



COLUSA COUNTY 4-H NEWS

MONTHLY CLUB MEETINGS:

Arbuckle 4-H – 2nd Monday, 7:00pm, Arbuckle Elementary
Colusa 4-H – 2nd Monday, 7:00pm, St. Bernadette's Hall, 745 Ware Ave, Colusa
Maxwell 4-H – 1st Wednesday, 6:30pm, Maxwell Elementary multipurpose room
Princeton 4-H – 2nd Monday, 6:30pm, Princeton High School multipurpose room
Stonyford 4-H – See calendar for monthly dates, Town Hall
Williams 4-H – 3rd Tuesday, 6:30pm, Williams Elementary Multipurpose Room
4-H Council – 3rd Wednesday of every other month, 6:30pm, CIP room (begins Sept)

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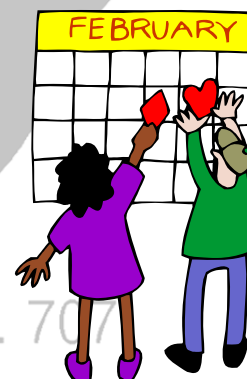
CALENDAR:

FEBRUARY 2013

- 2 Chico State University Swine Day, 8:00am, Chico State University Farm Pavilion
- 6 Maxwell Club Meeting, 6:30pm, Maxwell Elementary
- 9 Sheep & Meat Goat Educational Day & Sale, CSUChico
- 10 Beef Weigh-In and Entry, 8:00am – 10:00am
- 11 Arbuckle Club Meeting, 7:00pm, Arbuckle Elementary
- 11 Colusa Club Meeting, 7:00pm, St. Bernadette's Hall
- 11 Princeton Club Meeting, 6:30pm, Princeton High
- 11-13 Conference: Volunteerism & Volunteer Development, Strengthening Middle Mgt. System
- 15 Due: registration for Home Ec Review
- 16 Glenn County Livestock Bowl, 8am – 5pm
- 18 Williams Club Meeting, 6:30pm, Williams Elementary
- 18 Presidents Day – Cooperative Extension Office Closed

MARCH 2013

- 2 Home Ec Review, check-in: 9am, Williams Junior High School
- 6 Maxwell Club Meeting, 6:30pm, Maxwell Elementary
- 7 Due: applications for livestock loans
- 11 Arbuckle Club Meeting, 7:00pm, Arbuckle Elementary
- 11 Colusa Club Meeting, 7:00pm, St. Bernadette's Hall
- 11 Princeton Club Meeting, 6:30pm, Princeton High
- 18 Williams Club Meeting, 6:30pm, Williams Elementary
- 20 4-H Council Meeting, 6:30pm, CIP Conference Room
- 21-24 Western Regional Leaders' Forum, HI
- 29 Cesar Chavez Day – Cooperative Extension Office Closed

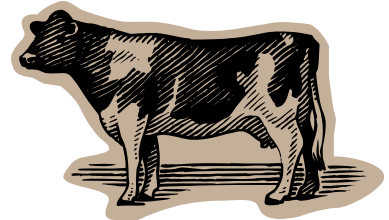


PLEASE NOTE:

- To make project enrollment changes to your 4hOnline profile (for both members and leaders) you must go through your club's key leader. They will forward that information to the project leaders and then to the 4-H Office. This will make all project leaders aware of any additions/subtractions to their project groups.

LIVESTOCK WEIGH IN/ENTRY DATES

- Beef – February 10, 2013 from 8:00am - 10:00am
If you do not attend the weigh-in, you must enter online, via fax, email or mail with photo prior to 2/10/13.
- Sheep, Swine & Goats – April 8, 2013 from 3:30pm - 5:30pm
- Rabbits & Avian – May 6, 2013 from 3:30pm - 5:00pm
- Primary & Breeding – May 6, 2013 by 5:00pm



CSU, Chico Swine Education Day

Date: Saturday, February 2, 2013 Time: 8:00 AM

\$5 Registration fee

Location: University Farm

The event includes a variety of educational workshops on nutrition, health, carcass evaluation and more. Registration begins at 8 am. For more information go to their website: www.thepigpage.com/chicostate, 530-898-6025.

CSU, Chico Sheep and Goat Day

Date: Saturday, February 9, 2013 Time: 8:00 AM

Location: University Farm Pavilion

For more information, contact Dr. Celina Johnson by phone (530-898-4147) or e-mail, or visit the Sheep and Goat Unit web site. <http://www.chicostatesheepgoat.com/resources.html>

GLENN COUNTY LIVESTOCK BOWL

February 16, 2013 from 8:00am – 5:00pm

Registration will be available the week of January 28th. Contact Deanna Rogers in Glenn County with questions at 530-865-1100. For information and study guides, please visit: http://ceglenn.ucanr.edu/4-H_Program/Livestock_Bowl_Study_Guides/.

SPARKS SCORE

4-H Thrive is awarding \$20 gift cards to every 4-H Volunteer and Member that completes all SPARKS Score Questions (including the "Bonus" ones) and adult observation tools in the 4-H Online Record Book (ORB). Sparks Score Questions appear twice a year; you must complete both time points to be eligible for these gifts. In addition, these same individuals will automatically be entered into a drawing to win a new iPad Mini. The current SPARKS Score Questions and adult observation tools must be completed in ORB no later than February 15, 2013 to be considered. The second set will appear in ORB beginning May 1st, these must be completed by August 31, 2013.

In addition, counties that have at least 30 youth who complete all of their Sparks Score Questions will receive a specialized countywide Data Sheet which the state office will develop specifically for your county.

APPLICATIONS OPEN FOR CALIFORNIA FARM BUREAU SCHOLARSHIPS



Students planning to pursue careers as farmers, ranchers or in other agricultural occupations may now apply for 2013 California Farm Bureau Scholarship Foundation scholarships. Applications are available online at www.cfbf.com/programs/scholar. The deadline for submissions is **March 1**.

