

February 2012

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rlhillstock@ucdavis.edu We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the <u>Los Angeles 4-H Youth Development Office</u> or 323-260-3854. For upcoming dates, please visit the <u>4-H Calendar</u>. We look forward to continuing to serve you and your 4-H needs.

Policy

4-H Policy and Information Update

The 4-H Youth Development Program is amazing! The program has impacted youth in so many ways. For example, youth are making healthy life choices, providing leadership to communities, improving their academic profile, developing a deep sense of curiosity about science, learning appropriate animal husbandry. As we continue to evolve as a program let us be reminded of the need to continue to focus like a laser on providing quality experiences for youth. For instance, when engaging youth in projects ~ whether it's on sheep, clothing, science or community service ~ be sure to apply the experiential learning cycle (see diagram below). The learning cycle creates an educational climate through planned learning by exploring, doing and receiving feedback.

In the learning model youth experience, share, process, generalize and apply. In other words, participants should:

- experience the activity; perform, do it;
- share reactions, observations publicly;
- process analyze the experience;
- generalize to connect the experience to real world examples;
- apply was learned to a similar or different situation, practice

I encourage each of you to evaluate all of the projects you offer in your club and be sure that you incorporate the experiential learning cycle. In addition, be intentional when applying the learning cycle by asking probing questions throughout the activity (guided in guide).

inquiry). Encourage youth to also ask questions and possibly journal about their experience in the project.

For more information for ways of strengthening the youth development aspect of your projects please see the Project Leader's Digest at http://www.ca4h.org/files/4462.pdf.





CLUB

Adopt a Senior!

Kristy Okamoto, Pomona Valley 4-H Club

Hey everyone!

This year for the All-Star Team's leadership project we want to adopt senior citizens. We can make a big impact in our community by adopting seniors who are the least helped and disadvantaged. The feeling of receiving a small gift from someone who cares would definitely cheer a person up. Our goal is to get every L.A County 4-H member and their family to adopt a senior citizen.

How do you adopt a senior citizen? If you want to get involved all you have to do is choose whether your gift is for a male or female and fill a bag for that gender with items you want to donate which can include toiletry (e.g. tooth brush, toothpaste, soap, shampoo, conditioner) or food (e.g. preserved and non-perishable foods such as can food, candy, juice, granola bars, dried fruit, water). Then, write the club you're from on a card attached to the bag. You may even include entertaining activities such as puzzles, books, or a deck of playing cards. Donating just one or more items count too!

Who do you give your donation to? You can bring the gifts to the 4-H County events or give them to your 4-H leaders to bring to the Food Faire, Judging Day, Field Day, County Council meetings and San Gabriel Valley Fair meetings. The All-Star Team will pick up the donations at the County events and deliver them to the Senior Center.

More information contact:

Kristy Okamoto, Home: (909) 629-9918, Cell: (909) 203-8464, Email: kristymichie@gmail.com

• Los Angeles County 4-H Reunion Article

Candance Corrales, Palos Verdes Peninsula 4-H Club



Dee Keese, of the PVP 4-H Club, held the first ever PVP 4-H Club Graduate Reunion on Tuesday, December 27, 2011. Many old members visited with many interesting stories to tell. It was fun hearing about their college experiences and plans for the future. I had a fantastic time interacting with old PVP 4-Hers who I had not seen for quite some time. I look forward to attending next year, when I am in college.

PVP 4-H Photography Field-Trip

Zella Roth, Palos Verdes Peninsula 4-H Club

The 4-H Photography group attended the Photo LA Exposition on Sunday, January 15, 2012 in Santa Monica, California. Photo LA is an annual international photographic art exposition. We walked thru the show and looked at all the photographs. There were unique and famous photographs on display. There were many galleries from all over the world showing their art. My favorite photograph was of a woman lying in a bed of flowers. I enjoyed the show and everyone in our group got inspired to take magnificent photos.







Pizza Making Katherine Cao, Pomona Valley 4-H Club





This month on Jan. 14th we made pizza at the Foods and Nutrition project meeting. First, we mixed the dough and let it sit for five minutes. Then we kneaded it and flattened it. We put sauce on it and covered it with cheese and toppings of our choice. Then we baked it. After it was baked, we shared it and ate it. It was delicious.

Palos Verdes Peninsula 4-H Club Whale Watching Trip Katie O'Daniel, Palos Verdes Peninsula 4-H Club



On Monday, January 16th the PVP 4-Hers faced the cold, and boarded the whale watching boat in Redondo Beach. Thirty-eight 4-Hers enjoyed seeing a grey whale, dolphins, and sea lions. Although the water was rough, and some felt queasy, everyone had a fantastic time. This was a fun experience and a special day!

• Tie Dye

Julius Treadwell, Pomona Valley 4-H Club

In January, the Pomona Valley 4-H members had fun tie dying. We tied up the shirts and socks with rubber bands. We squeezed the dye on the shirts and socks. We used different colors. We wrapped the shirts and socks in garbage bags. Soon we will rinse the shirts and socks and hang them up to dry. We wore gloves so we wouldn't make a mess on our hands. It was so much fun.





Ice Skating Party!

Georgia Pike, Palos Verdes Peninsula 4-H Club



On Tuesday, December 27, 2011 the P.V.P. 4-H group had an ice skating party at the Ice Chalet in Rolling Hills Estates. At the ice skating party we skated around on the ice. Some of us made snowballs by scraping the ice off of our skates. We watched the Zamboni drop water onto the ice. It made it super slippery. Everybody fell a few times but we all had a great time. Ice skating is really fun!

Food Preservation

Charmaine McClain, Pomona Valley 4-H Club



What I did at the Food Preservation project meeting was to make jam. It was fun. I learned how to make mixed berry jam with blueberries, raspberries and blackberries. To make jam is so easy. Other project members made different kinds of jam. It was fun to make but it took forever to make.

TIC Conference

Candace Corrales, Palos Verdes Peninsula 4-H Club



The South Section's Teen Involvement Conference happened the weekend of January 20th at Pathfinder Ranch in Mountain Center, California. Having never attended a sectional conference before, I didn't know what to expect other than what I had learned about 4-H conferences in general from SLC. I attended TIC and am pleased to say that I had a blast. The educational sessions were diverse, engaging, and fun—I took Automatons (in which I learned about engineering and made my own little cardboard machine). The Secret of Life (in which I learned about success and how positive thinking can help shape lives), Team Building (in which the San Bernardino All Stars taught me the many varied facets of how to be an effective leader and teammate), and Mapping Citizenship Success (in which I gathered useful information about state and national conferences that I look forward to sharing with my county). All in all, the sessions taught me a lot about their respective subjects and myself, and also allowed me to interact and work together with other attendees. The people at TIC were fun, friendly, and nice. I had a blast making friends with most of Riverside County, the staff, and other delegates from all over California's South Section. Socializing with the other delegates offered a great opportunity to share ideas: telling other what you've done, and learning about new ideas that they've done that you can bring back to your county and club. The keynote speaker was "Yo Pal Hal", who had an interesting and unique take on life. He was an engaging, entertaining speaker who offered a great message to his audience. On the last night, there was a casual dance that was appropriate and fun (there were also games including Connect Four, Taboo, Ping-Pong, etc. for those who have two left feet). I cannot begin to express what a great time I had at this conference, and all of the things I learned there. Attending this conference made me wish I was younger so that I could go back again and again. If you have not yet been to TIC, I highly recommend you attend—start young so you can enjoy many years of this wonderful conference! If you missed TIC this year, don't worry, because you can still sign up for the State Leadership Conference (SLC is near us in San Diego this year, so make sure you attend—this is a great opportunity because it is close to us)!!! I hope to see all of you at SLC this year; I know I'll be there.

