



University of California
Agriculture and Natural Resources

In The Clover

September 2018

Tehama County 4-H Program

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4-H Community Educator

Layout by Spring Severson

Mission—The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.



Download a QR Code Reader today
for instant access!

Office Hours

8AM-5PM*
Monday through Friday



*Except Holidays listed on back page

Welcome to Tehama County

Hello everyone. My name is Nate Caeton and I would like to take the opportunity to introduce myself as the 4-H Youth Development Advisor serving Shasta, Tehama and Trinity counties. Although this is a new position for me, I have a strong background in the program. For the past five years I have been the 4-H Community Education Specialist for Shasta and Trinity counties, where I have worked diligently to build an engaging and high quality program. Having participated in 4-H, FFA and Scouting as a youth, I can personally attest to the enduring benefits of well delivered youth development programs. For me, ensuring that our young people grow into hard-working, productive and well-adjusted citizens, is a worthwhile cause; a cause for which I have a great deal of passion. I look forward to collaborating with stakeholders to identify key issues facing youth in our Northern California communities and conducting applied research in an attempt to address those issues. It is my honor and privilege to serve this county and its youth. As we embark upon this journey together, I hope for many opportunities to share knowledge and extend the reach of our program.

Best Regards,
Nate

PAPER CLOVER CAMPAIGN

The Fall 2018 Paper Clover Fundraiser is coming **October 3-14!** Consider participating in store during the event to help increase fundraising dollars and your county will be entered into the Paper Clover Participation Sweepstakes. During the semi-annual event, Tractor Supply Company invite friends and family to support 4-H by donating \$1 at checkout in stores to contribute to scholarships that send kids in your state to 4-H camp and other leadership experiences. For more information, visit <http://www.tractorsupply.com/landing-pages-4-h-4h-paper-clover>





Tehama County 4-H Clubs



CLUBS	MEETINGS/LOCATIONS	CLUB LEADER
ANTELOPE 4-H	Antelope School 2nd Mondays at 6:30PM <i>Enrollment meetings: 9/10, 10/8, 11/12 at 6:30PM</i>	Kevin Rosser, 526-9396 ksrosser@att.net
BEND JELLY 4-H	Bend School 1st Tuesdays at 6:30PM	Debbie Spangler, 354-4530 dspangler414@gmail.com
BOWMAN 4-H	Evergreen Elementary Gym 1st Tuesdays at 6:30PM <i>Enrollment meeting: 9/4 from 6:15-7:30PM</i>	Vicky Woolley, 347-3591 vickycottonwood@gmail.com
CORNING 4-H	Richfield School Science Lab 2nd Mondays at 7PM	Jessica Fox, 526-3345
EL CAMINO 4-H	Gerber School 2nd Tuesdays at 6:30PM <i>Enrollment meeting: November meeting at 6:30PM</i>	Melissa Gilardi, 518-2312 melissagilardi@gmail.com
FLOURNOY/PASKENTA 4-H	Flournoy Elementary School 2nd Tuesdays at 6:30PM <i>Enrollment meetings: 10/9 at 6:30PM</i>	Brandy Hill, 824-5497 4hmomfp@gmail.com
LASSEN COLONY 4-H	Lassen View Elementary 2nd Mondays at 6:30PM	Marcie Skelton, 526-5403 marcieskelton@sbcglobal.net
LOS MOLINOS 4-H	Los Molinos Veterans Hall 1st Mondays* at 6:30PM <i>*unless holiday, then 2nd Monday</i> <i>Enrollment meetings: Oct and Nov meetings at 6PM</i>	Anne Junge, 592-7887 annehopson74@hotmail.com
MANTON 4-H	Manton Grange 2nd Mondays at 7PM	Judy Rucker, 474-1241 ruckerjudy9@gmail.com
OLIVE 4-H	West Street School 3rd Mondays at 7PM <i>Enrollment meeting: 9/17</i>	Cindy Dixon, 209-1576 ysacindy@gmail.com
WESTSIDE 4-H	Reeds Creek School 2nd Tuesdays at 7PM <i>Enrollment meetings: Sept, Oct, Nov before club meetings at 6PM</i>	Bozsi Parks, 529-2984 etparks7@gmail.com

Join the FUN during National 4-H Week: October 7-13!

