

THE 4-H 4-1-1



University of California
Agriculture and Natural Resources

March 2018

SUMMER CAMP UPDATE MARCH!!!

Summer Camp planning is underway! Sixteen counselors, two Deans and our Director have begun the Teen Staff Training. We had our first gathering on February 21 and we are excited to work on the fun programs and activities for our 2018 4-H Summer Camp at Mendocino Woodlands, held **July 1-5, 2018**. The theme is **Out of This World** and the counselors are working on the T-shirt design as well as cabin and line names to match this year's theme.

We are looking for energetic and excited Campers for our 2018 4-H Summer Camp! Youth 9-13 years old are encouraged to register now. Final payment is due May 11, 2018. Camp fee is \$250 for Campers/CITs. Payment plans are welcomed and some scholarships are available. Registration forms, as well as online registration, can be found on the website:

<http://ucanr.edu/summercampforms>

Youth who are 12 or 13 years old can also sign up as CIT's (counselor in training). Fees are the same as campers, but they will be given some small responsibilities at camp in preparation for being a counselor!

Parents, we are also looking for help planning camp and/or being chaperones at camp. The Mendocino-Lake 4-H Summer Camp Steering Committee meets the 4th Wednesday of every month 6:30-8:30 pm at the Ukiah 4H office. Our next meeting is March 28th. If you are interested in helping with camp or have any camp questions, please contact Tascha Whetzel at twhetzel@pacific.net or Julie Frazell at jfrazell@ucanr.edu or (707) 263-6838.

COUNCIL MEETING

Next Council Meeting

March 26, 2018

Executive Committee will meet

March 13, 2018 - 5:00 p.m.



Important

2018 Mendocino Lake 4-H Summer Camp Dates

May 11, 2018- deadline for Camper and CIT fee of \$250.00. Payable to 4-H Summer Camp and turned into 4-H office or paid online at

<http://ucanr.edu/survey/survey.cfm?surveynumber=21357>. *\$100 Down to hold your spot Registration Fee Due May 11, 2018; Payments are welcome and some Scholarships are available*

Third Wednesday of Feb-June- Counselor Training meetings. 6:30-8:30 at Ukiah 4-H office. (2/21, 3/21, 4/18, 5/16, 6/20). An additional Saturday date TBD. Please contact Tascha Whetzel 468-8316 for more information.

Fourth Wednesday of Jan-June- Camp Steering Committee meetings. 6:30-8:30 pm at Ukiah 4-H office. (1/24, 2/28, 3/28, 4/25, 5/23, 6/27). Parents and Adult volunteers needed and welcomed. Please contact Julie Frazell 263-6838 for more information.

July 1-5, 2018- Summer Camp at Mendocino Woodlands



PAPER CLOVER CAMPAIGN!

Tractor Supply Company in Ukiah during the week of **April 11-22** for the Paper Clover Campaign. This is a national in store fundraising event the benefits local 4-H programming. A portion of the money raised during this event is donated back to Mendocino County 4-H Council for use in youth leadership and **camping programs**.

For more information, visit the Tractor Supply website. https://www.tractorsupply.com/landing-pages_4-h_4h-tsc

4-H FLING & EXPO

A Lake County Field Day

Saturday March 24, 2018

**Presbyterian Church,
Kelseyville**

**Open to All Lake County 4-H
Members & Friends
9:00 am - 12:30 pm**

Crafts, food, fun, prizes!

Entry form and Category
descriptions in this newsletter!!



4-H Citizenship & Leadership

“All You Can Eat Pizza” Fundraiser



**March 14, 2018
DJ Pizza, Lower Lake
5:00-8:00 p.m.**

Join the Lake County 4-H Citizenship and Leadership project for “All you can eat Pizza” fundraiser at DJ’s Pizza. The fundraiser benefits our project and planned trip to Washington DC, Philadelphia, New York, and Boston on an 11 day learning expedition. Our group consists of 8 delegates ages 13-17 from Hidden Valley, Lower Lake, and Spring Valley, and we will be traveling with 2 adult volunteers. This amazing group has been involved in 4-H for many years, many since kindergarten. This excursion is the result of many years of working together; the delegation has been meeting bi-weekly to study the places we will visit and plan our trip. We have also gone to multiple events to fundraise. Upon returning from our travels, we will concentrate our efforts on completing a service learning project for our community. On this journey, we’re hoping to see our nation’s capital, Smithsonian museums, the Bunker Hill Monument, and the USS *Constitution*. We will also learn about the government and United States’ history.

