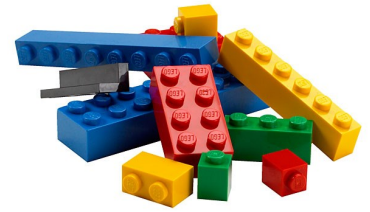
Maxwell 4-H Club meets at Maxwell Elementary School Multipurpose Room, 1st Wednesday of the month, 6:00 p.m.

Princeton 4-H Club meets at Princeton High School Cafeteria, 2nd Monday of the month, 6:30 p.m.

Williams 4-H Club meets at the Williams High School College & Career Center, 1st Monday of the month at 6:30 p.m.



FEBRUARY 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Williams 4-H, 6:30	5	6 Maxwell 4-H, 6	7	8	9
10	11 Colusa 4-H, 6 Arbuckle 4-H, 7 Princeton 4-H, 6:30	12	13 Home Ec Review entries due	14	15	16 LEGO Workshop
17	18 President's Day, office closed	19	20	21	22	23
24	25 Colusa 4-H Swine, 6	26	27	28		

CALL FOR COMMITTEE MEMBERS– WHICH ONE INTERESTS YOU?

The Colusa County 4-H Council has designed committees open to any and all **youth and adults** who participate in the 4-H Program. The goal of the committees is to provide leadership by developing and implementing new ideas and events. All the committees work in partnership with the 4-H Council and 4-H Youth Development staff, the bulk of the decision making, planning and implementation lies in the hands of the committee. This structure allows for input from both adults and members in crafting the programs and managements strategies to best serve the needs of the 4-H community. When possible, senior members should be appointed committee co-chairs. Sign up for one or more [here!](#)

Family & Consumer Science – Helps with Craft Expo, Home Ec Review/Cooking Craze, Fashion Review and the Colusa County Fair Still Exhibits. The committee plans where events will be held and makes changes to information given to members and evaluators at the event. After each event the committee meets to review evaluations to see if changes need to be made, and help incorporate new ideas.

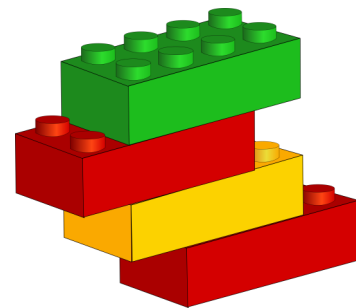
Leadership – Helps with County Presentation Day, County Ambassador Program, Scholarships for Higher Education, Record Book judging, and Community Service Learning Projects. The committee helps design applications, plan out various events and helps provide feedback and input about the events.

Animal Science – Helps with Small Animal Field Days, Colusa County Fair Livestock Barn Duties, Horse/Dog Shows, and other animal related events. Members help with the planning of events and help develop new ideas for future events.

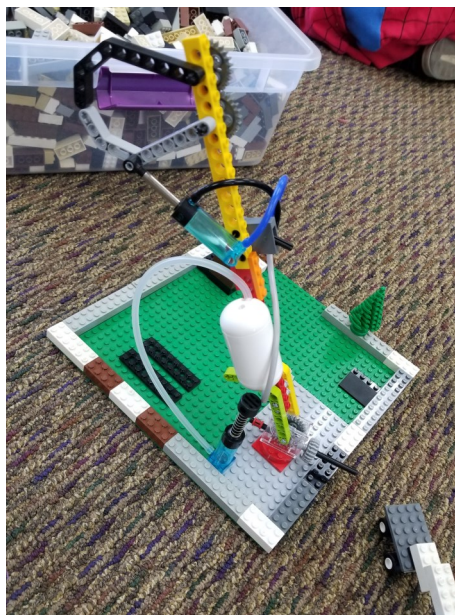




LEGO wORkShOp

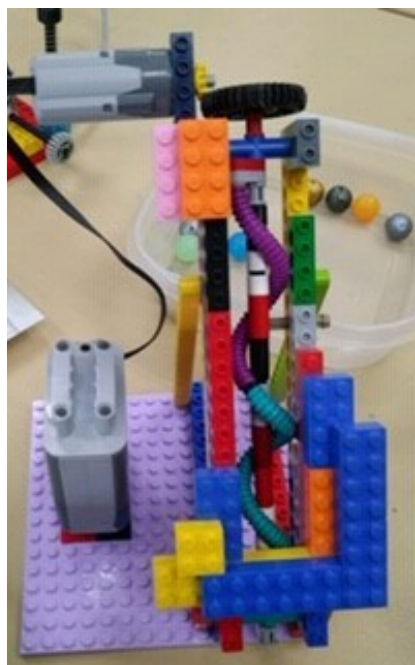
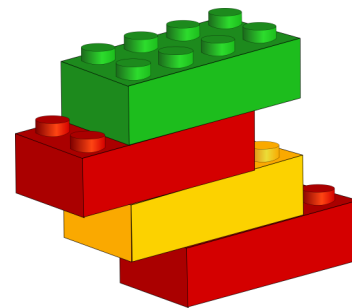


The December Lego Workshop was a huge success; we had 9 youth between the ages of 5 and 10 in attendance. They learned about pneumatics, which are things operated by compressed air. They each made their own claw contraption! They had to pump air into the holding tank, release it and see what they could pick up with their claw!





