

# Who supports Community Supported Agriculture (CSA) in California? Comparisons of current and former CSA members

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#### Outline

- Background, research questions, and methods
- Analysis
  - Current and former CSA members' backgrounds
    - 1) demographics & 2) relationships to food
  - Comparison of current and former CSA members' membership experiences
    - 1) reasons for joining, 2) importance of and satisfaction with CSA attributes & 3) conditions interfering with membership
  - Former members
    - 1) reasons for discontinuing & 2) interest in joining a CSA again
  - Current members
    - 1) information sources influencing decision to join, 2) impacts of membership, & 3) willingness to pay more
- Conclusion

### Background

- Almost all studies of CSAs involve case study (intensive) methods, which are suited for understanding the causal mechanisms behind social and socio-ecological configurations
  - Very few studies examine CSAs using extensive methods, which allow for generalizability about populations
- Studies of CSA membership typically only gather data on current members, not former members
- Our study sought to fill these gaps by focusing on California

#### Research questions

- Who are current and former CSA members and/or member households in terms of gender, race/ethnicity, education, income, and age?
- Why did current and former CSA members join a CSA?
   How satisfied are/were they with various attributes of
   their CSA? What conditions interfere with CSA
   participation?
- Are current CSA members willing to pay more for their share, especially when considering fair farmer salaries?

#### Methods

- We asked all CSAs in California to share links to our survey of current CSA members and former CSA members
  - for the current member survey:
    - n = 1,149 for individual responses, from 41 different CSAs (out of 249); of these 41 farms, 11 have fairly representative samples (between 20% and 76%, average 31%)
  - for the former member survey:
    - n = 409 for individual responses, from 27 different CSAs (out of 249)
- To our knowledge these are the largest current and former CSA member surveys yet done, and the data is roughly representative of CSA membership statewide (but we are unable to determine the member population overall)

# Background of current and former CSA members

- We asked members a wide array questions regarding:
  - demographics
  - their use of food support (from government programs to emergency food sources)
  - enjoyment of food-related activities

# Current & former CSA members: demographics

- Gender
- Race and ethnicity
- Education
- Income
- Age

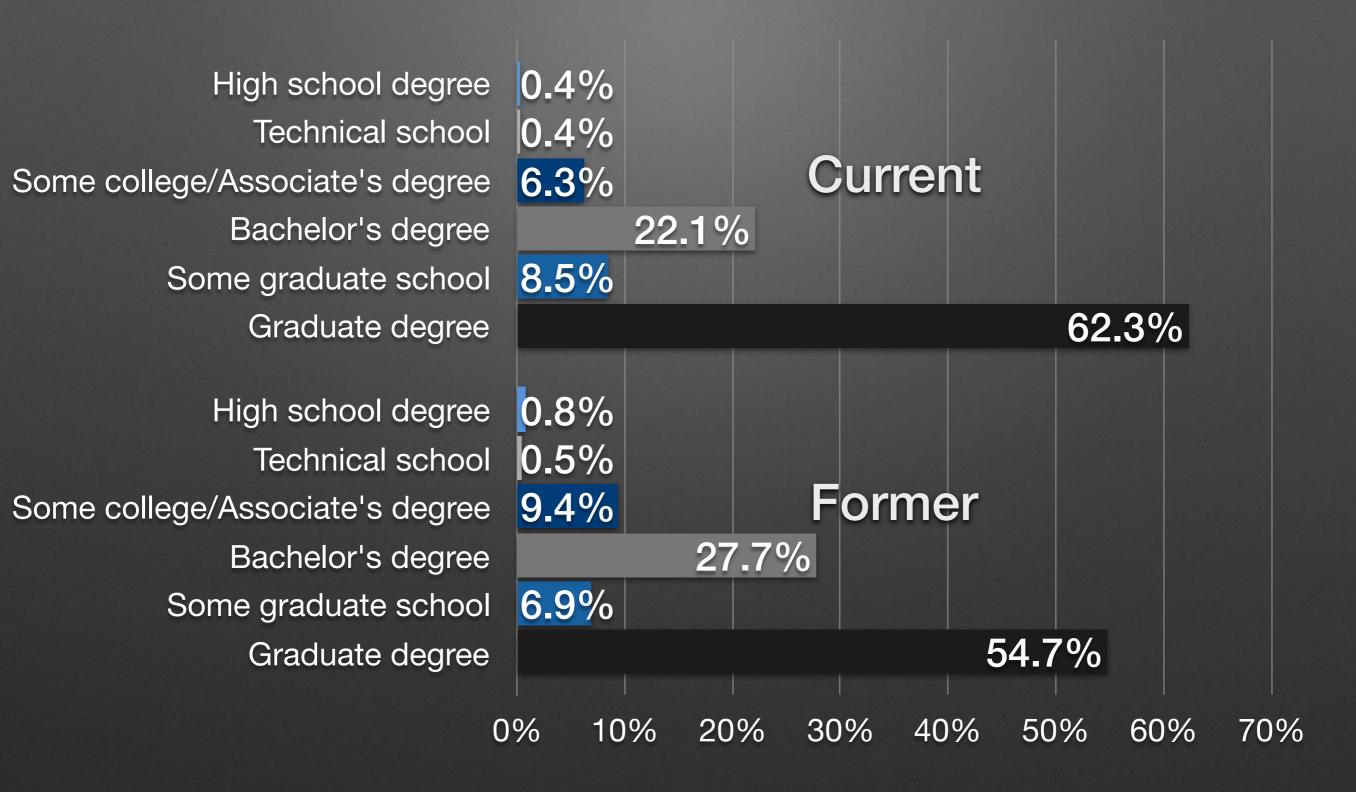
## Gender of respondent

Current	Former
%	%
83.6%	86.1%
15.6%	13.9%
0.2%	_
0.1%	_
0.1%	_
	% 83.6% 15.6% 0.2% 0.1%

# Race and ethnicity of respondent

	Current	Former
	%	%
White alone, not Hispanic or Latino	83.0%	76.9%
Hispanic or Latino	5.3%	6.1%
Black or African American alone	1.4%	1.4%
Asian alone	7.6%	10.8%
More than one race indicated	6.4%	6.1%
American Indian and Alaska Native alone	0.1%	0.3%
Native Hawaiian and Other Pacific Islander alone	0.2%	0.3%

