

# THE 4-H 4-1-1



University of California  
Agriculture and Natural Resources

February 2018



## Everybody ready for 4-H Summer Camp and excited for a week filled with fun activities???

This year, camp will be July 1-5, 2018 at the Mendocino Woodlands. We are excited to return to this beautiful setting, with new activities and sessions being planned now.

Cost this year is \$200 for Teens and \$250 for Campers/CITs. Payment plans are welcomed and some scholarships are available. Deadline for registration will be in May.

Campers and CIT's registration forms are posted online at <http://ucanr.edu/summercampforms>

Parents, we are also looking for help planning camp and to be chaperones at camp. If you are interested in helping out, or just want to learn more about summer camp, we invite you to join us at the Mendocino Lake 4-H Summer Camp Steering Committee meeting. We meet on the 4th Wednesday of every month from 6:30pm-8:30 pm at the Ukiah 4-H office.

If you are interested please contact Tascha Whetzel at [twhetzel@pacific.net](mailto:twhetzel@pacific.net) or Julie Frazell at [jfrazell@ucanr.edu](mailto:jfrazell@ucanr.edu) or (707) 263-6838.

## COUNCIL MEETING

Next Council Meeting

**March 26, 2018**

Executive Committee will meet

**March 13, 2018 - 5:00 p.m.**

## Important 2018 Mendocino Lake 4-H Summer Camp Dates

February 24, 2018- deadline for Counselor fee of \$200.00. Payable to

4-H Summer Camp and paid online or turned into 4-H office. For online registration and credit card payment go to:

<http://ucanr.edu/survey/survey.cfm?surveynumber=21357>

May 11, 2018- deadline for Camper and CIT fee of \$250.00. Payable to 4-H Summer Camp and turned into 4-H office or paid online at

<http://ucanr.edu/survey/survey.cfm?surveynumber=21357>. *\$100 Down to hold your spot Registration Fee Due May 11, 2018; Payments are welcome and some Scholarships are available*

Third Wednesday of Feb-June- Counselor Training meetings. 6:30-8:30 at Ukiah 4-H office. (2/21, 3/21, 4/18, 5/16, 6/20). An additional Saturday date TBD. Please contact Tascha Whetzel 468-8316 for more information.

Fourth Wednesday of Jan-June- Camp Steering Committee meetings. 6:30-8:30 pm at Ukiah 4-H office. (1/24, 2/28, 3/28, 4/25, 5/23, 6/27). Parents and Adult volunteers needed and welcomed. Please contact Julie Frazell 263-6838 for more information.

July 1-5, 2018- Summer Camp at Mendocino Woodlands

# 4-H FLING & EXPO

A Lake County Field Day

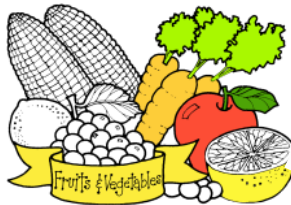
**Saturday March 24, 2018**

**Presbyterian Church,  
Kelseyville**

**Open to All Lake County 4-H  
Members & Friends  
9:00 am - 12:30 pm**

Crafts, food, fun, prizes!

Entry form and Category  
descriptions in this newsletter!!



## JOANN AND 4-H Partnership

Anyone can join 4-H and JOANN in bringing impactful 4-H experiences to more kids in their local community. Here's how:

1. **Sign up for the new 4-H Reward Card at <http://www.joann.com/4-h/>.**
  - o The 4-H and JOANN customers can save money while "shopping with purpose" with the free 4-H Reward Card.
2. This new 4-H Reward Card gives JOANN shoppers 15% off their total in-store and online purchases every day, and gives a minimum of 2.5% of every eligible transaction as a donation to 4-H. Be sure to enter "Lake, CA" under "4-H Group Location: County, State." California 4-H will receive a donation every time you use your Reward Card.

**JOANN**  
fabrics and crafts

## ANDERSON MARSH COMMUNITY DISCOUNT CARD FUNDRAISER!!

Cards are **\$10 each**. Anderson Marsh 4-H will get to keep **\$5 from each card sold**. **OVER 20 business** are participating and you receive the discount every time you go to the business until December 31, 2018. Discount cards will be on sell for 2 or 3 more weeks.

