



# COLUSA COUNTY 4-H NEWS

## MONTHLY CLUB MEETINGS:

Arbuckle 4-H – 2<sup>nd</sup> Monday, 7:00pm, Arbuckle Elementary  
Colusa 4-H – 2<sup>nd</sup> Monday, 7:00pm, St. Bernadette's Hall, 745 Ware Ave, Colusa  
Maxwell 4-H – 1<sup>st</sup> Wednesday, 6:00pm, Maxwell Elementary multipurpose room  
Princeton 4-H – 2<sup>nd</sup> Monday, 6:30pm, Princeton High School multipurpose room  
Stonyford 4-H – 2<sup>nd</sup> Saturday, 1:00pm, Town Hall  
Williams 4-H – 3<sup>rd</sup> Tuesday, 6:30pm, Veteran's Hall (9<sup>th</sup> & C Street)  
4-H Council – 3<sup>rd</sup> Wednesday of every other month, 6:30pm, CIP room (begins Sept)

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## CALENDAR:

### AUGUST 2010

- TBA All families will do their own electronic enrollment this year at a countywide enrollment night. Watch the newsletter, newspaper and email for this to happen in August. Day, place and time TBA to be held at a central computer lab. There will be no individual club enrollment nights.
- 11 Key Leader dinner meeting, 6:00pm, CIP Conference Room
- 17 Due: Early registration for W.H.Y. Conference \$65
- 20 Dave Forry Memorial Golf Tournament, 8:00am, Colusa Golf Course
- 21-22 Shooting Sports Leader Certification, Bakersfield

### SEPTEMBER 2010

- 1 Due: State Leaders' Forum registration
- 1 Maxwell Club Meeting, 6:00pm, Maxwell Elementary Multipurpose room
- 3 Due: Last date to register for W.H.Y. Conference \$75
- 6 Labor Day Holiday, Cooperative Extension closed
- 11 Stonyford Club Meeting, 1:00pm, Town Hall
- 13 Arbuckle Club Meeting, 7:00pm, Arbuckle Elementary
- 13 Colusa Club Meeting, 7:00pm, St. Bernadette's Hall
- 13 Princeton Club Meeting, 6:30pm, Princeton High School Multipurpose room
- 15 Council Meeting, 6:30am, CIP Conference Room
- 17-19 W.H.Y. Conference in Whiskeytown
- 21 Williams Club Meeting, 6:30pm, Veteran's Hall
- 25 New Leader Orientation, 10-11:30am, CIP Conference room

## **4-HERS ARE SUPER HEROES COLUSA COUNTY 4-H CAMP**



Forty-four teen and adult staff and campers enjoyed 4-5 days of cooler weather with blue skies at Camp Tehama June 17-21, 2010. The Super Hero theme was carried out in cabin decorations, camp t-shirts, dress up days and even the food! Other fun activities included a day at Lassen Park with a picnic and playing in the snow, dance and movie night, skits, talent show, archery, fishing, crafts, recreation, ice cream in a can, hike and s'mores!

Many thanks to our new Camp director Patty Hickel, nurse Barbara Hankins, Cook Don Litchfield and adult staff: Jeanne Beck, Terry Bressler, Lenette Brown, Charles Denny, David Jarrett, Sid LaGrande, Ralph and Sherry Minto, Adrian Murphy, and Serena Carlsen.

New this year all the counselors took turns at Youth Director for a day. They were: Joshua Brown, Ashley Ornbaun, Caitlyn and Samantha Murphy, Nickolas Denny, James Swiggum, and Julio Quijano.

Campers were: Kashoy Brown, Ellen and Brandon Carlsen, Alexis Erickson, Garrett and Gabe Grimmer, Olivia and Annie Jarrett, Carlyn, Mary and Sarah Marsh, Maureen LaGrande, Nilah Pearson, Jamie Trochie, Courtney Carter, Elias Denny, Sebastian Joerns, Ashleigh Ehrke, Kendall Wilson, Janea Cameron, Jessica Croxson, Cody Murphy, Drex Minto and Michaela Kalfsbeek.

Thank you to all who worked to make a very successful camp by donating funds, supplies, time and talent. You are a Super Hero!

