



COLUSA COUNTY 4-H NEWS

MONTHLY CLUB MEETINGS:

Arbuckle 4-H – 2nd Monday, 7:00pm, Arbuckle Elementary
Colusa 4-H – 2nd Monday, 7:00pm, St. Bernadette's Hall, 745 Ware Ave, Colusa
Maxwell 4-H – 1st Wednesday, 6:00pm, Maxwell Elementary multipurpose room
Princeton 4-H – 2nd Monday, 6:30pm, Princeton High School multipurpose room
Stonyford 4-H – 2nd Sunday, time TBA, Town Hall
Williams 4-H – 3rd Tuesday, 6:30pm, Veteran's Hall (9th & C Street)
4-H Council – 3rd Wednesday of every other month, 6:30pm, CIP room (begins Sept)

CALENDAR:

SEPTEMBER 2010

- 1 Due: State Leaders' Forum registration
- 1 Maxwell Club Meeting, 6:00pm, Maxwell Elementary Multipurpose room
- 3 Due: Last date to register for W.H.Y. Conference \$75
- 6 Labor Day Holiday, Cooperative Extension closed
- 8 Council Audit
- 12 Stonyford Club Meeting, Town Hall
- 13 Colusa Casino Golf Tournament to benefit Colusa County 4-H
- 13 Arbuckle Club Meeting, 7:00pm, Arbuckle Elementary
- 13 Colusa Club Meeting, 7:00pm, St. Bernadette's Hall
- 13 Princeton Club Meeting, 6:30pm, Princeton High School Multipurpose room
- 15 Articles due for 4-H newsletter
- 15 Council Meeting, 6:30am, CIP Conference Room
- 17-19 W.H.Y. Conference in Whiskeytown, Clear Creek Camp
- 21 Williams Club Meeting, 6:30pm, Veteran's Hall
- 25 New Leader Orientation, 10-11:30am, CIP Conference room

OCTOBER 2010

- 5 New Leader Orientation, 6:30-8pm, 4-H Workroom
- 6 Maxwell Club Meeting, 6:00pm, Maxwell Elementary Multipurpose room
- 10 Stonyford Club Meeting, Town Hall
- 11 Arbuckle Club Meeting, 7:00pm, Arbuckle Elementary
- 11 Colusa Club Meeting, 7:00pm, St. Bernadette's Hall
- 11 Princeton Club Meeting, 6:30pm, Princeton High School Multipurpose room
- 19 Williams Club Meeting, 6:30pm, Veteran's Hall
- 23-24 Shotgun Shooting Sports Training Course, 8am-5pm, Ukiah

FOR STATE CALENDAR OF ACTIVITIES GO TO: <http://www.ca4h.org/News/Calendar/>

NEW LEADER ORIENTATION DATES SET:

- Saturday, September 25th at 10-11:30am
- Tuesday, October 5th at 6:30-8pm
- Monday, November 15th at 6:30-8pm

These are the dates for the only three new leader orientations. The September and November meetings will be held in the CIP Conference Room, the October will be held in the 4-H workroom. New leaders need attend only one of these orientations, have fingerprint clearance, complete enrollment and pay \$6.00 in order to be a 4-H volunteer. **Those who rsvp by the day before the meeting will have project related materials to take home, ie., Clover Safe Notes, proficiency and curriculum for their project.**

CURRICULUM FOR LEADERS

The 4-H Office received free curriculum and it is available for 4-H leaders' use in their projects. Curriculum includes a ton of food, gardening, citizenship, animal science, health and so much more. Please contact the 4-H Office for a list of available curriculum and to reserve your copy.

ACHIEVEMENT NIGHTS:

- **ARBUCKLE** – TBA
- **COLUSA** –October 11th
- **MAXWELL** – October 6th
- **PRINCETON** – November 8th
- **STONYFORD** – October 10th
- **WILLIAMS** – October 19th

SEPTEMBER 15TH COUNCIL MEETING

Colusa County 4-H Council meets at 6:30 p.m. in the CIP Conference Room the third Wednesday of September, November, January, March and May each year. All certified volunteers and members are voting

members of council. All parents and interested parties are invited.

Agenda items must be turned in by Tuesday noon the week of the meeting. September items are budget, record books, State Leadership Conf. report, camp report, Fair report, 2010-11 plans.

