## Water and Food Safety

Shermain Hardesty Extension Economist Emerita Ag & Resource Economics-UC Davis

### Food Safety Basics for Urban Farmers May 4, 2018

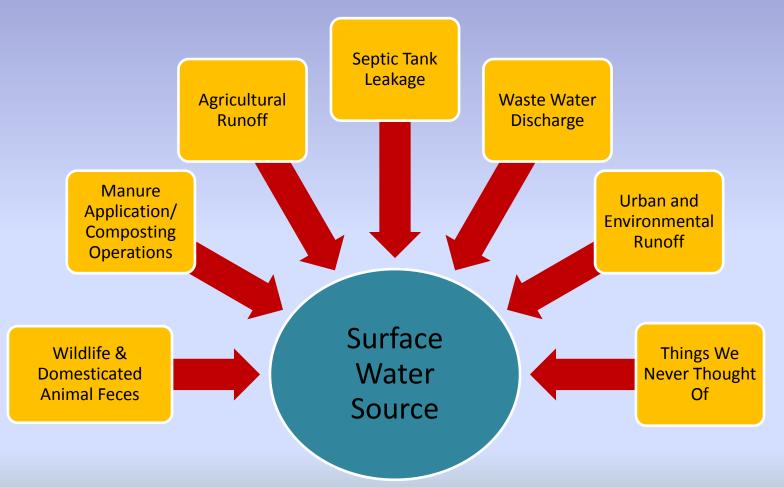
## Water-Key Component of Farm & Community Garden Food Safety

- Water provides moisture to crops
  But it can also carry chemicals and bacteria
- Common Sources of Agricultural Water
  - Municipal sources (treated—lower risk)
  - Wells
  - Surface (rivers, lakes, streams-higher risk)

## Water Overview

- Contamination through water
- FSMA Water Standards
- Why municipal water is your best source

## Potential Sources of Surface Water Contamination



\*SOURCE: Produce Safety Alliance Train the Trainer, Module 5.1, slide 13

### Generic E. coli is an Established Indicator

The Coliform

Other pathogens that may be

- Generic Escherichia coli (E. coli) is an indicator of fecal contamination
- *E. coli* is not a direct measure of the presence of human pathogens
- *E. coli* is the indicator used to measure water quality in the FSMA Produce Safety Rule

**Fecal** Total **Sroup of Bacteria** coliforms coliforms Generic E. coli Pathogenic E. coli Bacteria found Found in some feces mostly in feces present when feces is Hepatitis A Salmonella A virus A different bacteria oresent Cryptosporidium A protozoan

\*SOURCE: Produce Safety Alliance Train the Trainer, Module 5.1, slide 20

## FSMA Water Quality Criteria for Water Used During Growing Activities\*

- Each source of production water (including captured rainwater) must be tested to evaluate whether its water quality profile meet the following criteria:
  - 126 or less colony forming units (CFU) generic *E. coli* per 100 mL water geometric mean (GM)

#### AND

- 410 or less CFU generic E. coli per 100 mL water statistical threshold value (STV)
- This requirement is difficult to understand. However, it basically means that your testing costs will be more than your water cost savings from harvesting rainwater

\*SOURCE: Produce Safety Alliance Train the Trainer, Module 5.1, slide 21

## FDA Extended Compliance Dates for Ag Water Standards

- FDA extended compliance dates after receiving from stakeholders that some of the requirements are too complex to understand and implement
- Intends to use the extended time period to work with stakeholders as it considers the best approach to address their concerns while still protecting public health
- Extension deadline has not been set

# **Municipal Water**

 US EPA has established Federal drinking water standards and California has similar standards

Some are stricter

- Municipal water must be tested annually in California
- Must meet State drinking water standards related to both bacterial

# **Municipal Water**

- Must meet State drinking water standards
- Sacramento County issues an annual water quality report for its drinking water

Download your 2016 Water Quality Chart http://www.waterresources.saccounty.net/ccr/Pages /2016-Water-Quality-Reports.aspx <u>Arden Park Vista, Northgate, and Southwest Tract</u> <u>Hood, East Walnut Grove, and Delta Estates</u> <u>Laguna, Vineyard, Country Creek Estates, and Grantline</u> <u>Mather, Sunrise, and Anatolia</u>

## Water Testing to meet Potable Water Standards

- Municipal water is analyzed for bacterial contamination
  - fecal coliforms or Escherichia coli (*E. coli*) whenever total coliforms is indicated
  - Municipal water is also tested for chemical contamination, including chloride, copper, iron, nitrates, zinc, turbidity and total dissolved solids
- If using well water or surface water, it also must be tested for both bacterial and chemical contamination
  - Samples must be draw at the well, before any treatment or filtration
  - Samples can be taken by lab personnel or others if using bottles from the lab and lab's sampling procedures
  - Testing must be done by a California State Approved Lab
  - Include the address or APN of where sample was taken on the lab slip
  - Lab must test using (a) U.S. EPA method 1603 (membrane filtration using modified mTEC) or (b)(1), a method that is at least equivalent to method 1603 in accuracy, precision, and sensitivity or (b)(2) a scientifically valid method for an alternative indicator



#### **Certificate of Analysis**

P.O. Box 828 Selma, CA 93662 Report Issue Date: 03/21/2012 14:39 Received Date: 03/13/2012 Received Time: 10:42

Lab Sample ID:	A2C0852-01	1
Sample Date:	03/13/2012	10:42
Sample Type:	Routine	
Sample Control Q	ualifiers:	SC02

Sample Description: Water Canal MID

#### Microbiology

Analyte	Method	Result	RL	Units	Batch	Prepared	Qual
<u>E.Coli by 1x10 MTF</u> *E. Coli	SM 9221 8/	F >23	1,1	MPN/100 mL	A202592	03/13/12 15:18	

Sampled by: Mater Sampled by: Matrix: Water

## **Recycled Water**

- Has been treated by municipal system such that it is potable
- Is considered to be same as "municipal water" and can be used for agricultural production

## **Captured Rainwater**

- If capture rainwater is used only to irrigate crops, it does not need to be potable
  - Confirm with your County Environmental Health Dept
- Captured rainwater should be examined weekly
  - prone to rodents, mosquitoes, algae growth, insects and lizards
    - may seep chemicals, insects, dirt or animals droppings
  - Captured rainwater should not be used to wash harvested produce or for handwashing





# **Drip Irrigation**

 Consider using drip irrigation wherever possible. It minimizes the risk of contamination because above-ground plant parts are not directly wetted



## CDFA's Small Farm Food Safety Guidelines Related to Water

- Prior to planting, test irrigation water and, if it is contaminated, find the source and fix it or request that your water supplier do so
- During the growing season, test irrigation water as close to point-of-use as possible at least once during the growing season
- Ensure that water used for spray applications of pesticides and fertilizers is not contaminated
- If you use only municipal water, you do not need to get your water tested so you can ignore the 2 water testing requirements in this slide

### In summary

 Using municipal water for all of your crop production, harvesting and postharvest activities will save you from the hassle and cost of having to get your water tested