# Education (household member with the most formal education)



## Household gross income

Current

Former

```
More than $100,000

58%

Under $25,000

3%

$25,000-$50,000

$50,000-$100,000

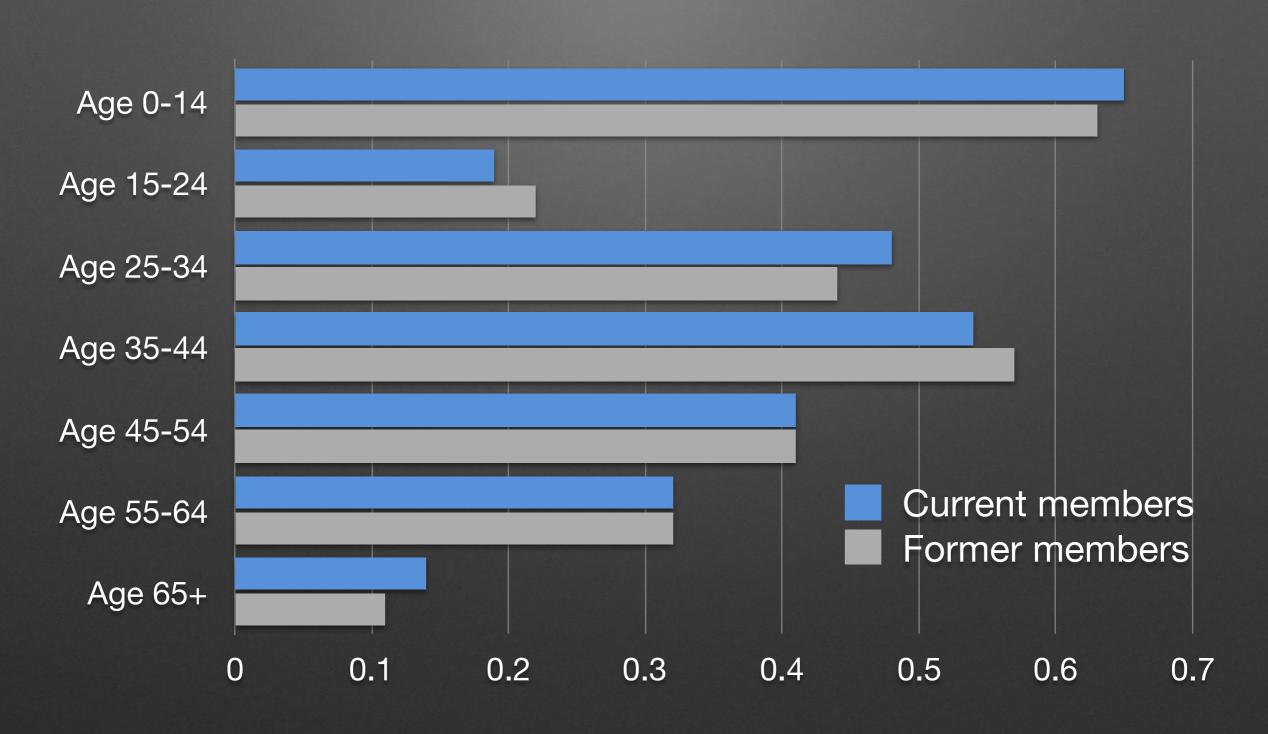
30%
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```
More than $100,000
61%
Under $25,000
$25,000-$50,000
$50,000-$100,000
27%
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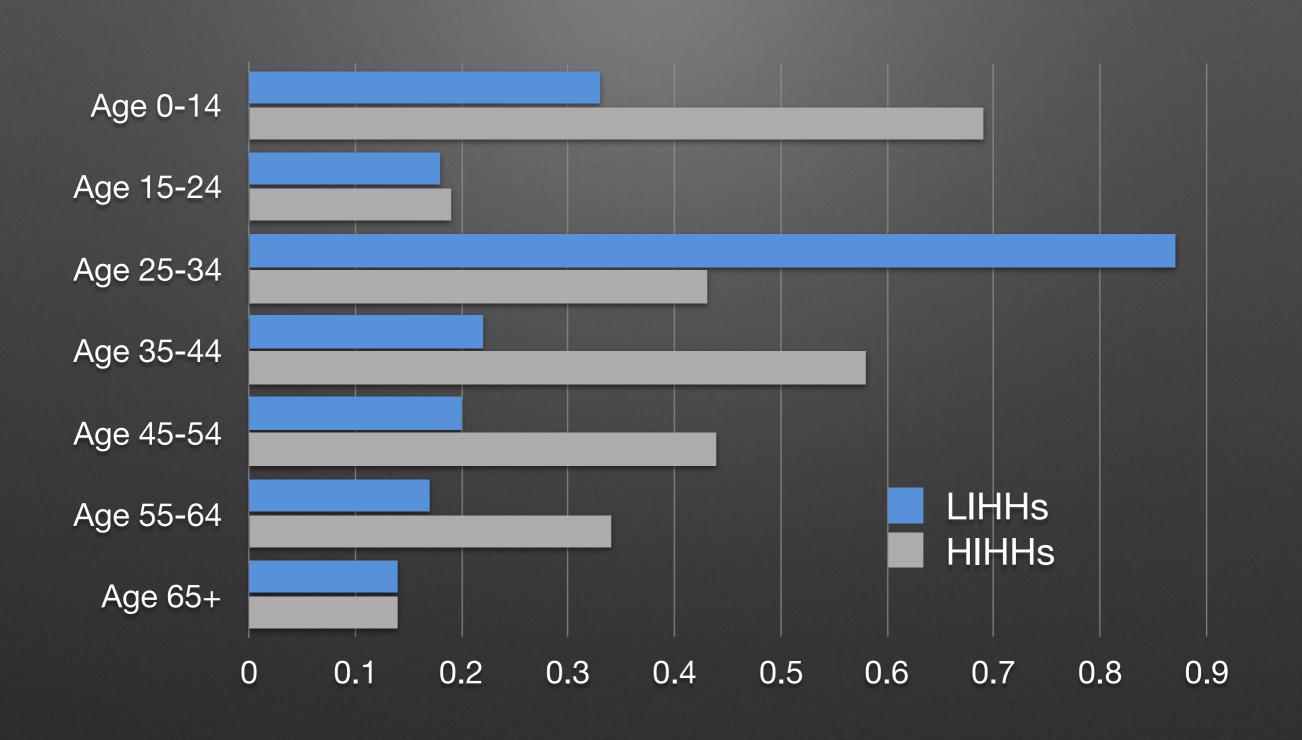
### Household Size & Age

- HH size
  - Current: mean = 2.7, median = 2, min = 1, max = 16
  - Former: mean = 2.7, median = 2, min = 1, max = 7
- HH average age
  - Current: mean = 37.5, median 31.5; Former: mean = 37.7, median 34
  - Former: mean = 37.7, median 34

# Average number of household members of various ages



# Average number of household members of various ages, by income



## Comparative snapshot

	US Pop.	CA Pop.	CA Current CSA Member	CA Former CSA Member
White alone, not Hispanic or Latino	62.6%	39%	83.0%	76.9%
Hispanic or Latino	17.1%	38.4%	5.3%	6.1%
Black or African American alone	13.2%	6.6%	1.4%	1.4%
Asian alone	5.3%	14.1%	7.6%	10.8%
American Indian and Alaska Native alone	1.2%	1.7%	0.1%	0.3%
Native Hawaiian and Other Pacific Islander	0.2%	0.5%	0.2%	0.3%
Female persons	50.8%	50.3%	83.6%^	86.1%^
Persons 65 years and over	14.1%	12.5%	<b>5.1</b> %	4.2%
Persons per household	2.63	2.94	2.73	2.70
High school graduate or higher	86.0%	81.2%	100%^^	100%^^
Bachelor's degree or higher	28.8%	30.7%	92.9%^^	89.1%^^
Median household income	\$53,046	\$61,094	\$125,000*	\$125,000*
Persons in poverty	14.5%	16.8%	3%**	1.6%**

US & CA data from US Census Bureau, July 2013 estimates

# Current & former CSA members: food relationships

- Household use of food support
- Enjoyment of food activities

## Household use of food support

	Current		For	mer
	Mean	St Dev	Mean	St Dev
Any use of below food support sources	2.2%	0.15	2.8%	0.16
CalFresh (a.k.a. food stamps, SNAP - Supplemental Nutrition Assistance Program)	0.9%	0.09	1%	0.1
reduced cost or free school meals	0.9%	0.09	1.3%	0.11
produce prescription from a doctor or nurse	0.8%	0.09	1%	0.1
WIC - Women, Infants and Children	0.4%	0.07	0.5%	0.07
food bank or food pantry	0.3%	0.05	0.5%	0.07
soup kitchen or similar meal program	0.2%	0.04	0	0
other free or reduced cost food from organizations or government	0.1%	0.03	0.3%	0.05
Farmers Market Nutrition Program	0.1%	0.03	0.3%	0.05

### Enjoyment of food activities

	Current		Former			
	Mean	St Dev	Median	Mean	St Dev	Median
cooking and food preparation	4.6	0.6	5	4.4	8.0	5
learning about cooking, food preparation, and/or preserving	4.5	0.7	5	4.3	8.0	4
gardening	4.1	0.9	4	3.9	1.1	4
preserving food	3.8	8.0	4	3.5	0.9	4
shopping for food	3.7	0.9	4	3.4	1.1	4
fishing, hunting, and/or foraging	3.4	1.1	3	2.7	1.3	3

Level: 5=greatly enjoy, 4=enjoy, 3=neutral, 2=dislike, 1=greatly dislike

### Background comparisons

- Current members are more likely to be white (alone, non-Latino) than former members, and less likely to be Asian than former members
- Current members are more likely to have graduate degrees