VOLUNTEER ENROLLMENT

The 4-H Youth Development Program of the University of California is committed to providing a safe environment for young people involved in Cooperative Extension activities. All volunteer leaders are required to enroll online (each year), be fingerprinted for a background check and attend an orientation meeting one time only, (unless there is a break in service.) If a volunteer plans to take a year off they are encouraged to enroll and pay the \$6.00 fee so they do not need to re-do orientation and fingerprinting the following year. Any adult chaperoning an event (camp, SLC, etc.) must sign up as a 4-H leader and go through the process prior to the event.

We are asking each of you to recruit one new leader. We know everyone is busy so encourage them to take the team approach. Two or three leaders can share the six hour minimum project requirement, making their time commitment for a project not as demanding. Without our volunteer leaders, the projects available will decrease and so will our enrollment. Let's all help to keep our youth in Colusa County involved in this worthwhile program.

EMERALD STAR

It's time to start planning Emerald Star projects. The Emerald Star is an optional award between Gold and All Stars. The member obtains a Personal Development Report (PDR) form from the 4-H Office. In order to achieve the Emerald Star the member does a community service project in addition to performing PDR requirements from the Emerald Star column. Note: the PDR form from the state 4-H site does not work for this star award. Emerald Star Project Plans are due in the 4-H Office on November 1st.

4-H: MAKE YOUR MISSION POSSIBLE!

Your Mission: Join us at **W.H.Y. Conference** in Whiskeytown's NE.E.D. Environmental Camp September 17-19, 2010. Youth 6th grade and older are encouraged to attend! Registration will be accepted until September 3rd at \$75.00.

Interested in joining this operation?

Registration materials are available on the Butte County website and in your county office! For more information, please contact youth registrar Kayla Manfredi by email at spy4WHY@yahoo.com or Mary Manfredi (530) 899-9319 or Laurinda Corron (530) 809-0348. Registration form is available online at: <http://cebutte.ucdavis.edu/files/79975.pdf>



CONCERTS FOR KIDS

The San Francisco Symphony presents a variety of concerts and events for the 2010-11 season. They offer weekday concerts for school groups, weekend concerts, and training workshops. For more information contact The San Francisco Symphony at (415) 864-6000. Also, visit www.sfskids.com the Symphony's online destination for kids.



OLD DRESS REVUE PHOTOS

The State 4-H Fashion Revue committee is compiling a manual for the state event which can also be used for enhancing county events. We are looking for history and photos from the Dress Revue or Fashion Revue (as it was later called) which was held during the State Leadership Conference at UC Davis.

If you have any historical facts, tidbits, or photos could you please send them to Sue Moore at samoore@ucdavis.edu. If you could scan the photographs or news articles that would be appreciated. If you send Sue

originals, she will scan them and mail them back.

WANTED: CLUB OFFICER STORIES

Ravi Rangi is currently working with a committee of 4-H youth to make revisions to the Officer Manual, and they need your help!

Consider showcasing the work happening in your county 4-H club programs for your peers across California by having young people in your area write a short story about their experiences, joys, challenges and/or learnings from being a 4-H club officer. Topics can include, but are not limited to the following:

- Youth development;
- Overcoming obstacles;
- Thriving through engagement;
- Youth-adult partnerships;
- Parliamentary procedure;
- Stories about being in a particular club officer role (president, treasurer, etc.);
- Strategies for club officer success;
- Funny club officers anecdotes/stories;
- Goal setting/management for club officers.

Submit stories for consideration and possible publication no later than 5pm on Sunday, September 26, 2010. Email stories to: rsrangi@ucdavis.edu

STEP IT UP 2 THRIVE

If adult guides support youth to:

- Identify and grow their inner passions or Sparks
- Understand and apply a growth mindset
- Reflect on their development of Indicators of Thriving
- Visualize personal growth that builds up their sparks, strengths and resources
- Develop goal management skills to build indicator of thriving: Goal selection, Pursuit of strategies and Shifting gears in the face of blocked goals

Then youth will be on a road to a hopeful future... working toward their full potential. The evidence is measurement of goal management skills and thriving goals accomplished.

CFBF PHOTO CONTEST

Deadline: Sept. 30, 2010

Aspiring photographers ages 13 and under, whose parent is a Farm Bureau member, are invited to enter the California Farm Bureau Federation photo contest in the Budding Artist category. First place receives \$250, second place receives \$100. Ten entrants will receive a copy of the latest *Imagine this...* book. Still life, landscapes, action shots, all styles are encouraged as California's youth shares their view and appreciation of agriculture.