Please contact Carey Hayes at 707-272-8263 to purchase.



## 4-H Shooting Sports Workshops

2018

### State 4-H Shooting Sports Match

Siskiyou County 4-H Leaders Council will host the 2018 State 4-H Shooting Sports Match.

Registration (Postmark) deadline March 2, 2018.

Entry form, rules and registration information are available at the 4-H Office or can be emailed to you by contacting Nicole at [nmgentry@ucanr.edu](mailto:nmgentry@ucanr.edu).



## 2018 State Archery Match

This year the event is put on by Nevada County. The entries must be posted by **April 20th**. Please share this with anyone you know who would be interested.

For questions regarding payments or entry procedures please contact  
Jill Simmons - UCCE Nevada County  
(530) 273-4769  
Email: [jcsimmons@ucanr.edu](mailto:jcsimmons@ucanr.edu)

For questions regarding rules, targets, scoring, awards, etc. please contact  
Jeanette Oliver  
(530) 575-9572  
Email: [jlo63@comcast.net](mailto:jlo63@comcast.net)

Entry forms and additional info are also available at the 4-H Office or by emailing Nicole at [nmgentry@ucanr.edu](mailto:nmgentry@ucanr.edu)

## Resources for 4-H Animal Science Projects

Project leaders will find: Knowledge bowl questions, talking points for members at animal shows, curriculum, bio-security tips, and much more at:

[http://4h.ucanr.edu/Projects/STEM/SET\\_Projects/Animal/](http://4h.ucanr.edu/Projects/STEM/SET_Projects/Animal/)

### Educational Videos

In collaboration with the California Department of Food and Agriculture, UC Davis developed three informational videos that summarize bio-security risks and recommendations to improve practices. The videos are available to all community members for free. It is highly recommended all 4-H animal science project leaders incorporate the videos in their project meetings.

**Fair Administrators:** Focusing on recommendations for bio-security procedures and policies that will support risk mitigation at California fairs and exhibitions.

**Youth Livestock Exhibitors:** Focusing on bio-security risk assessment and mitigation strategies, and recommendations for implementing these procedures on farm and at fair.

**Fair Visitors:** A highly visible Public Service Announcement highlighting hygiene and other risk mitigating practices that will help educate visitors at fairs throughout California.

The videos can be viewed at:

[http://ucanr.edu/sites/bio-securityeducation/Educational\\_Videos/](http://ucanr.edu/sites/bio-securityeducation/Educational_Videos/)

### UC Davis Veterinary Medicine Programs:

- Animal Welfare
- Beef Cattle Herd Health
- Bio-Security Education
- Dairy Production and Food Safety
- Poultry Programs
- Small & Urban Farms
- Youth Scientific Literacy
- Microbial Waste Management

<http://www.vetmed.ucdavis.edu/vetext/programs/index.cfm>



# CLUB & PROJECT UPDATES

## **Anderson Marsh 4-H Club - submitted by Katy Evans**

For our January meeting we made Valentines for troops and shared with Operation Tango Mike. We will be helping with Fling. Projects are well underway. Many of our members with livestock projects attended the fitting and showing field evening hosted by Rainbow Ag.

## **Big Valley 4-H Club – submitted by Michelle Brown**

Big Valley 4H is in full swing. Members have been attending meetings in Arts & Crafts, Baking, Poultry, and Rabbit & Cavies. Pictured: Club members working diligently on Thank You gifts for Presentation Day judges.



## **Blue Heron 4-H Club - submitted by Peggy Alexander**

Blue Heron has its presentation/show and tell event at its February meeting. Our small animal project members are making plans to attend the Cloverdale fair, some to observe, some to compete. Outdoor Adventure and the Wildlife project partners for a wonderful day at Highland Springs Park Feb. 4. They did a habitat/wildlife scavenger hunt and played some prey/predator games. Some members are planning to attend Presentation Day on the 23rd.

## **Citizenship & Leadership - submitted by Karen Hayes**

See you next month!!! Submissions must be made by the 4<sup>th</sup> Monday of the month to make it in the newsletter!!

## **Cobb Mountain 4-H Club - submitted by Stacie Judson**

See you next month!!! Submissions must be made by the 4<sup>th</sup> Monday of the month to make it in the newsletter!!