## **HOME EC TOUR**

The Home Ec Tour winners were announced recently and given a fun day on July 21<sup>st</sup> in Redding enjoying the Sundial Bridge, Turtle Bay Park, Paul Bunyan's Forest Camp, the McConnell Arboretum & Botanical Gardens and a picnic lunch. Automatic winners for the tour are Martha Vann Memorial Award winners Sarah Driver (sewing) and Cody Murphy (foods), both of Arbuckle 4-H. The 2010 Home Ec Award winners and alternates are:

### **Photography**

Samantha Murphy, Arbuckle – Winner  
Molly Doherty, Arbuckle – Winner

### **Mini Gardens**

James Swiggum, Colusa – Winner

### **Scrapbooking**

Maureen LaGrande, Maxell – Winner

### **Sewing**

Samantha Murphy, Arbuckle – Winner  
Andrea Thomas, Colusa – Alternate  
Amanda Thomas, Colusa – Alternate  
Caitlyn Murphy, Arbuckle – Alternate

### **Quilting**

Andrea Thomas, Colusa – Winner  
Amanda Thomas, Colusa – Alternate

### **Foods and Nutrition**

Andrea Thomas, Colusa – Winner  
Amanda Thomas, Colusa – Winner  
Maureen LaGrande, Maxwell – Winner

### **Creative Arts & Crafts**

Samantha Murphy, Arbuckle – Winner  
Joshua Brown, Maxwell – Winner  
Caitlyn Murphy, Arbuckle - Alternate

## **KEY LEADER DINNER MEETING**

The Key Leaders' Dinner meeting will take place on Wednesday, August 11, 2010 at 6:00 p.m. in the CIP Conference Room. All new and returning Key Leaders need to attend. **RSVP by Monday, August 9<sup>th</sup>.**

## COLUSA COMMUNITY CLUB MEETINGS & LEADERSHIP

Leadership begins at 5:45pm, and Community Club meeting begins at 7:00pm.

Dates for 2010-11 year:

September 13<sup>th</sup>, October 11<sup>th</sup>, November 8<sup>th</sup>, December 13<sup>th</sup>, January 3<sup>rd</sup>, No February, March 14<sup>th</sup>, April 11<sup>th</sup>, May 2<sup>nd</sup>

## STATE LEADERS FORUM

“Upgrade! S.E.T. Your System! Go!”

November 5-7, 2010

Asilomar Conference Grounds, Pacific Grove

**Registration form is due on September 1<sup>st</sup>**  
and can be found at:

<http://ca4h.org/conference/slf/>.

This year the Forum Committee decided it's time to change our mind S.E.T., focusing on sharing ideas about the various ways that the 4-H Youth Development Program educates its members in the S.E.T. initiative, facilitated by volunteers, and staff. S.E.T. can be integrated into any existing project and into county events. There will be opportunities to listen to speakers, attend a wide selection of workshops, and enjoy entertainment. There will be additional activities to fit the needs and interest of every 4-H Leader, Staff or Parent, including friendly competition at the Silent Auction.



## BEGINNING A NEW YEAR

The 4-H Youth Development Program of the University of California is committed to providing a safe environment for young people involved in Cooperative Extension activities. All volunteer leaders are required to enroll online (each year), be fingerprinted for a background check and attend an orientation meeting one time only, (unless there is a break in service.) If a volunteer plans to take a year off they are encouraged to enroll and pay the \$6.00 fee so they do not need to re-do orientation and



fingerprinting the following year. Any adult chaperoning an event (camp, SLC, etc.) must sign up as a 4-H leader and go through the process prior to the event.

We are asking each of you to recruit one new leader. We know everyone is busy so encourage them to take the team approach. Two or three leaders can share the six hour minimum project requirement, making their time commitment for a project not as demanding. Without our volunteer leaders, the projects available will decrease and so will our enrollment. Let's all help to keep our youth in Colusa County involved in this worthwhile program.

**IMPORTANT:** All families will do their own electronic enrollment this year at a countywide enrollment night. Watch the newspaper and email for this to happen in August. Day, place and time TBA to be held at a central computer lab. There will be no individual club enrollment nights.