Junior All-Star Meeting

Ru Ekanayake Palos Verdes Peninsula 4-H Club

On Thursday, December 29th, the LA County Junior All-Stars met at Mrs. Keese's house for a special luncheon meeting. Attendees were Ivory MacCracken-Sanders, Ru Ekanayake, Lora Griffin, Candace Choi, Anna Wheeler, Megan Okamoto, Courtney Calleja, Madison Cumby, Sally DeYoung, Julius Treadwell, and Catherine Chen. The young leaders met to discuss leadership and community service opportunities. Then, they learned about dining etiquette with a delicious luncheon provided by Mrs. Keese! Everyone enjoyed themselves and learned a lot.

• Chinese New Year Festivities

Megan Okamoto, Pomona Valley 4-H Club



Our club event was a 4-H field trip for Pomona Valley. Most of our members went. The Chinese New Year Celebration was at the Museum of Art and History in Ontario. We did different activities, made lanterns, kites/dragons, plays, and much much more. What was fun was doing the activities. I liked the play. It had very fun, educational facts. Something I learned was about the Chinese zodiac and which animals go with which years. Next year, I plan on going to this exciting adventure.

COUNTY

• Los Angeles County 4-H Food Fair Dawn Fuller, 4-H Program Coordinator



The **Los Angeles County 4-H Food Fair** will be returning on **Saturday, February 11, 2012,** from **9 a.m.-2 p.m.**, at the County Office (4800 East Cesar E. Chavez Avenue, LA, 90022). There will be a cooking contest, a poster contest, youth judging sessions and more. You can download the Entry Form and the Registration Packet here.

Food Fair questions and sign-ups can be directed to **Kim Espinosa** at klarae@sbcglobal.net.

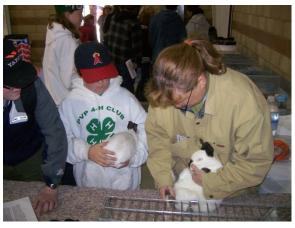
• 2012 Los Angeles County 4-H Livestock Symposium Dawn Fuller, 4-H Program Coordinator



Saturday, January 28, 2012, saw the annual return of the popular *Los Angeles County* **4-H Livestock Symposium** in Antelope Valley. From 9 a.m. to 2 p.m., over 300 attendees listened to various speakers of interest, and even participated in "hands-on" sessions where active learning took place. Youth were able to work side-by-side with experts on the finer points of raising and showing rabbits, sheep, pigeons, swine and poultry. Speakers also provided fascinating in-depth talks and demonstrations on market goats, beef, sheep, horses, dogs, Pygmy Goats, Dairy Goats and branding. All of the 4-H Clubs of the Antelope Valley District helped coordinate and execute this successful and well-attended event.



Expert speakers, both local and from all over California, volunteered their time to work with youth in their areas of interest. Speakers included: Melissa Love (Market Goat), Dustin Bush (Beef), Leona Valley Racketters Beef Fitting Team (winners of the Beef Fitting Competition at the Antelope Valley Fair), Joe Brewer (Sheep), Tim Sturm (Swine), Stephanie Hoefener (Horse), Caryl Mercy and Dannon Shaughnessy (Dog), Pam Beuder and Lauren Beuder (Pygmy Goat), Kathy Rairden (Rabbit), Laura Blank (Rabbit), Lori Marvin (Dairy Goat), Dorothy Brinck (Poultry), Janice Maynard and Karen Jacobs (Horse Showmanship) and Candice Curran (Pigeon).





Eastside Antelopes 4-H Club hosted a lovely food booth, and attendees were thrilled to receive over 20 prizes donated by local businesses and feed company representatives at the *Los Angeles County 4-H Livestock Symposium*.

Youth who are participating in Junior Livestock Auctions are required to attend a special "Ethics Training" every five years. This year, over 70 attendees participated in the training led by **Lori Dahlia** (Grange Advisor).

Los Angeles County 4-H provides numerous events intended for youth and their families to expand their knowledge in a variety of key areas, and the annual **4-H Livestock Symposium** is just one example of "hands-on," "leaning-by-doing" experiences that youth carry with them throughout the course of their lives.

Calling All Ex- 4-Hers! Dawn Fuller, 4-H Program Coordinator



This year, the Youth Development Program in the State of California is celebrating its 100 year anniversary. We know that many of the volunteers in the Los Angeles County 4-H Program were 4-H members in their youth, and we would be thrilled to see old photos, record books (with the "My 4-H Story" included), ribbons, medals, uniforms or other sentimental memorabilia you may have saved. If you were in the 4-H program in your youth, please contact Dawn Fuller at dafuller@ucdavis.edu. We would like to celebrate you and your experiences by creating a special historical display and featuring fun stories in Clover Notes.

• The Anatomy of a Speech

Dawn Fuller, 4-H Program Coordinator



With the quick approach of a favorite Los Angeles 4-H Event, Field Day (also known as "Presentation Day"), on Saturday, March 24, some of us are scrambling to not only figure out what to write a speech about, but HOW to write a good speech.

Public speaking is a skill that we learn and are able to polish in the 4-H Program. Most everything we do in 4-H involves an element of public speaking. When we hold an office for our club, we give reports during Community Club Meetings. When we participate in a project, we often report to our club about our current and upcoming activities. 4-H Judging Day provides an opportunity for presenting "oral reasons" to judges. Showing an animal at a fair often involves answering livestock questions. Representing 4-H in the community is another time when we use our public speaking abilities. Occasions for expanding our public speaking skills are boundless in the 4-H Program!

In every situation in life, whether it be at school, at work, or in interpersonal relationships, being a clear public speaker is an important skill to have. For Field Day, we work towards giving an exciting speech that both the presenter and the audience will be interested in, enjoy, and hopefully, take something useful away with them. All speeches have key elements that must be present. Here are some of the basics...

