

Mention today's date: November 15, 2015. This is also so those watching this later will know when it was done. Like an archeological find.







And we have **several services** we want to make sure you know about!

First, workshops—you already know that, because you are here!

We have a **Help Desk (bricks and mortar)**, and here (Hold up business card) is the information for that. And we have **Mobile Help Desks** at various nurseries in the area in the spring, and we are generally a presence at all the valley **Farmers Markets**. Have any of you seen us around?

Our **website** is just packed with help! Google Napa County Master Gardeners. We are also linked to the Agriculture and Natural Resources **library at UC Davis**.

We have a **weekly column** in the Napa newspaper—have you seen it? You can find an archive of our newspaper articles on our website.

We have a comprehensive **demonstration garden in Napa at Connolly Ranch**, at Browns Valley and Thompson roads. Have any of you been there? Please check our open garden schedule on our website and come have a look!

We have our **Monthly Garden Guide specific to Napa County** and have just completed an update to our book about **Trees in Napa**.

We want you to take advantage of all this information!

But wait, there's more!

We **train** future Master Gardeners! Check our website to sign up to be notified when we begin recruiting for the 2017 class next summer! Our 2016 candidates are currently in interviews.

## Fruit Tree Selection and Planting November 15, 2015

- Site Considerations: Meredith Lavene
- Tree Selection and Varieties: Meredith Lavene
- Pollination: Gayle Nelson
- Soil Preparation and Planting: David Layland
- Fireblight: David Layland
- Pruning and care?
  - We have a workshop for that!
    - (Jan 16 or 23, Silverado MS)





This is really hard to read—you can find it online by searching for USDA Zones.

What is important here is our USDA zones in Napa County indicating the average annual extreme minimum temperature.

Zone 9b, zip 94558, 94574, 94508: 25-30 F

Zone 9a, zip 94515: 20-25 F



Zone 7 owes its Foothill-Digger Pine name to the abundance of California foothill pines in the area. The zone comprises the eastern part of the county and includes Pope Valley and Lake Berryessa. These areas have a later spring and earlier frosts than the rest of the county, creating a growing season that may be as much as a month shorter. Summers are hotter and dryer. This is a good area for late- or long-blooming fruit and nut trees. This zone also defines most of Lake County.

Zone 14, the so-called Coastal Warm area, includes the major valley floors in the county. The coastal influence keeps this zone from being as hot as the Central Valley. It is protected from the summer fog by its distance from the ocean and the mountain ranges; thus, summers in this zone are very dry. Between April 1 and October 31, the area clocks more than 1,100 hours between 70° F and 90° F degrees. Most deciduous fruit trees and wine grapes do well here. Sonoma County's valley floors, including the town of Sonoma, are in this zone, too.

Zone 15, nicknamed Coastal Cool, is affected by marine air 85 percent of the time and inland air 15 percent of the time. It covers the foggy hilltops above the valleys and the southern part of the county east of Napa and includes Mount Veeder, Spring Mountain and Howell Mountain. It logs from 800 to 1,100 hours between 70° F and 90° F during the growing season. Cane berries, some fruits and certain grape varieties prosper here. Many of the plants recommended for Zone 15 will not prosper in Zone 14 because they need moister air, cooler summers or both. The Coastal Cool area receives more chilling hours than Zone 14.

Zone 17, the Marine area, is the coolest zone in Napa County. It is also the largest, encircling the floor of the Napa Valley. It includes the Carneros District, American Canyon and the Soscol Ridge up to Napa. The heavy marine fog brings cooler temperatures and less intense sunlight here compared to other Napa County zones. The growing season may see as few as 800 hours between 70° F and 90° F. Consequently, growing subtropical plants here is a challenge.



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We have a "big tent party": Mediterranean Climate. Our Golf umbrella are our Sunset Climate Zones for Napa Valley: Our specific gear (raincoat, hat) is microclimate

Microclimate includes **temp** (record daily high/low); **frost** (often, occasional); **rainfall** (direction, normal, drought, El Nino, which side of valley); **sunlight** in parts of year;

wind (direction, velocity, seasonal?); Elevation; topography (top or bottom of hill, open valley, under trees, rocky outcropping); exposure (placement of home, direction

of sun, note seasonal changes); **structure**s (buildings, fences, walls, terraces, paved areas that cause wind, shade, heat, reflections); **chill factor** will talk about; **Soil** 

(clay or sandy soil will impact drainage); **eaves** (direction of overhangs for frost protection); **drainage** (water table, percolation, standing water, run-off)