Applications are open to students who are Farm Bureau collegiate members in California. The scholarships are given based on students' academic achievements, leadership skills, career goals, extracurricular activities and other factors.

Last year marked a milestone year for the foundation, which awarded \$202,250 in scholarships and surpassed \$2 million in scholarships distributed since the foundation's inception in 1955. More than 70 students benefited from foundation scholarships in 2012.

In addition to general scholarships, the foundation grants six special scholarships following interviews with applicants. Four of the special scholarships are given in memory of former California Farm Bureau leaders and staff members; two scholarships are donated by the Ag Lenders Society of California.

The California Farm Bureau Scholarship Foundation also helps oversee distribution of the Rustici Livestock and Rangeland Scholarship Awards, which benefit rangeland-management students who plan careers in beef or sheep ranching or in range management.

For more information about the California Farm Bureau Scholarship Foundation, please visit <http://www.cfbf.com/programs/scholar>.

The California Farm Bureau Federation works to protect family farms and ranches on behalf of more than 74,000 members statewide and as part of a nationwide network of more than 6.2 million Farm Bureau members.

ED & JOSIE MATTINGLY MEMORIAL LIVESTOCK LOAN

Ed and Josie Mattingly were 4-H Leaders in Butte County for many years while 7 of their 9 children were in the Biggs 4-H Club. Both have since passed away and their family and friends would like to memorialize them by helping 4-Hers in livestock projects. In this spirit their family would like to help 4-Hers who would have difficulty financing a livestock project without a loan. **The deadline to apply for this loan is March 7th.** For further information please contact the 4-H Office at 458-0570.

JOEL SHERER MEMORIAL LIVESTOCK LOAN

Mr. and Mrs. Joseph Sherer of Arbuckle established the Joel Sherer Memorial Fund in 1965 to memorialize their son Joel, who was "an energetic 4-Her during his lifetime", and to assist 4-H members in establishing a degree of independence by allowing them the opportunity to finance their livestock projects. **The deadline to apply for this loan is March 7th.** For further information please contact the 4-H Office.

COUNCIL MEETING – MARCH 20th

The Council will meet again on Wednesday, March 20, 2013 at 6:30 p.m. in the CIP Conference Room. All interested people are invited to attend. Certified leaders and all members are voting members of the council. Fair, camp, college scholarships, and officer training are on the agenda. Additional agenda items must be in by noon Tuesday prior to the meeting.

HOME EC REVIEW

Sunday, March 2, 2013 check in: 9:00am

Williams Jr High School, Williams

Each club is to provide at least 2 hot dishes and 2 salads for the luncheon.



Due to time constraints and a request to change the deadline of entries from February 1st to February 15th, our office will now be emailing the Display Cards to participants when we receive their registration. These cards and a letter explaining what they must do are posted to our website http://cecolusa.ucanr.edu/4-H_Program/Forms/) Members may now download, print the display cards onto white cardstock paper (or glue paper copy to cardstock) 4 1/4"x 11". If they are unable to do this, they may pick up at the UCCE Office or request these display cards be sent to them via mail.

New registration deadline: February 15, 2013.

Colusa County 4-H has held a Home Economics and Arts judging event for at over 20 years. Over the years it has evolved into an event that combines judging activities and project exhibition for 4-H members interested in home economics and consumer science topics such as foods and nutrition, home furnishings, arts and crafts, mini gardens, and cake decorating. Now called the "Colusa County Home Ec Review," this event provides a platform for 4-H members to showcase their projects and skill development at a countywide event. The event encourages the advancement of life skills including decision making, public speaking and relationship building, all while promoting creativity.

The Home Ec Review gives 4-H members the opportunity to participate as much as they would like, whether they decide to just test the water or dive in head first. Members who participate in the judging classes may leave after an hour, and still fulfill a requirement for their project. Often, members will have limited participation the first year, but after watching their peer's exhibit they are inspired to exhibit the following year. In this way, new members are slowly introduced to 4-H project components, while also getting invaluable learning experiences and receiving feedback from caring adults.

The Home Ec Review is a combination of three traditional 4-H events—it serves as the Home Economics Field Day, Project Exhibit Day, and offers the opportunity to introduce 4-H initiatives such as S.E.T. and Healthy Living. In a rural county it is increasingly important to efficiently use 4-H families' time and energy.

Members may enter a table setting and a stand-alone entry in the same project. Remember members must be enrolled in the project to exhibit in the category. Information and registration packets are online at http://cecolusa.ucanr.edu/4-H_Program/Forms/ .

FEBRUARY BIRTHDAYS

• ADAM MCKASSON • AIDEN CHARTER • BELLA SHULTHISE • CHARLIE LAUX • CLAYTON ANGUS • COLE SIMMONS • DAVID ROBINSON • EMILY PINGREY • GRACE BOEGER • GRANT HARTILL • HAILEY TRAYNHAM • HALLE CHARTER • HANNAH AZEVEDO • JUAN FRANCO • KENDALL WILSON • LACY GRIFFIN • LEO HERNANDEZ • LUKE CHARTER • MADDI HANSEN • MICHAELA CARVALHO • PARKER GOODMAN • RYANN DENNIS • SAMUEL STOCKS • THOMAS HEIDRICK • WYATT CROXSON •

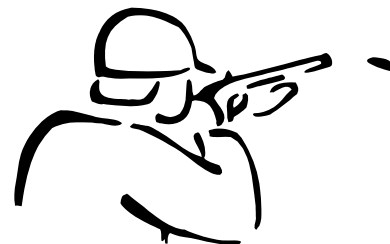
SHOOTING SPORTS PROJECT LEADER COURSE

Rifle Discipline

Pajaro Valley Rod & Gun Club, 557 ½ Lakeview Road, Watsonville, CA

Saturday, March 9, 2013 – 8:30 a.m. – 5:00 p.m.

Sunday, March 10, 2013 – 8:30 a.m. – 4:00 p.m.



