



## UPCOMING EVENTS



<u>DATE</u>	<u>EVENT</u>	<u>PAGE</u>
<b>MARCH</b>		
10	LEGO Workshop/Record Book Workshop	5
12	Regional Presentation Day entry deadline	6
17	Home Ec Review and Cooking Craze!	7-8
21	Colusa County 4-H Council Meeting	5
22	Presentation Practice	3
24	Regional Presentation Day, Wheatland	6
<b>APRIL</b>		
5	Market Hog, Lamb & Goat Online entries due	9
14	Small Animal Field Day	10
20	Fashion Review Entries Due	12-13
28	LEGO Workshop/Record Book Workshop	5

“Venture outside your comfort zone.

The rewards are worth it.”

—- Rapunzel (Tangled)

Aubrey Furukawa  
Colusa County 4-H Program Representative  
aefurukawa@ucanr.edu

UC Cooperative Extension  
100 Sunrise Boulevard, Suite E  
Colusa, CA 95932

Phone: (530)458-0570

# 4-H News

## March 2018



University of California  
Agriculture and Natural Resources

4-H Youth Development Program

### EMMA'S CORNER



Hello, I am Emma Doherty, your Colusa County 4-H All Star.

The months before fair are a busy time for us all and we often get caught up on everything we are doing. However, this is not an excuse to get out of something we have committed to. Every year hundreds of animals come to the fair and it is our job as owners to take care of them and make sure they are comfortable. They need to have food on a regular schedule, clean water, and a clean pen. They are your responsibility and they are relying on you. These upcoming months will get warmer and we need to make sure we take care of our animals and keep them safe.

### AUBREY'S ANNOUNCEMENTS

Hello Colusa County 4-H'ers, get ready for a busy month! This month we have a Lego workshop paired with a Record Book workshop coming up this weekend. Record Books are right around the corner and I don't want anyone to feel like they're not fun. Come and get them all caught up and learn about some ways you can have fun while putting them together! We also have our Home Ec. Review and Cooking Craze coming up, I'm so excited for Cooking Craze and I hope everyone will have a lot of fun on the 17<sup>th</sup>. Remember we are having a secret celebrity judge from here in Colusa! On the 24<sup>th</sup> we have Area Presentation Day for any of our Gold medalists at the County or Arbuckle Presentation Days. We are hosting a presentation practice day on the 22<sup>nd</sup> if anyone would like an extra practice before the big day in Wheatland. As always if anyone has any questions about any of the events going on please contact me, I love hearing from my 4-H'ers and parents! Send me pictures of what you are doing in your projects and we can include it in the next newsletter. J. CCL's and volunteers, thank you so much for everything you do, I appreciate you! If you need support please don't hesitate to reach out.

Anyone can contact me at: [aefurukawa@ucanr.edu](mailto:aefurukawa@ucanr.edu)

### SMALL ANIMAL FIELD DAY IN THE WORKS

**Date:** April 14, 2018

**Time:** TBD (possibly 8-9am start time)

**Location:** Colusa County Fairgrounds

**No pre-registration required** just come out and have fun!



The Animal Science Committee is trying to put together a small animal field day in April. But we need volunteers and help to make this day a success!

We are trying to have Dogs, Pygmy Goats, Rabbits/Cavies, and Poultry represented at the field day. For each type of animal we are trying to put together a Breed ID event, Class Judging and a Showmanship demonstration. Please contact me at [aefurukawa@ucanr.edu](mailto:aefurukawa@ucanr.edu) if you know anyone or if you would like to help us with any of the various events.





# MARCH 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 Williams, 6:30	6	7 Maxwell, 7	8	9	10 LEGO Work- shop, 10-12, 1-3
11 Stonyford, 4	12 Reg. Pres. Day deadline Colusa Comm. 6 Princeton 6:30 Arbuckle 7	13	14	15	16	17 Home Ec Review, 9, Maxwell
18	19	20	21 4-H Council Meeting, 6	22	23	24 Regional Pres. DayWheatland
25	26 Colusa Swine, 6	27	28	29	30	31

## PRESENTATION PRACTICE SESSION OFFERED!



For the first time we are offering presentation practice for those who want additional constructive critiquing on their presentation. Presentation practice will be held in the CIP conference room on March 22<sup>nd</sup> from 5pm-7pm. Please contact the 4-H Office at 458-0570 to reserve your time slot. This event is only open to those who will be presenting at Area Presentation Day on March 24<sup>th</sup>.