The height of these trees is: Far left: 3 to 6 ft--Dwarf Middle: 9 to 10 ft—Semi-dwarf. Rootstocks for this height: M7 (apple), Pumiselect (prunus), Citation (prunus), OHXF333 (pear) Right of middle: 12 to 13 ff—Semi-dwarf. Rootstocks for this height M111 (apple), OHXF97 (pear), Colt (cherry) Far left: 18 to 20 ft—Standard size on standard rootstock











## Fruit Tree selection: 3 or 4 in a hole

• Plant in one hole















Annual pattern of growth of deciduous fruit trees changes with seasonal transitions. Grow rapidly during spring and first ½ of summer. Later in the season the growth rate declines. In the fall growth of trees stops as day length an temp decrease and drop their leaves. Dormancy is due to hormone growth inhibition and the trees internal processes are in a state of rest. Dormancy is then broken after sufficient cold temperature breaks down the growth inhibitor.

A specific number of hours of cold weather (below 45 degrees F) are required for each variety of deciduous trees, called **CHILL HOURS** Below 45degrees F/ 7 degrees C



## **Chill Hours**

Chill hours in Carneros, from 2011 – 2015 show a decrease in cumulative chilling hours between Nov. 1 to Feb. 28 of each year, from an average of 1,200 hours per year in 2011, 2012, 2013 to an average in 2014 of 800 hours

Note: this is only in Carneros (information from UC Davis, Chill Calculators)

Go	Good Performers, Napa County			
Apple	Pollinator	Chilling	Rootstock	Harvest
Fuji	0	800 hrs	M111*	November
Gala	0	500-600 hrs	M7**	Late July
Gravenstein	+ Fuji, Gala	600 hrs	M111	Late July
Golden Delicious	0	700 hrs	M111	September

Many apple varieties are self-fruitful, including 'Braeburn,' 'Empire,' 'Fuji,' 'Gala,' 'Granny Smith,' and 'Pippin.'



Pear	Pollinator	Chilling	Rootstock	Harvest
Bartlett	+D'Anjou	800 hrs	OXHF333	August
D'Anjou	+Bartlett	800 hrs	OXHF333	September
Bosc	+Bartlett	800 hrs	OXHF333	October
Comice	+Bartlett	600 hrs	Quince rootstk	October



Go Peach	Good Performers, Napa County each				
	Pollinator	Chilling	Rootstock	Harvest	
Arctic Supreme	0	700 hrs	Citation*	July-August	
Nectar	0	700 hrs	Lovell**	July	
O'Henry	0	750 hrs	Citation	August	
Nectarine	Next slide				

Almost all citrus species are "self-fruitful." Other **self-fruitful species** include <u>quince</u>, <u>sour</u> <u>cherry</u>, <u>most apricots</u>, <u>fig</u> (except the Smyrna type), <u>peach</u> (except 'J.H. Hale' and some others), and European-type <u>plums and prunes</u>. Some <u>European pears are also self-fruitful</u>. 'Bartlett' pear is parthenocarpic, which means that no pollination is required to set fruit (only in California). <u>Some cherries are self-fruitful</u>, such as 'Lapins,' 'Stella,' and 'Sunburst.' Many apple varieties are self-fruitful, including 'Braeburn,' 'Empire,' 'Fuji,' 'Gala,' 'Granny Smith,' and 'Pippin.'

Nectarine				
	Pollinator	Chilling	Rootstock	Harvest
Arctic Queen	0	600-700 hrs	Citation	August
Fantasia	0	500 hrs	Citation	July-August


Good Performers, Napa County							
Plum	Pollinator	Chilling	Rootstock	Harvest			
Elephant Heart	+Santa Rosa	500 hrs	Citation	August			
Santa Rosa	0	300 hrs	Citation	July			
Pluot							
Flavor King	+Santa Rosa	500-600 hrs	Citation	August			

Persimmon	Pollinator	Chilling	Rootstock	Harvest
Fuyu	0	300 hrs	Non-grafted	November
Hachiya	0	300 hrs	Non-grafted	November
Pomegranate				
Wonderful	0	150 hrs	Non-grafted	October

Good Performers, Napa County							
Quince	Pollinator	Chilling	Rootstock	Harvest			
Pineapple	0	300 hrs	Non- grafted	October			
Fig							
Black Mission	0	Low	Non- grafted	Sept, October			
Brown Turkey	0	Low	Non- grafted	Sept, October			



Fruit will not form until pollen from male parts are transferred to the female parts of a flower.

Without pollination, flowers may bloom abundantly, but will not bear fruit. Pollination is the transfer of pollen from the stamens to the stigma of the same or a different flower.

Some species of fruit trees have perfect flowers—that is both the anthers which contain pollen, and the pistils which develop the fruit, are on the same blossom.