Upon successful completion of this course, the participant will be certified as rifle trainer and can lead a rifle project at the club or county level or serve as county trainer to certify project leaders in the shooting sports discipline of rifle. This course is also open to 4-H teen leaders (high school aged youth). For more information, or to register for the class, contact Randy Turnquist at randy@randyt.com or phone 831-566-2590. Please discuss the course fee with the instructor which could be up to \$25 depending on if you wish to print your own course material or have him do it. (Please note that the rifle discipline is not an approved project in Santa Cruz County). For more information about the class facility visit this website: www.pajarovalleyrodandgun.org

SHOOTING SPORTS WORKSHOP

Muzzle Loading Discipline

5 Dogs Range - Bakersfield, CA

Saturday, March 23, 2013 – 8:00 a.m. – 6:00 p.m.

Sunday, March 24, 2013 – 8:00 a.m. – 4:00 p.m.

Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of muzzle loading. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. Class size is limited. There is no fee for the course. However, if you wish to receive National Muzzle Loading Rifle Association instructor certification there is a fee of \$40. To get more information or register for the class contact John Borba at: jaborba@ucdavis.edu or telephone 661-868-6216.

2013 4-H HORSE SHOW

www.humboldtcountyhorseshow.org

The Humboldt County California 4-H is celebrating its 100th Anniversary in 2013. As part of the 100th year's events, the Humboldt County 4-H Horse Project will be hosting the 2013 4-H Horse Show at the Humboldt County Fairgrounds in Ferndale on Sunday, March 24th. The 4-H Horse Show is a hands-on educational experience exploring the various aspects of a horse show. Classes are offered in English riding, Western riding, Gymkhana events, and showmanship. Non-riding activities expanding one's horse knowledge will also be included for those who are not competing on horseback. All 4-H members are encouraged to participate in this fun, learning event.

Open to All Counties, open to All 4-H Members, must be 9 years of age to compete on horseback.

Open to All 4-H Members regardless of project group. Activities for non-competitors.



LASSEN COUNTY 4-H HORSE SHOW & EDUCATIONAL CONTEST

The Lassen County 4-H Horse Show and Educational Contest is scheduled for June 1-2, 2013. For more information, please contact Sandy Raffelson at sandy@ssranch.com.

MERIT AWARD, ALL STAR & SCHOLARSHIP APPLICATIONS

DUE: APRIL 15, 2013

Merit Award – applicants must be 8th grade graduates by June 2013 or 14 years of age or older. A prime consideration in the selection will be how much work, assistance and cooperation the member has given to younger members, leaders, and the club program. The award is a full scholarship to the State 4-H Leadership Conference at UC Davis, July 25 - July 28, 2013.

All Star – applicants must be 15 years of age as of January 2013, have a Gold Star or are eligible to attain a Gold Star this year. Up to 4 members may be chosen to serve as All Stars. Duties include attending State 4-H Leadership Conference, present at Achievement Night, other countywide events, represent 4-H at public events and be a counselor at 4-H summer camp.

College Scholarship – Any graduating senior that is a 4-H member should call the 4-H office and request an application to be sent to them.

There are 3 components to scholarship;

- 1) Enrollment award based on your years enrolled in 4-H
- 2) Merit award is based on your interview and record book
- 3) Renewable scholarship – for each scholarship awarded, Council will set aside \$1500. You can reapply for three additional years, and be awarded \$500 per year if you meet the requirements: Completion of application, full time student with passing grades, and your transcript from the previous year.

CREATING A THRIVING ORGANIZATION FOR THE NEXT 100 YEARS!

<http://ucanr.edu/sites/4hconference/>

This conference will focus on volunteerism and volunteer development. There will also be an opportunity for counties to plan how to strengthen the volunteer middle management system in their county that includes involvement in program planning and fund development. National 4-H Council will share the new research on segments of the population likely to volunteer for 4-H and how to recruit them. New recruitment materials will be shared.

The State 4-H Office has secured funding for the each county to bring two 4-H Adult Volunteers to the conference, in addition to 4-H Program Representatives and Academic Advisors.

All travel and expenses will be reimbursed.

Colusa County needs key volunteer leaders in our county on the team who:

- Are collaborative and team-oriented
- Are innovative and visionary
- Can embrace change and are open to new ideas
- Demonstrate strong leadership skills and are seen as leaders in your county
- Demonstrate a growth mindset and willingness to explore new pathways to programmatic success

4-H INFORMATIONAL LINKS:

To view the 4-H State news, go to <http://www.ca4h.org/Administration/StateOffice>

To view the 4-H Science, Engineering, and Technology news, go to:

<http://www.ca4h.org/Projects/SET/>.

To view the National 4-H news Healthy Living Program, go to <http://www.4-h.org/youth-development-programs/kids-health>

Ag in the Classroom: <http://www.learnaboutag.org/>

BE KIND

When it comes to 4-H Volunteers there is a short supply, especially of the ones who are dedicated to the long term commitment. To keep these adult volunteers, members and parents can do their part by following one simple idea: be kind. Being kind means:

- Rsvping to meeting notices
- Arriving on time to meetings
- Parents assist when needed, leave promptly after dropping members off when not needed
- Being prepared with supplies, ideas, good attitude needed
- Paying attention and working diligently at the meeting
- Volunteering without being asked
- Be respectful of the leaders time, property and home
- Parents picking up members promptly from the meeting

If parents and members are not doing all of these things they are not being kind. If you are doing all of these things you are making the best better and not only is the leader grateful but so is the rest of their family, the other members and parents that are involved in the project. Please be kind.

2013 CITIZENSHIP FOCUS

What are your 4-H teens focused on? Help them find it at Citizenship Washington Focus (CWF), a week-long, national 4-H program for youth ages 14-19. Every summer, thousands of young people from across America come to Washington, D.C., and stay at National 4-H Youth Conference Center to participate in this citizenship and leadership 4-H program. This is a program that will impact your youth by helping 4-H'ers:



- Strengthen their communication, leadership, and citizenship skills on a national level.
- Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders.
- Exchange ideas, practice respect, and form friendships with other 4-H'ers from across the country with diverse backgrounds.
- Experience hands-on learning using the historical classroom of our nation's Capital city, Washington, D.C.