Being from a small rural community we realize the importance of traveling to see these historic places and how they helped to shape our country. We hope to bring that knowledge back to our communities.

Join us Wednesday, March 14th from 5-8 pm. Cost is \$8 per person. We would appreciate your support in our learning adventure.

If you have any questions, please contact Katy Evans, 707-994-3114.

4-H Shooting Sports Workshops

2018 State Archery Match

This year the event is put on by Nevada County. The entries must be posted by **April 20th**. Please share this with anyone you know who would be interested.



For questions regarding payments or entry procedures please contact Jill Simmons - UCCE Nevada County (530) 273-4769
Email: jcsimmons@ucanr.edu

For questions regarding rules, targets, scoring, awards, etc. please contact Jeanette Oliver (530) 575-9572
Email: jlo63@comcast.net

Entry forms and additional info are also available at the 4-H Office or by emailing Nicole at nmgentry@ucanr.edu

Shotgun Leader Workshop

If you have an interest in sharing your shotgun skills with youth, how about becoming a 4-H Shotgun adult volunteer or teen leader. There will be a 4-H Shotgun leader certification training offered in April 2018.

This class will be Saturday April 21st 9 AM –4 PM, and Sunday, April 22nd, 9 AM - 2 PM, at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton 95388, in Merced County. This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach Shotgun at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost

is \$35 per person to include a resource binder, with Saturday and Sunday light breakfast and refreshments. You need to bring your own lunch.

Junior and teen leaders are invited but must attend with an adult or have a certified Shotgun adult leader they will be helping back home.

Driving directions to the range are at <http://www.safetyfirstshooting.org/html/directions.html>. Tent or Dry RV camping is an option.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://4h.ucanr.edu/files/4785.pdf>, and an adult or youth 4-H medical release form A \$35 check payable to “Merced County 4-H Council” and the above mentioned forms need to be mailed to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday, April 4th. **Space is limited to 25 attendees.** For more information call Darlene McIntyre at [209-385-7418](tel:209-385-7418) or email her at dlmcintyre@ucanr.edu.

Attention:

Recent/Upcoming High School Grads or College Students

Apply NOW!!

The Paul and Otha Alexander Memorial Scholarship

The Award: \$500 scholarship and plaque



Deadline On or Before April 30th

The award will be announced at the Lake County Fair

See the application for more information.
<http://ucanr.edu/formsandinformation>

CLUB & PROJECT UPDATES

Anderson Marsh 4-H Club - submitted by Katy Evans

All projects are under way. For our March meeting we will be having a Leprechaun Trap Contest. Our club has been selling discount cards for our annual fundraiser. The card sells for \$10 and offers discounts at several businesses around the lake.

Big Valley 4-H Club – submitted by Michelle Brown

Big Valley 4H Club members have been attending Project meetings for Dog Care and Obedience, Countywide Poultry, Swine, Rabbit and Cavy, and Baking. At the February meeting the Officer Team gave a presentation on the official 4H Uniform, and members finished up the Thank You gifts for the Presentation Day judges. The Club is also having a T-shirt fundraiser.



Blue Heron 4-H Club - submitted by Peggy Alexander

Cookies was the theme for the March monthly meeting of the Blue Heron Club. Families participated in a cookie exchange and took home a variety pack made up of all the yummy items brought in by each family. Teen leaders presented an illustrated talk on cookie history and trivia. For example: Did you know Americans eat an average of 300 cookies per year? Or that the Oreo cookie is over 100 years old? Teen leaders also led members through a cookies judging activity. Members are excited to participate in the upcoming 4-H Fling on March 24th.

Citizenship & Leadership - submitted by Katy Evans

The Lake County Citizenship and leadership Project has been very busy. We are in the process of planning a tour of Washington DC, Philadelphia, New York City, and Boston. We have been meeting biweekly to learn about our nation's history and government. We hope to meet with our representatives, tour the US Capitol, Smithsonian's, Mt. Vernon, Arlington Cemetery, Constitution Center, Independence Hall, the Liberty Bell, the first Post Office, Broadway, Times Square, Boston Harbor, and many stops along the Freedom Trail in Boston including Paul Revere's house and Old North Church, and the USS Constitution. We are working diligently on many fundraisers including a food booth at the Tulip Festival, helping out at Rainbow Ag's Chick Days, helping for one night during Animal Farm, and DJ's Pizza Fundraiser March 14th 5-8pm, \$10 per person. Upon our return we will be completing a service learning project. To get ready for our travels, we will be visiting the state Capitol in Sacramento to meet with our representatives, tour the capitol, and get a firsthand view of how our state government works. The next few months will be very hectic for our group!

