

Project Leader Dena Sala — Jenkinson DenaJenkinson@sbcglobal.net Cell: 831.578.7005

Welcome to Chualar 4-H!!! Beginning 4-H is a **FUN** introduction to all things 4-H for new junior, intermediate and senior members. You will work with other young people & adult volunteers to make new friends, learn new skills, practice being a leader, work as a team player and give back to your community.

- 1. What you will learn
 - 4-H Pledge and its meaning
 - What the four "H"'s stand for and the 4-H Motto
 - Record book keeping
 - Fun in Front-Public Speaking / Demonstrations
 - Awards...Achievement Pins, Stripes and more
 - B Different projects and opportunities 4-H offers
 - # 4-H attire (fair whites, casual, business casual, & business attire)...what to wear
 - Code of Conduct as a 4-H member
 - Chualar 4-H Shutterfly Share site (calendar of events, photos, documents, extra)
- 2. Meetings
 - Please arrive on time (5- 10 minutes before meeting time)
 - Bring your project binder to project meetings
 - Attend at least 80% of "B4H" project meetings
 - Notify leader(s) in advance if you cannot make it or will be late. Make up projects/activities can be arranged (i.e. Give a 4-H presentation, attend a different projects meeting)
 - **Be** courteous and respectful to others
- 3. Participate, ask questions and most of all have **FUN**
 - Attend/Participate- in at least one club activity
 - Attend/Participate- in at least one county activity
- 4. Activities:
 - Make an Educational 4-H Poster
 - Learn about and Prepare a 4-H presentation
 - Fill out your Beginning 4-H project record book form
 - Order 4-H hat, tie or scarf, and record book cover.

<u>Parent Involvement</u>- Please have one parent or guardian per family attend the Beginning 4-H meetings. We will cover information that will be helpful to enrich your family's experience in 4-H & help your child reach their full potential. Please note: parents/guardians are responsible of any unenrolled siblings that come to meetings.



Beginning 4-H Meetings 2016-2017

Meetings will be held at: Monterey County Cooperative Extension Monterey County 1432 Abbott Street, Salinas

Meeting 1- Monday, August 22, 2016 @6:30 pm

- **At least 1 Parent or Guardian** to attend with 4-H'er
- Welcome and Introduction to 4-H
- Receive Beginning 4-H Binder
- Learn the 4-H Pledge, Motto and more
- # 4-H Hat, Scarf and Tie...Dress Attire and Code of conduct
- **Medical Release Form**
- What is County Achievement Night???
- Fun Activity

Meeting 2- Wednesday, September 21, 2016 @6:30 pm

- * At least 1 Parent or Guardian to attend with 4-H'er
- **BRING:** a laptop is you have one
- Introduction to 4-H Record Keeping
 - Annual Project Reports
 - Calendars
- What is Online Record Book –ORB
 - ORB page: https://4horb.ucanr.edu/login.cfm
- How record keeping helps you earn awards: stripes, pins and stars
- Meet your club officers
 - Introduction to Roberts Rules of Order
- What's National 4-H week in October?

Meeting 3- Wednesday, October 19, 2016 @6:30 pm

- Project Member Talks- guest speakers from our club projects
 - Learn what projects our club offers
 - And what we do in those projects
- Getting involved: club events, committees and county events
- http://cemonterey.ucanr.edu/4-H Program/Projects/
- Fun project: how to makean omelet in a bag
- Handout of what you will need to prepare for next meeting's Educational Poster Making

Meeting 4 – January 2017 (date TBA @6:30 pm)

- Educational Poster Making <a> \infty
- What is Sportsmanship?
- What's Fantastic Field Day in February?
- Guest Speaker/4-H Presentation
- # Handout of what you will need to prepare for next meeting's Fun in Front

Meeting 5 — February (date TBA @6:30 pm)

Fun in Front- Preparing a 4-H Presentation
Presentation manual: http://4h.ucanr.edu/files/220608.pdf

- **What's County Presentation Day in March?**
- **4-H Cooking Presentation and treats by Sierra Sala**
- # Handout of what you will need for the next meeting to work on record books & card making

Meeting 6 - April 2017 (date TBA @6:30 pm)

- At least 1 Parent or Guardian to attend with 4-H'er
- BRING: a laptop is you have one-we will be signing on to ORB
- Record Book entry using ORB(online record book)
 - what goes into your record book
- Record Book manual: http://cemonterey.ucanr.edu/files/233913.pdf
- What you need for Expression and Collection of Work pages for next meeting
- Buyers letter and Thank You notes-crafting bring stickers and 2 pictures of you and your animal or project

Meeting 7 – May 2017 (date TBA @6:30 pm)

- **Are you a leader?**
 - Club officer positions and
 - election speeches-elections in June
- Please bring pictures of you and your projects
- What are Project Expression pages and Collection of Work Reminder: Record Books are due beginning of July
- Last meeting celebration.

Chualar 4-H share site: https://chualar4h.shutterfly.com/

Monterey County 4-H website: http://cemonterey.ucanr.edu/4-H Program/

4-H Mall (Great source for 4-H gifts and project curriculum: http://www.4-hmall.org/Home.aspx

4-H Presentations (about, manual and examples): http://4h.ucanr.edu/Projects/Leadership/PublicSpeaking/

Chualar 4-H Club-Beginning 4-H Project