California and Washington Focus enhance citizenship skills as youth engage in one of the study/travel programs and carry out a plan of action to address an issue in their school or community.

California Focus

4-H CA Focus will be June 14-18, 2013. Registration will be available on December 30, 2012. For questions, contact Jenna Colburn, jcolburn@ucanr.edu

Washington Focus

June 23 to July 2, 2013 17, Global Journey - Washington, D.C., Gettysburg, Philadelphia & New York City.

June 23 to June 29, 2013 Heritage Trail – 7 day program to Washington, D.C.

Washington Focus Programs are open to all adult 4-H leaders and to all youth members who have completed their sophomore year in high school or will be 16 years of age by the time of travel.

More information is available at: <http://www.ca4h.org/Projects/Citizenship/Focus/>

NATIONAL 4-H CENTER AVAILABLE FOR GROUPS VISITING D.C. AREA

Need a better deal than hotels offer? Each year, 4-H clubs come to Washington, DC. Many clubs choose to stay at National 4-H Youth Conference Center, the national home of 4-H. The youth conference center is the gateway to a wonderful experience for thousands of young people. Now we're making it easier for your 4-H club. For the next three months, we're [waiving the standard 25% deposit](#) and allowing 4-H clubs to place a \$125 deposit on hotel rooms. The trip is affordable at a \$35 per person, per night rate. Here's a timeline we suggest for your leadership group:

- **February - April 2013:** Make arrangements, and consider questions such as, "*How many members could come? What dates are available for our members and at National 4-H Youth Conference Center?*" Our team can help you plan the trip!
- **April 2013:** Make a commitment for your 4-H club. \$125 deposit is due by April 30, 2013.
- **April - September 2013:** Fundraise in the community to support the trip. 25% deposit due by September 1, 2013. Remaining balance is due 30 days prior to arrival.
- **September - March 2014:** Travel to Washington, DC for the pinnacle 4-H club experience.

If you've never been to National 4-H Youth Conference Center, here's an overview... Designed as a youth hotel for youth clubs and organizations, National 4-H Youth Conference Center is near the heart of Washington, DC. Located on a beautiful 12-acres, the hotel can accommodate over 800 individuals. Features include a dining buffet, indoor and outdoor recreation facilities and complimentary parking. Public transit stop is in the front of the center.

[Reserve Washington DC hotel rooms for your 4-H club TODAY!](#)

Coordinate your 4-H hotel accommodations. Please call or email so planning can start today.

Amanda Abel, National Sales Manager, 4-H Clubs and Non-Profits

National 4-H Youth Conference Center, aabel@4hcenter.org | (301) 961-2946

*\$35 per person/night rate is based on quad-occupancy rooms. Rate is valid on future bookings only. Deposit of \$125 must be received by April 30, 2013. 25% deposit is due on September 1, 2013. The remaining balance is due 30 days prior to arrival.

STATE 4-H FIELD DAY 2013 – MAY 25 AT UC DAVIS

<http://www.ca4h.org/Programs/Events/SFD/>

The State Fashion Revue committee is taking a walk down memory lane. Youth members from throughout the state will celebrate the 2013 California 4-H Centennial at "Timeless Fashions," the 2013 SFR at UC Davis, on May 25. The 2013 categories are: Traditional, Consumer Science Purchased \$19.99, Wearable Art Embellished, 2 Yard Wonder, and the Duct Tape Challenge. State winners receive an SFR garment bag. The committee is looking for donors to cover the \$50 cost per garment bag, or two donations of \$25 together per bag. Is your county or club interested in contributing? The committee is no longer accepting Quilts for Wounded Warriors, but is finishing and sending the ones donated this summer. SFR is coordinating three big service projects for 2013: Little Dresses and Shorts for Africa, A Zoo of Hugs (stuffed animals for foster children), and drawstring bags for foster care shelters. Information is on the State Fashion Revue website at <http://www.ca4h.org/Programs/Events/SFR/>. Sewing project meetings have started, so encourage your counties and clubs to follow the SFR category guidelines and start creating!



POLICY UPDATES

4-H Policy Handbook (Chapter 9 VII)

This time of year many of you have questions about gift and fundraising for groups and individuals. The University has recently revised Chapter 9, Section VII “Financial Management in the 4-H Youth Development Program” of the 4-H Policy Handbook.

Following is a brief summary of FAQ:

- Fundraising to Benefit Groups or Organization by 4-H Units and VMO’s FAQ
- Funds should not be raised for a particular 4-H individual. When money is raised for 4-H it is for the group or team and not for individual members.
- 4-H groups may collect non-cash items (e.g. jackets, toys, food) or cash contributions (cash or checks) that are then used to buy supplies and materials to carry out their service learning activities.
- 4-H members may not fundraise for a specific individual or family. For example, it would be inappropriate to fund-raise to help the “Smith Family” who were victims of a wildfire. It would, however, be appropriate to fundraise for “fire victims” or for an organization this is assisting fire victims.
- Gifts to Individuals Businesses or Organizations by 4-H Units and VMOs FAQ
- Fundraising for other groups or organizations and the giving of gifts to individuals, businesses or organizations are two different things.
- The giving of cash gifts (cash or checks) to individuals is not allowed. However, honoraria payments are permissible. Scholarship or awards for which criteria and a selection process have been clearly outlined are allowed, as they are not considered gifts.
- The giving of cash gifts (cash or checks) to businesses or organizations is not allowable. Gifts may, however, be given to the California 4-H Foundation whose charitable mission is to raise financial resources for the benefit of the California 4-H YDP.
- Guidelines for Fundraising to Benefit Groups or Organizations by 4-H Units and VMOs
- All fundraising activities by chartered 4-H units and VMOs must be approved by the membership either through an adopted budget or action (i.e., vote) by the unit or VMO. The annual budget must be sub-mitted to the UCCE office for review by the county director.
- All proposed fundraising activities must be submit-ted to the UCCE office for approval by the country director.
- If the proposed fundraising activities involve the collection of cash contributions (cash or checks) the chartered 4-H units and VMOs should include the in-come and expense in their annual budget.
- 4-H groups may collect non-cash items or cash contributions that are then used to buy supplies and materials to carry out their service learning activity. They may not donate cash to any group or organization outside of 4-H.
- When a 4-H group engages in a fundraising activity to benefit another group (e.g., fire victims) or organization (e.g., Red Cross) a sign must be posted to make clear to potential donors that the funds will be used to benefit the other group or organization.
- If a 4-H group is fundraising to benefit a nonprofit or tax-exempt organization they should work with the charitable organization ahead of time to obtain tax receipts that can be given to donors upon collection of the contribution.
- It would be appropriate for the 4-H group to give the individual(s) who made a contribution to benefit the outside group or organization a thank you letter to let them know that this was a service learning activity of the California 4-H Youth Development Pro-gram and tell them about our program.

COUNTY PRESENTATION DAY

On Saturday, January 12, 2013 Colusa County 4-H sponsored their County Presentation Day with Maxwell 4-H Club hosting at Maxwell Elementary School. Gold medalists and blue ribbon winners qualified to move on to **Sectional Presentation Day on April 6, 2013, place TBA.**

Gold medalists from Arbuckle 4-H: Jack Marsh, Sierra Murphy, Carlyn Marsh, and Mary Marsh. Gold medalists from Williams 4-H: Kory & Sydney Parsons, and Oscar Valencia.

Receiving blue ribbons were: Justin Mathews, Katlyn Nickell, Jenna Godinez, Emily Ehrke, Michael Grimmer, Sarah Marsh and Jessica Croxson of Arbuckle 4-H; Jilliann Wilson, Cody Pearson, Hannah Azevedo, and Megan Dunlap of Maxwell 4-H.

4-H Council thanks Event Chair Dawn Brown, Youth Chair Josh Brown, Jewel Godinez, Kim Croxson, Marcy Parsons, Cody Murphy, Cathy Marsh, Jody Ehrke, Adrian Murphy, Jessica Godinez, Cheri Azevedo, Madison Leighty and Kristie Pearson for volunteering to assist the judging. We appreciate the free loan of Maxwell Elementary School.



FORESTRY INSTITUTE FOR TEACHERS

Spread the word about the Forestry Institute for Teachers!

The Northern California Society of American Foresters plans to conduct 4 sessions of the Forestry Institute for Teachers in the summer of 2013 and we need your help. Please forward this email to those educators that you think might be interested in FIT. [Visit FIT online!](#)

What is the Forestry Institute for Teachers?

FIT provides K-12 educators with an increased understanding and appreciation of California's forest ecosystems and the complex issues involved in managing the natural resources found in public and private forests. You will receive an introduction to forest science concepts through presentations by practicing natural resource professionals. You will also learn about environmental education concepts and curriculum materials through information and experiences presented by natural resource and educational specialists. The FIT program is intricately correlated with the California Department of Education's subject area standards and goals for Environmental Education as well as No Child Left Behind.

FIT offers four sessions in different Northern California locations. Each session is held in a forested setting ideal for on-site study of forest ecology and natural resource management issues. The presenters and staff include public and private forest resource specialists and other natural resource managers, environmental activists, and science and environmental education curriculum specialists. [Learn more.](#)

Dates and Locations:

June 16-22 - Plumas County
June 23-29 - Tuolumne County
July 7-13 - Shasta County
July 14-20 - Humboldt County

STATE 4-H NEWS UPDATES:

- **California 4-H \$1,000 for 1,000 Service Learning Projects**
2013 Revolution of Responsibility - <http://www.ca4h.org/Support/RofR/>

2013 Application Deadlines:

March 15, 2013

May 15, 2013

July 15, 2013

September 15, 2013

November 15, 2013

Applying for a Revolution of Responsibility grant is not the only way to support your service learning efforts. Click on this [link](#) to see a listing of upcoming grant opportunities that can provide local support for service learning projects.

- The **Friends of the California State Fair** announced that they will continue their scholarship program for the 2013-2014 academic years. California college students and graduating high school students are eligible and must submit an application by **Friday, March 8, 2013**. The scholarship applications are available now at www.bigfun.org. For more information contact Jake Rowe at jrowe@calexpo.com.

- **Can You Top This?**

The Centennial of 4-H in California will be celebrated in 2013 in many ways, including traditional events and special programs. Culminating the activities is the State 4-H Leaders' Forum, Nov. 8 - 10, 2013 in Sacramento. As part of the celebration, the SLF committee is searching for the family with the most generations involved in the 4-H program. How about yours? Another search is looking for the oldest living 4-Her. Do you know someone who was in 4-H in the early days (1930s, 40s, 50s) of 4-H? Please contact Charlean Andes at teacher2@gmail.com for more information or to register your family or old-time 4-Her.

If you have memorabilia from your 4-H experience which you are willing to share with others we would like to hear from you, too. There is room for several displays to document the progression of traditions, projects, hair styles, fashions, experiences, etc. Please contact Stephanie Barrett mom4a2g@yahoo.com.

We are taking suggestions and applications for educational workshops. Please contact Mary Engebret at maryengebret@comcast.net.

- **Hosting a Qualifying show for the 2013 California Horse Classic?**

Register your show here: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9834> for it to be considered a qualifying show for the 2013 California Horse Classic.