## **Cole Creek 4-H Club -**

See you next month!!! Submissions must be made by the 4<sup>th</sup> Monday of the month to make it in the newsletter!!

## **Middletown 4-H Club**

See you next month!!! Submissions must be made by the 4<sup>th</sup> Monday of the month to make it in the newsletter!!

## **Scotts Valley 4-H Club - submitted by: Quinlan Burke**

See you next month!!! Submissions must be made by the 4<sup>th</sup> Monday of the month to make it in the newsletter!!

## **Upper Lake 4-H Club**

Upper Lake 4-H is gearing up for our annual Tri Tip dinner. Our arts and crafts club made a blanket for a door prize drawing! Our dinner will be held March 24th 2018.





# 4-H Fling & Expo

A Lake County Field Day  
March 24, 2018  
Presbyterian Church, Kelseyville



**Entries Open To All Lake County 4-H Members**  
**--Visitors welcome at all other activities--**

**All entry forms due to the 4-H office Fri. March 10, 2017**  
(fax, email, or hand deliver)

**Bring ALL items to the event between 8:30-9:00 (CHECK-IN)**

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

## **Complete entry form below.**

(see attached pages for category descriptions)

### **YOUTH Foods**

- ☐ Best Dump Cake (people's choice)
- ☐ Best Bar Cookie Contest (people's choice)
- ☐ Themed place setting (people's choice)
- ☐ Themed cupcakes (people's choice)
- ☐ Fruit smoothie blend off (age 9+)



### **OTHER**

- ☐ Leprechaun Trap (people's choice)



### **YOUTH Fun (open for all members, no need to pre-register)**

- Taste tests/samples
- Worm FUN!!! 
- Bubble, Bubbles & More Bubbles! 
- Make a fossil 
- Nature Scavenger Hunt
- Make cool crafts
- Veggie Quiz
- Origami Butterfly 
- Breakfast Scramble
- Craft a Bird Caller & Feeder
- People's choice voting
- Win door prizes
- and SO MUCH MORE!! 



## **Fun Activities and Judging Contests** *(Deliver at check in day of event)*

**Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19**

### **Best Dump Cake (people's choice)—deliver on event day at check in**

A fun and easy dessert. Find many recipes on the internet; make your favorite. Bring the cake in disposable tin pan. Include a 3" x 5" card listing participant's name & club, and the complete recipe. Dump cakes will be voted on for overall appearance, texture, consistency, and taste.

### **Best Bar Cookie Contest (people's choice) — deliver on event day at check in**

This baked item will be voted on for texture, consistency, and taste. Bake your cookies and deliver them on the day of the event. **See amounts below.**

Bring three whole cookies on a plate (enclose in clear plastic zip bag) AND 6-7 more cut into quarters=24+ sample bites on another plate. Write your name, age, and 4-H club on the bottom side of the cookie plate. Bring a copy of your recipe.

### **Themed place setting (people's choice) – deliver on event day at check in**

Be creative and pick a clear theme (birthday, holiday, western, storybook, insects, etc)...Overall place setting should be an expression of the youth's creativity; homemade touches are encouraged!

- Table settings are to be constructed/arranged by exhibitor and displayed on the day of the event.
- One place setting is to be displayed, including a table covering, dinnerware, glassware, flatware, centerpiece all arranged according to table setting guidelines and appropriate to theme/occasion.
- Centerpieces or decorative accessories are acceptable if appropriate. Limited to 25x30 inch area. Plan ahead.
- **Have fun with this!** The idea is that it is fun to make a table artful and pleasant and that having meals at the table is a great way to spend time with family and friends.

### **Smoothie Blend off-- Trophy for best!**

Bring your blender and ingredients (2 batches) and compete for the best fruit smoothie.

**Not open to clover buds.** (Counts as a presentation). Judges may ask questions.

### **Fancy Themed Cupcakes (people's choice) – deliver on event day at check in**

Make 3 decorated cupcakes based on one creative theme (birthday, holiday, western, storybook, insects, etc). Everything on it has to be edible. **(People's Choice based on appearance only)**

### **Leprechaun Trap (design and build) (people's choice) – deliver on event day at check in**

Remember, leprechauns are tricky fellows, so you must be creative and clever. Make a contraption with a net, boxes, a clean can, or anything else you can think of such as paper towel rolls, empty containers, tin foil, paper, string or yarn, sandwich bags, etc.