Choosing a Topic

Choosing a topic for your speech is an essential part of the process. You should choose something that will be interesting to your audience, but mainly to YOU, as you will be the one giving the speech over and over again. Your enthusiasm for your chosen topic will come through in your speech and will excite those listening to it. You will be more apt to enjoy researching and writing a speech if it is about a topic that you are connected with.

Make a list of potential speech topics, and run them by your Mom and Dad or Community Club Leader. The topic should not only be fun, but appropriate for your age and for the speech competition you are entering. Your parents and club leader will be able to help guide you with this. It should be a singular topic rather than multiple (i.e. how to make a particular kind of bread, not how to make breads in general). Sometimes simple is best. It may seem silly or boring to do a speech on something you do every day, or about something that comes easy to you (i.e. working with your rabbit), but others may find it fascinating!

Introduction

A speech should have a clear "**Introduction**." An introduction should have what is often referred to as a "hook." A "hook" is considered an opening statement or question for the audience that immediately pulls them in, makes them want to know more about your topic, and invites them to learn about the topic you are presenting. For Field Day, the introduction to a speech should be about three to four sentences long.

You can start your introduction with a question for the audience such as, "Have you ever wanted to know how to make a cake from scratch?" Your opening statement could be dramatic (within reason) such as, "Juliet, O Juliet, wherefore art thou Nigerian Goats?" Your opening could be the line from a poem, a quote from someone famous, or a small passage from a work of literary genius.

You can also start by saying one key word, or a series of three words, and then providing a brief pause (For example: "Bees. Pollination. Farming" (pause)). You can start out with a small funny statement (within reason) such as, "Today I will be talking to you about dog training. This is my dog Sam, and he is a good example of why dogs need training." You can also start with a shocking statistic (depending on your topic) (i.e. "Did you know that 1 out of every 5 dogs is abandoned in the County of Los Angeles? Shocking, but true.")

After you make your initial statement, you will want to say your name, your age, and the club you are with.

The next statement should start with, "Today I will be talking to you about...." This statement will be a short bulleted list of the items you will be covering in your speech (if you have poster boards as a visual aid, these bullets should be listed on your poster). This statement should also include a brief reason why you chose to give a speech on this topic (i.e. "I have always wanted to know more about Chinchillas," or "In my sewing project I wanted to know where 'patterns' came from...").

After you finish with the aforementioned elements of an introduction, you will then move into the body of your speech.

Body

The "Body" of a speech refers to the main part of your speech, where the information you wish to impart is encapsulated. Immediately following your Introduction Statement, you will begin. The body of your speech should be fairly concise (usually several paragraphs, or a page, depending on the length of the speech and what type of speech you are giving—check requirements), but at the same time, informational and somewhat exciting.

An example of the body of a speech would be if you were speaking about how to create you own fish tank, you would include what elements you would have to have to create it, why these elements are necessary, and what the result would be (healthy and happy fish in a natural environment that you, friends, and family can enjoy).

The body should be the "meat" of your speech. If you have visual aids, you may choose to show them now or demonstrate an element of what your speech is about. The body should include details or "how to" instructions (if you are doing a demonstration or telling your audience how to go about doing something). It should also include examples and details. It should be specific, and most of all, it should be fun! No one wants to listen to a speaker drone on and on about a topic even the speaker doesn't care about! People remember speeches that are informational and are at the same time entertaining.

Conclusion

A good speech should have a clear **Conclusion**. The conclusion should be approximately a paragraph long (like the introduction). It should be concise and clear. The conclusion should be so clear that it starts with a statement such as, "In conclusion…" In your Conclusion Statement, you will review the bullets from the introduction of your speech that you have covered (if you are using a poster board as a visual aid, these bullets should be listed under the title "Conclusion").

A good conclusion should include a "call to action." A "call to action" means you are asking your audience to do something with the information you have provided them during your speech. This could be anything from completing his/her own birdhouse to volunteering time at a local animal shelter. The "call to action" should sound something like, "After hearing my speech today, I hope that you will...."

Any research that you have done for your speech should be included in the conclusion. Just like writing research papers for school, always cite your sources!

Question-and-Answer-Period

Immediately following your conclusion, you next will conduct a question-and-answer session which is completed in a very particular format. In an effort to conduct clear communication between yourself and the audience, you must always start and finish this way:

"Are there any questions?"

When an audience member says, "Yes, how did you or why did you..."

You will **always** repeat the question back to the audience member by saying, "The question was asked (then repeat the question they asked back to them)." This is a help to you as well. Sometimes the question may be long, and you may not remember all of the parts to it; that's okay, just ask, "Can you please repeat the question?"

After each question asked say "Are there any other questions?" When it appears there are no further questions, you should say, "If there are no further questions, this concludes my speech. Thank you for coming!"

Visual Aids

Many people are "visual learners." This is to say, they actively learn when they are able to look at a physical example of what they are learning about. Poster boards are a great way to get your point across, impress your audience, and are fun to make and use during your speech. Here are some tips to remember when using poster boards:

- Make sure the poster boards are large enough to be seen at the back of the room (22" x 28"). They can be found at hobby stores, Staples, Office Depot, on-line or anywhere else you choose.
- White poster boards are best, as they show the writing and photos or other items you have displayed much better. Oversized poster boards are hard to use during a speech, and you may not find an easel to hold them up.
- > Bring your own easel, and beforehand, practice putting it up, taking it down, and changing posters during your speech.
- > Write neatly. If you are not able to write in large print neatly, use stencils with a ruler underneath your words.
- ➤ If you use pictures, make sure they are large.
- Posters should have a starting point and a finishing point. There should be a "Title Page" with the title of your speech, your name and your club name on the first poster. The next poster should be bullet-points about what you will be talking about. The body of the speech will follow. Don't be too wordy in this section. Try to stick to multiple, one sentence statements on the same board. You don't want to add so much information that the board isn't pleasant to look at. Your final board should have a "Conclusion" title with the bullets from the introduction. You may point to items on your poster boards as you are in the process of giving your speech.

Power Point Presentations

If you are using a Power Point Presentation during your speech instead of poster boards, make sure to follow the same rules as above (Title Page, Introduction, Body, Conclusion"). Make sure to bring everything with you that you will need (cord, projector, speakers if needed). Also, check with the person(s) in charge of the event to find out if you can use a Power Point presentation, and if there are electrical outlets.

Foods and Animals

If you are using food for part of your speech or are making a food item, make sure to store your food at the proper temperature if it requires heat or cooling (i.e. bring refrigerated items in a cooler, with ice or insulated bag). If you are cooking during a speech, make sure you have practiced cooking it before giving the speech (check that all equipment is working properly). Check with the room moderator on where the outlet is, and if it works. Be careful when cooking or with food preparation (especially in front of your audience). Bring a sample already made of what you are talking about or have made for the judges (including plates, cups, napkins and plastic silverware if necessary). Following your conclusion and question-and-answer period, you will say, "Now I have some....that I would like you to try. Thank you for coming!" Clean-up after your speech so that the next presenter will have a speaking area that is ready to go.