UCCE Colusa County 4-H Office | 100  
Sunrise Blvd | Colusa | CA | 95932 530.458.0570 | FAX  
530.458.4625 | cecolusa.ucanr.edu





# APRIL 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Williams, 6:30	3	4 Maxwell, 7:00	5 Market Hog, Lamb, & Goat online entries due	6	7
8 Stonyford, 4:00	9 Princeton, 6:30 Arbuckle, 7:00 Hog, Lamb, & Goat Weigh In, 3:30-5	10	11	12	13	14
15	16	17	18	19	20	21
22	23 Colusa Swine, 6 Colusa Comm,6	24	25	26	27	28 LEGO, 5-8, 10-12 9-up, 1-3
29	30					

## COLUSA COUNTY 4-H CLUBS

Arbuckle 4-H Club meets at Arbuckle Elementary School Multipurpose Room, 2nd Monday of the month, 7:00 p.m.

Colusa Community 4-H Club meets at St. Bernadette's Hall, Gym/Multipurpose Room, on varying Mondays, 6:00 p.m.

Colusa 4-H Swine Club meets at the Colusa Industrial Properties Conference Room, on varying Mondays, 6:00 p.m.

Maxwell 4-H Club meets at Maxwell Elementary School Multipurpose Room, 1st Wednesday of the month, 7:00 p.m.

Princeton 4-H Club meets at Princeton High School Cafeteria, 2nd Monday of the month, 6:30 p.m.

Stonyford 4-H Club meets at the Stonyford Town Hall, 2nd Sunday of the month, 4:00 p.m.

Williams 4-H Club meets at the Williams High School College & Career Center, 1st Monday of the month, 6:00



# 4-H Council Meetings

## Record Book Workshop

I pledge my...  
hands to larger service.

The 4-H Council assists the University of California Cooperative Extension in planning, promoting, and carrying out 4-H youth development work, by operating in compliance with UC policies and the Mission, Core Values, and Framework of the 4-H Youth Development Program.

Council members are encouraged to participate in the decision making for program operations, and the Council raises funds to support 4-H at the County level.

Council develops mechanisms for providing training and support of adult volunteers and youth.

Is your Club represented at Council meetings?

Club	July	Sept	Nov.	Jan.
Arbuckle	X	X	X	X
Colusa Community	X	X	X	X
Colusa Swine	X	X	X	X
Maxwell	X		X	
Princeton	X	X	X	X
Stonyford				X
Williams	X			

The next Council meeting is Wednesday, March 21, at 6:30 p.m. in the CIP Conference Room. Please contact your Community Club Leader if you are interested in being involved with your 4-H Council. We encourage participation of all leaders, members, and parents.

## RECORD BOOK WORKSHOPS

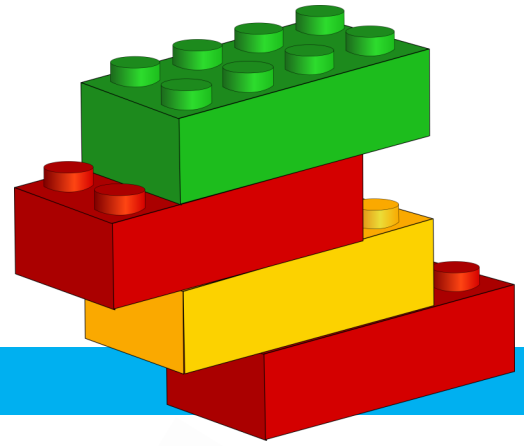


Come join us during the Lego Workshops on March 10<sup>th</sup> and April 28<sup>th</sup> from 10am-12pm and 1pm-3pm at the 4-H Office. We will be offering assistance with where you can list activities, events, awards and other entries in your Personal Development Report. If you need help with your Annual Project Reports or any other part of your Record Book we can help give tips and guide you so you can learn how fun and easy it is. Don't wait to the end of the year to do your

Record Book, keeping it up to date is very helpful so you don't have to stress at the end of the year trying to remember everything. Even if you haven't done a Record Book before come and learn about how fun it can be!