- Former members have slightly higher incomes on average
- Household age compositions are the same

# Comparison of CSA membership experiences

- We asked current and former members questions about:
  - reasons for joining
  - how important various CSA attributes are to them, and how satisfied they are with them
  - conditions they face that interfere with CSA participation

## Reasons for joining

	Current			Former		
	Mean	St Dev	Median	Mean	St Dev	Median
to obtain high quality, fresh food	8.3	2.3	9	8.3	2.3	9
to support alternative/organic agriculture	6.8	2.5	7	6.3	2.7	7
to improve my health or my family's health	6.4	2.6	7	6.6	2.6	7
for environmental benefits (e.g. reduce food miles)	6.2	2.4	6	6.0	2.7	6
to support local farmers' livelihoods	5.9	2.5	6	5.6	2.8	6
to obtain safe food	5.3	2.6	5	5.4	2.9	6
for convenience	4.5	3.0	4	5	3.2	5
to be part of a community or build community	4.2	2.5	4	4.2	2.8	4
to improve farmworkers' working conditions	4.2	2.2	4	3.9	2.3	4
to save money on food	2.9	2.5	2	2.7	2.5	2

Forced ranking, 10 is top, 1 is bottom

# Current members: importance of & satisfaction with CSA attributes

	Importance	Satisfaction	Gap (Sat-Imp)
high quality produce	4.9	4.8	-0.2
the farm's agricultural practices (e.g., organic)	4.6	4.7	0.1
appropriate quantity of food in the share	4.4	4.6	0.2
convenient pickup/delivery location	4.3	4.6	0.3
health, dietary, &/or lifestyle impacts from membership	4.0	4.6	0.6
appropriate diversity of products in the share	4.3	4.3	0.0
affordability	3.9	4.2	0.3
short transportation distances for produce	3.8	4.4	0.6
ease of communication with CSA staff/farmer	3.6	4.4	0.9
ability to choose share items/content	2.7	3.7	1.0
knowing my farmer personally	2.6	3.9	1.2
sense of community in the CSA (incl. member events)	2.6	3.8	1.3
newsletter	2.6	4.1	1.6

#### **Current members: Ranked by importance**

	Importance	Satisfaction	Gap (Sat-Imp)
high quality produce	4.9	4.8	-0.2
the farm's agricultural practices (e.g., organic)	4.6	4.7	0.1
appropriate quantity of food in the share	4.4	4.6	0.2
convenient pickup/delivery location	4.3	4.6	0.3
health, dietary, &/or lifestyle impacts from membership	4.0	4.6	0.6
short transportation distances for produce	3.8	4.4	0.6
ease of communication with CSA staff/farmer	3.6	4.4	0.9
appropriate diversity of products in the share	4.3	4.3	0.0
affordability	3.9	4.2	0.3
newsletter	2.6	4.1	1.6
knowing my farmer personally	2.6	3.9	1.2
sense of community in the CSA (incl. member events)	2.6	3.8	1.3
ability to choose share items/content	2.7	3.7	1.0

#### Current members: Ranked by gap

	Importance	Satisfaction	Gap (Sat-Imp)
high quality produce	4.9	4.8	-0.2
appropriate diversity of products in the share	4.3	4.3	0.0
the farm's agricultural practices (e.g., organic)	4.6	4.7	0.1
appropriate quantity of food in the share	4.4	4.6	0.2
convenient pickup/delivery location	4.3	4.6	0.3
affordability	3.9	4.2	0.3
health, dietary, &/or lifestyle impacts from membership	4.0	4.6	0.6
short transportation distances for produce	3.8	4.4	0.6
ease of communication with CSA staff/farmer	3.6	4.4	0.9