If you are bringing a live animal as a visual aid for your speech, make sure that he/she is clean and well-groomed, and also bring the items you will need to clean-up after it with you. Remember, animals, much like people, have good days and bad days, and should your animal not do what you want it to do, or acts differently then you had hoped—the judges understand this. You cannot control an animal who is in a different setting from what it is used to and may not do well in a group of people, or even indoors. Clean-up after your animal before leaving the room.

Other Visual Aids

Other visual aids may be used--such as bringing an example for the audience to touch and feel (i.e. a woolen item you knitted, a rock from your science project, etc.). Visual aids that are to be handled are usually distributed to the first audience member in the first row during the middle of the body of your speech.

Voice and Eve Contact

Sometimes you will be nervous when giving a speech in front of a group, so be very conscious of slowing down. Speak slowly, clearly, and loud enough for those audience members in the back of the room to hear you.

Eye contact during a speech is very important. Look up and all around the room at audience members (and judges) while giving your speech. Scan the room from time to time, and even smile a time or two; it will make the audience feel good, and you too!

Appearance

Your appearance is very important when giving a speech. What this means is, your clothes should be neat and clean (and ironed if necessary). If you need a belt to hold up your pants, put one on! Tuck-in your shirt. Dress for success. Boys, wear a tie if you have one! You should be wearing properly-fitted clothing (no over-sized clothing such as giant shirts or pants that hang down).

Good hygiene is important. Nails should be clean, hair combed (and even tied back if you feel like it). No extreme make-up or jewelry should be worn. The audience is meant to listen to you, learn from you, and not notice your new glittery eye shadow or nose piercing.

Some Extra Tips

- Memorize your speech. Make brief note cards of your main points to keep with you during your speech. There is nothing worse than a speech that is being read directly off of a piece of paper. It means that you didn't prepare beforehand, or that you don't care if the audience is bored!
- > It is inevitable that you will make a mistake. Keep moving! If you make a mistake of any kind, just continue with what you were mean to do next. Many times, no one will even notice! Try not to start laughing and joking around when this happens.
- ➤ Be likeable! You already are likeable, and this should come out during your speech. You have a unique personality that should shine through in both your writing and your actual presentation. Be yourself!

- ➤ Keep joking and silliness to a minimum. A carefully placed joke here or there in your speech is great; it puts your audience at ease and gives your speech a "fun" feel to it. Try not to go overboard with saying too many jokes, or partaking in all-around silliness.
- ➤ Do not address the judges privately before or after giving your speech.
- Moms, Dads, Grandmas and Grandpas: Do not coach your youth member while they are giving a speech. They will do a great job, and, if they forget anything, they will eventually remember it (or not) and it is okay!
- ➤ Don't fidget during your speech. Keep your hands at your sides and try not to touch your hair, face, or any visual aids unless it is time to do so. Audience members are easily distracted by your movements at the front of the room as you are the main event!
- When giving a "Team Speech," make sure to provide equal time to both speakers. Try not to start laughing if something goes awry. Work together to give a good presentation, and you will be successful.
- > Timing of a speech is very important. Many times you will be marked down during a speech if it is too short, or too long. Make note of the time requirements, and absolutely stick to them. When practicing, use a timer and make sure to adjust your speaking if you are speeding up, or going too slow.
- ➤ Practice! Practice! Get anyone you can to listen to your speech. Work on memorizing, timing and using visual aids as many times as you can before giving your speech. The only way to get it right is to practice enough times so that you are calm, cool and collected during your speech, and it will be a lot more fun that way, for you, and your audience.
- Watch some famous speeches on-line. See how the master's do it! Contact your local Toastmaster's Club and ask for any hand-outs or tips they may have for public speaking. Participate with your speech in *several* competitions (at school, Toastmaster's Competition and 4-H Field Day!)

The **Los Angeles County Field Day Competition** will take place on **Saturday, March 24, 2012**, at Mt. San Antonio College (Mt. SAC, College Bldg 28A, 1100 N. Grand Ave., Walnut, 91786). For more information on this event, contact Noel Keller at nkeller91711@gmail.com or Dawn Fuller at dafuller@ucdavis.edu. We hope to see all of you there, and we know you will be terrific!

For the first time ever, there will be a **Presentation Workshop** held at the County Office on **Tuesday, March 13, 2012**, from **7 p.m. to 9 p.m**. (4800 East Cesar E. Chavez Ave., LA, 90022). At the Presentation Workshop, youth can come and practice their speeches and receive feedback. This is a wonderful opportunity to "fine-tune" your speech and move towards doing your very best at Field Day! Please RSVP to Dawn by **March 5** at dafuller@ucdavis.edu.

"Be sincere; be brief; be seated." ~ Franklin D. Roosevelt, on speechmaking (1882-1945, 32nd President of the United States)

http://www.toastmasters.org/

http://www.optimist.org/e/member/scholarships4.cfm

http://www.voutube.com/watch?v=IV96J1vZEpM&feature=related

• Workshops and Trainings

Dawn Fuller, 4-H Program Coordinator

On **March 10, 2012**, from **10 a.m.** to **Noon**, there will be **Leaders' Training Event** at the County Office (4800 East Cesar E. Chavez Ave., LA, 90022). This event is an opportunity for volunteers to be part of a special Professional Development Training Series offered by the Los Angeles County 4-H. Attendees of the training can expect to come away with skills and ideas that would benefit them in leading clubs, projects or working with youth in general. For more information, contact Dr. Keith Nathaniel at kcnathaniel@ucdavis.edu.

For the first time ever, there will be a **Presentation Workshop** held at the County Office on **Tuesday, March 13, 2012**, from **7 p.m. to 9 p.m**. (4800 East Cesar E. Chavez Ave., LA, 90022). At the Presentation Workshop, youth can come and practice their speeches and receive feedback. This is a wonderful opportunity to "fine-tune" your speech and move towards doing your very best at Field Day! Please RSVP to Dawn Fuller by **March 5** at dafuller@ucdayis.edu.

Following the County Council Meeting on **Saturday, May 12, 2012**, there will be a **Record Book Training** from **Noon to 2 p.m.** at the same location as the County Council Meeting that day (South Coast Botanic Gardens, 26300 Crenshaw Blvd., Palos Verdes Peninsula, 90274, www.southcoastbotanicgarden.org). Come and learn all the "ins and outs" of creating an award-winning record book (or just how to do one)! To RSVP or find out more information, contact Charlene Moore at (661) 974-8824.