More than a century ago, the first “head, heart, hands, and health”, or 4-H, clubs were formed to help improve farming practices and farm life. While agriculture and rural values remain a large part of 4-H, the organization has grown to include young people from all backgrounds and types of communities. Through after-school programs, bilingual projects, technology clubs, partnerships with the military, and many other innovative approaches, 4-H remains one of the best hallmarks of American life. This year, 4-H celebrates two events during National 4-H Week: the 4-H National Youth Science Day and the induction ceremony for the National 4-H Hall of Fame. <https://4-h.org/>



Locally, many clubs take part by hosting community service projects, taking part in Tractor Supply Company's Paper Clover, 1st Baby Born in Tehama County, and National Youth Science Day activities!



County 4-H News



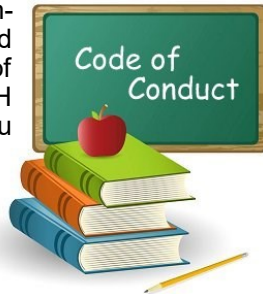
WESTSIDE 4-H

This last 4-H year was exceptional! Especially with the help of our fantastic Westside 4H officers. Our club members did an awesome job at county fair; exhibiting many different market and breeding projects, as well as a lot of wonderful still exhibits. Congratulations to everyone who participated; and thank you to all those who support our 4-H members. With the new 4-H year just around the corner; I know it will be just as great with our new 4-H officers! Here are our officers: president is Nicky Parks, vice president is Sophie Parks, secretaries are Josie Parks, and Holley Lindeman, treasurer is Gianni Danielson, sergeant of arms is Cash Parker, our activities officers are Addy Stubbs and Devin Kerr, and I, Evelyn Frucci, am your reporter for this year. I am looking forward to the new year, and working with my fellow officers to make this year great!

- Submitted By Evelyn Frucci of Westside 4-H

REPRESENTING 4-H

The 4-H Code of Conduct is a set of guidelines that apply to all youth members, parents/guardians, adult volunteers when participating in 4-H events. You need to read and verify that you have read the Code of Conduct each year when enrolling as a member/leader and should have a copy on hand. It is very important that everyone abides by these rules to create a safe environment in the 4-H program. Younger 4-H members look up to other youth and adults as role models. Be aware of your actions in and outside of 4-H settings and remember that you have a chance to change someone's life in a positive way as you fulfill your responsibilities throughout your projects and clubs.



LEADER'S COUNCIL MEETING DATES

Tehama County Leader's Council meets monthly to discuss, plan and evaluate county programs, budget and events. All 4-H appointed Volunteer Adult Leaders and 4-H member's (14 years and older) are voting members and are invited to attend monthly council meetings. **Leader's Council meets on the 4th Tuesday of the month at 6:30PM** through June except December.

- | | |
|----------------------|------------------|
| • September 25, 2018 | • March 26, 2019 |
| • October 23, 2018 | • April 23, 2019 |
| • November 27, 2018 | • May 28, 2019 |
| • January 22, 2019 | • June 25, 2019 |
| • February 26, 2019 | |

The meetings are held at Tehama County Department of Education, 1135 Lincoln Street in Red Bluff.

1ST BABY BORN DURING NATIONAL 4-H WEEK

The 4-H Office is excited to continue with our National 4-H Week—"1st Baby Born" basket! The staff would like to invite everyone to donate items for a gift basket to be given to Tehama County's first baby born during National 4-H Week in October. Items can be dropped off at the 4-H Office anytime now through September. Be sure to label your gift so that your club/project group will be recognized on the included card. For ideas and information please contact the **4-H Office at 527-3101**.

PRESIDENTIAL ADDRESS!