### **Fun Activities & Skills Events (drop in activities for everyone; no need to pre-register)**

Taste tests/samples...Origami Butterfly...Make a fossil...Nature Scavenger Hunt...Make cool crafts  
Veggie Quiz...Breakfast Scramble...Craft a Bird Caller & Feeder...People's choice...voting....

**Win door prizes and MORE!!**

# LAKE COUNTY 4-H COUNCIL | 2017-2018 CALENDAR

JULY 2017						
S	M	T	W	Th	F	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- 1 2017/2018 year begins
- 2-6 Summer Camp!
- 4 **Independence Day**
- 11 EC meeting at 5pm

- 1 **New Year's Day**
- 10 EC meeting at 5pm
- 15 M.L. King Day
- 22 4-H Council Meeting

JANUARY 2018						
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28	29	30	31			

AUGUST 2017						
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27	28	29	30	31		

- 5 Grill on Green (Volunteers needed)
- 8 EC meeting at 5pm
- 25 Proficiency/Pins/Strips/Stars List Due to 4-H Office
- 30 Ice Cream Social (Fair)
- 8/31 - 9/3 Lake County Fair

- 13 EC meeting at 5pm
- 17 **Presentation Day -Upper Lake High School**
- 19 Presidents' Day

FEBRUARY 2018						
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SEPTEMBER 2017						
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24	25	26	27	28	29	30

- 8/31 - 9/3 Lake County Fair
- 4 Labor Day
- 8 County Record Book Due
- 13 EC meeting at 5pm
- 24 Achievement Night 4pm (Kelseyville HS)
- 30 KV Pear Festival - Kids Area

- 13 EC meeting at 5pm
- 24 4-H Fling
- 26 4-H Council Meeting

MARCH 2018						
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

OCTOBER 2017						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- 1-7 **National 4-H Week**
- 09 Columbus Day
- 11 EC meeting at 5pm
- 23 4-H Council Meeting
- 31 Halloween

- 1 Easter Sunday
- 10 EC meeting at 5pm

APRIL 2018						
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29	30					

NOVEMBER 2017						
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19	20	21	22	23	24	25
26	27	28	29	30		

- 11 Veterans Day
- 15 EC meeting at 5pm
- 23 Thanksgiving Day

- 8 EC meeting at 5pm
- 13 Mother's Day
- 21 4-H Council Meeting
- 26 Kiwanis Breakfast
- 28 Memorial's Day
- Nominations Search - President & Secretary

MAY 2018						
S	M	T	W	Th	F	S
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13	14	15	16	17	18	19
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27	28	29	30	31		

DECEMBER 2017						
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 13 EC meeting at 5pm
- 16 Wreaths Across America
- 25 Christmas Day

- 12 EC meeting at 5pm
- 17 Father's Day
- 25 4-H Council Meeting Elections (Pres/Secretary)
- 30 2017/2018 Year Ends

JUNE 2018						
S	M	T	W	Th	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Yellow - Meetings    Turquoise - Events

Calendar Template © www.calendarlabs.com

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## THE 4-H PLEDGE

## CALENDAR OF EVENTS

I pledge my...

**HEAD** to clearer thinking,  
**HEART** to greater loyalty,  
**HANDS** to larger service,  
**HEALTH** to better living,  
for my club,  
my community,  
my country,  
and my world.

### February

- 14 Executive Council Meeting
- 17 Presentation Day – Upper Lake High
- 19 Presidents Day- UCCE Office Closed

### March

- 24 4-H Fling – Kelseyville Presbyterian Church  
– 9:00 a.m.
- 26 4-H Council Meeting – 6:30 p.m. 4-H Office

For an online calendar of upcoming events go to:

[http://celake.ucanr.edu/4-H\\_Program/Upcoming\\_Events](http://celake.ucanr.edu/4-H_Program/Upcoming_Events)



**University of California**  
Agriculture and Natural Resources

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Check out our website for more updates and resources:  
<http://celake.ucanr.edu>

FIND US ON FACEBOOK!!!



<https://www.facebook.com/LakeCounty4HProgram>

**UC  
CE**

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