ability to choose share items/content	2.7	3.7	1.0
knowing my farmer personally	2.6	3.9	1.2
sense of community in the CSA (incl. member events)	2.6	3.8	1.3
newsletter	2.6	4.1	1.6

# Former members: importance of & satisfaction with CSA attributes

	Importance	Satisfaction	Gap (Sat-Imp)
high quality produce	4.9	4.3	-0.6
the farm's agricultural practices (e.g., organic)	4.3	4.3	-0.1
appropriate quantity of food in the share	4.5	3.8	-0.7
convenient pickup/delivery location	4.3	3.9	-0.4
health, dietary, &/or lifestyle impacts from membership	3.8	4.2	0.4
appropriate diversity of products in the share	4.3	3.4	-0.9
affordability	4.0	3.5	-0.5
short transportation distances for produce	3.6	4.1	0.5
ease of communication with CSA staff/farmer	3.2	3.9	0.6
ability to choose share items/content	3.6	3.0	-0.5
knowing my farmer personally	2.3	3.4	1.1
sense of community in the CSA (incl. member events)	2.2	3.4	1.2
newsletter	2.3	3.6	1.4

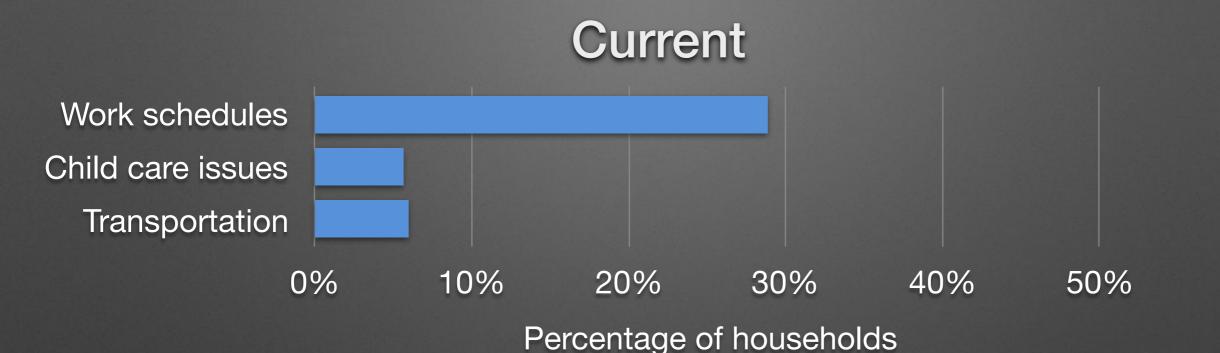
#### Former members: Ranked by importance

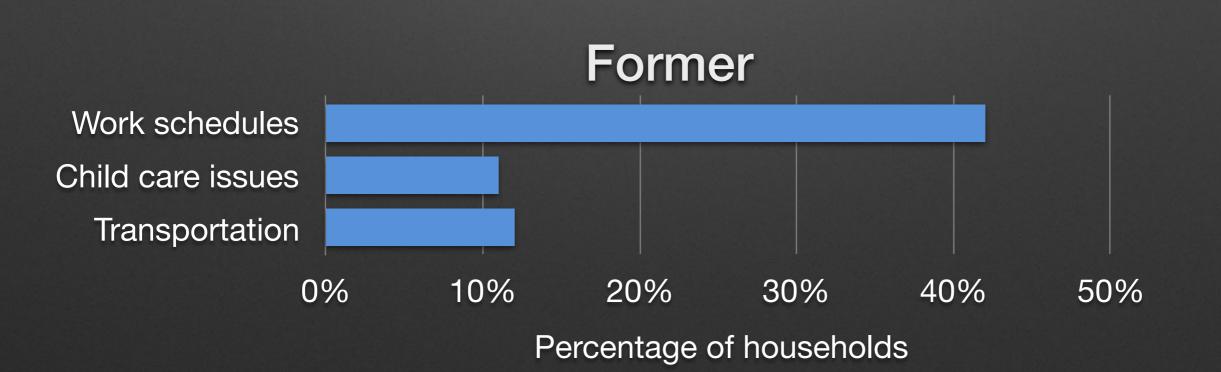
	Importance	Satisfaction	Gap (Sat-Imp)
high quality produce	4.9	4.3	-0.6
appropriate quantity of food in the share	4.5	3.8	-0.7
the farm's agricultural practices (e.g., organic)	4.3	4.3	-0.1
convenient pickup/delivery location	4.3	3.9	-0.4
appropriate diversity of products in the share	4.3	3.4	-0.9
affordability	4.0	3.5	-0.5
health, dietary, &/or lifestyle impacts from membership	3.8	4.2	0.4
short transportation distances for produce	3.6	4.1	0.5
ability to choose share items/content	3.6	3.0	-0.5
ease of communication with CSA staff/farmer	3.2	3.9	0.6
knowing my farmer personally	2.3	3.4	1.1
newsletter	2.3	3.6	1.4
sense of community in the CSA (incl. member events)	2.2	3.4	1.2

#### Former members: Ranked by gap

	Importance	Satisfaction	Gap (Sat-Imp)
appropriate diversity of products in the share	4.3	3.4	-0.9
appropriate quantity of food in the share	4.5	3.8	-0.7
high quality produce	4.9	4.3	-0.6
affordability	4.0	3.5	-0.5
ability to choose share items/content	3.6	3.0	-0.5
convenient pickup/delivery location	4.3	3.9	-0.4
the farm's agricultural practices (e.g., organic)	4.3	4.3	-0.1
health, dietary, &/or lifestyle impacts from membership	3.8	4.2	0.4
short transportation distances for produce	3.6	4.1	0.5
ease of communication with CSA staff/farmer	3.2	3.9	0.6
knowing my farmer personally	2.3	3.4	1.1
sense of community in the CSA (incl. member events)	2.2	3.4	1.2
newsletter	2.3	3.6	1.4

# Conditions interfering with CSA membership





# Comparing members' experiences

- Current members rate supporting alternative/organic agriculture very highly, while former members rate improving health more highly
- Current members have only minor gaps between importance and satisfaction, while former members have more gaps that are wider, especially around diversity of product, product quantity, product quality, ability to choose share content, and affordability
- Former members experience much more interference to CSA participation from work, child care, and transportation