December 1<sup>st</sup> all those not enrolled are dropped from our mailing list and computer records.

### NEW LEADER ORIENTATION DATES SET:

- Saturday, September 25<sup>th</sup> at 10-11:30am
- Tuesday, October 5<sup>th</sup> at 6:30-8pm
- Monday, November 15<sup>th</sup> at 6:30-8pm

These are the dates for the only three new leader orientations. The September and November meetings will be held in the CIP Conference Room, the October will be held in the 4-H workroom. New leaders need attend only one of these orientations, have fingerprint clearance, complete enrollment and pay \$6.00 in order to be a 4-H volunteer. **Those who rsvp by the day before the meeting will have project related materials to take home, ie., Clover Safe Notes, proficiency and curriculum for their project.**

## SHOOTING SPORTS LEADER TRAINING COURSE

Muzzle Loading Discipline

5 Dogs Range - Bakersfield, CA

Sat, Aug 21, 2010 – 8:00 a.m. – 6:00 p.m.

Sun, Aug 22, 2010 – 8:00 a.m. – 4:00 p.m.

To get more information or register for the class contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu) or telephone 661-868-6216.

### COLLEGE SCHOLARSHIP RECIPIENTS

Presented at their recent graduation ceremonies the following members were rewarded for their years of Colusa County 4-H involvement:

Hiriam Kalfsbeek Memorial – Haley Leue', Colusa 4-H, \$750, \$500 renewable for 3 years.

Colusa County 4-H Council Scholarship: Cody Alvernaz, Williams 4-H, \$550, \$500 renewable for 3 years.

Anastasia Doyle, Arbuckle 4-H, \$550, \$500 renewable for 3 years.

Jake Driver, Arbuckle 4-H, \$500, \$500, renewable for 3 years.

### 4-H: MAKE YOUR MISSION POSSIBLE!

Your Mission: Join us at **W.H.Y. Conference** in Whiskeytown's NE.E.D. Environmental Camp September 17-19, 2010. Youth 6<sup>th</sup> grade and older are encouraged to attend! This leadership conference will cost \$65.00 (T-Shirt included!) for those who register by August 17<sup>th</sup>, after this date late registration is accepted until September 3<sup>rd</sup> at \$75.00.

There is also a T-Shirt Contest; the winner gets a free trip to the conference!

**Interested in joining this operation?**

Upcoming registration materials will be available on the Butte County website and in your county office soon! For more information, please contact youth registrar Kayla Manfredi by email at [spy4WHY@yahoo.com](mailto:spy4WHY@yahoo.com) or Mary



Manfredi (530) 899-9319 or Laurinda Corron (530) 809-0348. Registration form is available online at:

<http://cebutte.ucdavis.edu/files/79975.pdf>

## SHOOTING SPORTS VOLUNTEER TRAINER COURSE

Shotgun Discipline

2300 Vichey Springs Rd., Ukiah, CA 95482

Sat, October 23, 2010 8:00 a.m. – 5:00 p.m.

Sun, October 24, 2010 – 8:00 a.m. – 5:00 p.m.

Upon successful completion of this course, 4-H leaders will be certified trainers in the shooting sports discipline of shotgun. They will be certified as trainers and be eligible to serve as a trainer for other shooting sports leaders in shotgun. There is a \$30 fee for the course. To get more information or register for the class contact Linda Edgington at [lgedgington@ucdavis.edu](mailto:lgedgington@ucdavis.edu) or call 707-463-4495.