Cobb Mountain 4-H Club - submitted by Stacie Judson

See you next month!!! Submissions must be made by the 4th Monday of the month to make it in the newsletter!!

Cole Creek 4-H Club -

See you next month!!! Submissions must be made by the 4th Monday of the month to make it in the newsletter!!

Middletown 4-H Club

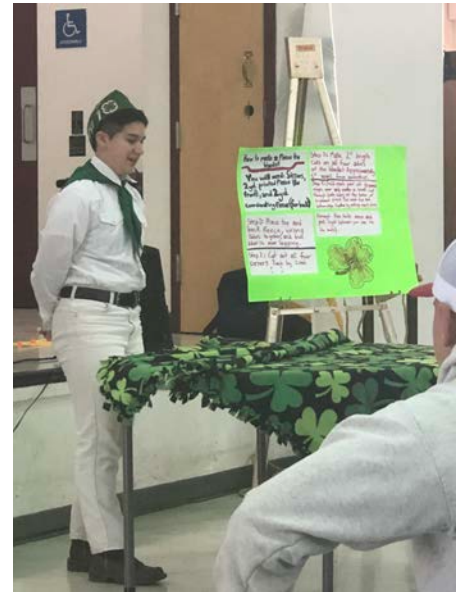
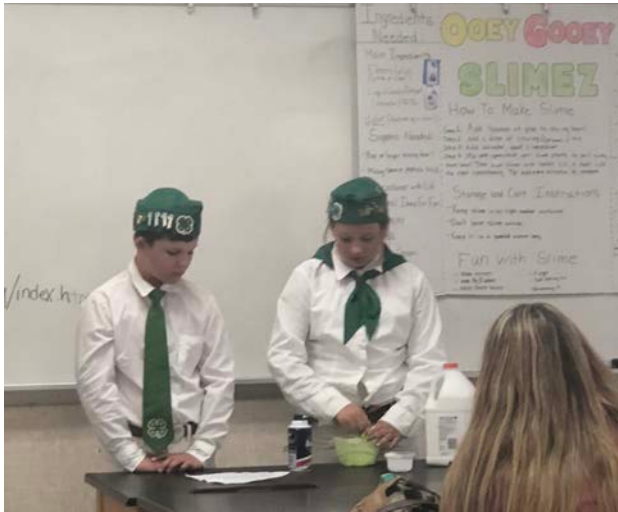
See you next month!!! Submissions must be made by the 4th Monday of the month to make it in the newsletter!!

Scotts Valley 4-H Club - submitted by: Quinlan Burke

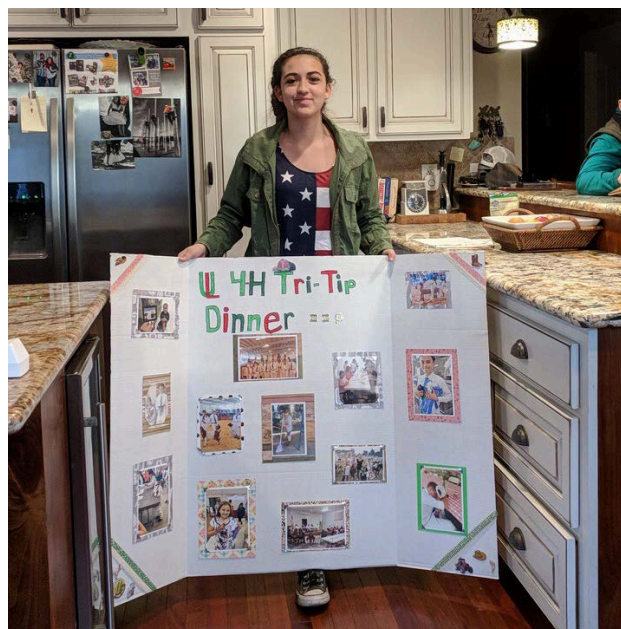
See you next month!!! Submissions must be made by the 4th Monday of the month to make it in the newsletter!!

Upper Lake 4-H Club – submitted by Mindy Witter

Presentation Day 2018. We had members do presentations and participate in the Camp skit. We can't wait for next year :-)



Our Officers made our annual Tri Tip dinner collage to display at our Tri Tip dinner fundraiser.



2018 PRESENTATION DAY

PLAQUE WINNERS!!



