Impacting Childhood Obesity at all Levels of the Socio-Ecological Model in Yolo County

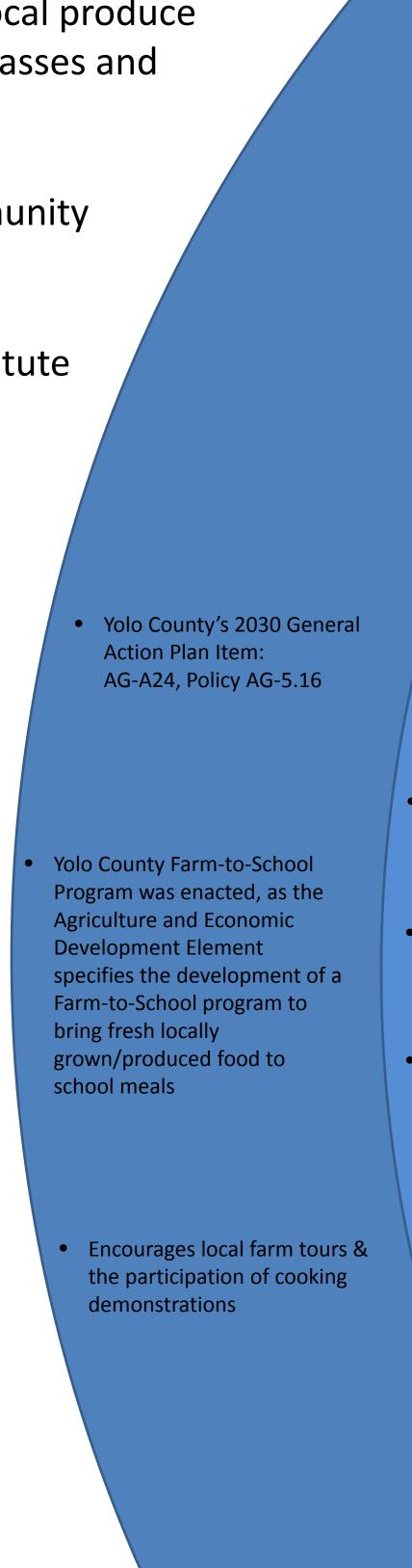
Yolo County Farm-to-School Initiative Goals

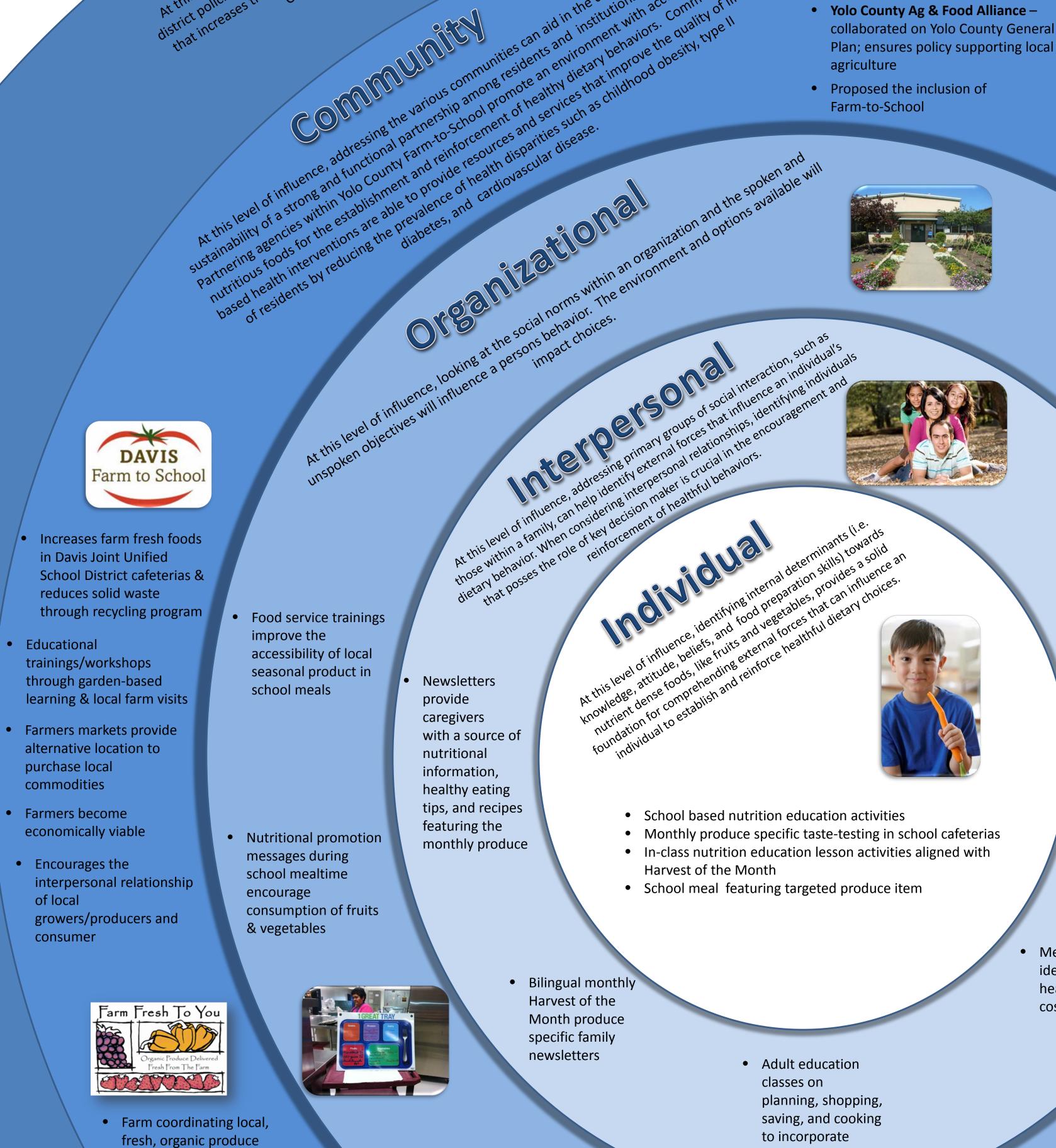
Increase consumption of locally produced fruits and vegetables of school-age children by:

- Increasing local procurement of fresh fruits and vegetables in county school lunch programs.
- Creating a sustainable model for menuing fresh local produce through food service professional development classes and institutional scale recipe development.
- Building knowledge in the local agricultural community on how to sell to school food service.
- Creating the framework for other counties to institute a farm-to-school program.
- Improving preferences, and thus increased demand, by the children.

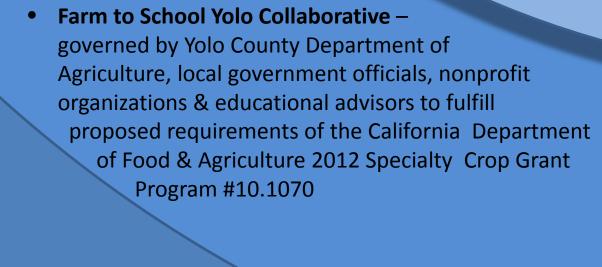
Organizations Involved:

- County of Yolo
- Yolo County Department of Agriculture
- University of California Cooperative Extension
- UC CalFresh Nutrition Education Program
- Yolo County Department of Health & Human Services
- Esparto Unified School District
- Davis Joint Unified School District
- Washington Unified School District
- Woodland Joint Unified School District
- Winters Joint Unified School District
- Capay Organics
- Food Bank of Yolo County





 Monthly produce specific taste-testing in school cafeterias • In-class nutrition education lesson activities aligned with seasonal produce distribution to schools Centralize development of school nutritional meal menu to include Distributes posters & monthly monthly featured bilingual produce specific newsletters aligned with Garden enhanced Harvest of the Month to nutrition education trainings for afterschool program Farm to School Yolo Collaborative – governed by Yolo County Department of Agriculture, local government officials, nonprofit organizations & educational advisors to fulfill • Community Nutrition Action proposed requirements of the California Department Partnership (CNAP) – collaborative of Food & Agriculture 2012 Specialty Crop Grant develops and supports community-Program #10.1070 based interventions to increase the



schools

based curriculum & supportive resource tools for in-class delivery

number of residents that participate in nutrition programs

 Encourages active living through adherence of the current Dietary **Guidelines for Americans**



University of California Food Bank of Yolo County employs over 300 campus

of local produce

Experiential nutrition

education activities

based specialists & county • Kid's Farmers Market based farm, home, and youth afterschool program designed to increase accessibility of local

produce

Resources for

MyPlate

Meal planning

ideas through

healthy low-

cost recipes

incorporating

University of California Children's Garden –

workshops, trainings, & resources for

communities Helps shape the citizens of tomorrow by promoting healthy living through the

Advocates for healthy

University of California CalFresh Nutrition Education & 4-H Youth **Development Program** Weekly produce tastetesting & distribution



Esparto Unified School District

Resolution #12/13-5

policies supporting farm-to-

Increases local & fresh foods

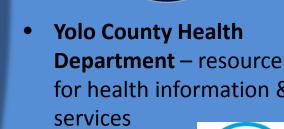
served in school cafeterias

• Creates & promotes school

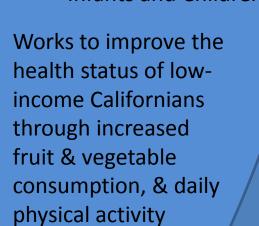
Promotes in-class nutrition &

garden education

gardens







Community health/wellness fairs reinforce key health messages from Dietary Guidelines of Americans, 2010

Distributes health brochures, healthy low-cost recipes & health resource information

Yolo County Food Connect – collaborative addressing food insecurity

Monthly teacher

trainings on nutrition-

 Focuses on increasing participation of the CalFresh program

Presented by:

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