Howdy Ya'll! The 4-H year seems to start so fast! Take note of upcoming events:

- Oct 6th; Open House (possible pancake breakfast?)
- Oct 7-13th; National 4-H Week
 - First Baby Born Goodies
 - Tractor Supply Paper Clover Campaign
 - Food Fundraisers, Shopping Cart Help, Baggers, etc.!
- Oct 1-15th; Record Books Due! EEK-GASP!
- Nov 3rd; Record Book Judging
- Nov 14th; Club Leadership Training

On a personal note—Tehama District Fair and 4-H Youth Camp were very rewarding experiences for me. To the youth of this community—you continue to make me proud of your generosity and gratitude! To the adults—not only have I made new friends, but I have had a blast with both the old and new! Until I laugh with you again,

Anne Junge,

2018-19 Tehama County Leader's Council President

Council Corner

Date of next meeting:

September 25 @ 6:30PM
Tehama County Dept. of Education
1135 Lincoln St., Red Bluff
Agendas available online

Agenda to include:

- ♦ **County Event Reports**
- ♦ **Budget/Fundraising**
- ♦ **Program Updates**
- ♦ **And more!**

*Decisions
are made here -
join us!*

All 4-H certified volunteer adult leaders & 4-H members (14 years and older) are voting members and invited to attend the monthly council meetings.



4-H Announcements



COUNTY PRESENTATION DAY

Some Points to Ponder

You can do more than one presentation! Maybe try one of the following: Favorite Camp Skit? Emphatic, Enthusiastic, Energetic Reading of a Short Story or Poem? Look over the evaluation sheets for your type of presentation, doing so will help you make a winning presentation! Follow your passions! Presentations that relate to your project sparks are easier to share with an audience! County Presentation Day is March 2, 2019. Brought to you by the Los Molinos 4-H Club! <http://4h.ucanr.edu/Projects/Leadership/PublicSpeaking/>

MINDFULNESS RETREAT

Feeling overwhelmed? Take a "time-in" with us at the UC 4-H Mindfulness Retreat in Cambria, CA **November 2-4**. Teens 13-19 and adults are invited to spend the weekend at beautiful Camp Ocean Pines developing their health and well-being. Participants will not only increase their personal skills in leading a healthy lifestyle but will also gain skills needed to be a health advocate in their communities. The retreat will focus on stress management, relationship building, nutrition, and a general understanding of mindfulness. Fees are \$225 plus chaperone fees; chaperone fees are estimated to be \$20-\$25 per youth attending the retreat. Price includes conference registration fees, lodging and conference meals. **Registration due September 15.** For more information, visit <http://4h.ucanr.edu/Projects/HealthyLiving/Mindfulness/>

4-H YOUTH IN ACTION AWARD

Sharing your 4-H story could earn you a \$5,000 scholarship and a trip to Washington D.C. for National 4-H Council's Legacy Awards, where you'll have the chance to tell your story while meeting 4-H celebrities and other notable alums! The program recognizes four confident young leaders in our core pillar areas of Agriculture, Citizenship, Healthy Living and STEM (Science, Technology, Engineering & Mathematics), giving pillar winners the chance to share how 4-H changed their lives and how they have used the skills they gained in 4-H to change the lives of others. One Pillar Winner will be selected as the 4-H Youth in Action National Award Winner and will receive an additional scholarship for higher education! **Applications are open from August 1 to October 22, 2018.** Visit the 4-H Youth in Action website to learn more, <https://4-h.org/parents/4-h-youth-in-action-awards/>



4-H POSTAL SHOOT RESULTS

Congratulations to all of the members and volunteers who took part in the State 4-H Postal Archery Shoot. The results are in and Gold awards go to **Evelyn Frucci**, of Westside 4-H, in two divisions—20 and 30 yard targets. **Natalee Ross**, of Bowman 4-H, took home 4th place in the 10 yard division. Well done members!