Ethan Sprinkel
Life Skills



Eleanor Sprinkel
Healthy Living/Culture

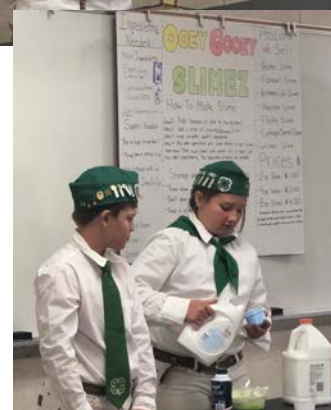
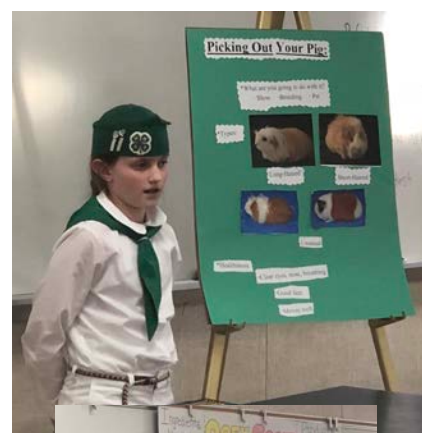


Carly Vanderwall
Other



2018 PRESENTATION DAY

Pictures



UC Cooperative Extension – 883 Lakeport Blvd., Lakeport, CA 95453

Email: celake@ucanr.edu • Website: <http://celake@ucanr.edu> • (707) 263-6838 • FAX: (707) 263-3963



4-H Fling & Expo

A Lake County Field Day
March 24, 2018
Presbyterian Church, Kelseyville



Entries Open To All Lake County 4-H Members
--Visitors welcome at all other activities--

All entry forms due to the 4-H office Fri. March 10, 2017
(fax, email, or hand deliver)

Bring ALL items to the event between 8:30-9:00 (CHECK-IN)

Name: _____ Club: _____

Address: _____ Phone: _____

Email: _____ Age: _____ Grade: _____

Complete entry form below.

(see attached pages for category descriptions)

YOUTH Foods

- ☐ Best Dump Cake (people's choice)
- ☐ Best Bar Cookie Contest (people's choice)
- ☐ Themed place setting (people's choice)
- ☐ Themed cupcakes (people's choice)
- ☐ Fruit smoothie blend off (age 9+)



OTHER

- ☐ Leprechaun Trap (people's choice)



YOUTH Fun (open for all members, no need to pre-register)

- Taste tests/samples
- Worm FUN!!! 
- Bubble, Bubbles & More Bubbles! 
- Make a fossil 
- Nature Scavenger Hunt
- Make cool crafts
- Veggie Quiz
- Origami Butterfly 
- Breakfast Scramble
- Craft a Bird Caller & Feeder
- People's choice voting 
- Win door prizes
- and SO MUCH MORE!!

Fun Activities and Judging Contests *(Deliver at check in day of event)*

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

Best Dump Cake (people's choice)—deliver on event day at check in

A fun and easy dessert. Find many recipes on the internet; make your favorite. Bring the cake in disposable tin pan. Include a 3" x 5" card listing participant's name & club, and the complete recipe. Dump cakes will be voted on for overall appearance, texture, consistency, and taste.

Best Bar Cookie Contest (people's choice) — deliver on event day at check in

This baked item will be voted on for texture, consistency, and taste. Bake your cookies and deliver them on the day of the event. **See amounts below.**

Bring three whole cookies on a plate (enclose in clear plastic zip bag) AND 6-7 more cut into quarters=24+ sample bites on another plate. Write your name, age, and 4-H club on the bottom side of the cookie plate. Bring a copy of your recipe.

Themed place setting (people's choice) – deliver on event day at check in

Be creative and pick a clear theme (birthday, holiday, western, storybook, insects, etc)...Overall place setting should be an expression of the youth's creativity; homemade touches are encouraged!

- Table settings are to be constructed/arranged by exhibitor and displayed on the day of the event.
- One place setting is to be displayed, including a table covering, dinnerware, glassware, flatware, centerpiece all arranged according to table setting guidelines and appropriate to theme/occasion.
- Centerpieces or decorative accessories are acceptable if appropriate. Limited to 25x30 inch area. Plan ahead.
- **Have fun with this!** The idea is that it is fun to make a table artful and pleasant and that having meals at the table is a great way to spend time with family and friends.

Smoothie Blend off-- Trophy for best!

Bring your blender and ingredients (2 batches) and compete for the best fruit smoothie.

Not open to clover buds. (Counts as a presentation). Judges may ask questions.