#### Former members

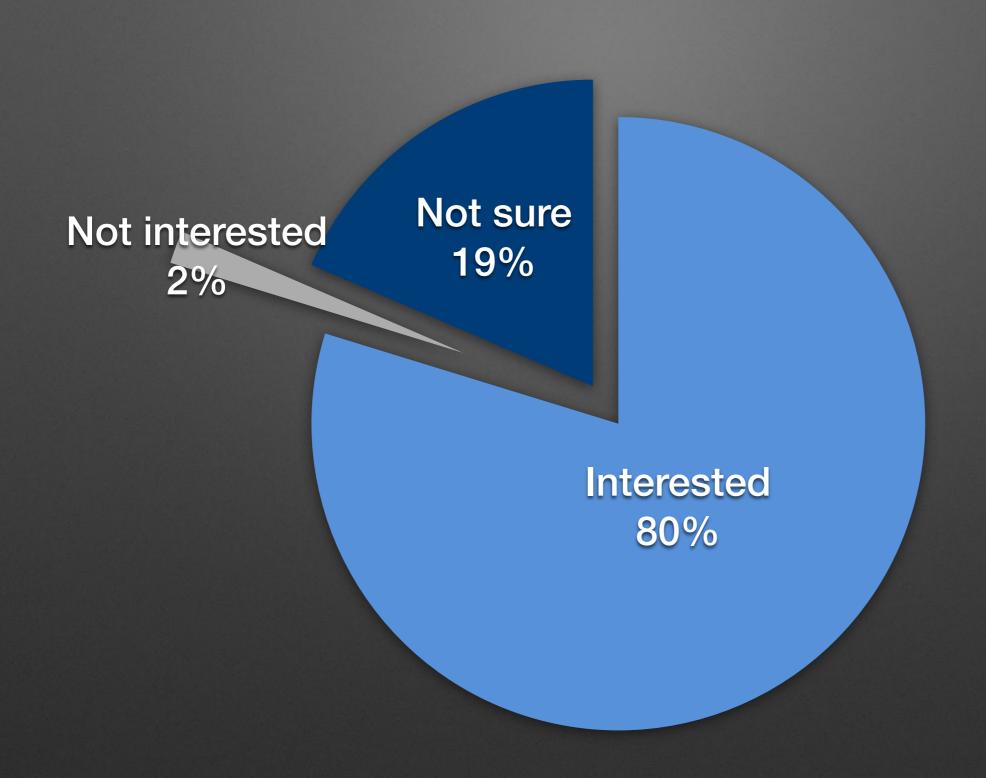
- We asked former CSA members about:
  - their reasons for discontinuing
  - their interest in joining another CSA

### Reasons for discontinuing

	Agree	Neutral	Disagree	Mean	St Dev	Median
The product mix did not meet my needs	47%	18%	35%	2.9	1.2	3
Lack of choice about products included	41%	18%	41%	3.0	1.3	3
Too little diversity in products in the share	33%	23%	44%	3.2	1.2	3
Lack of choice about quantity and/or frequency	23%	19%	58%	3.4	1.2	4
Lack of time for cooking or processing the food	27%	17%	56%	3.5	1.2	4
Price per box is too high	21%	25%	54%	3.5	1.1	4
Too low of a value	19%	26%	56%	3.5	1.1	4
Inconvenient to pick up or receive the share	25%	12%	63%	3.6	1.3	4
Too much food in the share	19%	16%	65%	3.6	1.1	4
Lack of knowledge for food preparation	17%	14%	69%	3.8	1.1	4
Too little food in the share	11%	18%	71%	3.9	1.0	4
Payment period is too long	3%	21%	77%	4.0	8.0	4

Range: 1 is strongly agree and 5 is strongly disagree

## Interest in joining a CSA again



#### Current members

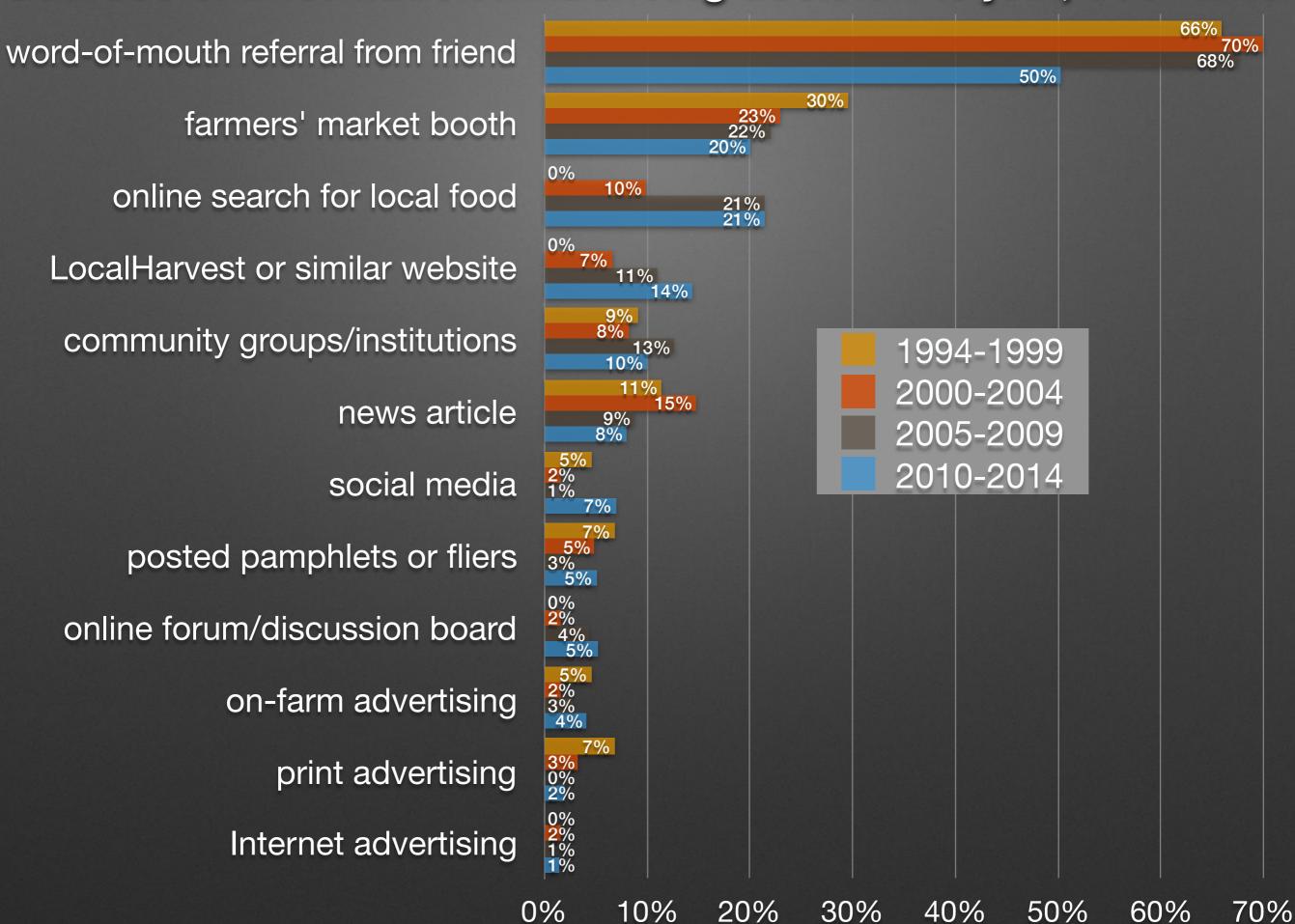
- We asked current members about:
  - sources of information influencing the decision to join
  - impacts of membership
  - willingness to pay more for their share

# Sources of information influencing decision to join

	Mean	St Dev
word-of-mouth referral from friend	55%	0.50
farmers' market booth	21%	0.41
online search for local food (e.g., Google, Yahoo, Bing)	20%	0.40
LocalHarvest or similar website for finding local food and CSAs	13%	0.33
community groups and institutions (e.g., churches, schools)	10%	0.30
news article	9%	0.28
social media (e.g., Facebook, Twitter)	5%	0.23
posted pamphlets or fliers	5%	0.21
online forum/discussion board	5%	0.21
onfarm advertising (e.g., at a farm stand or youpick place)	4%	0.19
print advertising (e.g., newspaper, magazine)	2%	0.14
Internet advertising (e.g., banners or sponsored search results)	1%	0.11

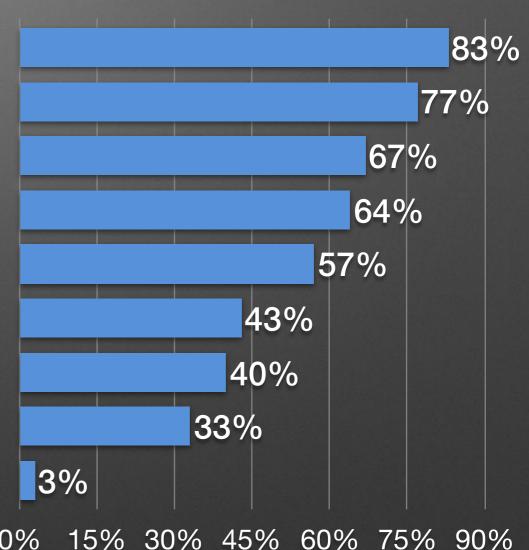
Respondents could choose more than one

#### Sources of information influencing decision to join, over time



### Impacts of membership

increased my vegetable consumption
improved my diet
spend more time cooking or preparing food
greater awareness of ag & envir'l issues
reduced my time spent shopping for food
go out to eat less often
increased my fruit consumption
save money overall on my food purchases
increased my meat consumption



### Willingness to pay more

- We asked members how much they currently pay and how much they consider it worth, then calculated the difference as a percentage of their current payment
- We then asked members how much they'd be willing to pay for their share to provide a fairer salary for the farmer(s)

### Willingness to pay more

- A large portion, 41.2%, said their CSA share was worth more than they pay (more details on next slide)
  - on average, members thought the share was worth
     12.4% more than what they pay
- The vast majority (74.6%) said they'd be willing to pay more for their share