<http://www.cfbf.com/programs/photo>

NATIONAL 4-H WEEK

October 3-9, 2010

Any 4-H club or group that plans to have a window display or activity during National 4-H Week needs to contact the 4-H Office in order to be judged. The theme this year is "Taking the Lead". The 2010 National 4-H Week materials can be found at: <http://4-h.org/brandnetwork/4-H-week-2010-toolkit.html>



SHOOTING SPORTS VOLUNTEER TRAINER COURSE

Shotgun Discipline

2300 Vichey Springs Rd., Ukiah, CA 95482

Sat, October 23, 2010 8:00 a.m. – 5:00 p.m.

Sun, October 24, 2010 – 8:00 a.m. – 5:00 p.m.

Upon successful completion of this course, 4-H leaders will be certified trainers in the shooting sports discipline of shotgun. They will be certified as trainers and be eligible to serve as a trainer for other shooting sports leaders in shotgun. There is a \$30 fee for the course. To get more information or register for the class contact Linda Edgington, UCCE Ukiah Office, at lgedgington@ucdavis.edu or call 707-463-4495.

CLUB OFFICERS

ARBUCKLE CLUB 2010-11 OFFICERS

President: Madison Leighty
Vice President: Alison Ornbaun
Secretary Recording: Sarah Driver
Corr. Secretary: Riley Voorhees
Treasurer: Molly Doherty
Reporter: Cody Murphy
Historian: Mary Marsh

COLUSA CLUB 2010-11 OFFICERS

President: James Swiggum
Vice President: Andrea Thomas
Secretary/Treasurer: Cheyenne Laux
Reporter: Zachary Vaillancourt
Historian: Amanda Thomas
Sergeant at Arms: Shane Saso
Matt Steidlmayer
Garrett Hamilton
Wade Townsend

MAXWELL CLUB 2010-11 OFFICERS

President: Taylor Perry
Vice President: Wyatt Perry
Secretary: Nilah Pearson
Treasurer: Devin Lee
Reporter: Maureen LaGrande
Historian: Audrey Pearson
Sergeant at Arms: Bailey Morrell
Theresa LaGrande
Hailey Traynham

STONYFORD CLUB 2010-11 OFFICERS

President: Drex Minto
Vice President: Sabrina Nash
Secretary: Sarah McCabe
Treasurer: Jacob Keeler
Reporter: Tarra Edwards
Sergeant at Arms: Kashoy Brown

WILLIAMS CLUB 2010-11 OFFICERS

President: Chase Alvernaz
Vice President: Makayla Freed
Secretary: Courtney Carter

STATE LEADERS FORUM

"Upgrade! S.E.T. Your System! Go!"

November 5-7, 2010

Asilomar Conference Grounds, Pacific Grove

Registration forms are due on September

1st and you can find them at:

<http://ca4h.org/conference/slf/>.

This year the Forum Committee decided it's time to change our mind S.E.T., focusing on sharing ideas about the various ways that the 4-H Youth Development Program educates its members in the S.E.T.

initiative, facilitated by volunteers, and staff. S.E.T. can be integrated into any existing project and into county events. There will be opportunities to listen to speakers, attend a wide selection of workshops, and enjoy entertainment. There will be additional activities to fit the needs and interest of every 4-H Leader, Staff or Parent, including friendly competition at the Silent Auction.



ONLINE FORMS:

UCCE Colusa Website:

http://cecolusa.ucdavis.edu/4-H_Program/

County Newsletter:

<http://cecolusa.ucdavis.edu/newsletterfiles/newletter145.htm>

State 4-H Website: <http://ca4h.org>

California 4-H E-News:

http://www.ca4h.org/News/Signup_News/

State 4-H Forms:

<http://www.ca4h.org/Resources/Publications/>

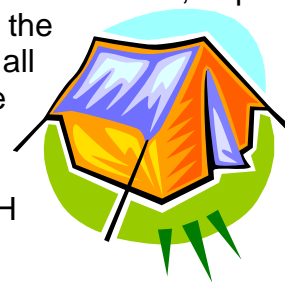
California Enrollment 4-H Online:

<https://california.4honline.com>

4-H CAMP

Submitted by: Annie Jarrett

On June 17, 2010 a pile of 4-Hers descended on Camp Tehama, ready for 4 days of excitement, fun and good food. Each day brought a host of new activities ranging from archery, fishing, and even a snowball fight in June. We went to see Mt. Lassen Volcanic Park, where we watched a movie about volcanoes. At dinnertime we ate the best food. After dinner we had to do chores. Everyone had to help, even the little ones who couldn't quite reach the sink to do dishes. The theme was superheroes; we decorated cabins, capes and clothes to match the theme. In the end we all looked fantastic. On the 21st we bid farewell to Camp Tehama as we look forward to next year's 4-H Camp.