Criteria for a Qualifying Show:

- Show verified by County
- Up to 3 shows per county
 - If your county has 3 horse shows 1 show must be associated with a county fair
- Each horse show must be registered
- The Horse Show must offer the same classes that are offered at the State 4-H Classic (they may offer more if they choose too)
- Management of each show is required to send show results to Sarah Watkins at the State 4-H Office

Results can be sent via email to spwatkins@ucanr.edu or faxed to (530)754-8541 or mailed to:

Sarah Watkins, CA State 4-H Office, 1 Shields Ave, DANR Building, Davis, CA 95616

- **4-H Honey Bee Essay Contest**

For 4-H members, due February 15, 2013

2013 Topic: "Reducing the Usage of Bee-Killing Pesticides in My Community."

<http://www.ca4h.org/files/156350.pdf>

The Foundation for the Preservation of Honey Bees, Inc. sponsors this essay contest for 4-H members. 1st place national winner receives \$750, 2nd place \$500 and 3rd place \$250. Each state will select a winner and then a national winner will be selected from the pool of state winners.

- The University of California, Davis College of Agricultural and Environmental Sciences will hold its **37th Annual Agricultural and Environmental Sciences Field Day on March 1st and 2nd**. The UC Davis CA&ES Field Day is the 2013 California 4-H State Qualifier for Poultry, Dairy and Livestock judging. Visit <http://www.ca4h.org/Projects/SET/Animal/SLJC/> for state qualifying guidelines.

To register, go to: <http://calaged.csuchico.edu/registration/>

Select the event (2013 UC Davis Agricultural & Environmental Sciences Field Day). Choose the link "Get Access Code". Complete the information on the form and click the register button. **Please include 4-H next to your club name on the registration form.** On the following page save the registration code and register later or simply continue with the registration at this point. Note that you may only register once so be prepared to complete the registration or contact us if you have any changes. After your club is registered, we request that you submit a printed copy of your online registration along with your payment. Checks should be made payable to "UC Regents" and mailed to:

Attn: Courtney Rhodes, College of Agricultural & Environmental Sciences, One Shields Avenue, Davis, CA 95616

Deadlines:

February 8: Agriscience Fair and Job Interview materials due

February 8: Online Registration closed

February 15: Payments must be postmarked – We are now enforcing a **\$25 late fee** for payments postmarked after the 15th

For questions email fieldday@ucdavis.edu or visit <http://caes.ucdavis.edu/fieldday>

- The Northcoast Youth Summit will be held on March 16, 2013 in Eureka, CA. All youth grades 7-12 and adults who work with youth are welcome to participate. Please see the event flyer for additional details [here](#).
- Calling all camp professionals! The **Tri-State Camp Conference**, held in Atlantic City, NJ from March 12-15, 2013, gives like-minded individuals the chance to come together and share experiences, ideas and tips about the camp industry.
- **Western Region Leader Forum – March 21 – 24, 2013 in Hawaii**
Hawaii 4-H members, volunteers, faculty and staff are looking forward to seeing you in Hawaii March 21 – 24, 2013 for the Western Region Leader Forum. The conference site is the Waikiki Beach Marriott and Resort (800-848-8100). Refer to code, WR4A, to the person taking your reservation. Registration for the forum may be completed by going to: <http://www.ctahr.hawaii.edu/wrlf/>
Deadline for Hotel room rate of \$179 is February 21, 2013 - \$425
- **American Youth Leadership Program with Samoa**
Applications due **April 1, 2013**
The **American Youth Leadership Program (AYLP) with Samoa** will offer 18 youth and 2 adults the opportunity to explore the vast historical and cultural traditions of Samoa. The program will include a pre-trip orientation on the campus of the University of Wyoming (July, 2013), three week cultural trip to Samoa (December 13, 2013 – January 4, 2014) and a follow-on project that will be carried out in each participant's local community following the exchange trip. For more information visit: <http://www.uwyo.edu/4-h/youth/travel/samoa/index.html> or applications visit: <http://www.uwyo.edu/4-h/youth/travel/samoa/samoa-applications.html>. Please note: There is no program fee and out of pocket expenses will be minimal.
- **State Fashion Revue**
The State Fashion Revue committee is hard at work planning our event for State Field Day on May 25th. You can help to make SFR a success by volunteering to be a judge or a room monitor. We are now actively recruiting for both jobs! State Fashion Revue judges are adults who have an interest in fashion, current fashion trends, arts and crafts techniques, consumerism and garment construction. Room Monitors are willing adult workers who will help with logistics in the judging rooms. We are also recruiting judges for the presentations that will take place in Olson Hall by members who are dually entered in both State Fashion Revue and State Presentation Day. These adults must have previous experience in judging presentations at the county or sectional level. Counties are responsible for providing 1 judge for every 5 entries into State Fashion Revue. If you have any questions regarding judges, please contact Sharon Payne, SFR Judge Coordinator, at royalayne6@yahoo.com or call 707-332-3049. To register to be a judge or room monitor, please complete the online survey at <http://ucanr.edu/sfr2013judges>.