Congratulations to all of the members and volunteers who took part in the State 4-H Postal Shooting Sports match. Youth participants were Jolene Junge, Mackenzie Banks, Sierra Huntsman, Cash Nelson, and Devon Halversen. **Kevin Rosser**, of Antelope 4-H, took home a silver medal and **Eric Junge**, of Los Molinos 4-H, took home a bronze medal for the adult volunteers!

WANTED: 4-H PROJECT LEADERS

Do you have a hobby or craft that you would like to teach others about? Maybe a sport that you think the youth would like to try? **What about leading a 4-H project?** If you are thinking about leading a project this year, please enroll in the projects you will be leading by your club's November meeting. This will eliminate last minute enrollment issues and ensure that the projects are eligible for participation in the 2019 Tehama District Fair. Learn more by visiting: <http://ceteama.ucanr.edu/4-H-Program/4-H-Volunteer-Opportunities/>

2018-19 VOLUNTEER TRAINING

All 4-H adult volunteers are required to complete online training courses in eXtension in order to volunteer with 4-H youth. The eXtension training sessions are interactive and most volunteers have no problems accessing and completing the training. **If you have an older computer or low internet bandwidth**, the State 4-H Office is facilitating trainings in a Zoom session, an online system that allows video conferencing, through November. Zoom participants need to INDIVIDUALLY pre-register online at least 1 day prior to the desired training date using the links for the session. Participants must stay on the webinar for the entire session in order to complete the training. Below are the future webinar dates and times. To register please visit our calendar <http://ceteama.ucanr.edu/> and select the date you would like to attend:

New Volunteers:

- September 8; 10AM-12:30PM
- October 22; 6—8:30PM
- November 10; 10AM—12:30PM

Returning Volunteers:

- September 8; 9-9:30AM
- October 24; 6:30-7PM
- November 10; 9-9:30AM





4-H Announcements

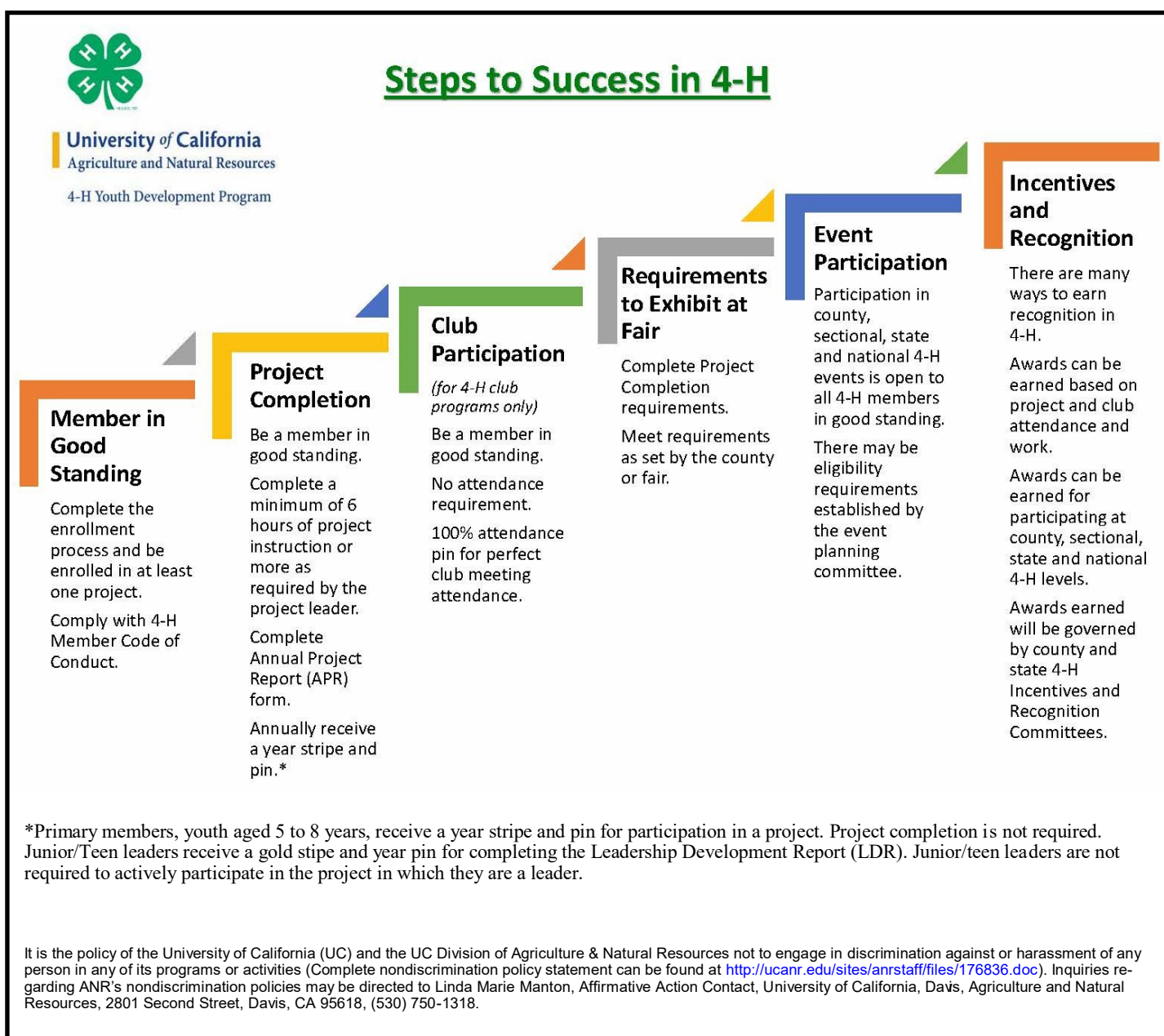


WHAT DOES PROJECT COMPLETION MEAN?

Per the *Steps to Success in 4-H*, the criteria for project completion is to:

- Be a member in good standing,
- Must complete a minimum of 6 hours of project instruction or more as required by the project leader,
- Must complete the Annual Project Report (APR) Form (exception is Primary members do not complete the APR as record keeping is not required for their project completion),
- Annually receive a year stripe and pin (exceptions: Primary members receive a year stripe and pin for participation in a project and project completion is not required. Jr./Teen Leaders receive a gold stripe and year pin for completing the LDR. Jr./Teen Leaders are NOT required to actively participate in the project in which they are a leader).

Other requirements for project completion are not permitted. Please also see Steps to Success in 4-H FAQ at <http://4h.ucanr.edu/files/224707.pdf>.



Clover Safe

ENVIRONMENTAL HEALTH AND SAFETY

This clover safe note is intended primarily for 4-H volunteers and staff



University of California
Agriculture and Natural Resources

4-H Youth Development Program

#99 Youth Protection: Safe and Appropriate Environments



Photo Courtesy of San Benito Co.

The University of California 4-H Youth Development Program engages youth in reaching their fullest potential, working and learning in partnership with caring adults. Consider the following guidelines to help establish positive environments and program barriers that promote safety and well-being for all:

Ensuring a Safe & Appropriate Environment for All:

- In an effort to minimize the potential for child abuse and/or false accusations, all 4-H YDP staff and volunteers shall follow the policy and procedures outlined in the 4-H YDP Policy Handbook, Chapter 11, IV. Youth Protection (<http://4h.ucanr.edu/Resources/Policies/Chapter11/>)
- Adults who have not gone through the volunteer screening process should not have unsupervised contact with youth.
- Maintain an appropriate volunteer to youth ratio based upon the developmental level and needs of youth, the setting, and the project(s). Ensure the ratio supports positive risk management and provides youth with positive relationships with caring adults.
- Use constructive forms of discipline and positive techniques of guidance, including redirection, positive reinforcement, and encouragement rather than competition, comparison, and criticism.
- Physical or emotional hazing and initiation rituals that lead to embarrassment or that require youth to be singled out or do anything that makes them fearful or uncomfortable are strictly prohibited.
- Adult volunteers should respond to youth with respect and consideration and treat all youth fairly regardless of sex, gender identity, race, religion, and culture.
- Profanity, inappropriate jokes, sharing intimate details of one's personal life, and any kind of harassment or sexual references in the presence of youth members or parents/guardians is prohibited.
- Youth members shall not be released from care to anyone other than the authorized parent or guardian, or other designated adult.
- Adults who work with youth should use the organization's/club/or group email and social media accounts (rather than personal) for communicating with youth involved in the program.
- When engaged in any 4-H activity, the Adult Volunteer Code of Conduct outlines prohibited behaviors and actions (<http://4h.ucanr.edu/files/16404.pdf>).