Trees THAT BEAR FRUIT from self pollination or from pollen from another tree of the same kind are called Self fruitful trees, or Self pollinating trees.



Pollination can be performed by animals, insects, wind, or water.



Mostly, fruit trees are pollinated by bees. Fruit set refers to fertilized flowers that have developed fruit.



What do YOU as a home gardener need to know about pollination? We talked about fruit trees with perfect flowers, that can bear fruit by self-pollinating. Nearly all common varieties of **apricot**, **peach**, **nectarine** and sour cherry, persimmons, quince, and pomegranate are self-pollinating. MOST figs.



Then there are Self sterile fruit trees.

However, there are many types of fruit trees with perfect flowers that cannot produce fruit from their own pollen.

They require pollen from a related cultivar.

That related cultivar is called a POLLENIZER.

In general, self-sterile types of fruit (and nuts) include many apples, sweet cherries, nuts, some pears, blueberries.



Learn the needs of the tree you want to plant—some fruit species bear male and female parts on the same flower, some bear male and female flowers on the same tree, some bear male and female flowers on SEPARATE plants.

Often neighbors have fruit tree varieties that will serve as pollinators.

With appropriate bee activity (we'll get back to that in a moment), neighboring trees or even wild trees can provide a source of pollen. Maximum distance, 100 ft. Plant your own pollinator.

Graft a cultivar that will serve as a pollinator branch, or place a bouquet of flowers from a pollinator in a jug or basket and place in the tree. Do this in the early morning before the bees arrive.

We have a full listing of resources you can consult—it's one of your handouts.

Please note especially the UC references—The Backyard Orchard, The Home Orchard, ANR PDF downloads.





Make sure you have bees!

Invite them into your garden.

Find a little nook where you can plant some bee-friendly plants and let them become a little wild and alluring!

We suggest California natives, of course!

Find a whole list of them at the California Native Plant Society website. Or stay after and look at the pictures we have here.

Also, be sure to have water available. Bees LOVE water, too!



You will find that Master Gardeners like to talk about their "tilth"- it is all about tilth in gardening This is your soil structure

soil is made up of minerals, organic material, air and water. There needs to be enough balance of all 4 to have healthy trees. And you need to know what type of soil the tree requires. The air and water need to move around within the minerals and organic material so that the roots

The air and water need to move around within the minerals and organic material so that the roots can absorb not only water but nutrients from the soil.

Identify soil problems- (show soil testing kit) (water meter)

Before becoming a master gardener- would buy a bareroot from a nursery, dig a hole and plant the tree. Water it and wonder two years later why no fruit.

Now I know there is more to a healthy fruit tree than sticking it in the soil and watering it. You might want to buy a kit and determine soil type

Most soils in Napa are with clay, clay loam so problems with soil compaction If compaction is shallow- tillage will aid in loosening the top layer.

If impervious layer, such as hardpan, drainage can be improved by breaking through the layer to allow water movement and rooting into the layers below.soils should have good soil drainage.

The "feel" test- grab some soil and squeeze to feel the structure

Well drained and deep 4-9 ft for good growth . Shallow, poorly drained sites will produce small, weak plants, with lower yields more pest problems and special water management Drainage- need to know to set up irrigation...amount of water needed.





## Tag #1: The Variety

Harvested very late (early September), excellent freezer or fresh-market selection. Yellow-fleshed freestone peach with an attractive yellow skin and bright red blush where exposed to sun. The fruit features a very large size and a well-balanced peach flavor.

This tag shows the particular named variety of fruit, like an "Anna" apple, or a "May Pride" peach. This label lists the characteristics of that particular variety, such as the flavor, ripening time and chill hours required to set fruit. If you live near the coast, you need to be particularly careful in selecting a fruit tree that has a low chill hour requirement. After you're done salivating over the fruit's juicy details, pay close attention to other label.

## Tag #2: The Rootstock

### Citation

Peaches and nectarines dwarfed to 8 to 14 feet. Apricots and plums dwarfed to 3/4 of standard. Very tolerant of wet soil, induces early dormancy in dry soil. Very winter hardy. Resists root-knot nematodes. Trees bear at young age. (Zaiger)

The rootstock information is critical in determining whether the tree is best suited to your site. Fruit trees are grafted onto various rootstocks which impart particular attributes to the variety. For example, different rootsocks may extend the range for that tree, giving it the ability to grow where it might not normally be possible (due to sandy soils, wet soils, crown rots, nematodes, etc.). Rootstocks can also help control the height of the tree (creating dwarf or semi-dwarfing trees) or offer drought tolerance or more protection in cold winter areas. Generally, your local nursery will pick the combinations of variety and rootstock that will work best in your area. For additional information on varieties suitable for low chill coastal San Diego, check out this link to see a list of recommended fruit trees prepared by the California Rare Fruit Growers, San Diego Chapter.