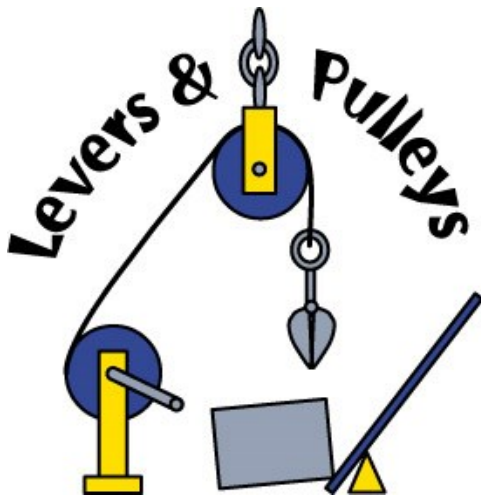
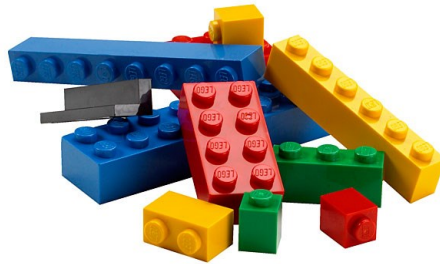


# LEGO WORKSHOPS



We have two future LEGO workshop dates scheduled!

The first date is **March 10**. The 5-8 year old LEGO fans will be working on transportation projects. First, they will get to build a truck of their choice and then learn about adding a pull back motor to their vehicle! Pull back your vehicle, let it go, and see what happens! Does it zoom down the hallway? Will it fly over obstacles? Be sure to come and find out!



The 9-14 age group will take on building creations powered by belts and pulleys. They will once again take their motorized vehicle to the zip line and see how they stack up to the competition!

The second date is **April 28**. The 5-8 age group will be working on a vehicle of their choice and will experience what happens when a Power Functions motor is added on! Take it out for a test drive!

The 9-14 year olds will be battling it out with their creations on the Battle Track! Whose creation will outlast the others?

Both workshops will have the 5-8 year olds from 10 to noon and the 9-14 year olds from 1 to 3. You can sign up at any time! Classes are limited, so be sure to sign up to make sure you're not left out! Call 458-0570 if you have questions. Each class will be \$20. Payment can be brought to the UCCE Office at 100 Sunrise Boulevard, Suite E or mailed to P.O. Box 180 Colusa, CA 95932.





# Arbuckle Presentation Night Results



Congratulations to all of our Gold Medal winners at County and Arbuckle Presentation Days!

Area Presentation Day will be held on March 24<sup>th</sup> starting at 8am at Wheatland High School hosted by Yuba/Sutter Counties. Registration for Area Presentation Day ends on March 14<sup>th</sup> and can only be completed online. [http://cesutter.ucanr.edu/Youth\\_Development/Events\\_-\\_Announcements/County\\_Presentation\\_Days/Regional\\_Presentation\\_Day/](http://cesutter.ucanr.edu/Youth_Development/Events_-_Announcements/County_Presentation_Days/Regional_Presentation_Day/) If you have any questions about registration please contact Tracy Bishop at [tmbishop@ucanr.edu](mailto:tmbishop@ucanr.edu) or Rene McCrory at [rjmccrory@ucanr.edu](mailto:rjmccrory@ucanr.edu).

We need volunteers to help with being room hosts and evaluators for Area Presentation Day. For every 5 youth attending we need to send 4 volunteers from our county. Please contact the 4-H Office at 458-0570 if you are able to help out on the 24<sup>th</sup> in Wheatland. Thank you in advance volunteers, we appreciate you!

Those receiving a Gold Medal were: Alexandra Rubendall, Angelo Jacobson, Bethany Bento, Brandon Weber, Caitlin Vaca, Helena Harris, Calvin Bair, Cole Simmons, Carly Simmons, Connor Umble, David Fong, Emma Doherty, Estefani Rodriguez, Everett White, Gracie Gibbons, Helena Weston, Luke Weston, Hudson Bair, Ivan Deardorff, Jack Ehrke, Bryce Murphy, Jacob Vann, Joseph Jacobson, Liah Mendoza, Tomas Mendoza, Lilliana Lievanos, Lilyana Perez, Lina Perez, Magali Jauregui, Marlene Jauregui, Marley Garcia, Michael Lewis, Morgan Erickson, Nathan Gomez, Quin Stephens, Rebecca Felix, Rebekah McPeck, Roberto Ramirez, Ky Watson, Rodney Hofhenke, Ryann Burgess, Wesley Burgess, Kaci Burgess, Jason Burgess, Kylie Burgess, Kali Burgess, Tatum Mulqueeney, Tony Maldonado, and Colton Van Laningham.



