

# California 4-H Shooting Sports Proficiency Shotgun Level I - Explorer

Date  
Completed

- \_\_\_\_ 1. Explain the definition of the acronym "MAT".
- \_\_\_\_ 2. Describe the actions taken when you hear the range command "Cease Fire".
- \_\_\_\_ 3. Explain the term "Misfire" and describe the proper way to deal with one.
- \_\_\_\_ 4. Demonstrate how to safely handle a shotgun, including muzzle control, loading and unloading, and passing a shotgun to another person.
- \_\_\_\_ 5. List at least 3 ways you can demonstrate safety and courtesy on the range.
- \_\_\_\_ 6. Point out and name the 3 major parts of a shotgun.
- \_\_\_\_ 7. Explain the function of an action, and list 4 different shotgun action types.
- \_\_\_\_ 8. Explain the term "Gauge".
- \_\_\_\_ 9. Name the 5 components of a shotgun shell.
- \_\_\_\_ 10. Name the 4 internal sections of a shotgun barrel.
- \_\_\_\_ 11. Explain the term "Choke" and give an example of choosing proper choke for a specific situation.
- \_\_\_\_ 12. Take time to tell one or more of your friends about the things you are learning and doing in the shooting sports project and report back to the leader or group.
- \_\_\_\_ 13. Participate in 3 live fire exercises utilizing the 3 Fundamentals of Firearms Safety, observed by the shooting sports leader.
- \_\_\_\_ 14. Keep a shooting diary with notes and observations from at least 3 live fire exercises.

Member's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**KEEP IN YOUR RECORD BOOK WITH PROJECT RECORD**

# California 4-H Shooting Sports Proficiency Shotgun Level II - Producer

Date  
Completed

- \_\_\_\_ 1. Demonstrate and explain the 6 fundamentals of shotgun shooting.
- \_\_\_\_ 2. Explain the importance of a consistent gun mount and its effect on pattern placement.
- \_\_\_\_ 3. Create a list of 10 or more practical rules for safety related to shooting sports activities and find a way to share them with others outside the project.
- \_\_\_\_ 4. Name the 4 main parts of a shotgun stock. Explain how the dimensions of a stock affect gun fit and shot placement.
- \_\_\_\_ 5. Explain the nomenclature on a shotgun ammunition box and explain how to match ammunition to your shotgun and intended use.
- \_\_\_\_ 6. Briefly describe and explain Trap, Skeet, and Sporting Clays.
- \_\_\_\_ 7. Describe the "Deadly Combination". Explain what occurs and how to avoid it.
- \_\_\_\_ 8. Shoot at least 200 trap, skeet, or sporting clays targets and log them in your shooting diary.
- \_\_\_\_ 9. Review the fundamentals of shotgun shooting and identify 2 faults in your shooting that are causing missed targets and develop a drill to correct these faults.
- \_\_\_\_ 10. List and explain at least 3 ways you can reduce recoil in shotgunning.
- \_\_\_\_ 11. Describe in sequence what occurs from when you pull the trigger to when the shot charge exits the muzzle. (report, poster or talk)
- \_\_\_\_ 12. Participate in one field visit to a shotgun sports provider of some sort in your community and report on what you learned.
- \_\_\_\_ 13. Participate in a range set-up and clean-up.
- \_\_\_\_ 14. Demonstrate how to properly clean a shotgun.

Member's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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# California 4-H Shooting Sports Proficiency Shotgun Level III - Consumer

Date  
Completed

- \_\_\_\_ 1. Report on the history of one aspect of shotguns.
- \_\_\_\_ 2. Interview someone whose profession involves or is related to shooting sports and report on an industry related career opportunity that interests you.
- \_\_\_\_ 3. Invite a guest speaker to one of your meetings and introduce them to the group.
- \_\_\_\_ 4. Shoot at least 200 targets in each of two different shotgun games (trap, skeet or sporting clays), and document in your shooting diary.
- \_\_\_\_ 5. Give a presentation on some technical aspect of shotgunning.
- \_\_\_\_ 6. Contact a local, state or national association related to your project. Explain to your project group what this association has to offer to its members and other interested individuals.
- \_\_\_\_ 7. Set at least 3 specific goals related to your shooting skills and develop a plan of action to accomplish these goals. Chart your progress in your shooting diary.
- \_\_\_\_ 8. Give a demonstration, talk or poster presentation on some aspect of shotgun sports outside of 4-H.
- \_\_\_\_ 9. Keep a personal reference library of literature (books, magazines, etc.) that will be helpful in your project.
- \_\_\_\_ 10. Describe four ways to save money and be economical while participating in your project.
- \_\_\_\_ 11. Design an "ideal" gun for you to use in a specific application. Come up with as many details as you can (including dimensions, weight, materials, action, etc.) and explain why you chose each one.
- \_\_\_\_ 12. Alone or in a group, plan and complete a community service activity related to your project.
- \_\_\_\_ 13. Participate in at least three shotgun competitions and document them in your shooting diary.

Member's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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# California 4-H Shooting Sports Proficiency Shotgun Level IV - Leader

Date  
Completed

- \_\_\_\_ 1. Serve as a Junior or Teen leader in this project for one year.
- \_\_\_\_ 2. Prepare teaching materials for use at project meetings.
- \_\_\_\_ 3. Assist at least 5 younger members in fitting a shotgun and in choosing ammunition that is appropriate for them to use. (Make sure your choices help control recoil as much as possible.)
- \_\_\_\_ 4. Assist at least 5 younger members in setting shooting specific goals and developing a plan on how to achieve them.
- \_\_\_\_ 5. Assist the leader in observing and evaluating other member's fundamentals and shooting technique and recommend actions for improvement.
- \_\_\_\_ 6. Demonstrate proficiency in detecting and correcting shotgun shooting errors.
- \_\_\_\_ 7. Speak on a shotgun related subject before an organization other than your 4-H group.
- \_\_\_\_ 8. Develop and put on a presentation or judging event or train a junior team for an event.
- \_\_\_\_ 9. Assist a leader/adult in developing, organizing and/or putting on a shooting sports activity in the community (hunter safety, youth day for NWTF, DU, etc.)
- \_\_\_\_ 10. Develop your own special shotgun event. Create a plan, chart progress, analyze successes and/or problems and report results.

Member's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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# California 4-H Shooting Sports Proficiency Shotgun Level V - Researcher

Date  
Completed

- \_\_\_\_\_ 1. Report on the results of a demonstration comparing measurable differences in some aspect of shotgun shooting. (Experiment)
  
- \_\_\_\_\_ 2. Prepare a paper of 300 words or more on one of the following topics:
  - ❖ Evolution of shotgun techniques or shotgun games
  - ❖ History of a specific topic related to shotguns
  - ❖ Markets and methods of marketing shotgun products
  - ❖ Development of shotguns and equipment
  - ❖ Cultural influences in a specific topic related to shotguns
  - ❖ Ecological impact of shotgun shooting
  - ❖ Other
  
- \_\_\_\_\_ 3. Prepare a speech or illustration talk to orally summarize your findings and present at a club project meeting or other educational event.

Member's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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# Certificate of Achievement

*This certifies that*

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*has completed the Shooting Sports Proficiency - Shotgun  
in Lassen County.*

*Explorer*

*Producer*

*Consumer*

*Leader*

*Researcher*

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