- State 4-H Field Day Educational Exhibits**
<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9588>
 Applications due **April 1, 2013**
 Educational exhibits and displays constitute a unique aspect of the State 4-H Field Day. These exhibits are a great opportunity to share knowledge, interact with youth and adults and engage people in new activities. Possibilities for displays include hands-on activities, community service crafts, informative booths, etc.
- 4-H MyPlate Challenge at 2013 State Field Day**
 In 2011 the U.S. Department of Agriculture (USDA) unveiled the federal government's new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. 4-H is challenging YOU to show how you're making YOUR plate MyPlate. We invite you to submit a photograph illustrating how you're creating healthy meals using MyPlate as a guide. 4-H members do not need to pre-qualify at a county event. More details about this contest can be found at: http://www.ca4h.org/Programs/Events/SFD/4-H_MyPlate_Challenge/
- National 4-H Hall of Fame Ceremony Opportunity**
Due to the State 4-H Office by: May 17, 2013
 This year the National 4-H Hall of Fame Task Force of NAE4-HA would like to offer two 4-H youth the opportunity to play a unique role in the 2013 Hall of Fame Ceremony which will be held on October 11, 2013 at the National 4-H Center in Chevy Chase, Maryland. The Task Force will be selecting a Youth Master/Mistress of Ceremonies and a Youth Entertainer to assist with the National Hall of Fame Ceremony. Details on how to apply are provided on the respective applications:
[National 4-H HOF Entertainer Application](#)
[National 4-H HOF Master/Mistress of Ceremonies Application](#)
 Applications are due to the California State 4-H Office by May 17, 2013 so applications can be reviewed and nominations from California selected and submitted by the deadline. If you have any questions, contact Shannon Dogan at sjdogan@ucdavis.edu or 530-754-8518.
- Save the Date: State 4-H Field Day 2013 – May 25 at UC Davis**
 Come help celebrate the centennial and participate in numerous activities and competitions for the entire family. The Event packet is now posted online <http://www.ca4h.org/files/158809.pdf> and more information is available here: <http://www.ca4h.org/Programs/Events/SFD/>
 Check it out! Any questions contact Sarah Watkins, spwatkins@ucanr.edu.
- California Focus**
June 14-18, 2013
 California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California. <http://ucanr.org/sites/UC4-H/Projects/Citizenship/Focus/CF/>. **Online Registration will be available February 1, 2013**
- Citizenship Washington Focus**
June 23-July 2, 2013
Delegations can look for orientation dates and locations in February.
 Washington Focus, an educational conference offered at the National 4-H Center near Washington, D.C, gives youth the opportunity to explore, develop, and refine the civic engagement skills they need in order to become outstanding leaders. Additional travel days include visits to Gettysburg, Philadelphia and New York City. For more information visit: <http://www.ca4h.org/Projects/Citizenship/Focus/WF/>
- 4-H State Leadership Conference 2013 – July 25-28, 2013 at UC Davis**
Celebrating 100 years of California 4-H. This year's theme: *There's no place like 4-H*
 The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. For more information visit:
<http://www.ca4h.org/Programs/Conferences/SLC/>
- 4-Keeping out of reach – UGA GreenWay**
 From laundry pods to medicines and makeup, poisonous items show up throughout our homes. Keep them out of reach and out of sight from children.
 Visit: <http://www.youtube.com/watch?v=gQG9m1MPkJQ&list=UUUm9HxQoldnM0uOzR7nONUxg>

- **Feeding a Hungry Planet
Global 4-H Youth Ag Summit**

August 19-25, 2013, Calgary, Alberta, Canada

This is an opportunity for 10 U.S. applicants (ages 18-25) to be selected to participate in an expense-paid international conference. Selected applicants will be based on essays or videos submitted online to a Canadian-hosted website. The application deadline is **Feb. 15, 2013**. There will also be a need to select two adult mentors to accompany the 10 U.S. winners and participate in the Summit. The submission form found at www.youthagsummit.com must be filled out in order to upload an essay/video application. For questions contact: Ms. Nadica Koskarovska, 301-961-2866 or nkoskarovska@fourhcouncil.edu

- **4-H Record Book Manual and Forms Updated!**

When youth intentionally keep up-to-date on their 4-H Record Book, they're learning an important skill that develops competence and confidence. As youth are working on their 4-H Record Books for the 2012-2013 program year, be sure they are using the most current forms. Did you know the Record Book Manual and forms were updated in 2011? And in 2012 an addendum to the manual was written to help give more information regarding the 4-H Online Record Book (ORB).

Tip: Use 4-H ORB to complete your record book and you will always be guaranteed that you're using the correct forms.

NEW! Youth who plan to submit their 4-H Record Book to State Competition 2013 will be required to complete an online training prior to October 1, 2013. Look for more information on this online training to be released in March 2013. The training will help youth understand what forms to complete, how to complete them and tips on completing a successful book.

For the most recent forms, go to <http://www.ca4h.org/Resources/Members/RecordBook/>

- **New Healthy Living Officer Position**

Are you looking for ways to integrate healthy living practices into your 4-H club? Starting in the 2013-2014 program year California 4-H will be adding a Healthy Living officer position to the 4-H Officer Manual. The Healthy Living officer will serve as the club's ambassador for health! By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all health activities including: providing ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club newsletter and adopting and promoting a club Wellness Plan. Please help ensure that the health "H" of 4-H is at the forefront of all our meetings - consider electing a Healthy Living officer! The Choose Health Officer Guide developed by Cornell University Extension can be found at: <http://www.ca4h.org/Programs/Clubs/Officers/>

- **Special Recognition at 2013 State Presentation Day**

A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year's focus area is physical activity. Potential topics may include muscle strengthening, heart rate importance, workout wear, Zumba, activity log, exercise trends, fitness apps, stretching, benefits of exercise, fun ways to work out, 'exergaming', recreational sports, types of activity, making time for fitness, safe places in your community to be active and more. For details visit: http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/

- **A Guide to Bully Prevention Programs**

This guide to bully prevention is a resource for youth development professionals from any youth-serving organization. The purpose of this publication is to help youth professionals better understand how to create safe and fully inclusive environments within the organizations they serve. To access the guide visit: <http://www.4-hmall.org/Product/newitems/a-guide-to-bully-prevention-programs/08450.aspx>

- **4-H ATV Safety**

ATVs are popular among youth and adults for recreation and for utility use. Understanding the right way to safely ride the right-sized ATV for you is important before you ride. This website is a place where you can learn about ATVs, watch videos about ATVs, find out what size ATV you should ride, and play games and take quizzes to help you find out how much you know about ATV safety: <http://www.atv-youth.org/>
Farm Safety for Just Kids is offering free ATV resources available at: http://www.farmsafetyforjustkids.org/?page_id=413