Blue ribbon winners were: Alex Grajeda, Anthony Felix, Ariana Ambriz, Isela Ambriz, Audrey Washburn, Carter Hartill, Charlotte Wayman, Chasey Miller, Danica Hagle, Gus Doherty, Hannah Grimmer, Joel Haro, Justin Burgess, Katie Washburn, Kelly Burgess, Leah Charter, Logan Umble, and Sydney Erickson.



Red ribbon winners were: Alex Jorge, Belsazar Haro, Brody Wayman, Caleb Dafoe, Desiree Garcia, Emma Flemming, Guillermo Jauregui, Kallie Stassi, Keith Grimmer, Lilliana Huerta, Mariah Orozco, Rebecca Tinoco, and Thomas Sweet.



White ribbon winners were: Brian Ambriz, Cristian Garcia, Daniel Calderon, Dante Muzzi, Elizabeth Saavedra, Emma Schloesser, Isaac Tirado, Jacqueline Aceves, Julianna Dorantes, Natalie Camberos, Miwako Marengo, Roberto Ayala, Monika Herrera, Stefanie Navarro, and Salvador Martinez.





# Home Ec Review



**Date:** March 17, 2018

**Time:** 9am – Registration and Check-In

**Location:** Maxwell Elementary School

**Entries are now closed.**

Home Ec. Review is a day designed to provide members with the opportunity to showcase what they are learning within their project areas. They get public speaking practice while showcasing their projects and the chance to receive awards for their exhibits. We have various project categories you can participate in such as, Arts & Crafts, Cake Decorating, Leathercraft, Photography, Sewing, Quilting, Food/Nutrition, ect. There is something for everyone and we encourage all members to participate, even Primary members(5-8 years old)!

Members may enter a table setting and a stand-alone entry in the same category. Members **MUST** be enrolled in the project to exhibit in the category (no exceptions).

In addition to the projects regularly at Home Ec. Review, we have added a new competition, Cooking Craze! You can find more information about Cooking Craze on the next page.

**If you are interested in exhibiting at Home Ec. Review and participating in the Cooking Craze competition you will be able to complete your showmanship at the review before the cooking competition starts.**

## CALLING FOR VOLUNTEERS!

Volunteers are needed for Home Ec. Review. Please call the 4-H Office at 458-0570 if you are interested in helping us in any of the following! We so appreciate our volunteers!

Registration Table

Tabulation Room

Kitchen Staff

Monitors

Runners

Reason's Judge

Judges for the entries: Arts and Crafts, Cake Decorating, Ceramics, Consumer Science Purchased \$40, Commodities, Floral Design, Foods & Nutrition, Cooking Craze Competition, Home Furnishings, Mini Gardens, Photography, Scrapbooking, Taxidermy, etc.





# Cooking Craze!



## HOME EC REVIEW AND COOKING CRAZE

New this year at Home Ec. Revue, put those cooking skills to the test for our Cooking Craze appetizer challenge! Do you like watching cooking competition shows on TV like Iron Chef or Chopped? Have you ever wondered what it's like to be under time pressure and present a dish to the judges? Well now you can experience it for yourself! We will be hosting an appetizer challenge this year during Home Ec. Revue where you will have 1 hour to plan, prepare and plate an appetizer for a panel of judges using a secret meat and dairy product. You don't even need to be in a cooking project to participate, so gather a few of your friends and join us for our Cooking Craze competition!

**Date:** March 17, 2018, During Home Ec. Revue

**Time:** 11:00-12:00, Preparation and cooking, Judging to follow

**Teams:** Up to 2 teams per Colusa County 4-H Club, with 2 to 4 members and 1 adult supervisor. This is open to regular members only, aged 9 to 17.

**Secret Food Item:** Each time will be provided with 1 secret meat product and 1 secret dairy product. (Advice will be provided if the teams are unfamiliar with the preparation of the food item)

**Judging:** There will be 3 independent judges. With one being a celebrity judge from a local restaurant here in Colusa!