Fancy Themed Cupcakes (people's choice) – deliver on event day at check in

Make 3 decorated cupcakes based on one creative theme (birthday, holiday, western, storybook, insects, etc). Everything on it has to be edible. **(People's Choice based on appearance only)**

Leprechaun Trap (design and build) (people's choice) – deliver on event day at check in

Remember, leprechauns are tricky fellows, so you must be creative and clever. Make a contraption with a net, boxes, a clean can, or anything else you can think of such as paper towel rolls, empty containers, tin foil, paper, string or yarn, sandwich bags, etc.

Fun Activities & Skills Events (drop in activities for everyone; no need to pre-register)

Taste tests/samples...Origami Butterfly...Make a fossil...Nature Scavenger Hunt...Make cool crafts
Veggie Quiz...Breakfast Scramble...Craft a Bird Caller & Feeder...People's choice...voting....

Win door prizes and MORE!!

LAKE COUNTY 4-H COUNCIL | 2017-2018 CALENDAR

JULY 2017						
S	M	T	W	Th	F	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
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23	24	25	26	27	28	29
30	31					

- 1 2017/2018 year begins
- 2-6 Summer Camp!
- 4 Independence Day
- 11 EC meeting at 5pm

- 1 New Year's Day
- 10 EC meeting at 5pm
- 15 M.L. King Day
- 22 4-H Council Meeting

JANUARY 2018						
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AUGUST 2017						
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- 5 Grill on Green (Volunteers needed)
- 8 EC meeting at 5pm
- 25 Proficiency/Pins/Strips/Stars List Due to 4-H Office
- 30 Ice Cream Social (Fair)
- 8/31 - 9/3 Lake County Fair

- 13 EC meeting at 5pm
- 17 Presentation Day - Upper Lake High School
- 19 Presidents' Day

FEBRUARY 2018						
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SEPTEMBER 2017						
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- 8/31 - 9/3 Lake County Fair
- 4 Labor Day
- 8 County Record Book Due
- 13 EC meeting at 5pm
- 24 Achievement Night 4pm (Kelseyville HS)
- 30 KV Pear Festival - Kids Area

- 13 EC meeting at 5pm
- 24 4-H Fling
- 26 4-H Council Meeting

MARCH 2018						
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OCTOBER 2017						
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29	30	31				

- 1-7 National 4-H Week
- 09 Columbus Day
- 11 EC meeting at 5pm
- 23 4-H Council Meeting
- 31 Halloween

- 1 Easter Sunday
- 10 EC meeting at 5pm

APRIL 2018						
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NOVEMBER 2017						
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- 11 Veterans Day
- 15 EC meeting at 5pm
- 23 Thanksgiving Day

- 8 EC meeting at 5pm
- 13 Mother's Day
- 21 4-H Council Meeting
- 26 Kiwanis Breakfast
- 28 Memorial's Day
- Nominations Search - President & Secretary

MAY 2018						
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DECEMBER 2017						
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24	25	26	27	28	29	30
31						

- 13 EC meeting at 5pm
- 16 Wreaths Across America
- 25 Christmas Day

- 12 EC meeting at 5pm
- 17 Father's Day
- 25 4-H Council Meeting Elections (Pres/Secretary)
- 30 2017/2018 Year Ends

JUNE 2018						
S	M	T	W	Th	F	S
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24	25	26	27	28	29	30

Yellow - Meetings Turquoise - Events

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THE 4-H PLEDGE

CALENDAR OF EVENTS

I pledge my...

HEAD to clearer thinking,
HEART to greater loyalty,
HANDS to larger service,
HEALTH to better living,
for my club,
my community,
my country,
and my world.

March

- 13 4-H Executive Committee Meeting 5:00 p.m. 4-H Office
- 14 Citizenship & Leadership – All you can eat pizza fundraiser – DJ Pizza, Lower Lake 5-8 p.m.
- 24 4-H Fling – Kelseyville Presbyterian Church – 9:00 a.m.
- 26 4-H Council Meeting – 6:30 p.m. 4-H Office
- 28 4-H Camp Steering Committee Meeting – 6:30 – 8:30 p.m. – Ukiah 4-H Office.

April

- 10 4-H Executive Committee Meeting 5:00 p.m. 4-H Office
- 30 Deadline for Alexander Scholarship

May

- 8 4-H Executive Committee Meeting 5:00 p.m. 4-H Office
- 11 4-H Camper & CIT \$250.00 payment DUE

For an online calendar of upcoming events go to:

http://celake.ucanr.edu/4-H_Program/Upcoming_Events



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Agriculture and Natural Resources

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Check out our website for more updates and resources:
<http://celake.ucanr.edu>

FIND US ON FACEBOOK!!!



<https://www.facebook.com/LakeCounty4HProgram>

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