### AUGUST BIRTHDAYS

• SHANE DOYLE • LINCOLN FORRY •  
• MOLLY DUNLAP • KELSEY MCKINLEY •  
• CHEYENNE LAUX • MADISON GONZALES-  
SALAZAR • BAILEY MORRELL • DYLAN  
FUSARO • MATTHEW WILLIAMS • JOSEPH  
HITT • MARIA OCAMPO • JESSICA BUGNI •  
• CARLI COSTA • HELENA WESTON • DREX  
MINTO • KIERSTEN BRAMBLE • SHELEN  
BOYES • CARLYN MARSH • EMMA DOHERTY  
• EMMA HOFHENKE • BROOK GALLAGHER •  
LOGAN AMSLER • CHELSEA SAVAGE •  
JASMINE SAVAGE • JORDAN SAVAGE •  
NADINE AHOLA • JESSICA GODINEZ •  
DAVID LEE • FRANCISCO FRANCO • BEN  
RAINSBARGER • KYLER STASSI • MEGAN  
DUNLAP • KORY PARSONS • KAYTLIN  
LORENZINI •

### SIGN-UP FOR EMAIL UPDATES

Subscribe to the California 4-H E-News or other email lists at:

[http://www.ca4h.org/News/Signup\\_News/](http://www.ca4h.org/News/Signup_News/)

**Many occupations are related to or depend on agriculture. Can you find the names of 25 jobs that go hand in hand with farming?**

(The words go up and down and across only)

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| A | E | S | R | E | F | L | O | G | C | D | B | A | K | E | R | O |
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ANSWERS: Baker, Banker, Bookkeeper, Bureaucrats, Butcher, Chef, Chemist, Equipment Dealer, Fuelman, Golfer, Grocer, Insurance, Lawyer, Manufacturer, Medicine, Merchant, Milkman, Nurseryman, Pilot, Processor, Reporter, Scientist, Taxman, Teacher, Trucker.

## INFORMATION FROM THE STATE 4-H OFFICE:

FOR STATE CALENDAR OF ACTIVITIES GO TO: <http://www.ca4h.org/News/Calendar/>

- Applications are currently being accepted for the **2011 National 4-H Conference**, to be held on **April 2-9, 2011**. Applications are due by **October 1, 2010**. The National 4-H Conference is a working conference in which youth and adults--at the invitation of the Secretary of Agriculture--assist in the development of recommendations to help guide 4-H Youth Development Programs nationally and in their communities. This event brings together youth, volunteer leaders, and state and county Extension staff members from across the United States, the U.S. Territories, and the Canadian Provinces. Applicants should be at least 15 years old. More information can be found at: <http://www.ca4h.org/Programs/Conferences/N4-HC/> or please contact Quang "Hogan" Tong: 530-752-5644.
- The **first annual Big Tent Conference** will be held **November 18-20, 2010** in Houston, Texas. This year's conference theme is **"Connected Communities-Thriving Youth."** The conference will host keynote speakers, sessions, art, music, and entertainment. Each day will be packed with learning opportunities to encourage collaboration between participants and stimulate creative thinking focused on helping youth thrive. Register online at <http://www.bigtentconference.com/register-now> and take advantage of the early bird registration now through **October 1, 2010**.
- PBS Kids is hosting the **2010 Trash to Treasure Competition**, an opportunity for youth ages 5 through 19 to display their talent and creativity. The competition requires that applicants take old trash and recycle, reuse, or reengineer their everyday items into a new invention that can either protect the environment, move things or people, or be used for play. The competition deadline is **September 5, 2010** at 12:00 noon (ET). For more details, complete rules, and online registration, visit <http://pbskids.org/designsquad/contest/index.html>.
- The **American Association of Museums**, in conjunction with the **National Endowment for the Arts** is offering free admission to various museums across the United States this summer to active duty military personnel and their immediate families. Although not all museums are participating, the link below is to provide you with the museums participating. Blue Star Museums is a partnership among Blue Star Families, the National Endowment for the Arts (NEA), and more than 700 museums in all 50 states to offer **free admission to active duty military personnel and their families** from **Memorial Day, May 31, 2010, through Labor Day, September 6, 2010**. The link to the website: <http://www.nea.gov/national/bluestarmuseums/index.php>.
- Have you completed your **My 4-H Story** from your **2009-2010 4-H Record Book**? If so, submit your My 4-H Story with an embedded photograph by **July 31** to be entered into a drawing for a \$25 gift certificate. The State 4-H Office will use stories to craft member spotlights highlighting the work of 4-H members across the state -- and you could be one of those highlighted! For more information and to submit your story, please visit: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4879>
- The newly redesigned **State 4-H Website** launched on **July 1, 2010**! This redesign will link branding with University of California and improve the functionality and usability of the website. Visit [www.ca4h.org](http://www.ca4h.org) to see the new look and navigation. Due to the redesign, please remember to check your links and bookmarks, as they will change. As part of this project, the State 4-H Office is no longer offering website hosting to 4-H clubs and groups. If you have any questions, please contact Steven Worker at [smworker@ucdavis.edu](mailto:smworker@ucdavis.edu).
- The William T. Grant Foundation is pleased to announce the release of a new resource for mentors. **Pay It Forward: Guidance for Mentoring Junior Scholars** was jointly developed by the Forum for Youth Investment and the Foundation. This mentoring guide features knowledge gleaned from our work with current and former William T. Grant Foundation Scholars and their mentees, as well as a review of selected literature. Look for it at: <http://www.wtgrantfdn.org/File%20Library/Publications/Pay%20It%20Forward%20Mentoring%20Guide.pdf>