LEGO wORkShOp



The next LEGO workshop will be on February 16. The 5 to 8 year olds will be doing the Batman Tumbler. The 9 and up group will be making an Archimedes Screw that carries marbles up it! It will be fun to put them all together and watch the marbles race around!

Warm up for both groups will be a mosaic, because we added a new category to the fair book for LEGO, self portrait! It will give you one idea for how you can build it and display at fair!

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4-H Council Meetings



4-H COUNCIL

The 4-H Council assists the University of California Cooperative Extension in planning, promoting, and carrying out 4-H youth development work, by operating in compliance with UC policies and the Mission, Core Values, and Framework of the 4-H Youth Development Program.

Council members are encouraged to participate in the decision making for program operations, and the Council raises funds to support 4-H at the County level.

Council develops mechanisms for providing training and support of adult volunteers and youth.

Is your Club represented at Council meetings?



Club	July	Sept	Nov.
Arbuckle	X	X	X
Colusa Community	X	X	X
Colusa Swine	X	X	X
Maxwell	X		
Princeton	X	X	X
Williams		X	X



The next Council meeting is Wednesday, January 16, at 6:30 p.m. in the CIP Conference Room. Please contact your Community Club Leader if you are interested in being involved with your 4-H Council. We encourage participation of all leaders, members, and parents.





Spark Surveys & School Enrichment



HAVE YOU TAKEN THE SPARK SURVEY?

If you use the online record book, log in to complete the Spark Surveys and tell all about yourself!

Your Spark Survey responses help to learn that:

81% of youth report positive relationships in 4-H

99% of youth report they like helping their community

82 % of youth report they like science

Spark Surveys are open October 1 through January 31, 2018



**Now
Available!**

SCHOOL ENRICHMENT

This year we are launching some of our new STEM school enrichment kits available to all teachers in Colusa County!

Entomology in the Classroom (recommended grade range 3-6th) – This 6 part series teaching youth about the fascinating world of insects through learning about their different parts and stages of life through a hands on live lifecycle in your classroom! The series includes, Painted Lady Butterflies, Ladybugs, Silkworms, Praying Mantids and Ants. You can choose to have all of the kits or just one if you like, each kit is \$20 to cover the costs of the live animals and refilling the kit.

Junk Drawer Robotics (recommended grade range 6-9th) – Teach youth how to build robotics with items you can find around your house! In Junk Drawer Robotics: Robots on the Move, you will design and build machines that roll, slide, draw or move underwater and explore robot mobility – movement, power transfer and locomotion. Each kit is \$25 to refill the kit with required supplies.

Chicks in the Classroom – Youth learn about the reproductive process of chickens as they study the development of chicks through their 21 day incubation process. Watch the chicks enter the world as they hatch right in front of your students eyes! Everything needed is included in this kit, teacher is responsible for supplying their own fertilized eggs, resources will be provided.

Check out our website to learn more about these exciting new kits!

School Enrichment website: http://cecolusa.ucanr.edu/4-H_Program/School_Enrichment/





January Birthdays

State Registration deadlines extended



Happy Birthday to you!



***Addi Reese Rickey * Adrian Melendrez * Aileen Myers ***

***Amelia LaGrande * Aubrey Hagle * Bailee Haywood ***

*** Carlos Franco * Chase Friel * David Garcia * Dylan Fleming ***

***Elizabeth White * Eriberto Galvan Lara * Esmeralda Velazquez ***

*** Gia Rudiger * Hanna Baird * Isaac Tirado * J.W. Klugh ***

*** Jamison Porter * Justin Fleming * Kali Burgess * Kirk Shahan ***

*** Landon Hampton * Lylah Barrett * Marely Garcia * Mollie Ellebracht ***

*** Octavio Garcia * Rachel Shadley * Salvador Martinez ***

*** Scott Stephens * William Dafoe * Zachary Fermin ***

*** Zuleima Miramontes ***



CHANGES IN REGISTRATION DEADLINES!

REGISTRATION EXTENDED TO 1/02

Northern-Sly Park Feb 1-3 Ages 11-16 (designed for ages 11-13) \$110	Bay/Coast-Walker Creek Jan 18-20 Ages 11-19 \$135
Central-Wonder Valley Jan 25-27 Ages 11-14 \$145	Southern-Pathfinder Jan 18-20 Ages 11-19 (designed for ages 11-13) \$135

University of California
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Deadline extended to Jan. 2!

http://4h.ucanr.edu/4-H_Events/Summits/

CITIZENSHIP WASHINGTON FOCUS (ages 15-19)

Register online by Dec. 16!

http://4h.ucanr.edu/4-H_Events/WF/

LEADERSHIP WASHINGTON FOCUS (ages 12-14)

Register online by Dec. 16!

http://4h.ucanr.edu/4-H_Events/LWF/

Click on any of the links to find out more about that particular event!





THE 4-H PLEDGE

Every day I use what I
learned and practiced in 4-H.
It was the best activity of my
youth and life!
-4-H Member

I pledge my...

HEAD to clearer thinking,
HEART to greater loyalty,
HANDS to larger service,
HEALTH to better living,
for my club,
my community,
my country,
and my world.

Yo prometo

mi mente para pensar claro,
Mi corazón para ser leal,
Mis manos para servir mejor,
y mi salud para vivir mejor,
en mi club,
mi comunidad,
mi nación,
y mi mundo



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