Red Flags & Warning Signs: The following behaviors by adults *may* indicate abuse risk

• Prefers time and friendships with children or youth more than adults	• Bends the rules for certain children or youth	• Engages with youth one-on-one through the telephone, texting, or social media
• Ignores policies and training related to interactions and discipline	• Lets youth engage in behaviors parent/guardian does not allow	• Discourages other adults from participating or monitoring
• Failure to complete required training or documentation	• Uses inappropriate language or humor with youth	• Goes overboard with touching children or youth
• Treats children as if they were adults	• Favors children or youth with certain physical characteristics	• Wants to keep secrets with children or youth

To better help staff and volunteers recognize safe and appropriate environments, Praesidium child safety training videos and resources are available here: <https://campus.extension.org/>



4-H News



2018-2019 COUNTYWIDE 4-H PROJECTS

PROJECT NAME	MEETING INFORMATION	LEADER INFO	EMAIL
Archery	Meetings to start after the first of the year	Jesse Sisneros	527-4472 jsisneros49@gmail.com
Dog	New members, please RSVP for first meeting on October 11 at 6:30PM at Ridgeway Park	Cathleen Cahill	526-3807 cathleen.cahill@gmail.com
Horseless Horse	Monthly meetings will be held on the 3rd Wednesday of each month beginning in October at the Tehama County Dept. of Education, 1135 Lincoln Street in Red Bluff	Paula Speers	526-4560 minihlpr@gmail.com

COUNTY HORSELESS HORSE

Are you interested in horses but don't own one? Or have a horse but just want to learn more. This is the project for you. This project is open to both primary members as well as full members. The project will have no riding or direct contact with horses, but lots of fun horse activities and field trips. We will meet once a month, 3rd Wednesdays beginning in October, at Tehama County Department of Education at 1135 Lincoln Street in Red Bluff, with occasional field trip. - Paula Speers, Project Leader

NEWSLETTER ARTICLES

Club Reporters, Junior and Teen Leaders, the monthly newsletter is an excellent way to keep your members and the community informed. Don't forget—the deadline for submitting any articles and photos to be included in the **October** newsletter is **September 17**. Please email Spring Severson at: sseverson@ucanr.edu.



Searching for our 2019 4-H Youth Camp CAMP DIRECTOR



Must be:

- 25 Years of Age
- 4-H Volunteer
- Organized & Passionate about leading Youth and Adults

Applications Due September 14, 2018 before 5PM—
UCCE Tehama Office

Applications can be found at <https://bit.ly/2vZYiVv>



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September

- 3 Office closed in observance of Labor Day***
- 25 Leader's Council, 6:30PM**; First meeting of 2018-2019

October

- 6 Open House
- 1-15 2017-2018 4-H Record Books due at Club Meetings
- 7-13 National 4-H Week
- 8 Office closed in observance of Columbus Day***
- 23 Leader's Council, 6:30PM**

- 2 - Project Skill Activities (Possibly)
- 3 - Events Attended
- 6 - Communication Skills (Possibly)



* UCCE 4-H Office, 1754 Walnut Street, Red Bluff
 ** TC Dept. of Education, 1135 Lincoln Street, Red Bluff
 *** County Holiday—Office Closed

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