- The new **PowerPlay** cookbook "**KIDS GET COOKIN'!**" is now available. View the entire cookbook and find great ideas on fast and fun recipes at [https://web3.kpcorp.com/v25/static/acct/cann2/pdf/COOK-204\\_09\\_09.pdf](https://web3.kpcorp.com/v25/static/acct/cann2/pdf/COOK-204_09_09.pdf).
- A **new cooking magazine for children called "ChopChop"** is being released! ChopChop is a quarterly food magazine and website for kids ages 5-12 and their families. ChopChop's vision is to reverse and prevent childhood obesity by educating and empowering youth. The magazine is filled with nutritious, great-tasting, ethnically diverse and inexpensive recipes, as well as interesting food facts, Q&A's and games. To subscribe, please visit their website at <http://www.chopchopmag.com/index.html>.
- **WellPoint Foundation funding** is now available for local and national initiatives that aim to address key health issues (childhood obesity, diabetes prevention, adult physical activity) included in the State Health Index. Sites are required to demonstrate measurable, sustainable impacts and should be able to implement large-scale program interventions. For more information on eligibility and requirements, visit <http://www.wellpointfoundation.org/home.html>. Quarter Three/Four 2010 applications are due no later than Sunday, **August, 8, 2010**.
- 4-H members involved in sheep projects may be interested to plan ahead and attend the 2011 **National ASI Convention**, planned for **January 19-22, 2011** in Reno, NV. You may visit the American Sheep Industry site, [http://www.sheepusa.org/Future\\_Convention\\_Dates](http://www.sheepusa.org/Future_Convention_Dates) for more information. Please note: There is currently no CA funding available to assist with attendance.
- The third annual 4-H National Youth Science Day will be held on Wednesday, October 6, 2010. Created to combat a shortage of American young people pursuing science college majors and careers, 4-H National Youth Science Day seeks to spark an early youth interest and leadership in science. 4-H's year-round, out-of-school programming is developed by our nation's 109 Landgrant Universities and is implemented through the 3,100 local Cooperative Extension offices.
- AGI invites you to take part in Earth Science Week 2010! Being held October 10-16, Earth Science Week 2010 will encourage people everywhere to explore the natural world and learn about the geosciences. "Exploring Energy," the theme of Earth Science Week 2010, will engage young people and the public in learning about Earth's energy resources. Visit [www.earthsciweek.org](http://www.earthsciweek.org) <<http://www.earthsciweek.org/>> for activities to help youth learn the geoscience behind Earth's climate.
- The **Spend Smart. Eat Smart.** blog focuses on sharing ideas, tips, resources and recipes to help feed your family for less. The blog is maintained by Iowa State University Extension staff members who are trained in food, nutrition, and health. Check out the website at <http://blogs.extension.iastate.edu/foodsavings/> as blog contributors share their experiences and tips to help individuals eat healthy and stay within their budget.
- Applications are currently being accepted for the **2011 National 4-H Conference Operations Team**. Interested youth and adults may apply at: <http://4hconf.4-h.org/operationsteam.aspx>. The deadline to apply is **August 20, 2010**.

**Mike Murray**  
County Director

**Liz Dawley**  
4-H Program Representative

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