Cooking will be indoors, with outdoor space available if needed for outdoor cooking equipment (BBQ's, etc.)

Additional items provided to each team include: Electric cooking pan, food preparation gloves, trash cans and bags, ice, fire extinguisher, basic seasonings (shared amongst all teams), preparation table and a first aid kit.

The team is to provide their own cooking utensils, spray bottle of 10% bleach and water (labeled), paper towels, condiments/sauces, aprons, towels, oven mitts, and any additional ingredients they think they might use (cannot bring meat or dairy products).

Teams are expected to bring plating supplies and present their cooked items in a planned manner. The team should maintain a clean work space at all times. The teams will have 1 hour to plan, cook and present their appetizer to the judges.

### Recommended time schedule:

10:45 – Introduction and Instructions

11:00 timer starts – Plan appetizer

11:10 – Prep meat for cooking

11:25 – Cook meat

11:45 – Finish dish

11:50 – Plating appetizer for judging

12:00 – Judging starts

### The score card will be as follows:

Taste/Flavor	50%
Originality	25%
Presentation	15%
Cleanliness	10%

## Colusa County Fashion Revue

"Fashion Through the Ages"

**Date:** May 6, 2018

**Location:** CIP Conference Room

**Time:** 12:00-5:00pm, Awards ceremony to follow fashion runway

**Participants:** Members DO NOT have to be in a clothing project to enter Fashion Revue, but will need to enroll in the county-wide fashion review project in 4-H Online. Each member may enter up to 2 outfits.

**Judging:** Participants will be judged on the craftsmanship of their outfit according to the Fashion Revue guidelines. Modeling is an integral part of the Fashion Revue and participants will be judged on their modeling. They are expected to participate in the fashion runway event. The full category guidelines can be found at: [http://4h.ucanr.edu/4-H\\_Events/SFD/SFR/](http://4h.ucanr.edu/4-H_Events/SFD/SFR/)

**Entries due online by:** April 20, 2018 11:59pm (No late entries accepted!) Paper Entry forms are available at the 4-H Office. Paper entry forms need to be turned in by 5pm at the office on April 20<sup>th</sup>.

The outfit must be produced and modeled by the individual member during judging and the fashion show (not created for someone else). All outfits must meet the 4-H Dress Guidelines, found at <http://4h.ucanr.edu/files/210170.pdf>.

The 5 categories for 2018 State Fashion Revue are Traditional, Upcycled, Consumer Science Purchased \$40 limit, and the 2 challenges: See It, Sew It Challenge and Retro/Vintage Inspired Challenge. Only these 5 categories are included for 2018 at the state event. All entries in the state event must conform to the State Fashion Revue category rules.

Community Service opportunity – Drawstring Bags for US Troops

### Event Schedule

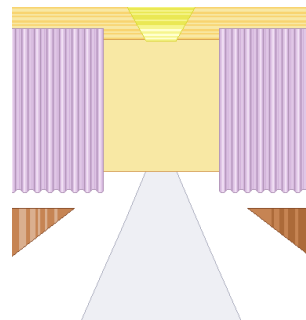
12:00 – outfits will be judged flat on tables

1:30 – Showmanship with members and outfits

2:30 – Fashion runway starts

3:30 – Refreshments/Tabulations

4:00 – Awards ceremony





## FASHION REVIEW

**Consumer Science Purchased, \$40.00 Limit** for the entire outfit, includes shoes but not sales tax. Receipts from the current 4-H year are required for any item that is visible. Gifts, prior purchases, and items without receipts are not eligible for this category. Receipts from yard sales, etc. may be hand written. The member should consider value vs. cost, versatility, the shopping experience, and coordination of the outfit within the cost limit. There is no 4-H project requirement; any 4-H member may enter this category.

**Upcycled** – take one or more existing garments and turn them into a new, different, and wearable garment. Additional fabrics, trim and supplies may be used during the construction process. The upcycled garment must be

sewn by the member as part of the 4-H Clothing & Textiles project. Additional upcycled and/or sewn garments are encouraged to complete the outfit. A “before” photograph showing the original garment(s) is required. This is not an alteration - such as a large dress taken in to fit a smaller person that still retains the same lines. It is where the garment has been cut apart and remade into a new garment that looks different. The emphasis is on the transition of the garment. The outfit entered in the Upcycled category must include an accessory of your choice, handmade by the participant.