  - on average, members said they'd be willing to pay
     19% more than what they pay

### Monetary value of CSA share, n=983

	%
Worth more than what pay	41.2%
Worth the same as what pay	46.1%
Worth less than what pay	12.6%

	%
Worth 50%+ more	8.2%
Worth 25%-50%	10.8%
Worth 1-25% more	22.2%
Worth the same	46.2%
Worth 1-25% less	8.3%
Worth 25-50% less	4.3%

### Willingness to pay more to provide fairer farmer salary, n=881

	Percentage
Willing to pay more	74.6%
Willing to pay the same	24.5%
Willing (still want) to pay less	0.8%

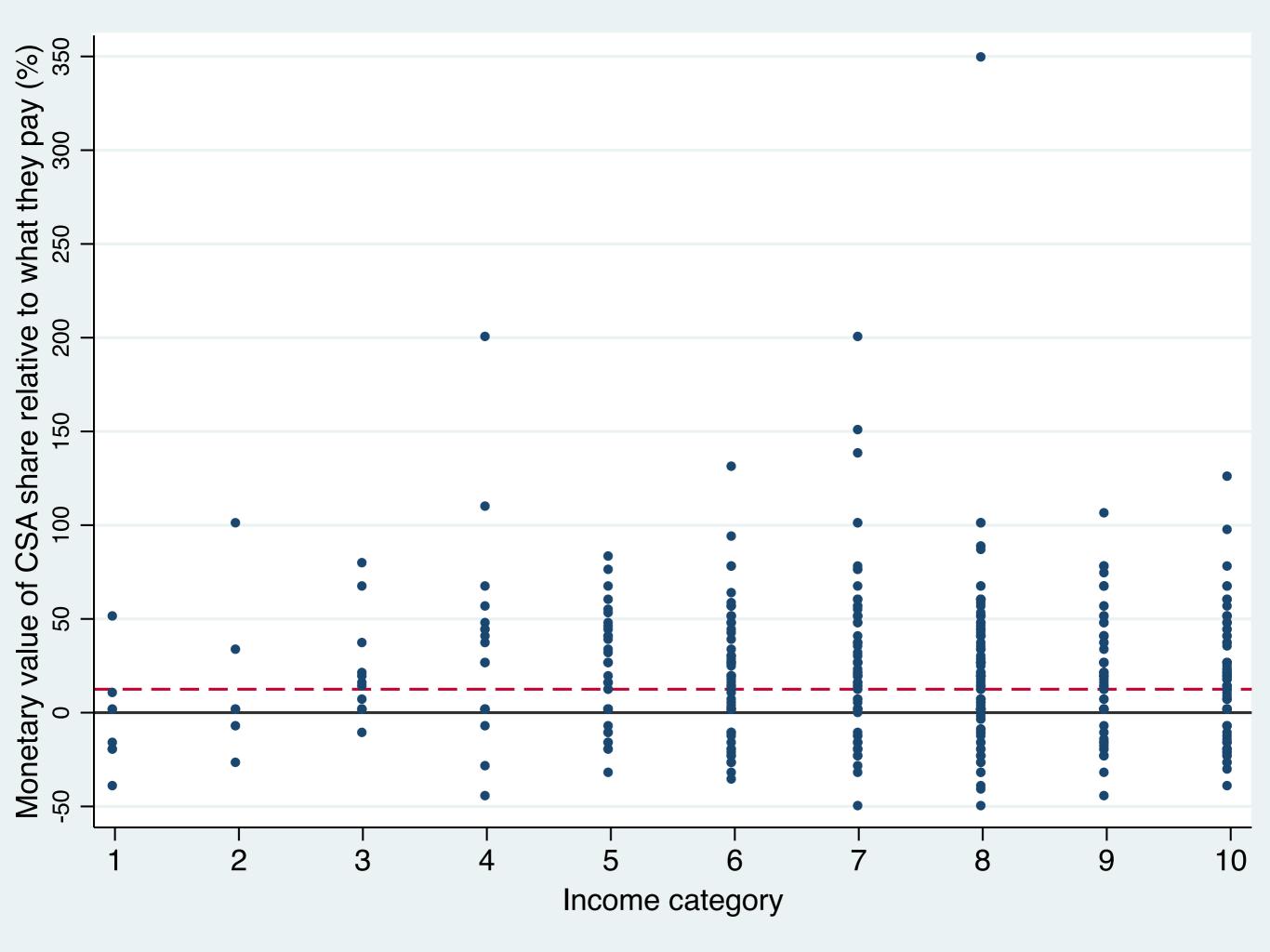
	%
Willing to pay 50%+ more	4.8%
Willing to pay 25%-50% more	15.2%
Willing to pay 1-25% more	54.6%
Willing to pay the same	24.6%
Willing to pay 1-25% less	0.5%
Willing to pay 25-50% less	0.3%

# Monetary value of CSA share by income category

Income category	Mean	St Dev	25th %ile	Median	75th %ile	N
Less than \$10,000	-4.6%	27.0%	-20.0%	-8.3%	4.8%	8
\$10,000 to \$14,999	13.9%	42.1%	-7.4%	0.0%	33.3%	7
\$15,000 to \$24,999	16.1%	25.9%	0.0%	5.9%	20.0%	15
\$25,000 to \$34,999	22.5%	46.7%	0.0%	0.0%	40.9%	28
\$35,000 to \$49,999	11.9%	24.4%	0.0%	0.0%	25.0%	61
\$50,000 to \$74,999	12.8%	25.7%	0.0%	0.0%	25.0%	127
\$75,000 to \$99,999	13.5%	32.5%	0.0%	0.0%	20.7%	156
\$100,000 to \$149,999	11.7%	32.8%	0.0%	0.0%	20.0%	238
\$150,000 to \$199,999	13.6%	25.3%	0.0%	0.0%	25.0%	137
\$200,000 or more	10.4%	24.2%	0.0%	0.0%	20.0%	154
None stated	10.1%	27.3%	0.0%	0.0%	14.0%	52
All categories combined	12.4%	29.3%	0.0%	0.0%	25.0%	983

## Willingness to pay more by income category

Income category	Mean	St Dev	25th %ile	Median	75th %ile	N
Less than \$10,000	5.9%	19.9%	0.0%	0.0%	8.8%	8
\$10,000 to \$14,999	18.5%	25.4%	0.0%	12.1%	20.0%	6
\$15,000 to \$24,999	16.1%	14.6%	3.6%	13.1%	26.7%	12
\$25,000 to \$34,999	23.3%	41.0%	5.9%	17.6%	25.0%	27
\$35,000 to \$49,999	15.7%	18.4%	0.0%	13.6%	25.0%	57
\$50,000 to \$74,999	19.6%	21.5%	5.9%	17.6%	25.0%	118
\$75,000 to \$99,999	20.0%	21.2%	2.4%	17.6%	25.0%	136
\$100,000 to \$149,999	19.0%	30.5%	0.0%	15.4%	25.0%	215
\$150,000 to \$199,999	21.7%	19.0%	11.1%	17.6%	25.0%	123
\$200,000 or more	18.7%	22.6%	3.7%	17.2%	25.0%	139
None stated	12.6%	11.9%	0.0%	11.9%	20.0%	40
All categories combined	19.0%	24.1%	0.0%	16.7%	25.0%	881



#### Conclusion: membership

- Relative to the general population of California, CSA members are disproportionately female, white, nonelderly, and formally educated, and with much higher incomes
  - That (1) 58% of member households have incomes over \$100,000 and (2) less than 3% of households have incomes under \$35,000 shows the class dimensions of CSA membership

- That various racial and ethnic categories are disproportionately represented — non-Latino whites more, and all other races/ethnicities less — might suggest the whiteness of CSA (cf. Guthman 2008)
- However, incomes between CSA members of almost all racial/ethnic groups are essentially the same
  - Is the extreme disproportionality due to the intersection of race/ethnicity and class (i.e., the relative lower percentage of households of people of color as a proportion of households with the highest incomes), rather than the way that whiteness operates in AFNs? Or are both in effect?