Also following the County Council Meeting (same location, South Coast Botanic Gardens, 26300 Crenshaw Blvd., Palos Verdes Peninsula, 90274) there will be a **New Leaders' Training** from **Noon to 2 p.m.** This training is only for leaders who have applied by filling-out the on-line application and RSVP'd to <u>dafuller@ucdavis.edu</u>. To find out more about the training, or to sign-up by the **deadline of May 8, 2012**, just email Dawn Fuller at <u>dafuller@ucdavis.edu</u> or call at **(323) 260-3859**.

• Save the Date: Los Angeles County 4-H Judging Day Dawn Fuller, 4-H Program Coordinator



Los Angeles County 4-H Judging Day will be held on **Saturday, February 25, 2012**. This year Judging Day will be held at a new location:

Little Rock High School 10833 East Avenue R Little Rock, CA 93543 (8:15 a.m.-2:30 p.m.)

For more information, go here: http://celosangeles.ucdavis.edu/files/135370.pdf, or call Charlene Moore at (661) 974-8826.

The districts of Los Angeles County 4-H (North San Gabriel, South San Gabriel, San Fernando Valley and Antelope Valley) often times have "Practice Judging Day Events." For new leaders, new clubs, or for a "refresher course" on best practices in judging, you are invited to attend another club's event (with prior notice to the club leader). Palos Verdes Peninsula 4-H Club will be holding a **Judging Day Practice**Session that all are invited to on **Wednesday**, **February 15**, **2012**, promptly at **7 p.m.** Email Community Club Leader, Dee Keese to RSVP at swimdude64@earthlink.net.

Judging Day Practice Session, PVP 4-H Club

Wednesday, February 15, 2012, (7 p.m.) 4045 Palos Verdes Dr N., Rolling Hills Estates, 90274 Contact: Dee Keese swimdude64@earthlink.net

• Outreach Round-Up

Dawn Fuller, 4-H Program Coordinator



On **Thursday, January 19, 2012**, **Dr. Keith Nathaniel**, Los Angeles County 4-H Youth Development Advisor and UCCE County Director, hosted a *Kids and the Environment Event* for 60 6th Grade Students from Hamasaki Elementary School. The attending youth participated in a SET Activity (catapult building) that promoted life skills and learning in project design, redesign, problem solving, communication, team work and decision-making.

On Saturday, **January 28, 2012**, the annual *Los Angeles County 4-H Livestock Symposium* was a tremendous success! Over 300 attendees attended the symposium at the Antelope Valley Fairgrounds. This event was open to everyone (not just 4-Hers) and it appeared that many families from near and far took part in the wonderful expert sessions provided at this event. Future Farmers of America Youth Members were even bestowed credit for attending the 4-H Livestock Symposium and received class credit for doing so.

On **Tuesday, January 31, 2012**, Los Angeles County 4-H provided an outreach presentation in Silver Lake to potential leaders.

Starting on **February 9, 2012**, Los Angeles County 4-H and the 4-H Pet Symposium will be featured on the El Dorado Hills High School YouTube Channel, "Hawk Talk" (http://www.youtube.com/user/edhsvideoproduction?blend=1&ob=0. Be sure to tune in!

Los Angeles County 4-H sent out a special request for additional "fans" on the UCCE Master Preservers, Master Gardeners and UCCE Facebook Pages. A survey was also presented to new Facebook "fans" to find out how they heard about 4-H and if they would like more information for volunteering, or for youth membership. We hope to grow our fan-base exponentially this year...in every way possible! Check us out on Facebook at: https://www.facebook.com/#!/pages/Los-Angeles-County-4-H/61556419670.

• 4-H Re-Enrollment (Youth fee increase)

July 1, 2011 was the beginning of the 2010-2011 4-H program year. Each 4-H member and leader continuing in 4-H will need to log in to their family profile and re-enroll. To assist in this process, please download the "How to Re-Enroll" form from the <u>LA County 4-H website</u>. The 4-H Online Enrollment website is: https://california.4honline.com/. Remember, you must be currently enrolled to participate in 4-H and 4-H activities including fair. The enrollment fee for youth has changed. **The new fee is \$20 for youth and \$6 for adults.** If you have any questions please call Roy Hillstock at (323) 260-3854.

• Be a 4-H All-Star

All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. For more information go to: http://celosangeles.ucdavis.edu/4H Youth Development Programs/Applications.htm.

Los Angeles County, 4-H Leaders' Council

The Los Angeles County, 4-H Leaders' Council is a group of 4-H Leaders that meets bi-monthly and organizes many 4-H activities for Los Angeles County. Find out who hold what seat, read past minutes and agendas for future meetings at: http://celosangeles.ucdavis.edu/Los Angeles 4-H Leaders Council/.

• **Share your 4-H experiences -** 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, <u>rlhillstock@ucdavis.edu</u>.

• Dates To Remember in

February:

1st - Camp Staff Application deadline NSG District mtg.

4th - Monte Farmers Fair

9th - I&R meeting

 10^{th} - 2^{nd} Horse bowl Quiz

11th - County Food Fair

14th - Valentine's Day

16th - SSG District meeting SGV Fair meeting

18th - AV Shooting Competition

20th - Presidents Day (4-H Office closed)

25th - Judging Day

26th - Summer Camp Interviews

27th - AV District meeting

SECTIONAL

South Section Leaders' Retreat

The South Section Leaders' Council holds a weekend retreat once every four years for volunteer leaders in southern California. The retreat is designed to help leaders' network ideas, learn about section & state wide 4-H opportunities, attend educational & informative workshops, and have some fun. 4-H members ages 14 and up are welcome to participate if accompanied by a chaperone. Go to: http://www.ca4h.org/Resources/Volunteers/Councils/Sectional/South/South Section Leaders Retreat/ for more information.

STATE

- Recruiting Mentors for Military Partnership in Redding, Yuba and Solano County
 - The 4-H Military Partnership is currently seeking adults who are interested in working with military youth. We have received funding to support the TechWizards Mentoring Program at Travis Air Force Base, Beale Air Force Base and in Redding with the National Guard through January 2013. This program focuses on military youth in exploring robotics, website development, and community service. You do not need to have an interest or expertise in those areas, rather we are seeking committed adults who want to see military youth succeed despite the circumstances they have been given. This is a yearlong commitment with meetings planned for at least two hours once per week. Please contact Russ Hill, Director of the 4-H Military Partnership for more information at <a href="mailto:rdt.dia.nu.r
- State Leadership Conference Support Group Applications Deadline: February 24, 2012
 - The support group is an opportunity for teens to assist with the planning of the 2012 4-H State Leadership Conference. During the conference, the support group acts as a resource to the planning staff by serving as group facilitators, delegation hosts, logistical support, and State Ambassador assistants (among other roles). Serving as a member of the support group is a great opportunity for older members to take on a leadership responsibility at the state level, and provides valuable experience for youth who intend to apply for the 4-H State Ambassador team. Applications are available online at: http://www.ca4h.org/Programs/Conferences/SLC/.
- **Project Y.E.S!** is a national **internship program** engaging college students in service to meet the needs of military families. Specifically, Project Y.E.S! expands the resources of the Yellow Ribbon Program (YRP) and other youth & teen oriented programs. Project YES interns will work with an assigned professional mentor throughout their year of service and complete a community- or service-based project. Project Y.E.S! is looking for interns who would like to participate in a year of service through this program. If you are interested, visit: http://militaryfamilies.extension.org/yes-intern-program/ for more information and application materials. Deadline to apply is **February 29, 2012.**