**See It, Sew It Challenge** Have you found an outfit online or in a magazine that you would love to copy for yourself? This category is perfect for you! Start with a picture of a new garment or outfit from a current magazine, catalog, store display, or website. List the retail price if you were to purchase the garment or outfit. Then get creative and copy it. Include the cost of your sewn garment/outfit. Use of a commercial or hand-drawn pattern is your choice (the original picture cannot be from the pattern envelope.) The garment must be made in the Clothing and Textiles project. The focus of this category is copying a new garment and making it fit you. The entry should only be modified for fit, type of fabric, or color/print of fabric, keeping it as close to the original as possible. Copying a vintage Lucille Ball dress, for example, would be in the Retro Challenge.

### Retro/Vintage Inspired Challenge

Create an outfit that is inspired by a vintage design using new fabric and notions. Vintage is 20-100 years old, so use an inspiration that is from 1900-2000. The entry must state the year or period of the design and include a drawing, photo, or description of the design that inspires your outfit. At least one garment must be handmade by the member. Other garments and accessories can be handmade or purchased but must be representational of the same era. There is no 4-H project requirement; any 4-H member may enter this category.

Ideas for sources of inspiration include but aren't limited to: a sewing pattern that belonged to your parent, an outfit worn by your parent or grandparent in their youth, an iconic outfit worn by someone famous like Lucille Ball, Nancy Reagan, John Wayne, or James Dean, or use one of the new sewing patterns labeled Retro.





# Happy Birthday to You!



## March Birthdays



- ♣ Alexander Taylor ♣ Allison Traynham ♣ Alondra Melendrez ♣  
 ♣ Angelo Jacobson ♣ Anthony Granados ♣ Audrey Pearson ♣  
 ♣ Cadance Kent ♣ Cade Smith ♣ Calin Nall ♣ Carlie Charter ♣  
 ♣ Colt Montgomery ♣ Damein Arreguin ♣ Destiny Arreguin ♣  
 ♣ Ernie Lemus ♣ Fabian Ayala ♣ Guadalupe Espinoza ♣  
 ♣ Hannah Grimmer ♣ Ivan Deardorff ♣ Jessie Gibbons ♣ Jose Olivares ♣  
 ♣ Joseph Jacobson ♣ Julianna Dorantes ♣ Kelli Joel ♣ Ky Watson ♣  
 ♣ Lilyana Perez ♣ Mallori Garofalo ♣ Peyton Miller ♣  
 ♣ Raymond Frias ♣ Reese Cunningham ♣ Rocco Olhiser ♣  
 ♣ Shelby Dunlap ♣ Tallula Sullivan ♣



## FAIR ENTRIES AND INFORMATION

<u>Species</u>	<u>Online Entry due</u>	<u>Pre Weigh In</u>
Market Hogs, Lambs, & Goats	April 5	April 9, 3:30 to 5 p.m.
Market Rabbit, Poultry Pens	May 2	May 7, 3:30 to 5 p.m.
Breeding Stock & Primary Member Show	May 3	

### Still Exhibits

Paper Entry Forms	May 3 by 4 p.m. in the Fair Office
Online Entry Forms	May 10 by 11:59 p.m.





Every day I use what I  
learned and practiced in 4-H.  
It was the best activity of my  
youth and life!  
-4-H Member

I pledge my...

**HEAD** to clearer thinking,  
**HEART** to greater loyalty,  
**HANDS** to larger service,  
**HEALTH** to better living,  
for my club,  
my community,  
my country,  
and my world.

Yo prometo

**mi mente** para pensar claro,  
**Mi corazón** para ser leal,  
**Mis manos** para servir mejor,  
y **mi salud** para vivir mejor,  
en mi club,  
mi comunidad,  
mi nación,  
y mi mundo



**University of California**  
Agriculture and Natural Resources

Copyright © 2014 The Regents of the University of California.

UCCE COLUSA COUNTY 4-H OFFICE  
100 Sunrise Blvd, Suite E  
Colusa, CA 95932  
530.458.0570

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf> )

Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

Aubrey Furukawa  
Colusa County 4-H Program Representative  
[aefurukawa@ucanr.edu](mailto:aefurukawa@ucanr.edu)