- While direct marketing is not necessarily classed nor raced, CSA's specific form of <u>lack of product choice</u> is since it requires a subjectivity that desires social embeddedness (within a largely white space/ movement) over economic instrumentality
  - to be able to choose to not have a choice most people first have to know that the choice they've foregone (more flexible produce purchasing) is still available to them
  - given their incomes, most CSA members have alternative options for securing the food they need/ want if the CSA share doesn't provide it

- Also, the social networks that connect new members to CSA are classed and raced
  - by far the top sources of information that influenced joining was "word-of-mouth referral from friend" (55%)

#### Conclusion: members' values

- Current and former members have some different priorities relative to the original conception of CSA
  - Current members' lowest ranked CSA attributes in terms of importance (on average "of minor importance") include 1) knowing the farmer personally and 2) sense of community in the CSA
  - A main focus instead is more on individual and family improvement, a hallmark of the aspirational middle class (Sharzer 2012)

- Might it be possible to actively remind CSA members about the importance of other aspects of CSA, including creating an economically viable option for farmers and creating a sense of community?
- Our data does suggests that considering the economic well-being of farmers encourages some members to be willing to pay more
  - 75.6% of respondents would be willing to pay more to provide a fairer salary to the farmer(s)

#### Conclusion: former members

- Former members' main reasons for leaving involve issues with common attributes of the CSA model: 1)
   The product mix did not meet my needs, 2) Lack of choice about products included, 3) Too little diversity in products in the share
- This suggests a lack of fit between common CSA attributes and much of the population, even the population that tries CSA

# Conclusion: Lower-Income Households backgrounds

- The average gross household income of the LIHHs was \$32,577, while it was \$150,922 for HIHHs.
- LIHHs have significantly lower numbers of full-time jobs, and significantly higher numbers of part-time jobs, per household members over 25 years of age than HIHHs.
- There are no significant differences in the racial/ethnic identities of respondents from LIHHs and HIHHs.
- LIHHs have significantly higher numbers of younger members between the ages of 25 and 34 and older members over 65 years old, while HIHHs are significantly more likely to have children and have higher numbers of middle-aged members in the age group of 35 to 44 and 45 to 54.

# Conclusion: Lower-Income Households backgrounds

- The most educated member of LIHHs had significantly less formal education than HIHHs, yet both groups are very highly educated. Large specific differences likely have to do with degrees in progress being more common for LIHHs.