- **Underage drinking**

Nationwide underage drinking continues to be a serious problem. According to a recent Substance Abuse and Mental Health Services Administration (SAMHSA) survey, 26.6 percent of 12- to 20-year-olds reported drinking in the past month, with 8.7 percent saying they bought their own alcohol. Underage drinking can have devastating effects on youth and communities. SAMHSA Administrator Pamela S. Hyde states "Even though drinking is often glamorized, the truth is that underage drinking can lead to poor academic performance, sexual assault, injury, and even death." Read the news release at:

<http://www.samhsa.gov/newsroom/advisories/1211193154.aspx>. Resources on the risks and prevention of underage alcohol abuse:

<http://shop.channing-bete.com/onlinestore/store.html?cid=130749>

- **Diabetes rates continue to rise**

The Centers for Disease Control and Prevention (CDC) recently reported that in the last 15 years the prevalence of diagnosed diabetes has increased by at least 50 percent in 42 states and by 100 percent or more in 18 states. 90-95% of all diabetes diagnosed in the United States is preventable, Type 2 diabetes. "These rates will continue to increase until effective interventions and policies are implemented to prevent both diabetes and obesity," noted the CDC's Ann Albright. Read the news release at:

http://www.cdc.gov/media/releases/2012/p11_15_diagnosed_diabetes.html. Resources for diabetes risk, its management and prevention here:

<http://shop.channing-bete.com/onlinestore/store.html?cid=130440>

- **2013 National 4-H Conference April 6-11, 2013**

The Thomas and Dorothy Leavey Foundation support the California National 4-H Conference delegation through the California 4-H Foundation. This includes travel to and from the pre-conference orientations; travels to and from the National 4-H Conference and National 4-H Conference registration fees.

<http://www.ca4h.org/Programs/Conferences/N4-HC/>. The 2013 National 4-H Conference Delegates are:

- Dominique Germann – Stanislaus County
- Ben Hampton – Sonoma County
- Kenny McDevitt – Santa Clara County
- Amber Meek – San Bernardino County
- Nicole Milligan – Stanislaus County

- The Humboldt County 4-H Horse Show will be held March 24, 2013 in Ferndale, CA. Youth from all counties are welcome to register for this event. The registration packet and all event details are available [here](#).

- **Save the Date for SET-related events:**

- U.S. Dept. of Energy Solar Decathlon, October 3-13, 2013, Orange County Great Park, Irvine, CA, <http://www.solardecathlon.gov/>
- CSTA Science Education Conference, October 25-27, 2013, Palm Springs, CA, <http://www.cascience.org/csta/conferences.asp>
- California STEM Conference, Sacramento, November 18-19, 2013, hosted by the California Department of Education.

- **Farm Safety**

<http://www.farmsafetyforjustkids.org/>

Check out the free PDF materials on four safety topics: ATV, chemical, tractor, and livestock safety. Each topic includes background information, lesson plans, activities, a Power Point presentation, and more. The ATV and chemical resources are available for download in both English and Spanish.

- **Bay Area Young Makers**

<http://youngmakers.org/bay-area-2013-registration/>

The 2013 season of the Young Makers program is expanding to three host organizations ("Hubs" for short) in three regions: the Lawrence Hall of Science for clubs in the East Bay, The Tech Museum of Innovation for clubs in the South Bay, and The Bay School of San Francisco for clubs in San Francisco and the North Bay. The Young Makers Program is different in several ways from other activities such as robotics competitions and science fairs. In particular, there are no winners and losers, and the projects are cross-disciplinary and youth-driven. And, just like Maker Faire, anything that's cool is fair game.

- **2013 4-H Film Making Statewide Project, supported by BestBuy**
Register at <http://www.ca4h.org/Projects/SET/Tech/CTLT/Film/>
For 4-H members (age 13-19), volunteers and staff learn how to produce films. The goal of the 4-H Film Making Project is to enhance technological literacy of 4-H members by helping them learn the basics of film production including storyboarding, filming, and editing. Our goal is to have 4-H members produce films that feature how 4-H is impacting their community (for example, 4-H Revolution of Responsibility projects) and recording 4-H alumni and creating films featuring the "Voices of 4-H History" for the CA 4-H Centennial. The project is coordinated by the 4-H Technology Leadership Team:
 - Hosting four-hour video production workshops around California using the National 4-H Film Making Curriculum (workshops limited to 30 people)
 - Lending video equipment kits to counties
 - Showcasing completed videos at the State 4-H Film Festival and on various websites
- **2013 4-H Presentation Themes**
http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/
California 4-H will offer a thematic recognition pin for youth who participate in State Presentation Day and focus their presentations on one of the following areas: Engineering to Solve the World's Problems, Physical Activity, The Path to Thriving and C is for Contribute. Specific to Science, Engineering and Technology (SET): Engineering is the application of science to solve human issues by constructing technologies, structures, machines, devices, and systems. Scientists may ask why and develop an experiment to answer the question while engineers identify a need and then create a solution to meet the need. How can you use the engineering design process and the practices of engineering to solve California, the nation, and the world's social, economic and environmental problems? How do you use engineering practices in your 4-H projects – animals, foods, health, plants, leadership, and others?
- **InvenTeams - Introducing Students to the World of Invention**
Due April 5, 2013
<http://web.mit.edu/inventteams/>
The InvenTeam initiative, created by the Lemelson-MIT Program, offers an unparalleled opportunity for high school age youth to cultivate their creativity and experience invention. InvenTeams are teams of high school youth/students, teachers, and mentors that receive grants up to \$10,000 each to invent technological solutions to real-world problems. Each InvenTeam chooses its own problem to solve.
- **Save the Date: 2014 USA Science & Engineering Festival, April 26 & 27, 2014**
<http://www.usasciencefestival.org/>
We are thrilled to announce that planning for the 3rd USA Science & Engineering Festival is well underway! The 3rd Festival will kick into high gear in 2013, with expanded school programs and year-round activities, culminating with the largest celebration of science and engineering in the U.S. on April 26-27, 2014.

Chris Greer
County Director

Liz Dawley
4-H Program Representative



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