# Improving <u>Your</u> Soil Quality



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#### 100 Years of Cooperative Extension Practical. Connected. Trusted.

- UC Agriculture & Natural Resources is celebrating the centennial of the passage of the Smith-Lever Act and the beginning of Cooperative Extension in California.
- Local programs:
  - Master Gardeners
  - 4-H
  - Viticulture
  - Weed Science
  - IPM

- Livestock & Natural Resources
- Watershed Management
- Food Systems
- Commercial Farming

# Soils Formation -Weatherization and Glaciation







#### What is Organic Matter? Hydrogen •H Oxygen Nitrogen • N Carbon • C HONC Your Horn!!!

#### Soil Formation

Concept:



• Particle Size, Pore Size and Organic Matter

 $\rightarrow$  Aggregate Stability







## The Four Things Plants Need?



#### **The Soil Matrix Pie Chart**



Matter, O2, H2O & living organisms.

#### The Soil Matrix



#### **Particle Size**



## Porosity

- Soil porosity is the % of a soil that is pore space or O2/H2O.
- •
- The average soil has a porosity of about 50%
- Sands have larger pores, but less <u>total</u> pore space than clays.

#### Concept: Think About Water & Air Movement



CONCEPT: How does structure affec water movement in soils?



- Good Structure →pore space is large: Good water and air movement.
- Well-developed structure → important in clayey soils.
- Clayey soils with poor structure: Reduces water and air movement.

- Color -Visual Test
- Soil Texture

-Texture-by-Feel -Ribbon Test -Soil Suspension/Sedimentation Test: % of Sand, Silt & Clay



- Soil Texture is the single most important physical property of the soil.
- It helps the grower recognize:
- 1. Water flow potential & holding capacity
- 2. Fertility potential
- 3. Suitability for urban uses like bearing capacity





## Physical Indicators of Soil Quality

# See Soil Suspension/Sedimentation Test Instructions



• pH Test (Range: 0-14)

Electro-Conductivity Test
 for Soluble Salts (Unit: PPM)

Cation Exchange Capacity

# Chemical Indicators of Soil Quality Soil pH Scale Soil pH - what is it?

- measure of the acidity or alkalinity of a soil
- concentration of hydrogen ions (H+) in the soil solution



#### pH ~ Macro/Micro-Nutrient Absorption







#### Electro-Conductivity Measures Soluble Salts and Fertilizer Tie Up (PPM)



#### **Cation Exchange Capacity**



#### Soil CEC measures a soil's negative charge!



#### **Cation Exchange at Root Tip**



Diagrammatic scheme showing how root hair takes in nutrients from exchangeable ions on a clay crystal and on humus, and from soil.

## **Concept:**

- **Organic Matter (and Clay)**
- Has a Large Surface Area
- Incorporating OM Enhances
   Nutrient Exchange in Root Zone
- *\* % Organic Matter*
- → ↑ Cation Exchange Capacity



**Fungal networks:** Threadlike fungal networks hold soil particles and micro aggregates onto the surface of crop residues as part of the formation of stable soil aggregates. Cultivation disrupts soil aggregates whereas minimum till combined with stubble retention enhances aggregate stability, stimulates microbial growth and improves soil structure.

## **Your Goal**

Living Fresh organisms residue <5% <10%

Stabilized organic matter (humus) 33% - 50%

Decomposing organic matter (active fraction) 33% - 50%

## **CONCEPT:**

## Cation Exchange Capacity (CEC) → ~SOIL FERTILITY by Affecting Water Holding Capacity & Nutrient Holding Capacity





**Biological Indicators of** Soil Quality Secret: (Soil Biodiversity) **Bacteria, Worms, Pill Bugs, Centipedes &** Millipedes, etc. SSShhhhhhhh...

**Don't scare the Micro-Ecosystems!** 



A root feeding nematode is trapped by a fungus; the fungus gives off a substance similar to that given off by the roots of plants. http://organicsoilsolutions.com/education-center/the-soil-food-web/

## **Limiting Factor**

- Limiting Factor for Plant Growth=Nitrogen
- Limiting Factor for Plant-Nitrogen Availability=Carbon
- Carbon:Nitrogen Ratios (3:1 or 2:1) (Think Compost Piles)

Soil Amendments to Improve Fertility

- Manures
- Compost
- Nitrogen (Greens):Carbons (Browns), & Nitrogen Tie-Up
- Organic Amendments: Composts & Manures
- Water Solubility & Synthetic Fertilizers
- Embedded Energy

### **Effects of Soil Compaction**

- Reduced Root Penetration
- & Water Infiltration/
- Permeability
- Decreased Pore Size
- and Root Zone Soil-Temperature
- (Think Tomatoes)

**RESPONSE: RAISED BEDS** 



**Raised Bed Styles** 

Flat, for light, sandy soil



Rounded for good humus



Trench inthe middle, more drainage Soil Amendments for Managing Compaction:

Mulches Of Many Kinds....

Soil-Protection & Watering **Cover Crops, Inter-Planting** & Companion Planting

#### <u>Sources of</u> <u>Heavy Metal/Lead Exposure</u>

- Lead paint hazards

   → lead dust in homes;
   from exterior prep work
   & friction of windows
- Bare soil in yards with lead contamination from house paint or previous use of leaded gasoline
- **Take-home** lead dust from construction work or other occupations





#### <u>Understand: How do we get lead into</u> <u>our body while growing food?</u>

- Hands contaminated with leaded soil
   Contaminated hands touch mouth, food, drink container,
   cigarette
- Hands contaminated with leaded paint Hands touch damaged lead paint and its dust. Then hands touch mouth, food, drink container, cigarette, etc.
- Eating lead-containing soil or paint dust on unwashed produce, or eating produce that has lead uptake

#### **How Lead Toxicity Affects Health!!!**



**Children at most risk**- their brains & bodies are still developing (& fetus, because lead easily crosses placenta).



#### **Possible Sources of Lead Risks**

- Contamination in existing soil from unknown sources—particles from previous leaded gasoline use, demolition of building, etc.
- History of Industrial Use

• Pre-1979 buildings with Chipping Paint

## **Best Practices to Reduce Heavy**

#### **Metal Exposure from Growing Food**

- Wear Gloves & Practice Good Personal Hygiene
- Garden in low-leaded soil when possible
  - Test soils to confirm lead is < 80 ppm</p>
  - Buy Organic Materials Review Institute (OMRI)
- Don't Let Kids Garden/Play in > 80 ppm Soils
- Be Aware of Soil Contamination →

## Watch for Site Risks!!!!!!!

## **2 Ways To Garden**

#### **Using New Soil**

• In Raised Beds: No Pressure-Treated Wood,

or Recycled Painted Materials 🛞

 12-18" New Soil on top of the existing soil with a barrier in between, such as a weed cloth



#### **Other Gardening Practices**

**Best Practices: UC Davis ANR Publication 8424**:

- Amend Soil with OM: Clean Compost, Decomposing Leaves, Well-Rotted Manure
- Maintain Neutral pH: Add Limestone if Soil too Acidic

"Cleaning" Lead-contaminated Soil:

**EPA Experiment in West Oakland:** 

EPA is adding imported fish bones from Alaska to bind lead into large molecules (pyromorphites) that plants cannot uptake. The lead-bound molecules then remain in the soil.

 Phyto-remediation: Grow plants that are good at lead uptake, such as sunflowers and dispose of plants offsite (rather than in your site-based compost pile)

# Happy & Safe **Growing!** From **UC Cooperative**



# **Extension!**

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