- LIHHs were much more likely to use various forms of food support, although their overall use is still very low relative to the California average (e.g., 3.9% of LIHHs used CalFresh).
- LIHHs enjoy food-related activities slightly more than HIHHs, and are significantly more likely to enjoy fishing, hunting, and/or foraging more than HIHHs.

# Conclusion: Lower-Income Households CSA experiences

- LIHHs have been members for a shorter time (likely because of the younger household composition), but show the same level of commitment to CSA as HIHHs.
- LIHHs ranked saving money on food as a reason for joining a CSA more highly than HIHHs, but the other nine reasons for joining showed no significant differences between the groups. Additionally, saving money was the *least* important reason for joining for both LIHHs and HIHHs.
- LIHHs were much more likely to use social media, LocalHarvest, and online searches as information sources that influenced their decision to join. They were also more likely to use internet forums and print advertising, but these sources were still relatively rarely used by LIHHs.
- LIHHs rated a large number of CSA attributes to be more important than HIHHs, including affordability, short transportation differences, ease of communication with CSA staff/farmer, convenience, health impacts from membership, and knowing their farmer personally. HIHHs did not rank any CSA attributes more highly than LIHHs. This suggests a greater valuing of CSA membership by LIHHs than HIHHs.

# Conclusion: Lower-Income Households CSA experiences

- LIHHs were less likely to be satisfied than HIHHs with only one CSA attribute appropriate diversity of products in the share but the difference is very small.
- LIHHs had a very slight negative gap between their satisfaction and their ranking of importance of two CSA attributes: affordability and diversity of products in the share (-0.2 and -0.1, out of 5). They shared with HIHHs a small negative gap (-0.2 out of 5) for quality of produce.
- The difference in LIHHs' valuing of their share relative to what they pay for it is higher than for HIHHs (14% vs. 12%, respectively), although the difference is not statistically significant. The group that is most generous in valuing their share and in their willingness to pay more for a fairer farmer salary is households making \$25,000 to \$34,999 annually.
- In terms of impacts of CSA membership, LIHHs are more likely to report saving money overall on food purchases, eating out less, and spending less time overall shopping. This might explain their greater appreciation for their share's value.
- The only significant difference in conditions interfering with CSA participation was child care, which LIHHs are much less likely to experience than HIHHs.

### Next steps

- Household survey of primary grocery purchasers in California
  - we will be able to look at shopping preferences of people of various incomes and races/ethnicities

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