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**Impervious soil** - a very fine-grained soil, such as <u>clay</u> or compacted <u>loam</u>, that is so resistant to water <u>penetration</u> that slow capillary <u>creep</u> is the only means by which water can enter.

**Soil stratification** - characterized by abrupt porosity changes at various depths within the potential active root zone. These changes in dimensions of the spaces between soil particles affect water and air movement and can limit the depth of the active root zone. In turn, this determines the total amount of soil water available to plant. Soil stratifications are caused by abrupt texture changes and compaction.

**Soil compaction**, also known as **soil** structure degradation, is the increase of bulk density or decrease in porosity of **soil** due to externally or internally applied loads.

**Soil compaction** - the process in which a stress applied to a soil causes densification as air is displaced from the pores between the soil grains. When stress is applied that causes densification due to water (or other liquid) being displaced from between the soil grains then <u>consolidation</u>, not compaction, has occurred. Normally, compaction is the result of heavy machinery compressing the <u>soil</u>, but it can also occur due to the passage of (e.g.) animal feet.



In the fall- or before the winter rains- dig a deep hole and test for drainage by filling with water.

This helps with determine where to plant the tree but also will help you with determining the amount of irrigation that will be needed.





Remember – roots grow out more than they grow down.

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Exception is if soil is compacted – break-up compacted soil.

Score the sides of the hole so that roots can penetrate.







Don't drown the trees.

They need air at some point.





# Planting a Bare Root Fruit Tree

Now you're ready to plant

•Place the tree on top of the mound.

The graft union should be
2" to 4" above the soil
surface and facing northeast.
Fill the hole with the
excavated soil.

•Tamp down the soil to remove air pockets.





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# Planting a Container Grown Tree

- Gently ease the tree from its container.
- Check for girdling or circling roots and gently pull away from the root ball before planting.



# Planting a Container Grown Tree

- Place the tree in the hole with the graft union at least 2" to 4" above the soil surface.
- The protruding notch should face north/northeast to reduce the likelihood of sunburn.





# Planting Bare Root and Container Grown Trees



Paint the tree
Protect the bark from sunburn and infestation by borer insects.
Use white interior latex paint diluted to half strength.
Apply paint from 2" below soil surface up the

entire trunk.



# Planting Bare Root and Container Grown Trees



- Add a 3" to 6" layer of mulch to the basin to control weeds and conserve moisture.
- Keep mulch several inches away from the trunk of the tree to minimize crown rot and hiding places for pests.



# Planting Bare Root and Container Grown Trees



Staking •Not necessary for bare root and small container grown trees. •Necessary for

larger container grown trees.




Use a combination of native soil and good-quality top soil.



## Another Option – Plant in a Container



A few Differences from planting in the ground •Requires dwarf rootstock •Requires annual repotting and root pruning •Requires a particular potting soil blend. •May require replanting in ground after a few years





## El Nino is Coming!

To plant or not to plant? What to think about.

•If you definitely want to plant a fruit tree in 2016 then prepare the planting hole now before rain commences.

•And . . . .









Who here has had issues with these. (name one at a time). These are the focus of this presentation, but there are other pests: birds, deer, gophers, Brown Rot, scale insects, borers. Search the website pest notes if these are suspected. Decide what you can live with, and use accepted control methods.



Who has experienced fireblight? It is very insidious, hideous bacterial disease. Not easy to deal with. Can kill branches & whole plants. I lost a young pear tree to it. Infections usually originate in the flowers.



More symptoms.



Dead, blackened leaves and fruit cling to branches throughout the season, giving the tree a scorched appearance, hence the name "fire blight." Infections can extend into scaffold limbs, trunks, or root systems and can kill highly susceptible hosts. Less susceptible varieties might be severely disfigured. Once infected, the plant will harbor the pathogen indefinitely.



All three are to avoid new growth. Clean & sterilize tools between cuts and plants. Copper products often don't provide adequate control even with multiple applications. Sprays prevent new infections but won't eliminate wood infections; **these must be pruned out**.



ACA may not cover avoidable accidents. Very susceptible trees (pear, Asian pear, and some apple varieties) infections should be removed as soon as they appear in spring. Very important to read the IPM pest notes on Fireblight, including a list of resistant and susceptible varieties. Far too much to cover here.



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And the rewards of successful production of home-grown fruit greatly outweighs nature's sometimes problems. Always first decide what you can live with. A sort of "détente". And follow good cultural practices as has been covered earlier.