• The University of California, Davis College of Agricultural and Environmental Sciences will hold its **36th Annual Agricultural and Environmental Sciences Field Day on March 3rd, 2012**. The UC Davis CA&ES Field Day is the 2012 California 4-H State Qualifier for Poultry, Dairy and Livestock judging. To register, go to http://www.calaged.org/registration. Select the event (2012 U.C. Davis Agricultural & Environmental Sciences Field Day). Choose the link "Get Access Code". Complete the information on the form and click the register button. Please include 4-H next to your club name on the registration form. On the following page save the registration code and register later or simply continue with the registration at this point. Note that you may only register once so be prepared to complete the registration or contact us if you have any changes. After your chapter is registered, we request that you submit a printed copy of your online registration along with your payment. Checks should be made payable to "UC Regents" and mailed to:

Attn: Francesca Ross College of Agricultural & Environmental Sciences One Shields Avenue Davis, CA 95616

Deadlines:

November 14: Registration opened

February 10: Agriscience Fair and Job Interview materials due

February 10: Registration closed

February 17: Payments must be postmarked – We are now enforcing a \$25 late fee for payments postmarked after the 17th. For questions email fieldday@ucdavis.edu or visit http://caes.ucdavis.edu/fieldday.

State Leadership Conference - Workshop Proposals Deadline: February 13, 2012

The 2012 California 4-H State Leadership Conference needs presenters! If you would like to present a session on Friday, August 10th or Saturday, August 11th, please submit a workshop proposal form to the State 4-H Office. Sessions can address many subject areas, but we ask that they emphasize one of the three National 4-H Mission Mandates: 4-H Science, Engineering & Technology (SET), Citizenship, or Healthy Living. Applications and additional criteria can be found at: http://www.ca4h.org/Programs/Conferences/SLC/.

• The **2012 California Camping Conference**, planned for **March 23-25**, **2012** at YMCA Camp Campbell in Boulder Creek, CA, inspires ideas and innovation and helps camp administrators create fun, safe, and rich learning experiences for both campers and camp staff. The weekend conference offers staff, volunteers, and teen leaders the opportunity to learn new practices, acquire new skills, and network with others from all over the state. One of our key presenters will be Dr. Jim Cain who is an innovator in team building and author of several books including *Raccoon Circles* and *Teamwork & Teamplay*. The fee is \$130 per person and includes meals, lodging, and all conference materials. The conference begins at 7:00 p.m. on Friday and ends after lunch on Sunday. If you plan to take the archery certification there is an additional \$30 fee for class material. Archery is a full twelve hour course. For more information about the conference visit the 4-H Camp website at: http://www.ca4h.org/Programs/Camps/Conference/ To register online visit: http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=7206. Registration deadline is **March 9, 2012**.

• 4-H State Ambassador Applications

Deadline: March 31, 2012

The California 4-H State Ambassador position is one of the highest service opportunities and recognitions attainable in the University of California 4-H Youth Development Program. The State Ambassador Program is a working honor that provides members with the opportunity to serve as a representative of the 4-H Program, plan the annual CA 4-H State Leadership Conference, and implement a service-learning project during their 14 month term. Youth members ages 16-18 are eligible to apply. Applications for the 2012-2013 State Ambassador team are available online at: http://www.ca4h.org/Projects/Leadership/SA/.

USA Science and Engineering Festival April 28 & 29, 2012

http://www.usasciencefestival.org/

The Science Festival is the nation's largest celebration of all things science & engineering and features over 2,000 hands-on activities and over 150 performances. There are satellite events hosted in California! Search for an event near you at http://www.usasciencefestival.org/satellite-event-directory.

• The **State Fashion Revue Manual** has been revised for 2012 and posted on our website at http://www.ca4h.org/Programs/Events/SFR/. The rubric scorecards used at SFR are also online for use at local events. As county fashion revues are planned, please have someone from your county notify Jillian Barden of your event date. Then after the county event, notify the SFR committee again with the names of your qualifying delegates. State Fashion Revue will be Saturday, May 26 at UC Davis, as part of State Field Day. Delegates must qualify at their local County Fashion Revue. See the updated manual for information. SFR registration will open be open from **April 1 to May 12**. Contact Jillian Barden, staff liaison at jmmillambarden@ucdavis.edu or Sue Moore, SFR Registrar at 2moores@mlode.com, with questions. If you need a pattern for the Tote Bag Challenge or you have questions about the SFR service projects, contact Mary Engebreth at maryengebrth@comcast.net.

• Higher Education Scholarships Deadline: April 30, 2012

The California 4-H Youth Development Program, with help from donors, offers statewide scholarships to graduating high school seniors and current college students to cover educational expenses such as tuition, books, room and board. Applicants may apply for multiple scholarships but are only eligible to receive one scholarship per year. Previous scholarship recipients may reapply. For scholarship categories and application details, please visit: http://www.ca4h.org/Resources/Members/Scholarships/.

Golden Clover Awards Deadline: May 31, 2012

The Golden Clover Awards recognize the outstanding achievements of members, volunteers, program staff, and groups within the 4-H Youth Development Program. Individuals and groups may apply or be nominated in multiple categories. Golden Clover recipients will be awarded a \$500 cash award, a medallion, and a lapel pin. For award categories and application details, please visit: http://www.ca4h.org/Resources/Members/GoldenClover/.

- Save-the-date! **Regional 4-H Thrive Master Trainer Trainings** and Updates are scheduled for 2012. The Master Trainer Training is for volunteers who wish to become part of their county's training team. Current Master Trainers who wish to extend their service an additional year will attend a one-day update training. New Master Trainers will attend the whole weekend. The Regional Training Dates are as follows:
 - o Southern Valley—September 8-9, 2012.
 - o Central California—August 25-26, 2012
 - o Southern California—September 22-23, 2012
 - o Far Northern California—September 29-30, 2012

All conferences are sponsored by 4-H Thrive and will cover the cost of conference, travel, and lodging. Registration information and more details to come. Please contact Gemma Miner, gmminer@ucdavis.edu for additional questions.

• Save the Date: 2012 State 4-H Leaders' Forum

November 9-11, 2012 at Asilomar Conference Center in Pacific Grove, CA For 4-H Adult Volunteers http://www.ca4h.org/Programs/Conferences/SLF/

The State 4-H Leaders Forum provides a weekend retreat for 4-H volunteers across California to gather for networking, education, relaxation, and fun.