SEPTEMBER BIRTHDAYS

• **DAMIAN CORONA • FALLON FREED •**
• **EMILY PEARSON • TESSA MICHEL • SARAH**
• **GWERDER • BRANDON VACA • BLAKE**
• **AZEVEDO • GRACE WADDELL • NATALIE**
• **WILSON • CARISSA CABRAL • EMILY**
• **MOBLEY • BO CHERRY • JOSHUA BROWN •**
• **JUSTIN CHARTER • SEBASTIAN JOERNS •**
• **ASHLYN FERREIRA • KARINA ASCENCION •**
• **ALEXIS ERICKSON • KARLIE TALBOT •**
• **KODIE SOLIS •**

INFORMATION FROM THE STATE 4-H OFFICE:

The 2010 California Science Education Conference is October 22 – 24, 2010 in Sacramento, California. This is the premier professional development event for science educators, with emphasis on all areas of science education from life science, environmental science, physical science, and more. The closing keynote address will be given by Jamie Hyneman and Adam Savage from Discovery Channel's MythBusters. Registration forms are due by October 8, and more information can be found online at http://www.cascience.org/csta/conf_home.asp.

The California Agriculture in the Classroom Conference is at Shell Beach, California from November 5 – 6, 2010. The conference will explore the cutting edge of agriculture through guest speakers, workshops, field trips, and hands-on demonstrations. For online registration and more information, please visit <http://www.cfaitc.org/conference/>.

NASA is sponsoring Basics of Rocketry Workshops throughout the country to promote rocketry as a means of engaging youth in science, engineering, technology, and mathematics. These hands-on workshops introduce educators to the basic concepts of rocketry, prepare them to teach these topics to their students, and assist them in building their own rocket! For additional information, contact Dr. Wendy Holforty at Wendy.L.Holforty@nasa.gov or visit <http://www.nasa.gov/audience/foreducators/teachingfromspace/educators/rocketry-workshops.html>.

4-H SET-Ready curricula are available for free electronic (PDF) download in the online library! Curriculum includes "It Came From Planted Earth", "Nature's Partners: Pollinator Protection", "Pond Mapping", "Quick 4-H SET Activities", and "Veterinary Science". Visit the library at <http://www.ca4h.org/Projects/SET/Curriculum/>

Tools of the Trade II Inspiring Young Minds to be SET Ready for Life! is a 4-H guidebook to assist afterschool programmers with the incorporation of science, engineering, and technology into their activities. Adults and teenagers working with youth can use this resource to incorporate hands-on, inquiry-based activities to engage youth in SET learning. For more information on the different tools available in this book or to order a copy of your Tools of the Trade II guidebook, please go to <http://www.ca4h.org/Projects/SET/Initiative/ToTII/>.

Reserve the date – February 5, 2011 – for the 3rd annual statewide 4-H science, engineering, and technology workshops! Workshops will take place in multiple locations across the state. The locations and the curricula are still being planned. If you have suggestions, please send them to Steven Worker at smworker@ucdavis.edu.

The 2010 Trash to Treasure Competition challenges kids, ages 5-19, to recycle, reuse, and reengineer everyday materials into out-of-the-box inventions. Inventions should move things or people; or protect the environment; or be used for indoor or outdoor play. Three winners will win a trip to Boston to see their designs built and appear on an episode of Design Squad. Entries due by September 5, 2010. More information at <http://pbskids.org/designsquad/contest/index.html>

The Real World Design Challenge (RWDC) is an annual competition that provides high school students, grades 9 – 12, the opportunity to work on real world engineering challenges in a team environment. Each year, student teams will be asked to address a challenge that confronts our nation's leading industries. Students will utilize professional engineering software to develop their solutions and will also generate presentations that convincingly demonstrate the value of their solutions. More information is available at <http://www.realworlddesignchallenge.org/index.html>

September 2010 marks the first **National Childhood Obesity Awareness Month**. The American College of Sports Medicine has created the following site: <http://www.healthierkidsbrighterfutures.org/home/>, which contains many resources including a toolkit to share and promote National Childhood Obesity Awareness Month.

The **UnitedHealth HEROES** grants an opportunity for individuals to create interactive programs that are focused on fighting childhood obesity in their own community. If you would like to receive up to \$1,000 in funding to support your service-learning project that focuses on eliminating childhood obesity, visit <http://www.YSA.org/HEROES>. The deadline to apply is **October 22, 2010**.