• Camping Opportunities for Military Youth

Attention military families, this summer we will have two camping opportunities here in California and many others outside of our state. More details will be shared in the next Update. Camp one is a one week dude ranch experience for teens where we will cover your registration and partial travel costs. The second camp will be held in conjunction with Camp Ronald McDonald for special needs military youth. Also, visit our Facebook page to learn about all the other exciting opportunities available to military kids at http://www.facebook.com/CAOMK.

POSITIVE YOUTH DEVELOPMENT

- 4-H Thrive is the statewide approach to positive youth development for the California 4-H Youth Development Program. This intentional focus will better equip counties to help young people to reach their full potential. As we continue to move forward, it is our expectation that each county will have adopted and implemented the components of thriving in all of their programs. Support, coaching, and training for volunteers and staff are being provided through a newsletter entitled the Monday Morning Memo and an online blog called 4-H Volunteer Café.
- More and more users are accessing and using the 4-H Online Record Book. Here are our latest statistics:
 1022 club meetings registered, 3828 Developmental Activities have been entered, 168 Presentations added, 1063 Photos uploaded, 354 Comments were made, and 874 Promotions received.

We are currently in the process of creating a Statewide Team of youth and adults to help design and deliver practical, hands-on trainings of the ORB system. If you would like more information about this team or know of a youth who would be interested, please check out the position description at http://www.ca4h.org/files/134533.pdf.

• Online Record Book Training - Webinar Series for the 4hOnline Record Book

The <u>4-H Online Record Book</u> (ORB) is a record keeping tool that helps 4-H members compile their annual 4-H Record Books. It also provides an arena for 4-H members to share their experiences with other members in their 4-H Club. A webinar series is being offered during the month of February to help 4-H staff, volunteers, and youth become familiar with the system. Space is limited to the first 150 people to register for each webinar. This will be facilitated by <u>Scott Mautte</u> and <u>Steven Worker</u> at the California State 4-H Office. The trainings offered will be as follows:

Introduction and Logging-In

Staff Version on February 8, 11-12pm Volunteers and Youth Version on February 9, 7-8pm

Paper vs. Electric: Navigating the Forms in the Online Record Book: PDR, APR, Story

Staff Version on February 15, 11-12pm Volunteers and Youth Version on February 16, 7-8pm

Youth Functions, Forms, and Privacy Settings

Staff Version on February 22, 11-12pm Volunteer and Youth Version on February 23, 7-8pm

Project & Club Leader Functions and Approving Forms

Staff Version on February 29, 11-12pm Volunteer and Youth Version on March 1, 7-8pm

To register for the webinars, go to http://www.ca4h.org/Resources/Members/RecordBook/ORB/

SCIENCE, ENGINEERING, and TECHNOLOGY (SET)

- The **2012 National STEM Video Game Challenge** is open to students and game designers in four levels: middle school, high school, college and graduate students, and educators. Entrants have until **March 12, 2012** to submit their ideas and games. http://stemchallenge.org/Default.aspx
- The **International Technology and Engineering Educator's Association** (ITEEA) Annual Conference will be held **March 15-17, 2012** in Long Beach, CA. The theme for this year's conference is *Changing the Conversation: Improving K16 Technology and Engineering*. California 4-H will be represented at the conference! For more information, please visit http://www.iteea.org/Conference/conferenceguide.htm or contact Steven Worker at smworker@ucdavis.edu.
- Start planning April 2012 **Let's G.O.! (Get Outside).** Do you like to get outside and play, serve and celebrate? Do you want to help others see how much fun it is to be a part of a worldwide movement? Then the Children & Nature Network wants you! In 2012 we will amplify our message to the world. http://www.childrenandnature.org/downloads/LETSGOFLYER 2012.pdf
- **2012 Google Science Fair** is a science fair that is more open, inclusive, and global than ever before. The Google Science Fair aims to be the largest global science competition ever and will be open to all students age 13–18 around the world. http://www.google.com/events/sciencefair/

HEALTHY LIVING

• NEW Resource: 4-H Project Sheets

4-H Project Sheets were designed by 4-H staff and experienced volunteers to help 4-H project leaders determine meaningful content and lead youth in hands-on activities. Additionally, 4-H youth and their families may use these sheets to decide which project they might be interested in. Visit www.ca4h.org/Projects/Project Sheets to learn more about bread-making, foods and nutrition, livestock judging, global education, gardening, and many other 4-H projects.

Bringing Free Drinking Water to California Schools Fact Sheet

California recently passed legislation requiring schools to provide fresh, free drinking water to students during meal times. To help California schools comply with new requirements and support student health, this fact sheet highlights strategies to make drinking water more readily available, including ways for parents and community members to get involved. Visit www.phlpnet.org/sites/phlpnet.org/files/Drinking Water in Schools FINAL 20111206.pdf to view.

MyPlate Videos

In September, the USDA asked people to make videos about the new MyPlate, and choosing fruits and veggies to fill up half the plate. The USDA got 142 submissions in three categories: Tips for Kids; Tips When Eating at Home; and Tips When Eating Away from Home. To see the winning submissions, go to fruitsandveggies.challenge.gov/submissions.

New Law Protects California Kids

State of California has enacted new passenger safety legislation that aims to prevent unnecessary death and disability in children. Starting January 1, 2012, children less than 8 years of age must be properly buckled into a car seat or booster seat in the back seat of a vehicle. For more information, visit www.cdph.ca.gov/vosp.

• Special Recognition at 2012 State Presentation Day

A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year's focus area is healthy food. Potential topics may include USDA's MyPlate, serving sizes, sugar-sweetened beverages, nutrition facts labels, food groups, nutrients, and more. Visit www.ca4h.org/Programs/Events/SFD/PD/Recognition Opportunities for details.

• 4-H MyPlate Challenge at 2012 State Field Day

The USDA recently unveiled the federal government's new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. 4-H is challenging you to show how you're making YOUR plate MyPlate. We invite 4-H members to submit a photograph illustrating how they're creating healthy meals using MyPlate as a guide. Visit www.ca4h.org/Programs/Events/SFD/4-H MyPlate Challenge for details.

• Global Youth Traffic Safety Month

May is Global Youth Traffic Safety Month! Celebrate by educating others about how they can be safer drivers, riders and pedestrians. Encourage your 4-H club to pass out thumb bands at community events or host a walking school bus to promote safe routes to school. Visit www.noys.org/global_youth_traffic_safety_month.aspx for more information and free resources.

• Bullying in Schools: An Overview

You can make a difference by taking a stand against bullying in schools! The U.S. Department of Justice's Office of Juvenile Justice and Delinquency Prevention recently released Bullying in Schools: An Overview. This bulletin examines the connection between different types of bullying, frequency of bullying, and other factors. View the bulletin at www.ojidp.gov/pubs/234205.pdf.

Natural High

Natural High uses drug-free celebrities, musicians and athletes to empower youth to make the right decision when faced with very real pressures to use drugs and alcohol. The website features videos, contests, and curricula that help kids say "no" while encouraging them to say "yes" to their spark! Check out www.naturalhigh.org for resources.

• Teen Dating Violence

Although their heads may be telling them to leave an abusive relationship, many teen girls listen to their hearts instead, which tell them they can't live without their abusive partner. Learn more about teen dating violence by visiting www.cdc.gov/violenceprevention/pdf/TeenDatingViolence 2010-a.pdf.

CITIZENSHIP

• The **California Focus** team is working hard on arrangements for the conference. This year the delegates will attend a Broadway series production of *Wicked* at the Sacramento Community Center on Saturday evening. The Center is requiring that tickets for this event be purchased by **March 18**th. Any additional registration for California Focus will need to be completed by that time. Please contact Carolyn Abrams at cmabrams@ucdavis.edu for more information.

CALIFORNIA 4-H FOUNDATION

• 4-H Day at the Sacramento Kings game!

The CA 4-H Foundation Alumni program is sponsoring a day at the Sacramento Kings game on Sunday, March 11. It is the Kings vs. Atlanta Hawks starting at 6pm. Discount tickets are available at \$9, \$17.50 and \$29.4-H youth will be featured in activities before, after, and throughout the game. It is a great way to show support for 4-H, enjoy a great family activity at a reduced price. Tickets are limited. Contact Amy McGuire at almcguire@ucdavis.edu with questions or to purchase tickets.

FUNDING OPPORTUNITIES

The Foundation for the Preservation of Honey Bees, Inc. is sponsoring the 2012 4-H Honey Bee Essay Contest. Entries are due electronically and must be received on or before February 17, 2012 to Eric Mussen, ecmussen@ucdavis.edu. Please click here for contest rules and essay topic.

- **2012 GEAR-Tech-21 Camp mini-grants** are now available! Participants at GEAR-Tech-21 camps learn about science, engineering, and cooperation through hands-on LEGO NXT robotics, GPS, and digital mapping activities. Mini-grants range from \$500 to \$2,000, depending upon the size of the camp program. Applications will be accepted until all funding has been awarded. http://4hset.unl.edu/4hdrupal/node/165
- **Disney Friends for Change Grants,** Deadline to apply is **February 29, 2012**. Disney Friends for Change Grants offer young change-makers an opportunity to receive a \$1,000 grant to help make a lasting, positive change in the world. Whether you are passionate about protecting the planet, providing meals to those who need it or giving kids just like you the resources they need to star in their own play, be an athlete or an artist, you can be a Friend for Change! Whatever your interests, a Disney Friends for Change Grant can help you make a difference for people, communities, and the planet. Youth ages 5-18 located in all 50 states and the District of Columbia are eligible to apply for a \$1,000 grant. www.YSA.org/grants/disney-friends-change-grants.
- 2012 Do Something Awards, Deadline to apply is March 1, 2012.

 The Do Something Awards (formerly the BR!CK Awards) identifies exceptional young social entrepreneurs, activists, and community leaders who have a significant social impact. The Do Something Award nominees and winners are the pivotal "do-ers" in their fields and causes. For this year's awards five finalists will be selected and rewarded with a \$10,000 community grant, participation in the third Do Something Awards TV show on VH1, media coverage, and continued support from DoSomething.org. Of those five nominees, one will be selected to win the Grand Prize, a \$100,000 grant, which will be announced during the broadcast. http://dsorg.us/t5wklU.
- The Foundation for Youth Investment invites Northern and Central California nonprofit organizations to apply for program grants to fund programs focused on getting youth outdoors. <u>Catalyst Fund Round 1: Accelerating Efforts to Introduce Youth to Outdoor Experiences</u> funding up to \$15,000 per grant award. Available only to organizations with annual operating budgets <u>under</u> \$250,000. Application deadline is Thursday, March 1, 2012. <u>Impact Fund Round 1: Sparking Innovation and Improving Access to Outdoor Experiences</u> funding up to \$50,000 per grant award. Available only to organizations with annual operating budgets <u>over</u> \$250,000. Application deadline is Thursday, March 8, 2012.
- **JOIN The Revolution of Responsibility!** \$1,000 is available to 4-H Clubs and Groups Due: **April 15, 2012**

http://ucanr.org/join/

Do you see a need in your community?

Do you know 4-H members and volunteer leaders who work to improve their community? To JOIN the revolution, 4-H members, with the help of an adult 4-H volunteer mentor, should follow these steps to plan a project.

- 1. Identify an issue or problem in your community.
- 2. Find community organizations to collaborate with.
- 3. Plan the project: form goals, outline tasks, and needed resources.
- 4. Prepare ways to document and record your experience to share with others.

A toolkit of tips, templates, links, and suggested guidelines has been developed to support your projects. From the initial work to identify a compelling community issue to the final celebration of its completion, use this toolkit to help you carry out the important steps necessary to ensure success.

www.ca4h.org/Support/RofR/Toolkit/

• Are you between the ages of 5-25 (or know someone who is) and have demonstrated your commitment to service projects in your community? **The Everyday Young Hero Awards** are given out weekly to a young person who exemplifies commitment to service. The nominations for these awards are ongoing and there is no deadline. Visit http://www.ysa.org/awards/hero for more information on nominating a youth today!

4-H All Stars:

Amanda Ho, PVP 4H Club Alex Kasperovich, PVP 4H Club Candace Corrales, PVP 4H Club Hannah De Young, San Fernando Valley Kristy Okamoto, Pomona Valley 4H Club

Jr. All-Stars:

Ali Ryan-Phasil, PVP 4H Club
Anna Wheeler, PVP 4H Club
Brendan Bernardo, Encino Oaks 4H Club
Candace Choi, PVP 4H Club
Courtney Calleja, PVP 4H Club
Ivory MacCracken, PVP 4H Club
Julius Treadwell, Pomona Valley 4H Club
Katherine Cho, Pomona Valley 4H Club
Laura Griffin, PVP 4H Club
Madison Cumby, PVP 4H Club
Megan Okamoto, Pomona Valley 4H Club
Rachel Klose, PVP 4H Club
Sallie DeYoung, San Fernando Valley Club

Los Angeles County, 4-H Youth Development Staff:

Dr Rachel Surls, County Director, (323) 260-3886, ramabie@ucdavis.edu

Dr. Keith C. Nathaniel, 4-H Youth Development Advisor, (323) 260-3845, kcnathaniel@ucdavis.edu

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Los Angeles County 4-H Office, 4800 E. Cesar E. Chavez, Los Angeles, CA 90022, (323) 260-3854