Looking for a way to enhance your leadership and citizenship skills? Delegates who participate in **California and Washington Focus** say they enhance these very skills as they engage in one of the citizenship study/travel programs and carry out a plan of action to address an issue in their school or community. The 2011 programs are planned for:

June 17 – 21, 2011, California Focus in Sacramento

Late June 2011, Washington Focus #1 - Washington, D.C.; Williamsburg Jamestown/ Yorktown (dates to be finalized soon)

July 10 – 19, 2011, Washington Focus #2 – Washington, D.C.; Philadelphia & New York. More information is available at: <http://www.ca4h.org/Projects/Citizenship/Focus/> or with Pat English, pnenglish@ucdavis.edu.

California's 4-H International Exchange Program will host students from Costa Rica, Finland, and Japan as well as send delegates outbound to Australia. The hosting programs are all about sharing your regular summer life with a teen from another culture. There is no expectation that students tour California. Find out more by contacting Pat English at pnenglish@ucdavis.edu or check on the web at: <http://www.ca4h.org/Projects/Citizenship/International/>.

4-H Record Book Judging applications are due to the California State 4-H office by **September 30, 2010**. Please contact Quang "Hogan" Tong, qtong@ucdavis.edu for questions. Applications can be found at <http://www.ca4h.org>.

National 4-H Conference Applications are due to the California State 4-H office by **September 30, 2010**. Please contact Quang "Hogan" Tong, qtong@ucdavis.edu for questions.

4-H members with an interest in clothing and textile projects may be interested in entering the **California Make it With Wool contest**. The program has provided scholarships and prizes to sewing and knitting enthusiasts since the 1940's. If you would like to enter, visit <http://www.sheepusa.org>. The entry deadline for the District Photo Contest is **October 15**, and the Direct entries to the State contest deadline is **October 31**, 2010. You may contact Julie Castillo at Calif.wool@gmail.com for more questions.

Applications are currently being accepted for the **2011 National 4-H Conference**, to be held on **April 2-9th**. Applications are due by **October 1, 2010**. The National 4-H Conference is a working conference in which youth and adults--at the invitation of the Secretary of Agriculture--assist in the development of recommendations to help guide 4-H Youth Development Programs nationally and in their communities. This event brings together youth, volunteer leaders, and state and county Extension staff members from across the United States, the U.S. Territories, and the Canadian Provinces. Applicants should be at least 15 years old. More information can be found at: <http://www.ca4h.org/Programs/Conferences/N4-HC/> or please contact Quang "Hogan" Tong: 530-752-5644.

All youth and adults, involved in camp education programs are invited to a hands-on workshop which will generate new ideas, enthusiasm and energy into any 4-H camp. Experience the new **Wildlife Habitat Evaluation Program (WHEP) Camp Activity Manual**, "Clues All Around Us". The workshop will help you make active learning fun and meaningful for campers. Mark your calendars to attend the training October 16 from 9:30 to 3:00 at the Cache Creek Nature Preserve in Woodland. For your \$20 registration fee you will garner a bag of resource material, a copy of the activity manual, many neat ideas, and the opportunity to exchange ideas with others. Lunch is included. Please contact Mary Engebret, maryengebret@comcast.net or (707) 996-2981 for registration materials. Registration deadline is **October 6, 2010**.

The **2011 Western Regional Leaders' Forum**, "Cruise to 4-H Excellence!", is planned for **May 7-14, 2011**, and will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit: <http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.

The **Prudential Spirit of Community Awards Program** is currently seeking applications to nominate and recognize 4-H members in grades 5-12 for their volunteer activities in the last year. 4-H participants may apply online at <http://spirit.prudential.com>. Top high school and middle level volunteers will receive silver medallions, \$1,000 awards and a trip to Washington, D.C. All applications must be completed, printed out, signed and submitted to your county 4-H office by **November 1, 2010**.

AGI invites you to take part in Earth Science Week 2010! Being held October 10-16, Earth Science Week 2010 will encourage people everywhere to explore the natural world and learn about the geosciences. "Exploring Energy," the theme of Earth Science Week 2010, will engage young people and the public in learning about Earth's energy resources. Visit www.earthsciweek.org <<http://www.earthsciweek.org/>> for activities to help youth learn the geoscience behind Earth's climate.

Mike Murray
County Director

Liz Dawley
4-H Program Representative

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To simplify information, trade names of products have been used. No endorsements of named products is intended, nor is criticism of similar products which are not mentioned.